



THE NEPAL TRUST

Working with Health, Community Development & Hope in the 'Hidden Himalayas'

Primary Healthcare Programme

Detail Abstract OPD Services 2016



Detail Abstract The Nepal Trust OPD Services in 2016

7,954 (Seven Thousand Nine Hundred Fifty Four) community people have taken health services from The Nepal Trust health clinics in 2016 AD.

From this total amount 3,308 (Three Thousand Three Hundred Eight) were male and 3,195 (Three Thousand One Hundred Ninety Five) were female. Comparatively more male patients were treated than female patients.

A summary of patient records can be found below in table 1.

Health Post	Patients		Total	Children under 5		Total	Family Planning		Total	Patients per clinic
	Male	Female		Boys	Girls		Male	Female		
Halji (Limi)	512	507	1,019	24	23	47	42	64	106	1,172
Kermi	940	925	1,865	47	59	106	139	69	208	2,179
Sarkegad	851	867	1,718	49	58	107	139	243	382	2,207
Torpa	186	141	327	13	7	20	-	66	66	413
Bargaun	229	190	419	5	3	8	61	49	110	537
Muchu	134	131	265	9	11	20	23	12	35	320
Yalbang	456	434	890	23	25	48	126	62	188	1,126
Total	3,308	3,195	6,503	170	186	356	530	565	1,095	7,954

Table 1

The following table 2 shows the amount of patients (disease wise) treated from The Nepal Trust health clinics in 2015 in detail.

NS	ICD Code	Name Of Disease	Female	Male
Communicable, Immunizable				
1	B05	Measles	9	0
2	A36	Diphtheria	0	0
3	A37	Whooping Cough	23	27
4	A33	Neonatal Tetanus	0	0
5	A35	Tetanus	0	0
6	A16	Tuberculosis	0	1
7	G83	Acute Flacid Paralysis	0	0
8	B06	Rubella	0	0
9	B26	Mumps	45	50

NS	ICD Code	Name Of Disease	Female	Male
10	B01	Chicken Pox	24	24
11	B16	Hepatitis B	0	0
Communicable Vector Borne				
12	A86	Acute Encephalitis Like Syndrome (AES)	0	0
13	B74	Filariasis	0	0
14	B54	Clinical Malaria	0	0
15	B50	Malaria (PF)	0	0
16	B51	Malaria (PV)	0	0
17	A90	Dengue Fever	0	0
18	B55	Kala-Azar/Leishmaniosis	0	0
Communicable, Water/Food Borne				
19	A01	Typhoid (Enteric Fever)	81	95
20	A09	Acute-Gastro Enteritis	174	184
21	A06	Amoebic Dysentery/Amoebiasis	44	29
22	A03	Bacillary Dysentery/Shigellosis	19	23
23	K52	Presumed Non Infectious Diarrhea	41	45
24	A00	Cholera	0	0
25	B82	Intestinal Worms	19	20
26	R17	Jaundice	0	0
Other Communicable Disease				
27	A64	STD/STI	13	8
28	B24	HIV/Aids	0	0
29	A30	Leprosy	0	0
30	G03	Meningitis	0	0
Other Infection Disease				
31	J22	ARI/Lower Respiratory Tract Infection	176	204
32	J06	Upper Respiratory Tract Infection	220	259
33	J18	Pneumonia	35	35
34	J15	Severe Pneumonia	2	1
35	J40	Bronchitis	56	53
36	J45	Asthma	127	133
37	N39	Urinary Tract Infection	225	122
38	J11	Viral Influenza	0	0
39	N51	Reproductive Tract Infection (RTI) Male	0	0
40	N99	Reproductive Tract Infection (RTI) Female	0	0
Nutritional And Metabolic Disorder				
41	E46	Malnutrition	5	6

NS	ICD Code	Name Of Disease	Female	Male
42	E50	Avitaminoses And Other Nutria Deficiency	1	0
43	G62	Polyneuritis	0	0
44	D64	Anemia/Polyneuropathy	2	0
45	E04	Goiter, Cretinism	0	0
46	E14	Diabetes Mellitus	0	0
47	E66	Obesity	0	0
48	E86	Dehydration	3	5
49	H53	Night Blindness/Visual Disturbance	1	1
Skin Disease				
50	L01	Impetigo/Boils/Furunculosis	27	30
51	L01	Abscess	42	35
52	L30	Eczema/Dermatitis	66	66
53	B36	Fungal Infection	86	84
54	B86	Scabies	57	62
55	L81	Leuko Derma/Pigmentation	0	0
56	L40	Psoriasis	0	0
57	L04	Lymphadenitis	0	0
Ear Nose And Throat Infection				
58	H66	Acute/Chronic Suppurative Otitis Media	35	36
59	J32	Sinusitis	12	14
60	J03	Tonsillitis	117	151
61	J02	Pharyngitis/Sore Throat	14	14
62	J17	Forein Body In Respiratory Tract	0	0
Oral Health Related Problem				
63	K02	Dental Carries/Toothache	105	108
64	K05	Periodontal Disease (Gum Disease)	2	3
65	K08	Other Disorder Of Teeth	1	0
66	K13	Oral Ulcer Mucosa And Other Related Disease	1	2
Eye Problem				
67	H10	Conjunctivitis	95	86
68	A71	Trachoma	0	0
69	H26	Cataract	0	0
70	H54	Blindness And Low Vision	1	2
Obstetries Complications				
71	46	Hemorrhage: Antipartum	0	0
72	72	Hemorrhage: Postpartum	0	0
73	0	Ectopic Pregnancy	0	0

