

The transition to the restoration and reconstruction phase, 3 months after the quake

3 months after the earthquake, the Civic Force is shifting to the restoration and reconstruction phase.

Even now, more than 90,000 people are taking refuge, and the percentage of those moving into emergency temporary housing is on the order of 40%. Still, the water outage continues at close to 60,000 households, and the removal of rubble remains at approximately 22%. Steps towards restoration and reconstruction will be steady; also, the process will be continuing for a long time, but a plan that can cover standard administration has been established.

On the other hand, proactive activities aimed at restoration and reconstruction have begun to appear, and from here on, the plan is to concentrate Civic Force's power on efforts supporting those activities.

Responding to Improving Evacuation environment Supporting restoration revival

Curtailment of emergency support efforts ①Relief goods delivery and distribution operations

In regions where water services, electricity, and roads were torn to pieces, amongst a great number of people taking refuge en masse, at the Civic Force, we promptly and rapidly carried out the delivery and distribution of relief aid goods using helicopters and truck. From 3/23, we chartered 10 4-ton trucks every

day, and in addition to regular service operation, we held individual hearings at small-scale refuge shelters and delivered the requested goods with attention to detail. Relief goods were identified due to a cooperative and proprietary needs investigation at the local headquarters for disaster prevention, and under the guidance of nutritionists, foods to replenish insufficient nutrients were added to the list established from refuge shelter eating habits and subsequently distributed. Relief goods delivered to the affected areas are as follows below (as of the end of May).

■Aggregate amount: 380 tons total

-160 4-ton trucks, 1 10-ton truck

- Food: approx. 880,000 rations, includes approx.

180,000 clothing items

■Distributed commodities: 546 types total

Food: 200 typesClothing: 66 types

—Consumable goods: 138 types

Facility usage: 142 types

■Relief goods co-op enterprises: 140 companies

(those providing goods at no charge)

Detailed delivery results are published at http://civic-force.org/news/news-492.php. For the purchase and transport of relief goods, 199,600,000¥ was set aside from donated monies.

Large scale delivery was finished at the end of May. Nonetheless, there are strong needs at the affected areas, and if they cannot be met by local stores



reopening, there is a plan to deal with them on a flexible basis. In addition, on the Internet declaration of relief good support can be accepted at the "Dekiru koto" site http://dekirukoto.fm/, where new acceptance of declarations of support has been established. From 160 declarations of support, 45,000 items of 40 kinds of relief goods have been delivered.

Curtailment of emergency support efforts ②Restoration efforts for the distribution of goods

In Oshima, the largest inhabited outlying island in the Tohoku region, the jumbo car ferry called the "National Highway" was re-commissioned on 4/27. Hereafter, it will be coming and going carrying vehicles going to the mainland for hospitals or shopping, a large amount of food and medicine, support trucks and temporary housing construction materials, and construction vehicles. It will also be able to carry out trash and rubble from the island to the mainland. Recently, on 6/11, 14 house trailers arranged and supplied by the Civic Force, in particular, are being transported in three special shipments (picture below).



Civic Force arranged and implemented a car ferry from Hiroshima, taking responsibility of initial sundry expenses. So that it could be commissioned at an early stage, the early costs as well as the fuel expenses of the first month, in total approximately 17,000,000 ¥, are being taken care of by the Civic Force (6,740,000¥ so far). From June, funds from the Civic Force will be used not for relief but for stable services, including completing payment of the car ferry funds.

Curtailment of emergency support efforts ③ Hand-built bath operations

At the community refuge shelter in Minamisanriku, even now the water outage situation is continuing, and requests for baths are continuing as well. At the Civic Force, seeing the scene of baths heated directly from underneath made by all the local people, from 3/30 the construction of baths was commenced. Local carpenters and volunteer carpenters from Tokyo, along with the local people, built 6 baths within Minamisanriku, and now they are being used for family visits on weekends. Students returning from club activities and stopping by on weekdays have dubbed them the "Region's Baths."

Presently, we are trying to complete handing over operations to the region's people. Specifically, immediately after the earthquake, much was washed away by the tsunami, and it was difficult to come by tea, but we switched to kerosene hot water heaters, and tea preparation time was drastically reduced. Also, in order to reduce the stress of securing water, the local people are temporarily using the water wagon arranged by the Civic Force (picture below) to draw water, and we are switching over to a proper water supply system. Until now, 11,450,000¥ has been used for material expenses etc. for the bath operations.



"The outdoors really are this peaceful, aren't they?" - Continuing Operations



In Civic Force's cooperative partner operations, NPO Aichi Net heard one thing from those consulted. The NPO Aichi Net established a psychological care center christened "Kokoro-no-Sato (Mind's Home)" in a house trailer in Ofunato Civic Cultural Center and Library and are accepting psychological care requests. People swallowed up by the tsunami right in front of their eyes are even now passing every day in a state of mental disquiet. After the end of care, people who were able to shift their attention to the world outside of themselves are little by little facing rebuilding their lifestyles.

