

## NAMASTE

## THE NEPAL TRUST NEWS

WORKING WITH HEALTH, COMMUNITY DEVELOPMENT AND HOPE IN THE "HIDDEN HIMALAYAS" SUMMER 2015 - EARTHQUAKE SPECIAL ISSUE



Jeroen (2nd from left) surveys the damage at Gahate village







Devastation and despair - Sindhupalchowk

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## **Chairman's Message**



#### Dear Friends and Supporters

Like ourselves, when you heard the awful news on April 25th about the magnitude 7.8 earthquake, I imagine that your first thoughts were for the safety and wellbeing of those whom you know in Nepal and in particular Kathmandu.

It was not until Sunday 26th that we managed to make

contact with Jeroen, amazingly not by mobile or the internet, but by good old land line. He and Nirmala were safe and sound but camping out in the garden for fear of aftershocks.

It still took a few more days to hear that Nugal, Jigme and the NT team were also safe and that out in Humla, although well shaken, none of our clinics or projects had been badly impacted. Sadly it was not the same for the charity PHASE who lost all of their clinics and were having to dig through the rubble to recover what medical supplies they could.

We were almost immediately inundated by calls and emails asking what you could do to help. It was humbling to realise just how deep the support base and good will to the Nepal Trust is.

Knowing how difficult sanitation and clean drinking water arrangements are at the best of times in Nepal, we advised that support should be routed via the WorldWaterWorks (WWW) project, which was looking to ship 500 water survival boxes out to Nepal. WWW is a first class charity with strong Rotary connections.

#### (http://www.worldwaterworks.org/)

However as the picture on the ground clarified it became clear that there were serious problems with the logistics of distribution and customs clearance for the water survival boxes, while at the same time Jeroen and team were kicking into action with locally organised relief efforts into the Sindhupalchowk region. At that juncture we switched focus to routing funds to Jeroen to procure and distribute relief supplies locally in conjunction with local partners on the ground, rather than fight the bureaucracy of customs clearance and the log jams of Kathmandu airport.

Including money routed to WWW we have received donations of well over £75,000 towards the NT organised

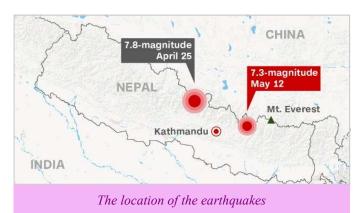
relief efforts, including substantial support from Global Giving.

Two months on, with basic shelter organised and more or less stable, supply lines in place for food and drinking water, our focus has moved on to long term relief projects and helping communities rebuild infrastructure for education, health care, agriculture, sanitation, water and renewable energy supply. Working with other agencies Jeroen and team are identifying projects within the VDC's of the Sindhupalchowk region for our support. These are the areas where the NT has a long established track record of competence: our strategy will be to focus on a small number of earthquake related projects in collaboration with the local communities rather than to spread our efforts too thinly. Importantly we will retain the same focus and commitment as in the past on our healthcare and other programmes in Humla.

These are big challenges. Our record of spending every penny raised in Nepal and nothing on expensive western salaries means we will once again be punching well above our weight. But everything costs money and your continued support will be vital if we are to succeed.

Please keep in touch. We will update you regularly by enews on the relief projects and on how you can engage with us to make a real and lasting contribution. It is sad that we have needed this special edition of Namaste, but above all thank you for your support.

Mike





Namaste and e-news updates are the two main channels through which we try to keep our members and friends informed of the work we are doing and of the opportunities to join with us. Our web site <u>www.nepaltrust.org</u> gives you another portal into our activities. We are also on Facebook: <u>www.facebook.com/NEPALTRUST</u>.

You can also send an email to: admin@nepaltrust.org or give us a call on: +44 (0) 787 901 6443

#### NAMASTE - THE NEPAL TRUST

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### **Facts and Figures**

The Nepal earthquake occurred at 11.56am local time on Saturday 25 April 2015, with a magnitude of 7.8 and a maximum Mercalli Intensity of IX, which registers it as a "violent" quake.

