

# Dear Friends of Sarah's Circle,



Thank you for all your support of Sarah's Circle. Because of donors like you, our organization has evolved from a daytime drop-in center only to a multi-faceted agency with comprehensive case management, clinical services, and permanent supportive housing. The increased capacity of Sarah's Circle is evident with the latest addition to our programs.

On November 1, 2011, Sarah's Circle stepped up to operate the largest women's interim housing program in the City of Chicago. Interim Housing is a shelter program with 24-hour access and wrap-around supportive services to help individuals quickly regain permanent housing. The 50-bed program, formerly operated by another agency in the area, was in the process of closing permanently. Rather than lose the beds in the community, Sarah's Circle assumed operations on short notice, leveraging existing services to make immediate and seamless implementation a reality. While the transition took place suddenly, the program is at the heart of our mission, and the extremely vulnerable women in the program took priority.

Sarah's Circle is committed to delivering excellent, comprehensive services to all women in the community who need them. We work towards ending homelessness by providing comprehensive services throughout the entire cycle of homelessness. This includes providing for immediate shelter and case management via interim housing, placement in permanent housing, and multiple housing retention services for women who are housing vulnerable or formerly homeless. This seamless provision of services will rapidly house a woman, and ultimately keep her housed – ending her homelessness.

The need for comprehensive services is driven by the complexity of homelessness. Issues such as mental illness, domestic violence, trauma, extreme poverty, and substance abuse are often intertwined. As our annual report illustrates, this complexity calls for a breadth and depth of services tailored to the individual, so that each woman is supported and empowered on her path to a permanent home.

As a partner with Sarah's Circle, we value your commitment to ending homelessness for women. Together, we can grow in our capacity to help Chicago's most vulnerable women rebuild their lives.

Judy Krueger President, Board of Directors

Judy Krueger

Katherine Ragnar Executive Director

Kathern Rogran

# Year in Review

In 2011 Sarah's Circle worked with increasing efficiency and effectiveness to help women rebuild their lives. Through basic services, case management, and clinical services, women improved their quality of life and achieved goals to increase their self-sufficiency. The most important goal for a woman who is homeless is to find a permanent home. Sarah's Circle placed 58 women in permanent housing this

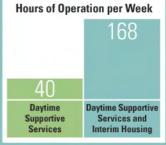


year. These women worked intensively with case managers and the housing coordinator to determine appropriate and available housing options, increase income, gather necessary documentation, visit sites, complete applications, and ultimately enter housing with a move-in

kit of essential household items. Sarah's Circle also continued to successfully house women with disabilities who had been homeless for years in our eleven units of permanent supportive housing.

In the fall of 2011, Sarah's Circle responded to an unanticipated challenge. A partnering agency in the area, which had been providing shelter and supportive services for over 100 homeless individuals, including 50 women, was in the process of closing permanently. After meeting with City officials and other service providers in the area, Sarah's Circle determined that our agency had the greatest capacity to

take on the women's program and transform it into an efficient and effective Interim Housing Program. The process from contract award to full project implementation was incredibly fast. With your support, Sarah's Circle was able to start the program and surpass our goal for housing placement in the first 120 days.



Timeline of Sarah's Circle's Interim Housing Program								
Receive request for proposal from City of Chicago	Meet with representatives from City and other service providers		Receive contract	Interim Housing Program officially begins		Tenth woman from Program is housed		
September 7	September 14	September 22	October 13	November 1	December 8	February 15		
2011 2012								

# **Building Project**

Another important accomplishment in 2011 was securing the remaining funding needed to purchase and renovate our new building. The commitment of private funders and government agencies was crucial to achieving this goal. Sarah's Circle is closing on the building and beginning construction in early 2012 with plans to move into the building by early 2013. With your support, we are creating ten units of permanent supportive housing, program space, and administrative offices that will empower Chicago's most vulnerable women for years to come. The facility will improve all aspects of our operations because it has been designed specifically for our purposes. The ten units will increase our total number of permanent supportive housing units to 21. The building will also house more program offices for individualized case management and clinical services, multipurpose rooms for group and art therapy, and streamlined administrative space to improve organizational efficiency. Thank you to everyone who has supported this project.

