



BANGALORE HOSPICE TRUST

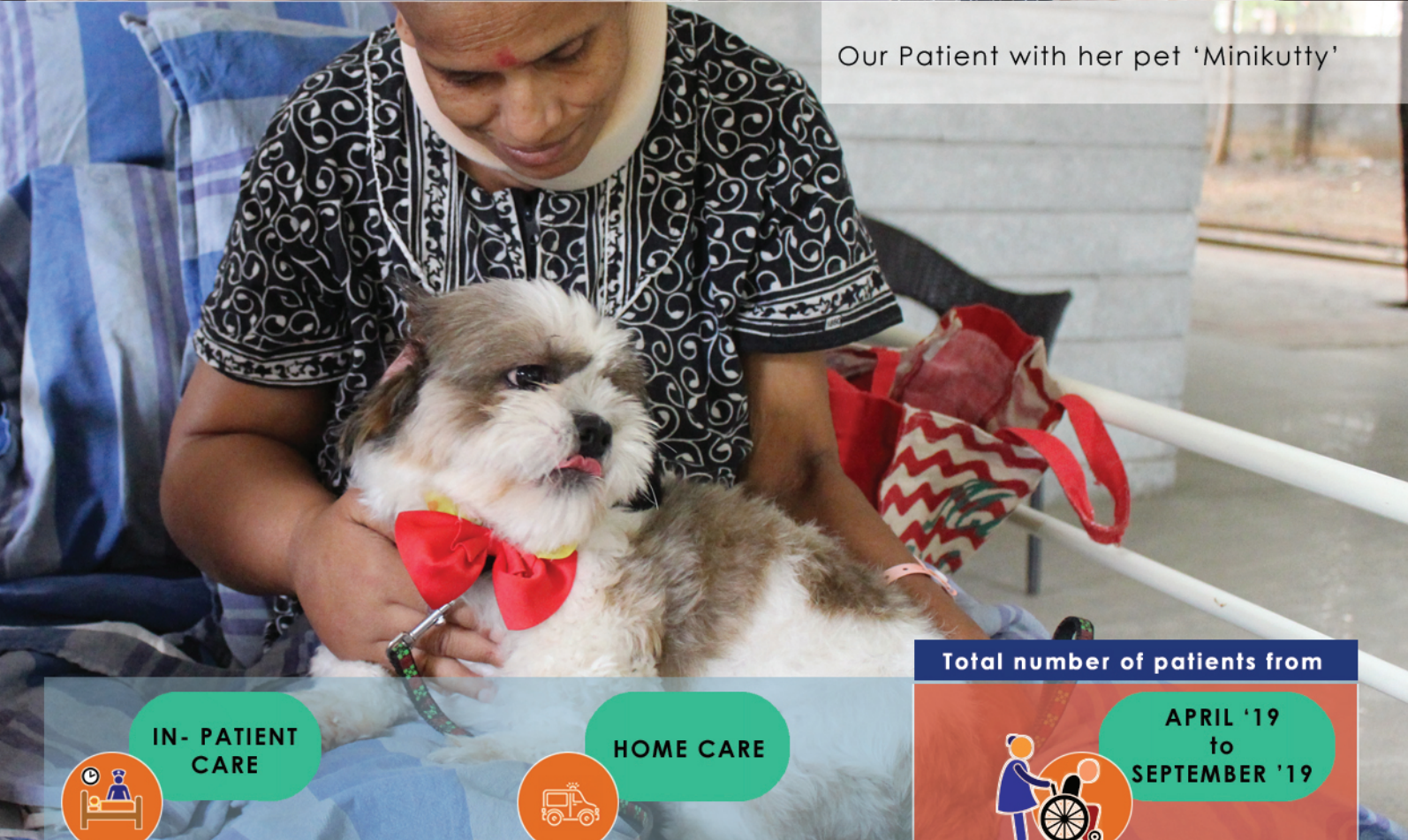
# KARUNASHRAYA

QUARTERLY NEWSLETTER JULY- SEPTEMBER 2019

CELEBRATING



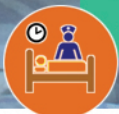
Muse Creations perform to delight and enthrall, as mesmerised listeners and viewers from Karunashraya cherished the melody they created.



Our Patient with her pet 'Minikutty'

## IN- PATIENT CARE

## HOME CARE



Admissions - New: 247  
Re admissions: 148  
Deaths: 185  
Total No. of patients: 395

Admissions - New: 084  
Deaths: 039  
Total HC Patients: 346

## Total number of patients from

APRIL '19  
to  
SEPTEMBER '19



In-patient: 805

Home care service: 683





## VISITS BY STUDENTS FROM ACADEMIC INSTITUTIONS

Karunashraya hosted students from St. John's Medical College, Sri Sathya Sai College of Nursing, Counseling students from Banjara Academy, students from Air Force School and Army Public School to get an insight into various aspects of palliative care. The students were given a comprehensive understanding of end of life care including various dimensions of counseling in palliative care.



**EDUCATIONAL INSTITUTIONS**



## CORPORATE SOCIAL RESPONSIBILITY (CSR)

As a part of CSR activity, enthusiastic teams from several companies contributed to the volunteering requirements at Karunashraya. Volunteers came from corporate houses like Morgan Stanley, CISCO, Muse Creation, Dell, Liebherr India, Adobe, Western Digital, First Source, AT&T, Xactly Technologies, Ola Foundation, Intel, Oracle, Sabre, HP, GE, Tata Power, Mahindra Electric, Vision Prerena, IQVIA, J.W. Marriot, Fanuc India etc. Karunashraya team extends a sincere appreciation to all for their contributions.