Cooperating in the same way, the On The Road NPO supported the restoration of businesses, and one Japanese pub owner made the following powerful comment: "Thanks to you this store was able to reopen. Thank you, truly. But, in this earthquake disaster, many of my friends passed away and many became victims. Without forgetting that, after etching it firmly into my heart, I have to move forward willingly. I won't ask for it all. Just half is okay, I earnestly hope for a town where the light shines like in the old days. Ishinomaki will absolutely be reborn. I'm counting on it."

Towards an in depth look at the needs of affected areas

From April, Civic Force has been vigorously developing cooperative operations with partner organizations. More than in times of peace, in times of disaster, as Civic Force partner organization along with specialized organizations, there is a plan to answer emergency support needs not previously met. Excluding Save the Dog, each operation has contributed somewhere on the order of 10,000,000¥. In the case of donations, in close scrutiny with external specialists, Civic Force is monitoring each organization and operation details at the affected areas, in addition to the monthly report.

Civic Force Cooperative Partner Operations

■Japan Association for Refugees × Civic Force

From April, the next three operations were developed.

- 1) Confirmation of people's safety and the provision of multilingual news, the provision of emergency relief goods immediately after the earthquake: food etc. for three weeks for domestic Kurdish, Ethiopian, Ugandan, Cameroonian, Burmese, and other refugees, provided 16 times for 278 people. Also, in the Tohoku region, provision of lifestyle and health information to approx. 100 suffering Filipina women.
- 2) "Returning the favor" refugee volunteers:
 Refugees and Japanese citizens formed a team
 "returning the favor to the second hometown
 Japan" within various places in Iwate Prefecture.
 The volunteer activities, comprising 519
 participants (10% refugees), include the removal
 of rubble and mud as well as more.
- 3) Support for women: In cooperation with the Iwate Prefecture Japanese Midwives' Association and others, the bodies and health of women forced into the uncomfortable refuge shelter lifestyle are being supported. 400 "Woman's Everything" bags were distributed within Iwate Prefecture. In the bags, domestic violence prevention and other pamphlets were also enclosed.

■ NPO Aichi Net× Civic Force

From the end of April, a psychological consultation base in Ofunato and circuiting counseling operations are being developed. Specifically, on the order of 5 clinical psychologists are circuiting at refuge shelters and speaking with people for whom psychological care is necessary. They are also overlooking the cases of



elderly couples moved to temporary housing; presently, in regards to those residing at temporary housing, they are struggling to keep in close touch with other regional supporters including medical teams and local medical associations, public health nurses and care managers, other NPOs and more, and the plan is to persist with door-to-door visits aimed at dealing with isolation and alcoholism.

■PEACEBOAT × Civic Force

From April, amongst the implementation of support operations for victims in Ishinomaki, PEACEBOAT has been developing the following two operations.

- Coordination of emergency rice distribution: Of the 74,215 rations of rice distributed by Ishinomaki Disaster Recovery Assistance Council, PEACEBOAT delivered 23,320 rations at 26 refuge shelters in the city.
- 2) Coordination of volunteers: receiving individual volunteers and implementing systematic management of dispatch. Has dispatched until now approx. 15,500 people (1 day of work=1 person) to 550 shops and homes.

■On The Road × Civic Force

From April, conducting widespread reception and dispatch of volunteers in Ishinomaki.

- Volunteer reception and dispatch: constructed an individual volunteer reception base, until now received 1,421 volunteers and completed mud removal at 414 shops and homes.
- 2) Support for refuge shelters and those living at refuge shelters: 173 volunteers provided emergency distribution of 2,402 rations of rice. Also, 143 volunteers provided a haircut and massage service, 117 people used them.
- 3) Restaurant regrowth project: To reopen shops damaged by the earthquake and tsunami as much

as possible, 39 volunteers aided in the reopening of 2 shops. Presently also, they are in the middle of aiding another 6 shops.

■Save the Dog × Civic Force

From April, Minamisouma, Fukushima Prefecture, Save the Dog conducted operations to care for dogs separated from their owners, and in addition to caring for 19 animals, other organizations in the same region are looking after another 5 dogs. In addition to performing care necessary for injury, illness, and rearing for each rescued dog, they uploaded a video and picture of each dog to a public website, and searched for the owners. Until now 17 of the dogs' owners have been specified, 9 of which have confirmed that they can continue to keep their pets and were able to reply. Concerning the pets whose already specified owners cannot continue to raise them, they are searching for foster homes, and have held 4 foster home matching events until now. One dog has been determined compatible with a foster owner, and the two are presently in a trial period.

