

# Udayan Ghar & Aftercare Program



# Udayan Care, 29 Years of Impact



Udayan Care was established in 1994 with a single-minded focus on strengthening the family structure.

**Our Mission:** To strengthen families, by transforming the lives of children and youth from underserved sections of society, through meaningful interventions for development at every step of their journey towards a dignified life.

**Vision:** Making Young Lives Shine

# Organization's Values

COMPASSIONATE



To serve with love

INSPIRING



To motivate and to be motivated towards purposeful action

RESPECTFUL



To trust and be fair to all, every voice matters

COMPETENT



To be highly skilled and constantly learning

ACCOUNTABLE



To take full ownership of actions and outcomes

# Issues We Address

## Child & Youth Care

Udayan Ghar  
Program

Udayan Ghar  
Aftercare Program

Aftercare Outreach  
Program

Children & Young Adults

## Education & Skilling

Udayan Shalini  
Fellowship Program

Udayan Information  
Technology Training  
Program

Udayan Care  
Vocational Training  
Program

Adolescent Girls, Young Adults &  
Women

## Advocacy, Research, & Training

Family Strengthening

CLAN & Fellowships

State Projects on  
Alternative Care

Academic Journal &  
Biennial Conference

Children, Young Adults & Family  
Strengthening

# Board of Trustees



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# **A FAMILY ANCHORS US IN LIFE'S STORMS**

**Yet....**

**There are some  
who do not get the  
care and  
protection of one**



# State of the Sector

Report on 2 Day Consultation on Non-Institutional Care  
by WCD, CRS and UNICEF in September 2022

According to the United Nations Children's Fund (UNICEF), India has **29.6 million** orphaned and abandoned children. While a safe and secure environment is a prerequisite for any child, there are millions who are less fortunate. The ones born into abject poverty and facing varied deprivations are forced to live in short or long-term residential care in Child Care Institutions (CCIs) by families. Many of these children have families and a 2018 Government of India report also revealed that **most children living in CCIs have a single parent.**





## **Ruhi** (*name changed*)

### **Reunited with Family**

Ruhi was spotted by a kind stranger who felt the child was under duress and informed the police. Many attempts were made to trace her family which yielded no result. The Child Welfare Committee admitted her to Udayan Ghar in Gurgaon in July 2019.

She had a faint memory of her village in Bihar but with no leads emerging despite several tracing attempts, she was declared fit for adoption. During the pre-adoption counselling session, there was a breakthrough when Ruhi was shown a list of villages in Bihar and she was able to recognize the name of her village.

The District Child Protection Unit went to the village in Bihar and finally traced her family of migrant labour to a village near Gurgaon. Ruhi was reunited with her family in August 2020.

Udayan Care reaffirms its faith in the family as being the best place for the child to grow in and is grateful to the State Child Protection Authorities for making it happen.





#IAM  
CHEVE  
NING

#IAM  
CHEVE  
NING



## Pooja: Our Shining Star

Making A Difference through Lived Experiences

Pooja came to Udayan Care at the tender age of 10 years. She was always a bright, confident child who not only expressed her opinions clearly, she also was the role model for many younger children. From early years she was determined to be the voice of the vulnerable.

Pooja chose the development sector and was actively involved in speaking about Alternative Care at various platforms, one of them the Care Leavers Association Network (CLAN).

She was awarded the prestigious Chevening Scholarship to pursue her Master in Development Studies from SOAS, University of London.

She continues to support other careleavers, some of them from Udayan Care with their SOPs, essays, CV and recommendation letters.

# Our Model: Living In Family Environment (LIFE)

Children without parental care, orphaned, abandoned, neglected sometimes by their biological families and children with special needs deserve extra care and protection



## SMALL GROUP HOMES

Care and Protection to small groups (12 children) of the same gender in residential neighbourhoods. Some units are double units with a strength of 24 children



## ALL ROUND CARE & DEVELOPMENT

Focus on the wholesome development of children through education, mental health support, and mentoring