Its epicentre was in Gorkha district, about 80 km north-west of Kathmandu, and its hypocentre was at a depth of approximately 15 km. It was the worst natural disaster to hit Nepal since the 1934 Nepal-Bihar earthquake.

The earthquake triggered an avalanche on Mount Everest, killing at least 19, making this the deadliest day on the mountain in history.

Approximately two months after the event, official figures indicate almost 9,000 dead and more than 23,000 injured.

Hundreds of thousands of people were made homeless with entire villages flattened, across many districts of the country.

Ancient buildings and temples were damaged and destroyed at UNESCO World Heritage sites in the Kathmandu Valley, including some at the Durbar Squares in Kathmandu, Patan and Bhaktapur, the Changu Narayan Temple and the Swayambhunath Stupa.

Continued aftershocks occurred throughout Nepal at 15-20 minute intervals with a major aftershock on 12 May with a magnitude of 7.3, its epicentre near the Chinese border between Kathmandu and Mount Everest, causing further damage, destruction and death.





Above: poignant images of damage sustained in the ancient city of Bhaktapur

## **Initial Response**

Dr. David Hurman

For me, it's always going to be one of those "where were you, when you first heard the news?" moments – well, it was just after 8.30 in the morning and I was getting Ruairidh's breakfast sorted before taking him to Saturday Fun Club, when an e-mail from a friend plinked onto my phone – just two words "Earthquake Kathmandu!!!!". The four exclamation marks a possibly prescient indicator of the seriousness of the event, sadly confirmed as I dipped in and out of the 24-hour news media through the day.

A little later I sent off e-mails to the Nepal Trust staff and my many friends in Nepal and over the next 12-24 hours received replies that, thankfully, and perhaps amazingly, all were well and had survived relatively unscathed, although undoubtedly shaken both literally and emotionally.

We were informed that no serious damage had occurred at the various NT projects in Humla and so thoughts turned as to how we could best respond to the unfolding catastrophe. The Nepal Trust is not intended to be a disaster relief organisation, but we felt we could certainly contribute usefully to planned relief activities working in partnership with local communities.

We received a number of requests from well-meaning volunteers keen to jump on the next flight to Kathmandu and help. But we felt compelled to firmly but kindly dissuade such offers, explaining that the money for air-tickets could be put to much better use by donation to the Nepal Trust, for immediate use on the ground in Nepal to locally purchase food and materials to provide shelter.

On Jeroen's advice, we concentrated our immediate relief activities in Sindhupalchowk district, which adjoins the Kathmandu district, but which is one of Nepal's least developed districts and had also suffered considerable earthquake damage.

Read Jeroen's first-hand account of the Nepal Trust relief mission to Sidhupalchowk district on Page 6.

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## **Eye Witness Account**

Cork-based oncologist Aileen Flavin describes the moment the earthquake struck in Nepal, and the chaos that ensued as locals and tourists alike struggled to survive in the aftermath of the disaster.



I was one of five cancer specialists in Kathmandu lecturing on a course, 'Implementing Modern Radiotherapy in Nepal', when the earthquake struck. I have been involved in teaching the residents in radiation oncology in Nepal since 2009 and this was my fifth trip. Radiotherapy is very basic in Nepal, with most people, if they can afford it, travelling to India for modern treatment.

The course was held on the top floor of the Yellow Pagoda Hotel. Day one had gone very well, with lots of discussion and interaction, and we had a social event with Nepalese colleagues booked in the hotel that evening.

We were coming to the end of the morning sessions on day two when suddenly the floor lurched and we were thrown to the ground, furniture falling all over the place. The room rocked crazily as we lay on the floor. I definitely felt that this was it, there was no way out. You could not imagine a building withstanding this. One of my UK colleagues asked me if it was a bomb and I said: "No, it's an earthquake."

I'm not sure how I was so knowledgeable, never having experienced either! It did cross my mind that the building might be spontaneously collapsing. Some building work had been going on the previous day and we had accessed the lecture hall via a sheet of corrugated steel supported by scaffold.