■NGO Collaboration Center for Hanshin Quake Rehabilitation × Civic Force

Based in Tono, Iwate Prefecture, a rear base constructed in order to carry out detailed support in the Iwate Prefecture coastal region is providing aid. In regards to the coastal area largely damaged by the tsunami, the model for providing support from inland areas is under observation nationally and with leadership from all self-governing bodies. NGO Collaboration Center for Hanshin Quake Rehabilitation, cooperating with all types of local organizations as well as Tokyo and Kansai self-governing bodies, is providing advice for the initial construction of the volunteer base "Tono Volunteer Support Center (Tono Magokoro Facility)," victim rebuilding support efforts "Tono



Magokoro," and the private volunteer network "Tono Magokoro Net."

■ Seikatsu Club Yamagata Cooperative Association × Civic Force

From May, a base formed in Yonezawa, Yamagata Prefecture is developing prevention for overly self-reliant aid and isolationism for people from Fukushima Prefecture taking refuge within Yamagata Prefecture, centering on lifestyle aid for the approximately 1,000 people taking secondary shelter in Yonezawa. Specifically, in addition to implementing formal tea parties almost every day at secondary refuge shelters, every kind of business conducted them together. Also, regarding people taking refuge in Rikuzentakata, Iwate Prefecture, Ishinomaki, Miyagi Prefecture, Kesennuma and Oshima machi, Koriyama, Fukushima Prefecture and Minamisouma, it is conducting provision of news, foodstuffs, and other lifestyle relief goods.

The present state of affairs of cooperative partner enterprise activities are always reported on the Civic Force homepage.

Supporting Industry Reconstruction Efforts

At the Civic Force, there is a plan for forward movements for the restoration and rebuilding and to continue proactively supporting the affected areas.

■The lifestyle that has quickly quieted down, even if just a little bit - Lifestyle Rebuilding

In regards to the lifestyle rebuilding of people in the affected areas, we will continue to support the removal of phenomenon that have become a barrier.

Specifically, in addition to providing approximately 1,000 plywood panels for repairing houses, we are loaning 14 house trailers through local organizations free of charge as well as developing other activities for people who want to repair their houses while residing in emergency temporary housing (picture below: house trailers unloaded from the ferry). Also, at the Civic Force, there is a plan to supply 1,200 emergency tents to make temporary residential areas necessary for the repair of houses.

Furthermore, 6 house trailers established within Minamisanriku will be used by support leaders like health care providers and fire departments, and we are planning on continuing support operations at length without slowing down.



Also, we are continuing to examine and coordinate the way central management ought to go about the provision of lifestyle information necessary for individuals to rebuild their lifestyles. We have centralized management of information at the national, prefectural, and city level, and if a consultation time in the future should appear, we are thinking about whether the lifestyle rebuilding of victimized people can be accelerated or not.

Bolstering the region with the power of business -Restoration of Industry

As expected, the thing that will make the region vigorous once again is business. The Civic Force is effectively investing the citizen's power in disaster support in particular for enterprises and administrations, but as for the restoration of the



industry we are supporting extending efforts drawing out the power of businesses. At the present time, in the Kesennuma region and more, we are repeatedly and prudently conducting examinations along with external experts for an arrangement and technique for the provision of capital in regards to business persons working actively. At any time the plan is open to the public and can be viewed at our homepage.

Donation implementation circumstances report

At the point of June 11, we have received donations in the amount of approximately 890,000,000¥ total from approximately 450,000 individual and corporate bodies. Once again, allow us to express our gratitude for everyone's understanding and support. (List of corporate supporters can be confirmed at http://civic-force.org/activity/higashinihon/cat36/)

Presently, of that sum we have used approximately 344,880,000 Yen.

Specifically, 199,600,000 Yen for the purchase and delivery of emergency relief goods, of which 67,400,000 Yen was used for commission expenses of the large scale car ferry to Oshima. Construction of the hand-built baths and related expenses total 11,450,000 Yen, and concerning the multifaceted operations of 7 partner organizations, one part of expenses is 51,820,000 Yen, another part is the purchase and transport of 20 house trailers at 56,940,000 Yen, along with 10,000,000 Yen for the purchase of 1,200 emergency tents, 1,650,000 Yen for industry restoration operations in Oshima and Karakuwa. Concerning personnel expenses and actual expenses for operations, excluding 6,660,000 Yen in common operation sundry expenses, all operation expenses are included. Furthermore, concerning use of all of the donation money, in addition to receiving approval each time from the Board of Directors, we are confirming reasonable decision-making according to a supervisor as well as accounting duties.

Note: Further, concerning publication of receipts, there was one blunder. We humbly and sincerely apologize for the inconvenience caused to all.

Note: The Monthly Report is published and can be viewed around the 11th of every month at http://civic-force.org/news/monthly/. We also report the latest on operations and the state of the affected areas every day on both Twitter and our homepage. Also, we are transmitting a special video on YouTube, and our daily reports can be viewed in English on our facebook page.



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