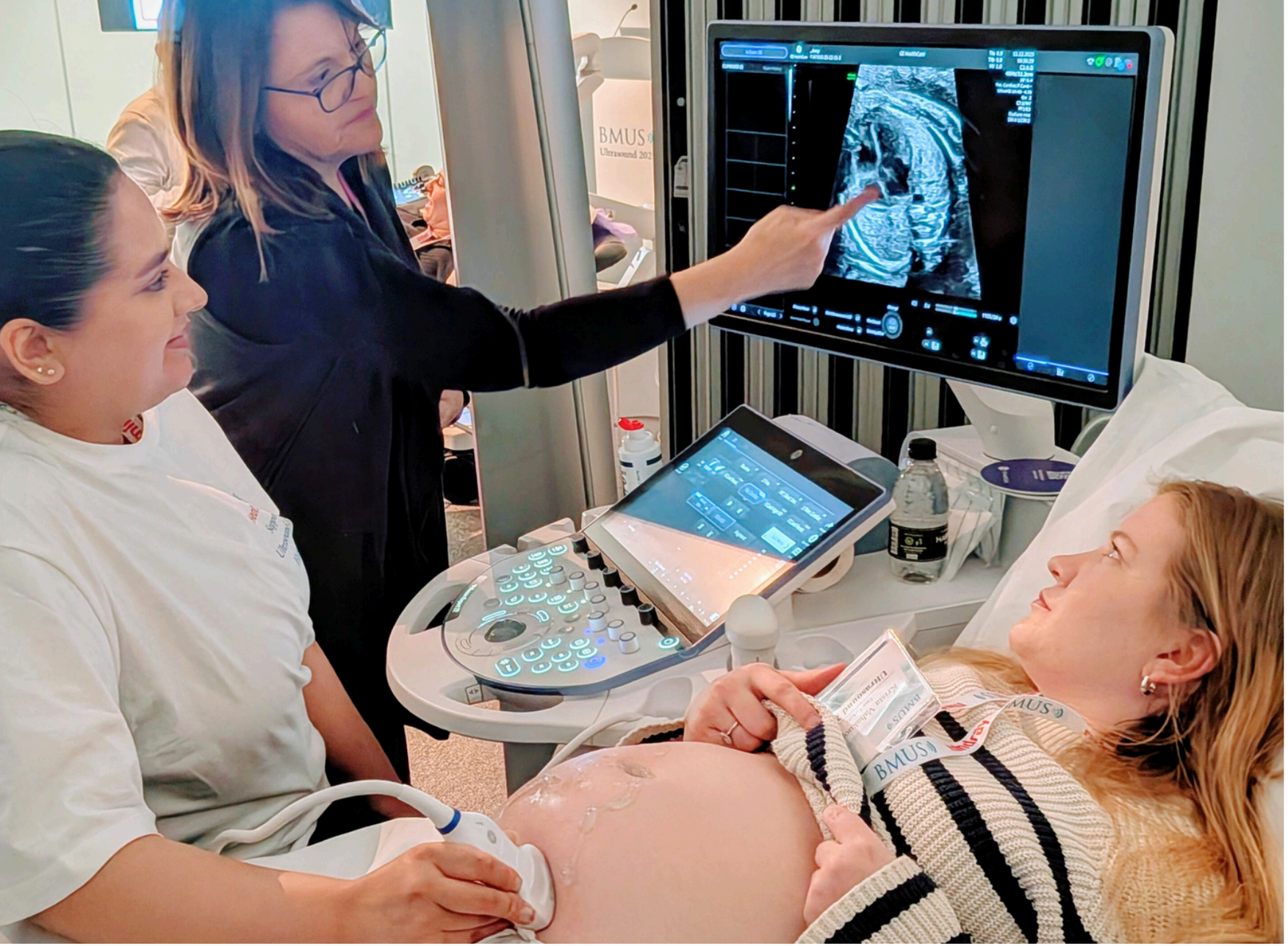


IMPACT REPORT 2025

www.tinytickers.org
info@tinytickers.org
Charity registration number 1078114

tiny tickers
a better start for tiny hearts

Creating a better start for tiny hearts.

At Tiny Tickers, everything we do is driven by one vision: that every baby with congenital heart disease (CHD) has the best chance of survival and the highest possible quality of life, and that their family receives the support they need.