I felt a huge need to make an attempt to get out, as did one of my colleagues, who had more presence of mind and shouted at everyone to get out. Everything was still moving but less so and it seemed that, as the hotel hadn't collapsed, we were in with a chance.

When we got out, it was clear that it was an earthquake, as the road was thronged with people from surrounding buildings. We felt very lucky to have got out, although the hotel was clearly built to withstand an earthquake and my doubts about the building were unfounded.

One of my UK colleagues managed to contact her husband by mobile to let him know what had happened and he contacted all of our families to let them know we were OK, which was a great relief to us all, especially later when we realised the enormity of the situation. Our Nepalese colleagues looked very worried. None of them had experienced an earthquake either and they were frantically trying to contact their own families.

They urged us to stay in an open area away from high buildings and electric pylons so we walked up to the nearest intersection. Here we joined hundreds of others — both locals and tourists. In the time before the first aftershock, I saw just one ambulance and one fire brigade pass, so the initial response to this event was less than that of a small road traffic accident in Cork. When the first aftershock came, we found ourselves linking arms in a circle with a Spanish couple who had been at the International Tattooing Conference at the Yak and Yeti Hotel — lots of people around with tattoos. This aftershock seemed like nothing in comparison with the initial earthquake.

When this was over, we wondered what we should do next. We didn't have a clue, but we all felt the need to have a plan.

We decided to try to return to the Kathmandu Guest House in Thamel, where we were staying. The first route was blocked by a fallen pylon and collapsed walls so we took a detour. The roads were full of people and every bit of open space was full.



When we got back to the guesthouse, we stayed there in the open until it was felt safe to go inside. Three hours after the quake, when it was safe to enter the building, we were reunited with the fifth member of our group, who was in an inner courtyard. The guesthouse staff were fantastic, despite the fact they were clearly upset themselves. The owner's son told us that food and water would become a problem and told us to go outside when safe and buy food. All the shops were closed and remained so. Over the next two days the guesthouse provided us with a rice and vegetable mixture and water regularly.

The old part of the guesthouse, which wasn't earthquakeproof, had been badly damaged. Internet and TV were still

## Eye Witness Account (cont)

working intermittently until early on Sunday, April 26, so we could watch the enormity of the event unfold. We got to see the BBC World Service; the estimated death toll at that point was 400.



During that night, many people slept outside, some because their rooms had been damaged and were unsafe, others because they hadn't been staying in the guesthouse but just felt they would be safe there. I met people who slept outside as they were on the higher floors and were afraid to go back there. We bunked together and gave up our rooms. Although we had beds, we were up during that first night because of aftershocks. These didn't seem too bad and the impression was that they were lessening.

We later met a Canadian student who had developed mountain sickness while trekking, then a brain clot. She had been in intensive care in one of the local hospitals when the earthquake struck. She initially thought she was having a seizure, as she had been told this was a possibility. She had got out only to see all the trauma of earthquake victims.

I spoke to the guesthouse receptionist on the Sunday evening, explaining we were hoping to leave next day. We couldn't pay our bill as we had no cash, and ATMs and visa machines were not working. He simply said: "You are our guest. We trust you to pay later." He helped us to get a taxi for the next day and, to my surprise, we did get a flight.

Those of us who were in Nepal at the time of earthquake are desperate to help in some way. It seems that it is best to support the NGOs that are already in Nepal and have local knowledge. I am supporting both the Nepal Trust and Tearfund Ireland.

I would encourage all readers to support poor Nepal in the coming days.

Thanks to Dr Aileen Flavin for permission to use this article, which was first published in The Irish Examiner on 4 May.

http://www.irishexaminer.com/viewpoints/analysis/ eyewitness-who-watched-the-world-crumble-328482.html

# Boost your donation by 25% at no additional cost to you

Under the UK government's Gift Aid scheme, as a registered charity, the Nepal Trust can claim an extra 25 pence for every  $\pounds 1$  it receives in subscriptions or donations from individuals who are UK taxpayers. In 2014, the Nepal Trust received  $\pounds 10,206$  Gift Aid directly from HM Revenue & Customs.