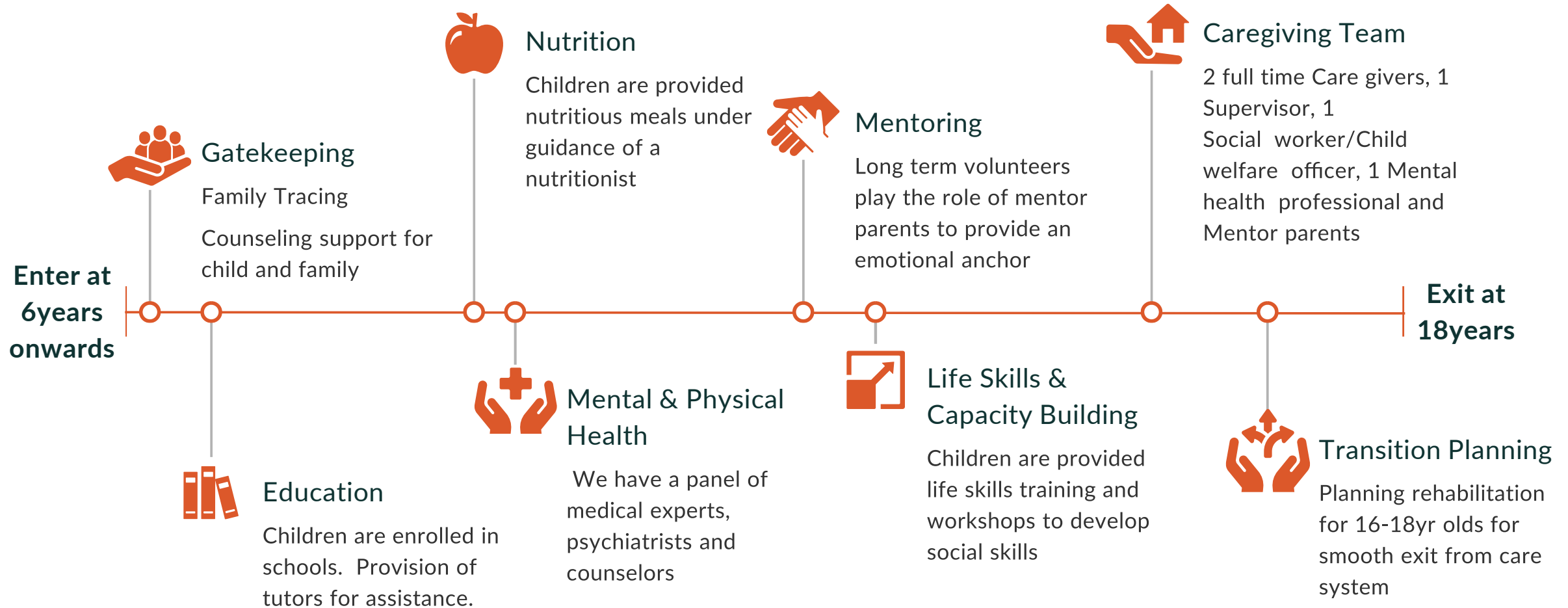
## VOLUNTEERS AS MENTOR PARENTS

Volunteers committed to a lifetime of support sign up as mentor parents to the Ghar children and provide a long-term emotional anchor



## DE-INSTITUTIONALIZATION

Restoration of children to their families wherever possible and Family Strengthening as a preventive tool.



Through the tenure of the child, there are consistent efforts made for family tracing, restoration and/or adoption

## Circle of Care and Protection at Udayan Ghar

# 5 Big Things Your Funds Help Us Achieve



## Education

Formal  
Schooling



Open Schooling



Vocational  
Training



## Health

Nutritious Food



Physical Health



Mental Health



## Life Skills

Workshops and Training to understand the world around them and develop life skills



## Wellbeing

Celebrations and Outings. Festivals and Summer Camps. Extra-curricular activities like sports, art, dance, music