**VOLUNTEERS**



## DENTAL CAMP

Rotaract club Koramangala organized a dental camp for the benefit of Karunashraya employees. A team of 10 doctors and para-medical staff, visited Karunashraya on September 28, 2019, and carried out of a comprehensive dental checkup.



**DIVERSIONAL THERAPY FOR PATIENTS**



## FELICITATION OF KARUNASHRAYA STAFF

The staff of kitchen, housekeeping and gardening was felicitated by the members of other units of Karunashraya on September 4, 2019. Each member was individually honored with a shawl and memento, and there was a brief cultural program as well.



**CSR TEAM VISITS**





## EDUCATION AND RESEARCH

### TRAINING ON FUNDAMENTALS OF PALLIATIVE CARE

In the month of September, Karunashraya held training session for 3 doctors and 6 nurses sent by Govt of Karnataka who underwent training from 9th to 19th March, 2019. The 10-day training was on the "Fundamentals of Palliative Care". The dedication we witnessed through the duration of the course was inspiring.



### SEMINARS & WORKSHOPS

Dr. S N Simha, Medical Director, Karunashraya has always been passionate to share his knowledge with members of the medical fraternity, across the country. His talk on 'End of Life Care' at Mumbai West CGP, Sub Faculty of Indian Medical Association, Mumbai on 13 July, 2019, aimed at improving care for people who are in their last days of life, was highly appreciated. During 15-16 July, 2019, he travelled to Madhya Pradesh, to address a team of doctors from the state, about 'Palliative Care'. He also conducted a two-day training session on 18-19 July, 2019, for the nurses and doctors of the Cancer Foundation in Assam.

To develop effective doctor-patient communication, Dr. Simha addressed the station medical officers of Command Hospital, Bengaluru on Communication skills. He was also the key resource person in the workshop on 'Communication Skill' organized at Batra Hospital and Medical Research Centre, New Delhi.



### NATIONAL DOCTOR'S DAY CELEBRATION

National Doctor's Day is observed on 1st July to mark the importance of doctors in our lives. This special day was celebrated by felicitating our doctors and acknowledging their humane services. Cultural programs and drama was organized on the occasion.

### VISITORS FROM VARIOUS ORGANIZATIONS

- Ms. Chandni Tandon, Senior Program Manager, Hans Foundation spent one whole day in Karunashraya reviewing the ongoing programs in the hospice. She interacted with doctors, nurses, social workers, and Public Relations and Finance/Account personnel, taking keen interest in various activities being carried out in the hospice.
- Eight Rotract volunteers visited Karunashraya in July for a day and helped its various functional units.
- Mitra Foundation has been associated with Karunashraya for a long time. As in the previous year, Mitra Foundation organized their annual function in Karunashraya. Cultural programs were also organized on the occasion.
- D.S. Research Centre celebrated its 9th anniversary by visiting Karunashraya and giving in kind donations for our in-patients.





## INDEPENDENCE DAY CELEBRATIONS

The seventy-third Independence Day was celebrated with fervor and enthusiasm. The occasion marked hoisting of the national flag and cultural activities in which patients and staff enthusiastically participated. A team of volunteers from Intel Technologies India organized various cultural activities, which were greatly enjoyed by one and all.



## PET THERAPY SESSION

In partnership with FLOAT, Karunashraya began pet therapy sessions for patients. Launched as a fortnightly event, this pilot project, is aimed as a diversionary tactic to comfort and calm critically ill patients.



## ONAM CELEBRATIONS

Onam celebrations were held on September 14, 2019, which were greatly enjoyed by the trustees, caregivers, staff and patients. Diverse cultural programs, such as, music, song, dance, etc., were held on the occasion, and the celebrations concluded with sumptuous luncheon predominated by Kerala cuisine.

## MUSIC WORKSHOP

Members of the Community Drumjam Foundation organized a music workshop in Karunashraya in the month of July. Patients and staff enthusiastically participated in the workshop and highly appreciated its uniqueness. Similar workshops are planned on a regular basis.



## SPORTS DAY

Karunashraya's two-day annual sports meet on 25th & 26th July, witnessed active participation of the nursing staff. Other staff members played a supporting role cheering the participants. The event provided healthy excitement and joy to all inmates, including patients. Prizes were awarded to winners on the day of Onam celebrations.



Onam festival was celebrated at Karunashraya without missing any nuances such as food delicacies, dance, music, Pookalam and other associated events



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Donations by cheque should be drawn in favour of "Bangalore Hospice Trust". All monetary contributions are eligible for tax exemption under Section 80G ( 50% tax exemption).

Online  
Donation



paytm



₹



Our HOME CARE team  
visiting a patient.

TO SUPPORT  
A PATIENT  
FOR A DAY

[www.karunashraya.org](http://www.karunashraya.org)

Donate

₹

2424

One Day Food: 6,600/-

One Day Medical expense: 12,000/-

One Day Medical Consumables: 12,000/-

One day Food, Medical & Consumables expense: 30,600/-



RISE AGAINST CANCER

A joint project of the Indian Cancer Society (Karnataka Chapter)  
and the Rotary Bangalore Indiranagar

Rotary  
Bangalore  
INDIRANAGAR