Throughout 2025, our work has continued to focus on the early detection of CHD and supporting families at every stage of their journeys. Through specialist training for health professionals, investment in pulse oximetry screening, tailored support for heart families and clear accessible information, we have reached thousands of heart babies and families across the UK and beyond.

In this impact report, we're proud to share the outcomes of our work. It highlights the differences made by our projects, partnerships and campaigns over the past year, and most importantly, the people whose lives have been touched by them.

Behind every statistic is a baby given a better chance, a family feeling supported and a health professional equipped with the skills and confidence to detect heart defects earlier.

None of this would be possible without the generosity of our supporters - the fundraisers, organisations, donors, volunteers and trustees who enable us to continue our work. We'd also like to thank our small team of staff, who work tirelessly to ensure our work reaches those who need it most, at the moments it matters most.

We hope you enjoy reading this report. If you have any comments, please get in touch via info@tinytickers.org.

Read Charlie's story

Your stories:

Charlie's heart condition, Tetralogy of Fallot, was diagnosed antenatally at 24 weeks. This diagnosis was a direct result of his sonographer recognising something didn't look right at the 20-week scan.

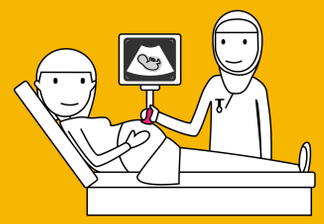
His mum, Rebecca says, "This has been an extremely anxious and challenging time for us as a family. However, I came across Tiny Tickers while I was pregnant and loved hearing about other heart families' stories. They have given me so much courage, hope and strength during this difficult time.

"While getting this diagnosis and everything that has followed has been the most difficult time of our lives, we are forever thankful for the sonographer at our 20-week scan who recognised an abnormality and took action, allowing us to be in the position we are today."

HOW WE HELP: OUR WORK AREAS

We want every baby with congenital heart disease in the UK to have equal access to the highest quality detection, diagnosis, treatment and care.

1. We train and support sonographers and other health professionals working to help patients with CHD.
2. We fund equipment and support new technologies to improve detection, diagnosis and treatment.
3. We influence service standards and are a voice for patients and families.
4. We provide families with information, advice and access to support.



Testimonials

"I just wanted to say a massive thank you to Tiny Tickers and, in particular, Anne who was our trainer. As someone who is currently going through a crisis of confidence, it's reassuring when someone like Anne visits and states she has the same struggles as all sonographers in obtaining good heart views." **Sonographer, July 2025**

"I am really grateful to Tiny Tickers. Without sessions like these it is easy to become complacent and to lose touch with new techniques, particularly as we are a small unit with very little support." **Sonographer, July 2025**

In 2025, we trained **308** sonographers during **40** training days.

Sonographer Training

Sonographer training is the single biggest factor in increasing detection rates of CHD.

Tiny Tickers is the sole provider of hands-on, hospital-based cardiac screening training for sonographers throughout the UK.

Our specialist fetal cardiac training enhances the confidence and skills sonographers need to detect heart defects during pregnancy scans.

In 2025, we trained 308 sonographers over 40 training days via our National Training Fund.

88% of sonographers attending training days rated our training as excellent and **92.5%** said the training increased their confidence to refer potential heart abnormalities.