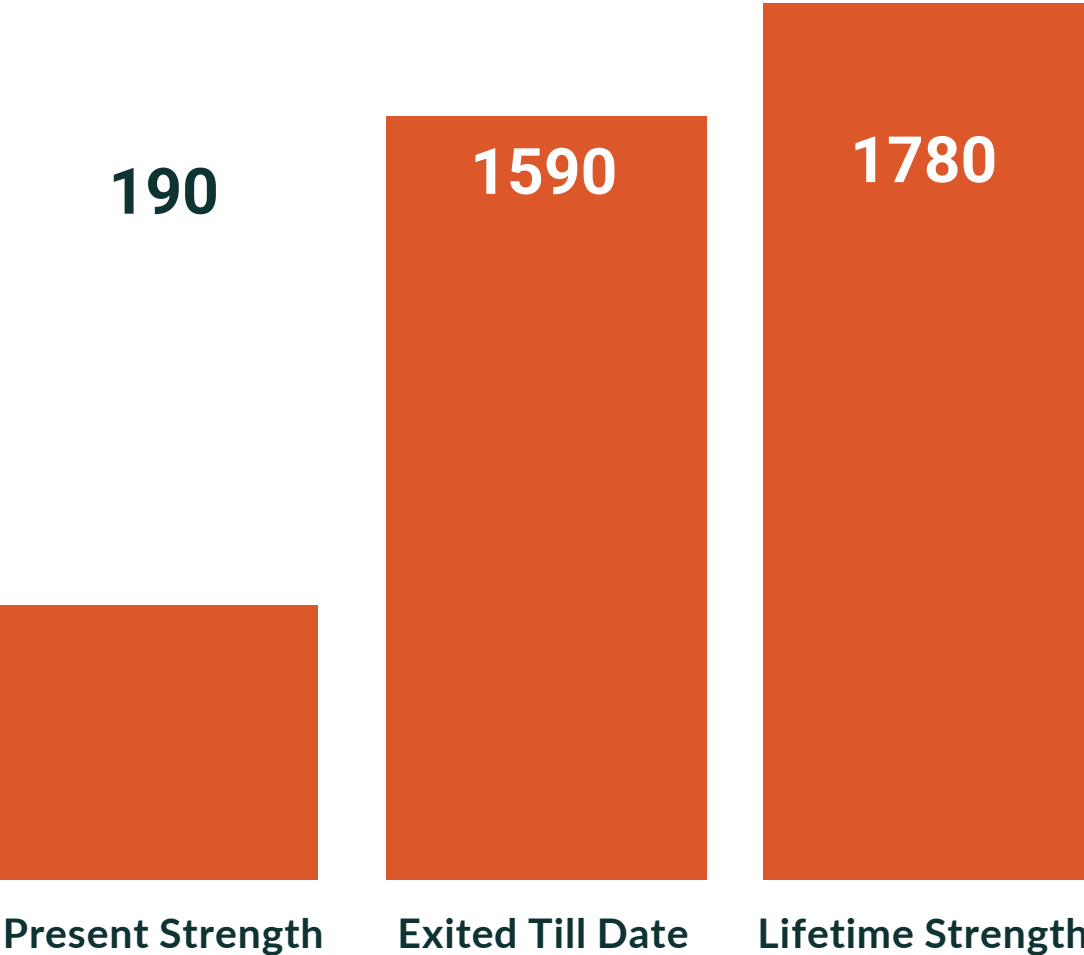
## Caregiving

Capacity Building and Training of caregivers for handling children with trauma, anger issues, special needs etc.



# Lifetime Impact Since 1996

Children in Udayan Ghar Program\*



\*April 2023



# Let the Children Grow and Thrive



## Funding Support Requested

- Sponsor one Home (12 children) for 1 year - Rs. 26Lakhs
- Support **Education & Capacity Building** of one Home (12 children) for 1 year - Rs. 10.5L
- Support **Food & Nutrition & Living Expenses** for one Home (12 children) for 1 year - Rs. 10L
- Support Salary & Capacity Building of Caregiving Staff (3 per Home) for 1 year - Rs. 5L

# The Aftercare Program: Bridging the Gap



## Rehabilitative Support for Young Adults A Continuum of Care

- **Building Self-Reliance**
  - Ease young adults into independent living and rehabilitation in society
- **Easing the Financial Burden**
  - Monetary support for completing education / vocational training.
  - Accommodation & Nutrition
  - Monthly stipend to manage personal expenses
- **Avoiding Pitfalls**
  - Mentoring
  - Counseling
  - Training



# Anjali's Story

22 Yrs

Anjali lost her mother when she was just 3 years old and was admitted to a childcare home housing 100 children. She was lost in the crowd. The trauma of her past and rejection by her family resulted in Anjali becoming an anxious child, low on confidence, and with a poor educational foundation.

Life took a turn and she was admitted to Udayan Ghar at 10 years of age. The Ghar Team put their sincere efforts to nurture little Anjali, and with consistent warmth, support, guidance and love of the mentor mother, care givers, and social workers, she blossomed into a cheerful, helpful, compassionate, and hardworking young person.

**ANJALI IS PURSUING BACHELOR'S IN HOTEL MANAGEMENT FROM G D GOENKA UNIVERSITY. SHE RECENTLY WON PRAISE FROM HER DEAN WHEN SHE RANKED 1ST IN HER CLASS.**

Your support has the power to change lives and enable young adults to live their lives with dignity and purpose.





21 Year Old

## Raja

Raja was a runaway child who ran away from home due to difficult circumstances and was admitted to Udayan Ghar. He was 7 years old. He showed a passion for sports especially football during his school days. He secured 78% in his XII and decided to follow his passion and become a professional football player. He secured admission to Lovely Professional University as a scholarship student.

Raja has had a 14 years long successful stint with football. He has represented his University, his State and has also been selected for international camps at Poland and Siberia. He recently participated in the All India Open Football Tournament as the main striker with the Delhi Team.

**RAJA HAS NOW ENROLLED FOR THE COURSE TO BECOME A LICENSED FOOTBALL COACH.**

Your support would enable us to work with young adults like Raja and forge a path to achieving their life's purpose and integrating with society successfully.

# Narmdi's Story

22 Year Old

Narmdi and her younger sibling lost their parents at a young age and landed up in Udayan Ghar at a tender age of 12 years. From the very beginning, Narmdi showed interest in academics and also encouraged her sister to study. It was no surprise that she scored 94% in her XII. Along with her academic performance, Narmdi pursued art as a hobby and her natural talent shown through.