As a donor, all you have to do is complete the simple "Gift Aid" form which our Glasgow office will gladly send you. A precondition is that any donor must have paid at least as much in UK tax as the amount of gift aid attributed to the donation.

For example, if a donor who is a basic rate taxpayer pays  $\pounds 100$  to the Nepal Trust and completes a gift aid form, the trust can claim  $\pounds 25$  from HM Revenue & Customs. The donor must have paid at least  $\pounds 25$  in UK tax. The extra  $\pounds 25$  comes straight from the government at no extra cost to the donor.

The position for higher rate taxpayers is even more beneficial. For every £100 Gift Aid donation, the Nepal Trust receives an extra £25 and the tax bill of a 40% tax payer is

reduced by £25. Thus for a net cost of £75, the Trust receives £125. In the case of a donor who pays 45% tax, the tax bill is reduced by £31.25, making the net cost just £68.75. Any donations made between the tax year end and the date the taxpayer files his or her tax return can be utilised against the previous year's tax bill; this can accelerate refunds for higher -rate taxpayers.

In all cases, donations should be entered in the appropriate box in donor's annual self assessment tax return.

For those who may become liable for Inheritance Tax, gifts made out of income during their lifetime, in addition to reducing any liability to the higher rates of Income Tax, can also reduce the liability on their estate to pay the 40% Inheritance Tax. Inheritance Tax planning is a complex affair for which independent professional advice should be sought.

Corporate tax payers may be able to offset donations against taxable profits and thus reduce the amount of Corporation Tax otherwise payable.

## **NT Relief Mission to Sindhupalchowk District**

Jeroen van den Bergh – Country Director, 4 May 2015

I returned from Sindhupalchowk district last weekend where I visited some of the hardest-hit areas with a team of representatives from local partner organisations that all wanted to support our local initiatives.

We visited Sipapokhare Village Development Committee (VDC), which lies 80 km north of Kathmandu. There are 9 villages in this VDC, comprising approximately 135 households and about 600 people. We focused mainly on the bigger, centrally located village of Gahate.

There is widespread devastation and some villages have suffered complete destruction and virtual disappearance. Local people mentioned that they had received no help yet, particularly from the government.

At 5 am we collected tents and tarpaulins at the bus park coming in across the Indian border via Dharan. After this we drove to Nidan Hospital in Patan to load up with further equipment and medical supplies and gather the teams together. We had arranged a convoy of vans, trucks and jeeps to transport all the supplies and volunteers.



Loading vehicles with tents, tarpaulins and food at NIDAN Hospital, Patan

After several hours driving we reached the main town below the village cluster at early noon. Our local community partners had arranged motorbikes to drive us up the steep hill tracks to the villages.

Once in the villages, the medical team of doctors and nurses treated injured patients and distributed medicines. Elsewhere other teams distributed relief materials.

We had also brought in a local TV press team (Nepal Mandal Television) to report the problems in the area to the outside world and to highlight the need for support and aid in these rural areas. Both team members and local people were interviewed and the distribution of materials and medical assistance was documented on film.

The local people were grateful and happy and seemed to have regained some hope for a better life after our visit as they felt that the world had not forgotten about them.

In the evening we drove back down and visited another village to distribute supplies at their main gathering point.

In all we distributed over 150 tents and 50 tarpaulins for individual households and schools, and also food supplies -

over 2,000 kg of rice and bags of dry food like chura (beaten rice), biscuits and noodles.

The distribution effort was documented and administered by local village people through lists of names and addresses etc.

That night we drove back and arrived back late Saturday night in Kathmandu. A long day and all very tired, but a very successful mission.

Partners that contributed to the weekend mission and with whom the Nepal Trust are collaborating are as follows: Nidan Hospital, Nepal Mandal Television, Nepal Chamber of Commerce, Nepal Pharmaceuticals Lab Pvt Ltd, New York Newa Guthi, 1 Kilo for Nepal, Laxmi Hyundai, Niti Foundation, IGK Pre-School and various individual supporters.