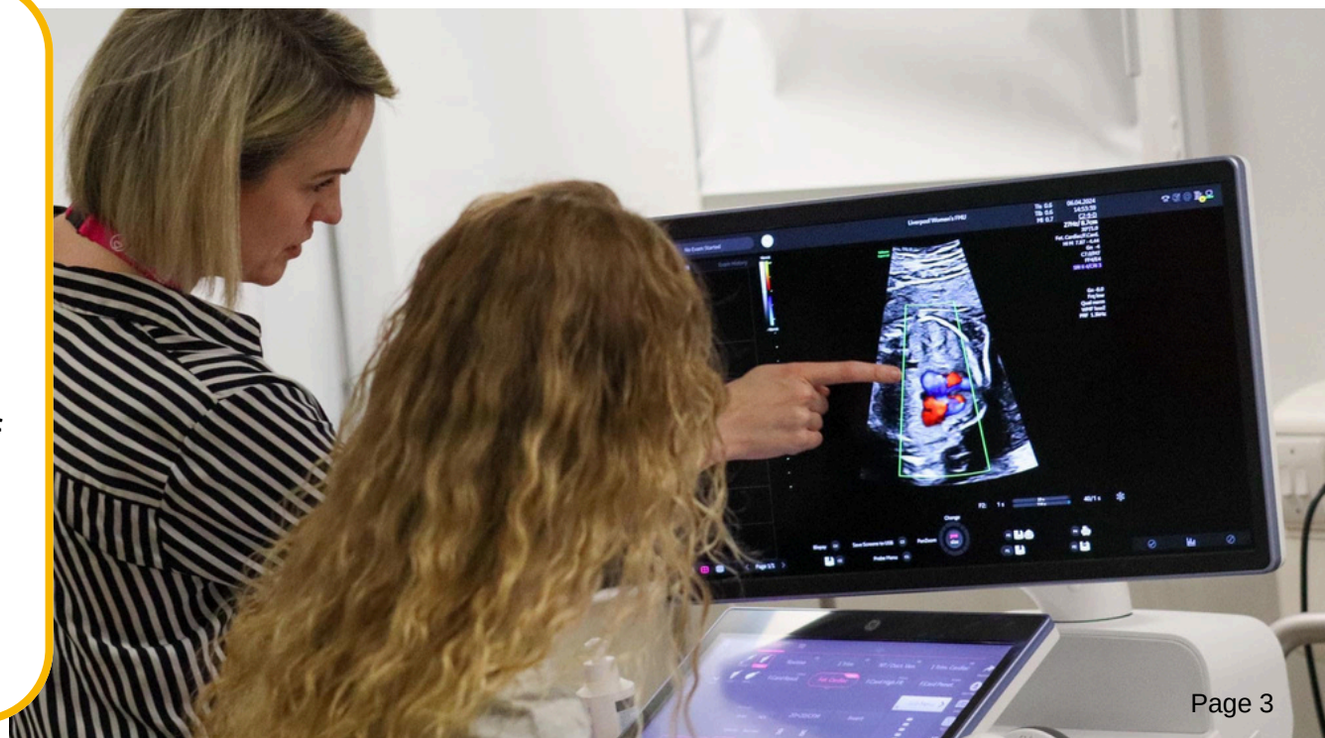
We also participated in two regional study days for health professionals and attended six conferences and events. The year culminated with our Deputy Chief Executive and Head of Health Professional Services, Anne Rhodes, delivering a presentation about the importance of the early detection of CHD at The World Congress of Pediatric Cardiology & Cardiac Surgery in Hong Kong.

After launching the Tiny Tickers Learning Hub in 2024, we added a further 11 courses and webinars for health professionals in 2025. These included a course on communicating unexpected news during pregnancy scans and our Think CHD webinar series, held in conjunction with the British Congenital Cardiac Association, and the British Fetal Cardiology Association.

We're proud to complement our in-person training services with easily accessible e-learning to aid continuous professional development.

In 2025 **1,491** health professionals signed up for our online courses.

There were a total of **10,344** course enrollments.



96.7%
of those who attended our support sessions would recommend them to other heart parents.

93.4%
of those who attended our support sessions found them helpful.

Family Support

Our message to families of babes with serious heart conditions is, “You’re never alone.’”

We provide vital support to heart families wherever they are on their journeys - from diagnosis to surgery, recovery and beyond.

“The Family Support Pack was the first place I found information that I could truly understand.”
- Amanda, mum to Indie

In 2025, we delivered two family support webinars and introduced new 1-2-1 bereavement counselling sessions. We also continued delivering free family support packs and updating our website, which contains information, advice and parent stories.

We held 96 online peer support sessions during 2025. These sessions, led by a qualified facilitator, enbale heart families to connect and talk through shared concerns. Sessions include those for parents-to-be, parents of children under 2, over 2 and bereaved heart parents.







2025

1,000
family support packs delivered

96
online peer support sessions held

2
family support webinars held

36
families shared their stories

2.5k
members of our Facebook community

6
families supported through specialist bereavement counselling

Hugo's Story

Hugo was diagnosed with Tetralogy of Fallot (TOF) at his mum, Alison's 20 week scan. Here, she shares their emotional journey and how Tiny Tickers supported them every step of the way:

After years of trying, we were thrilled to be expecting our first child, Hugo.

