

- Purpose

The purpose of launching Project Anchor is to provide much needed services to adolescent girls ages twelve through eighteen who are victims of sexual violence.

- Goals

- To provide a safe and healing environment.
- To provide validation.
- To provide direction in recovery.
- To provide a space to have a voice.
- To build a support system.
- To develop self-care.
- To develop healthy coping skills.
- To facilitate hope.
- To offer an environment for 3D healing.

- Activities used to meet our goals

- Individual advocacy sessions
- Supportive Group Sessions

- Program Overview

- Support Groups will be twelve week sessions with minimal breaks in between each cohort.
- Group capacity is no more than 10 participants per group.
- Group will meet every week on the same day at the same time for an hour & a half.
- Each group session will have a recovery-based goal & hands-on activity.
- Once clients are placed in a group, they will progress through the program together.
- Each participant will be offered the option to meet individually with an advocate for up to 12 sessions. Additional sessions can be added as needed.
- Clients may repeat the program as many times as needed before they reach the age of 19.
- All services will take place at the office of Fair Haven located in Highland.

- Funding

- Grant Applications
- Community support
- Global Giving