Above: working with local community members to transport and distribute aid supplies

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## **Update Report from Jeroen**

As documented in the previous article, in the immediate aftermath of the earthquake, Jeroen and team travelled to one of the hardest hit areas in Sindhupalchowk district, with representatives of local partner organizations to offer and organise immediate relief efforts, including the local purchase of medicines, food, tents and corrugated galvanised iron sheets for shelter and roofing. Distribution of these supplies was through local volunteers. A film documentary, which shows some of our relief work, has been prepared and was aired on Nepal national television. You can watch the video online:

https://www.youtube.com/watch?v=llwd80PXcn0



*Above: Food and galvanised iron sheet distribution* 

The NT team has subsequently been developing plans for longer term earthquake recovery projects, aimed at working with the same local communities in the Sindhupalchowk area, to invest in the rebuilding of vital infrastructure and help to rebuild income generating activity. In conjunction with Impulsis, a Dutch aid agency linked to ICCO, an earthquake recovery programme is being formulated and we are now identifying specific projects and programmes to throw our weight behind, for the long term support of people in the poorest and most remote parts hit hardest by the earthquake. In preparation for these projects a



Anu Lama in Helambu VDC during field assessment survey

comprehensive field assessment study has been carried out in Sindhupalchowk.

Already substantial funding is promised from ICCO spread over two phases, each 10 months long. This money is to be used to facilitate the recovery of local livelihoods, including the repair of community irrigation systems, restoring power distribution lines (micro hydro-electric), water supply systems, the development of income generation activities such as the provision of agricultural expertise, seeds, pesticides and tools to local farmers, the provision of sewing machines to marginalized family units, the training of stone masons and builders and the provision of appropriate technologies for these activities.

We anticipate being given a budget of over £100K which can be used in partnership with other supporters and donors to fund individual projects. In particular we plan to use this money to match funds raised by others for specific projects. Thus if one or more Rotary clubs or a group of individual supporters raises funds to support, for example, a water supply project to one of the villages, we hope to be able to match the funds they donate with funds donated by ICCO. In all cases, projects will be those requested by the locals through their DDC and VDC's; community participation and linking up to local initiatives in the implementation of the project will be key selection criteria.

The programme will reach 5 VDC's including Sipapokhare, Kunchok, Nawalpur, Syaule and Helambu, which are located approximately 80 to 115 km north of Kathmandu and comprise 1,993 households (8,609 people).

If you would like to join up for one of these projects please make contact via Anna (annaclutterbuck@gmail.com).

## **Updates from Humla**

By design, this edition of Namaste has concentrated on the effects of, and our response to, the major earthquakes of a few weeks ago.

However during this time the work of the Nepal Trust has continued elsewhere in Humla with significant progress and completion of a number of projects.

Brief details of new aspects of our ongoing health programme are below.



Checking blood pressure

#### BARGAUN

The Birthing Centre will be officially inaugurated in the near future, but is actually already open and functioning satisfactorily.

A new Auxiliary Nurse Midwife (ANM), Mrs. Nabina Lama has already been appointed and is working alongside Yangzum Lama.

#### SARKEGAD

The old Health Post building has been renovated and the water supply restored and installed at the new Birthing Centre.

All the necessary equipment and furniture has been purchased and transported to Sarkegard for installation.

The new Birthing Centre should be operational within the next month.



Another happy, satisfied patient!

#### YARI

Local building materials for the new Health Post have been partly collected and procurement is on schedule. The building foundations should be laid soon and hopefully most of the building work can be completed this year.

A new local Health Assistant (HA), Mrs. Jigme Doma Lama has been appointed and is currently assisting at the Yalbang Health Post until Yari is open, when additional community medical assistant support staff will be hired.



