• **Purpose**

The purpose of launching Project Anchor is to provide much needed services to adolescent girls ages twelve through eighteen who are victims of sexual violence.

• **Goals**
  - To provide a safe and healing environment.
  - To provide validation.
  - To provide direction in recovery.
  - To provide a space to have a voice.
  - To build a support system.
  - To develop self-care.
  - To develop healthy coping skills.
  - To facilitate hope.
  - To offer an environment for 3D healing.

• **Activities used to meet our goals**
  - Individual advocacy sessions
  - Supportive Group Sessions

• **Program Overview**
  - Support Groups will be twelve week sessions with minimal breaks in between each cohort.
  - Group capacity is no more than 10 participants per group.
  - Group will meet every week on the same day at the same time for an hour & a half.
  - Each group session will have a recovery-based goal & hands-on activity.
  - Once clients are placed in a group, they will progress through the program together.
  - Each participant will be offered the option to meet individually with an advocate for up to 12 sessions. Additional sessions can be added as needed.
  - Clients may repeat the program as many times as needed before they reach the age of 19.
  - All services will take place at the office of Fair Haven located in Highland.

• **Funding**
  - Grant Applications
  - Community support
  - Global Giving