#### **Donors**

\$30,000+

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## Future Plans

While we are proud of the progress we have made in the past year, Sarah's Circle continues to look to improving and expanding our programming in the future to better help women in need.

In order to seamlessly take on the Interim Housing Program, Sarah's Circle assumed the previous agency's lease for the overnight component in a local church while moving daytime programming to Sarah's Circle's space at 4750 North Sheridan Road. We have made modest improvements to the accommodations at the church; however the overnight component is in the basement, and there are limits to the space. Each woman has a bin for storage and sleeps on a cot pulled out of the closet each night with less than an arm's length between her and the woman beside her. These are satisfactory arrangements for a few nights, but they are unacceptable for a true Interim Housing Program where individuals stay for several months while working towards a permanent home. Sarah's Circle is working to secure a long-term lease in the neighborhood to provide one comprehensive location for Interim Housing, which will be more conducive to programmatic success.

Once women move from interim housing into permanent housing, they often need additional support in order to maintain their housing. Sarah's Circle has just begun a pilot program, called Health Access for Formerly Homeless Women, which will provide targeted, time-limited services to women who are placed in permanent housing. The pilot is intended to improve long-term housing stability by providing additional support during the critical transition time and by proactively addressing issues that may lead to loss of housing. For many, if not most women, physical and mental health are major factors in housing instability. This program will give women additional support in these areas while they transition, and connect women to neighborhood health centers, ensuring their long-term health and housing stability.

With appropriate housing placement and supportive services, most women who come to Sarah's Circle are able to live independently. Yet a small number of women with severe mental illness or developmental disabilities are better suited to and prefer a group living environment with a higher level of care and supervision. Agencies provide this in a model called a "safe haven", but there are not enough beds of this kind for women in Chicago. Sarah's Circle is pursuing opportunities to create our own safe haven, which would allow us to finally house our most vulnerable and longest served program participants.

With all of our efforts, Sarah's Circle is working to help women who are homeless or in need of a safe space rebuild their lives, ending their homelessness permanently.

# Thank You to Our Generous Donors

Thank you to the following individuals, corporations, foundations, and organizations who contributed so generously to our efforts from July 1, 2010 to June 30, 2011.

#### **Government Contracts**

U.S Department of Housing and Urban Development

\$128,962

City of Chicago Department of Family and Support Services

Federal Emergency Management Agency

Chicago Department of Housing

#### Grants

#### \$10,000-\$30,000

Anonymous (2) The Crown Family Frechette Family Foundation Henrietta Lange Burk Fund John R. Houlsby Foundation Polk Bros. Foundation

#### \$5,000-\$9,999

Blue Cross Blue Shield of Illinois George M. Eisenberg Foundation For Charities Sara & Two C-Dogs Foundation The Blowitz-Ridgeway Foundation U.S. Bancorp Foundation

#### \$1,000-\$4,999

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## **Religious Grants and Organizations:**

#### \$5,000-\$20,000

First Presbyterian Church of Lake Forest Kenilworth Union Church Sisters Of Charity Of The Blessed Virgin Mary Winnetka Congregational Church

#### \$1,000-\$4,999

Community United Church First Presbyterian Church of Wilmette Fourth Presbyterian Church Northminster Presbyterian Church Presbytery of Chicago

#### \$500-\$999

Missionary Sisters of the Holy Spirit Sacred Heart Schools Students WELCA of Edgebrook Lutheran Church Yorkfield Presbyterian Church

#### \$50-\$499

Good Shepherd Presbyterian Church Lincoln Park Presbyterian Church North Shore Baptist Church Presbyterian Church Of Western Springs Ravenswood Fellowship United Methodist Church

Ravenswood Presbyterian Church The Sisters of St. Joseph of LaGrange

## **Business and Other Group** Contributions

#### \$1,000-\$5,000

Kathleen Ryan and John Peters III Wedding Charity Gift Registry Lake Forest Woman's Club Local Independent Charities Of America Peets Coffee & Tea

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It is possible we may have misspelled a name or printed the name of someone who wished to remain anonymous. It is also possible we may have inadvertently omitted a name of a donor. Please notify us and accept our apology for the error.