Equipment is installed at Bargaun



Stacking the shelves at Yari Health Post

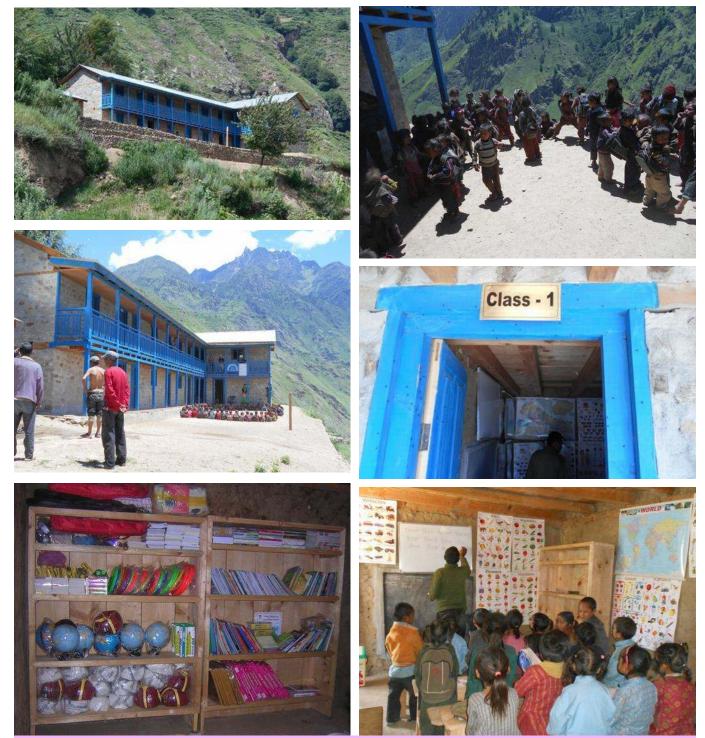
## **Updates from Humla (cont)**

#### THEHE SCHOOL

The building work on Thehe School has been completed and the water supply and toilets have been installed.

All the classroom materials including books, blackboards, whiteboards, writing materials, office equipment and sports goods have also been supplied.

The official inauguration and hand-over to the community took place a couple of weeks ago – job done!



Thehe school

## Thanks

Our sincere thanks to all those who responded to our various appeals and made so many generous donations in the first few days following the earthquake and since.....

Thanks to the following individuals, groups, companies, trusts and Rotary Clubs (in no particular order):

Emma Bell, Wessex Daycare, Martin Nowell, Margaret Allan, Kate and Ian Fry and family, Edith Campbell, Ian Longley, Mary Irvine, Irvine family, Christopher Rae, Maciej Brzeski, Wendy and Peter Boulding, Maxwell Family, Mike Shute, Stephen Newton, Nicols, Sally & Hedley Ramshaw, Eddy and Jean Brew, Susie Strachan,



Dutch children fundraising

Martin Black, Mike Bennett, Helen Craig, PC LUFC, Anne and Bill Clarke, PH, Ilana, Sam Lacey, Relax Restore Revive, South Bristol Arts Trail, Moira Robertson, Wendi Wilmer, Marisa Taylor, Andy Coombe, Peter King, Jennifer Williams, Radiographer Staff at the Beatson West of Scotland Cancer Centre, CL, Bill and Dorothy, Azizun Nessa and Fozlur Rahman, Jane Leask, David Hurman, CMS Cameron McKenna LLP, Nicole Graham, C Hood, Therese Hamstad, Nick Ledbetter, Fiona Wernham, Robin Akhurst, Jen Fusaro, David Abel, Maddy, Lee and Sam Weatherall, Charlotte Grant, Naomi Henderson, Christina Murray, Fiona Letham, June & Pete, Becca, Helen Gilliland, Elspeth Carson, Simon Bird, Anne Taylor, Stephen McNaught, Max P, Jane, Karen McKay, Roland Smyth, Iain Doran, Catharine MacDonald, Lindsey Cartwright, Richard Curd, Steph Shearer, Andrew Gibson, Morton Fraser, Andrew Todd, Annette Ward, Maryrose, Dani Rae, Linda Urquhart, Soni Shakya, Kerry Maxwell, Peter Everest, Dorothy Kellas, Jenni Orr, Nigel, Rebecca Schofield, Jenny Allan, Paula Wilson, Tara Rogers (CMS), Florina Trosca, Sue Belford, Robert (CMS), Lynsey Brown, Jo Owens, Chris Riddell, Simon Hegarty, Carol Nisbet, Valerie Gray, Lucy, Victoria Dunseath, Lorna, Steve Mac, Denise McCann, Jane, Gary Georgeson, Lauren, Charlotte Drury, Susan Barty, Alpa Kapasi, Kirstie and Reuben, Ann Boulter, finnCap, Donna & Allan Barr, Valerie Allan, Katie Brown, Julie Carpenter,