Everything seemed to be going well — until our 23-week scan. The sonographer paused, looked carefully, and explained that she couldn't quite see our baby's heart clearly. She asked us to come back for a re-scan.

At that second appointment, she gently told us she still wasn't certain what she was seeing. But she had recently attended specialist training through Tiny Tickers - and thanks to that, she recognised there could be a heart abnormality. She referred us to a fetal cardiac specialist.

That was the moment our world shifted. I remember sitting in a small room with my husband, numb. I couldn't process what was being said. We didn't yet have a diagnosis — just a vague sense of fear and urgency.

The wait for the specialist was only 24 hours, but it felt like a lifetime. In that time, I found Tiny Tickers online. Even before we had any answers, their website offered reassurance, guidance and real stories of hope. They gave us a sliver of light in the darkest of moments.

When we met the specialist, we were told that our baby had tetralogy of Fallot (ToF), a complex congenital heart defect. Hugo would likely need surgery soon after birth. It was devastating. We took in only snippets of information — our minds struggling to keep up.

But then, the nurse handed us a yellow, white and hot pink book — the Tiny Tickers parent guide. It explained Hugo's condition, helped us prepare for what to expect, and, most importantly, made us feel understood. It connected us to a community of people who were already walking the path we had just stepped onto.

The guide didn't just offer medical information. It gave us advice on practical things we hadn't even thought to ask — what to pack in a hospital bag as a heart parent, how to talk to friends and family about what was happening, and even what baby clothes would be easiest after surgery. Those tiny details mattered more than we could have imagined.

Tiny Tickers supported us throughout the rest of my pregnancy — helping us prepare for a birth that we now knew would look very different.
Then came what no one expected.

At 33 weeks, I developed pre-eclampsia and was seriously unwell. I was terrified — not just for myself, but for my unborn son.

But again, we weren't alone. The Tiny Tickers resources helped us make sense of complex information and supported us as we navigated the NICU world.

Hugo was born tiny and poorly and spent six weeks in neonatal intensive care.

At 13 months old, Hugo had open-heart surgery. He needed time to grow before he could face it. It was a nine-hour operation, performed by a team of truly incredible specialists. Thanks to them, Hugo's quality of life improved dramatically.

Hugo is now two, he still has pulmonary regurgitation and will need more surgery in the future — but we now face that future with strength, because we know we're supported.

From that very first scan, through diagnosis, NICU, surgery, and everything since — Tiny Tickers has been by our side. They've helped us feel informed, equipped, and connected.

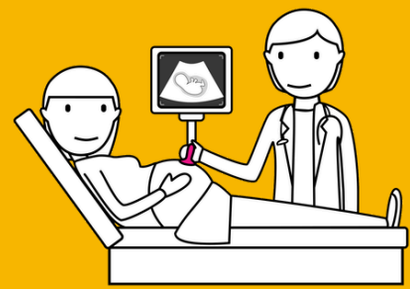
We'll always be part of a community joined by shared experience — and a yellow, white and hot pink book.

Our BIG numbers

For a small charity, we make a huge impact.
We're incredibly proud to share our big numbers:

430

sonographer training days held since 2016.



600

pulse oximetry machines placed at UK hospitals since 2017.

430

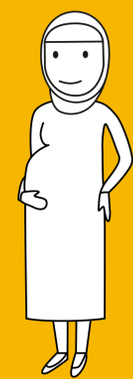
online peer support sessions delivered since 2021.

Hospitals that have received sonographer training

3,400

sonographers trained across the UK since 2016.

660



participants of our online support sessions since 2021.

6

family support webinars held since 2024.

1,000

family support packs delivered per year.

1,300

health professionals have viewed our Think CHD webinars.

288

families have shared their stories since 2014.

*Figures correct as of 31/12/2025


We couldn't do
all this without you!
We would like to thank all those who have supported our work - including the wonderful funders, fundraisers, donors and volunteers who make it possible for us to do what we do. Thank you all so much.

Scan to donate.

tiny tickers
a better start for tiny hearts

info@tinytickers.org
www.tinytickers.org

Find us on social media: @tinytickers

Charity registration number 1078114