NS	ICD Code	Name Of Disease	Female	Male
74	13	Pregnancy Induced Hypertension (PIH)	0	0
75	21	Hyperemesis Gravidarum	0	0
76	14	Antepartum Eclampsia	0	0
77	15	Postpartum Eclampsia	0	0
78	63	Prolonged Labor	0	0
79	64	Obstructed Labor	0	0
80	S37	Ruptured Uterus	0	0
81	85	Post Partum Sepsis	0	0
82	73	Retained Placenta	0	0
83	75	Other Complication/Condition	0	0
84	6	Abortion Complication	0	0
Gyne Problems				
85	N81	Prolapsed Uterus	1	0
86	N73	Pelvic Inflammatory Disease (Pid)	16	0
87	N89	Leucorrhoea	0	0
88	N92	Menstrual Disorder	1	0
89	N93	Dysfunctional Uterine Bleeding (Dub)	0	0
90	N63	Breast Lumps/Breast Abscess	1	0
91	N61	Mastitis (Engorged Breast)	0	0
Mental Health Related Problem				
92	F32	Depression	0	0
93	F29	Psychosis	0	0
94	F41	Anxiety (Neurosis)	0	0
95	F79	Mental Retardation	0	0
96	F44	Conversive Disorder (Hysteria)	0	0
97	F10	Alcoholism	0	0
98	G40	Epilepsy	0	1
Malignancy				
99	C50	Breast Cancer	0	0
100	C53	Cervical/Uteri Cancer	0	0
101	C34	Lung/Bronchus Cancer	0	0
102	C80	Other Cancer	0	0
103	I10	Hypertension	7	7
104	I50	Cardiac Failure (CCF)	0	0
105	J44	COPD	111	118
106	I01	Acute Rheumatic Fever	2	2
107	I09	Rheumatic Heart Disease	0	0

NS	ICD Code	Name Of Disease	Female	Male
108	I24	Ischemic Heart Disease	0	0
109	I52	Other Cardiovascular Problems	0	0
Other Disease and Injuries				
110	V89	R T A (Road Traffic Accident)	0	0
111	R51	Headache	281	284
112	R50	Pyrexia Of Unknown Origin (PUO)	0	2
113	T14	Falls/Injuries/Fractures	10	8
114	K29	Gastritis (APD)	414	378
115	W57	Insect/Wasp Bite	6	7
116	R10	Abdomen Pain	304	209
117	M13	Arthritis	140	153
118	K74	Cirrhosis Of Liver	0	0
119	T30	Burn And Scalds	5	2
120	W54	Dog Bite	1	4
121	A82	Other Rabies Susceptible Animal Bite	0	0
122	T63	Snake Bite: Poison	0	0
123	W59	Snake Bite: Non Poison	0	0
124	Z73	Physical Disability	0	0
Surgical Problems				
125	K46	Hernia	0	0
126	N43	Hydrocele	1	2
127	N47	Phimosis/Para Phimosis	0	0
128	I84	Hemorrhoids/Piles	0	0
129	N45	Epididymitis/Orchitis	0	0
130	N41	Prostatism (BEP/BPH)	0	0
131	R69	Not Mentioned Above And Other	1	0
Total			3308	3195

Table 2

356 (Three Hundred Fifty Six) children under five total were treated at The Nepal Trust health clinics in 2016AD from which 170 (One Hundred Seventy) girls and 186 (One Hundred Eighty Six) boys. Diarrhea patients are in high numbers whereas malnutrition is much lower.

Under 5 Year Children				
NS	ICD Code	Name Of Disease	Female	Male
1		Diarrhea	102	108
2		Worms	9	12
3		Pneumonia	56	64
4		Malnutrition	3	2
			170	186

Table 3

1,095 (One Thousand Ninety Five) people have been supported in family planning issues, including 530 (Five Hundred Thirty) females and 565 (Five Hundred Sixty Five) males.

From The Nepal Trust health clinics 207 (Two Hundred Seven) Depo injections have been administered to females and 284 (Two Hundred Eighty Four) pills cycles were distributed to females, whereas 587 (Five Hundred Eighty Seven) packages of condoms were distributed to males) for temporary family planning purposes. The following table 4 shows this in in detail.

Family Planning				
N S	ICD Code	Name Of Disease	Female	Male
1		Depo	216	0
2		Pills	314	0
3		Condoms	0	565
			530	565

Table 4

TOTAL PATIENTS = 7,954