After completing her schooling, Narmdi opted to study art for her graduation and worked hard to secure an admission into Jamia Milia Islamia's BFA (Bachelor of Fine Arts) Program. Narmdi was also selected for the Fellowship program for Care Leavers. She is committed to improving the situation of care leavers like herself

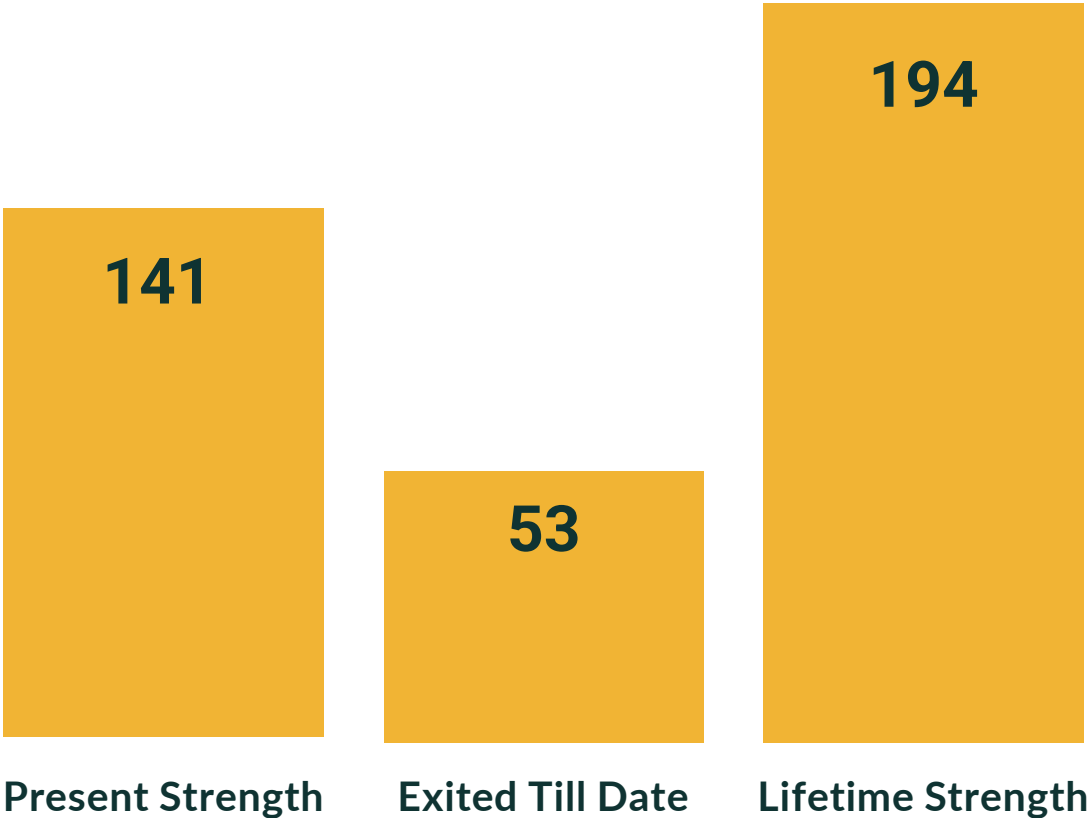
**NARMDI'S DREAMS OF BECOMING AN ARTIST ARE NOW BECOMING A REALITY. SHE IS EQUIPPED TO STAND ON HER OWN FEET AND TAKE CARE OF HERSELF AND HER SIBLING.**

With support from donors like yourselves, Udayan Ghar Aftercare Program is able to support talented young adults like Narmdi to achieve their dreams and take control of their lives.



# Lifetime Impact

Udayan Ghar Aftercare Program\*



\*April 2023



# Make Care Leavers Ready for Independent Living



## Funding Support Requested

- Sponsor 1 Care Leaver 1 year - Rs. 1.25L
- Support **Education & Capacity Building** of one Care Leaver for 1 year - Rs. 60,000
- Support **Food & Nutrition, Health & Counseling, and Living Expenses** for 1 care leaver for 1 year - Rs. 50,000
- Support Salary & Program Overhead Cost for 1 Year (per young adult) - Rs. 15,000

# Our Partners



**SEWA CANADA**  
International Aid Inc.



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Foundation



mulmul  
Threads of happiness



B.C. JINDAL FOUNDATION





***We cannot always build a future for our youth, but we can build our youth for the future***

Franklin D Roosevelt

**The Udayan Ghar and Aftercare Programs focus on making children and youth ready for a dignified future  
We need your support to make young lives shine.**



**Thank You!**

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