# Financials

Fiscal Year 2011: July 1, 2010 - June 30, 2011

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Grants and Contributions In-Kind Donations Full Circle Consignment Store (Net) Special Events (Net) Interest and Dividends Unrealized Gain on Investments	\$738,081 462,980 23,801 18,749 1,775 899
Total Income	\$1,246,285
Functional Expenses Program Services: Physical Services/General Education Case Management Services Full Circle Consignment Store Housing Clinical Services/Trauma Program Total Program Services	249,635 106,298 79,595 75,857 36,390 \$547,775
Management and General	72,312
Fundraising	40,206
Total Functional Expenses	\$660,293
Change in Net Assets	585,992
Net assets Beginning of year End of year	\$277,469 \$863,461

Note: Sarah's Circle is in the process of accumulating significant capital for our new building. After accounting for new building activity, the agency had a net income of \$65,541 for FY11.





Nancy graduated from a Chicago culinary arts training program in 2004 and has held various jobs working in the food service industry. Nancy rented her own apartment before coming to Sarah's Circle, but with the high cost of her medical condition, was unable to afford rent. Now she is in Sarah's Circle's Interim Housing Program. Nancy hopes to secure her own apartment soon and eventually open her own restaurant.

Pam obtained her license to sell insurance while living in South Dakota, but after years of struggling with an abusive relationship, she escaped to Chicago to find a better life. When she first arrived, she sought refuge at friends' houses and started coming to Sarah's Circle for counseling. Currently, Pam is housed through a transitional housing program. She continues to see a counselor at Sarah's Circle and plans to get her medical billing certificate.

Case management
Case management is a collaborative effort
between a case manager and a program
participant. Case managers at Sarah's Circle
provide resources, referrals, practical
assistance, and support, while the clients
must do the work needed to accomplish
their goals. One of the most important
areas for case management is housing
placement. Once participants enter
housing, especially our eleven units
of permanent supportive housing,
Sarah's Circle continues providing
case management as long as is
needed to ensure women retain
their housing and continue
pursuing and acheving longterm goals. term goals

Every woman, regardless of her housing status, needs basic physical necessities, such as food, shelter, restrooms, and hygiene products. In the 21st hygiene products. In the 21st century, people need access to multiple forms of communication, such as phone, internet, and mail, to find a job, access programs, and stay in touch with friends and family. Srarh's Circle provides these necessities in a safe and supportive environment. We also ensure that the women have fresh produce with their meals through a volunteer-led Fruits & Vegetables Project. This healthy food improves their health and quality of life.

Lisa was born and raised in Chicago. Before coming to Sarah's Circle for the Interim Housing Program, she was living with her children in her sister's apartment. When she became homeless, she sought out refuge at Sarah's Circle. Recently, Sarah's Circle helped her find her own apartment. Now that Lisa is housed, she plans to find a job caring for patients at a nursing home. She hopes to soon return to school for her GED.

Many women who are homeless have experienced trauma and struggle with mental illness, substance abuse, and unhealthy relationships. Sarah's Circle's comprehensive clinical services are designed to address these complex issues and help program participants rebuild emotionally. These services provide program participants with a supportive environment to discuss challenges and learn ways to reduce destructive behaviors, psychological symptoms, and domestic abuse. Clinicians use a variety of methods, including art therapy, to ensure that every client is reached.

# Interest Programming Sarah's Circle provides a variety

Sarah's Circle provides a variety of educational and general interest classes and presentations that are helpful to the women we serve. In addition to staff members, interns, and volunteers providing regularly scheduled classes, we welcome partnering organizations into our space to offer presentations on their own areas of expertise. These collaborations make our organization stronger by areas of expertise. Insee collaborations make our organization stronger by ensuring that our clients have access to a full range of services and educational topics. In addition to the educational and health benefits of this programming, participants build trust and community through participation.

Barbara was married and lived in the Chicago suburbs. When her husband passed away, she suburbs. When her husband passed away, she struggled to support herself and her daughter.

During the economic recession, Barbara lost her job and became homeless. She first came to Sarah's Circle in November 2011 for the Interim Housing Program. Now Barbars housed in her own apartment. She is looking for a job and plans to take classes at a local college.



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# Sarah's Circle

4750 North Sheridan Road Suite 220 Chicago, IL 60640-7512

Program Office 773.728.1991

Administration Office 773.728.1014

## www.sarahs-circle.org

E-mail kragnar@sarahs-circle.org

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