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One of our younger supporters, Hannah, who organised a cake stall at Westbury Junior School and raised £100

Lindsey Wainwright, Stephanie Scarafile, Kutahya Cherry, Phil & Jo Deakin, Billy Scrimshire, Mike & Alison Morrison, Mike & Liz Holt, Emily Sauer, Sandra Beard, Sian and Matt, Gaelle, Lawrence, The Cooks, Michelle Sharman, Evelyn Flavin, Nuala Flavin, Dotmcp, Maria, Seamus and Consuelo Flavin, Bill Mason, Bram Trachet, R Ruston, David Coghlan, S Koerts / JP Mantel, Veronica Neefjes, Cor & Anneke Baneman, Alison Chapman, Jo, Gerard & Siska, Mary Cronin, Alan & Tina Donaldson, Colin Guy (Crewkerne Rotary Club), Gordon Garland, Andrew Trumper, Ryden Edinburgh Office, Ashley Grogan, Steven



Bringing the press to Sindhupalchowk with Nepal Mandal Television

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## **Thanks (cont)**

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Nepal Trust and ISARD collaboration

Wheel Club of Blaby, Mrs Juliet Robb, WB & Mrs JC Erskine, Dr HMAA Yosef & Mrs Yosef Black, Rotary Clubs of Misbourne Matins, Sherwood Forest, Crewkerne Trust Fund, Boston St Botolph, Wellington Somerset, Wakefield, Lincoln Colonia, Horwich, Ilkley Wharfedale, Wells, Mersea Island, Farnham Wayside, JustGiving, GlobalGiving, mydonate BT, Stichting Nepal, Alla Uliyanova, Heather Fitzgerald, Kartikeya Thaker, Kathleen Towne, Yogendra Shakya, Albert Coppens, Mike and Pavla Love, Heidi Monroy, Lisa Chang, Vic and Dorothy Thomson, Billie



Dutch children fundraising

Houghton, Anthony Sharpe, Graham Macdonald, Gillian Needham, David Currie, Barbara Hurman, Diana Ritchie, Lynne & Ross Dunbar, Banjo Paterson, Stephen Edwards, A Page, Lorne Daniel, Samantha Haines, Nicky Lewis, Tom Gelling, P McKay, Susan Lee, James Murray, Julia Subedi, Muriel Watt, Isabel Queenan, Stella Tinsley, Lydia Taylor, Sangi Mjn, M Whitchurch, Rebecca Birkett, Jennifer Mora, Emma Chadwick, Elspeth Snowie, Sue Perrott, Gerhard Meyer, Beverley Bailey, Gukul Rai, Camilla Hayes, Alexander James, Anna McPherson, Daniel Jones, Kathryn Perkins, Juliet Corbett, Donald Canavan, Susan Singleton, Willie Nicoll, Carol Goodey, T Walsh, Nuri Wyeth, Allison Gilchrist, David Coulton, Jennifer Thomson, Shauna Gollogly, Jane Leask, Kate Dengra, Emily Hughes, Katie and David Reid, Stichting Waterproject Nepal, Nepal Mandal Television, ISARD.

And lots and lots of nameless supporters who raised money and made donations to some of the names above, who then donated to the Nepal Trust on their behalf....

And lots and lots of anonymous donors – you know who you are!

And apologies for any missing names....

Finally many thanks to our print sponsors Jones and Palmer

## Jonesandpalmer

#### Thanks again to you all!

#### **DONATIONS**

If you would like to donate to our earthquake appeal you can do so via Just Giving or Global Giving: <u>http://campaign.justgiving.com/charity/nepaltrust/earthquakeappeal-2015</u>

http://www.globalgiving.co.uk/pr/20500/proj20406d.html



More scenes from relief missions to Sindhupalchowk district - the Nepal Trust helping to make a difference

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