

# Tohoku Kids Project

## Mission

Living Dreams with the support of Smile Kids Japan are focused on supporting children who rely on orphanages for care and support in the 19 homes in Tohoku and beyond. We provide immediate and long-term material and emotional support to orphanages, in Tohoku and other areas, directly and indirectly affected by the devastating earthquake and tsunami. We provide orphanages with necessities and services to help children regain a sense of stability in their lives and move past the tragedy they've endured to build healthy and happy futures.

Our goal is to aid every orphanage caring for children affected by the earthquake and tsunami. We are focusing our relief efforts on orphanages that:

- have taken in children who no longer have guardians due to the disasters
- are providing for child survivors not usually in their direct care
- have lost necessities for child care due to the natural disasters
- need/want psychological counselling services for child survivors/disaster witnesses
- want long-term assistance from our network of volunteers and professional counselors

## About us

### Living Dreams

Living Dreams is a registered Japanese NPO that has been actively working with 33 orphanages in the Tokyo area since 2008. Their mission is to help kids on the path towards becoming responsible, confident and empowered young adults. Centered along the LAST Principle (Learning, Arts, Sports, and Technology), long-term and regularly occurring programs are developed under each category to help improve a child's overall motivation and confidence. Ultimately, each program works to enrich, encourage, and empower. Living Dreams brings to this joint venture substantial experience in running NPO programs as well as a wealth of resources in both the local and international community.

Visit their website at <http://www.livingdreams.jp/jpn/>

With the support of the Smile Kids Japan volunteers <http://www.smilekidsjapan.org> we have been making a difference with these children who are not living with their parents.

Our goal is to meet as many of these needs and interests as possible to help these children gain confidence, motivation, and ultimately feel empowered. Our hope is to provide the opportunities that will help these kids discover their potential and realize their dreams!

## Your support is needed

Your monetary donations will help rebuild lives that were shattered within minutes. Through your donations, you will allow us to provide orphanages with the goods and services they need to create safe and nurturing environments once again for the children who rely on them. You will personally be turning these institutions back into supportive homes.

## Examples of goods and services we can provide with your support

### Necessities

#### Food

rice, canned food, shelf-stable fruits, vegetables, healthy shelf-stable food

#### Baby supplies

bottles, cribs, diapers, food, formula, towels

#### Clothing

shirts, pants, underwear, socks

#### Outdoor wear

coats, jackets, snow/rain pants, gloves, umbrellas, hats

#### Footwear

trainers, rain boots, snow boots, water shoes

#### Bedding

futons, blankets, pillows, sheets

#### Personal hygiene

soap, shampoo, conditioner, brushes, diapers, feminine napkins, deodorant, hair bands, towels

#### Health & Medicine

masks, basic cold medicines, first-aid kits and supplies, vitamins & minerals, allergy medicines

#### Cooking supplies

pots, pans, cutting boards, utensils, rice cookers, fridges, microwaves, toasters

#### Cleaning supplies

mops, brooms, detergents, washing machines, cleaning solutions/soaps, towels

#### School supplies

backpacks, school shoes, books, writing utensils, P.E outfit, earthquake helmet

**Office supplies** -- paper, computers, printers, writing utensils, scissors, computer software

### Goods that will increase children's quality of life

#### Baby/toddler toys

teething rings, stuffed animals, building blocks

#### Sports/Active

bikes, sports equipment, roller skates, swimwear and gear

#### Educational

books, workbooks, educational board and video games, flashcards

#### Arts

paint, markers, colored pencils, crayons, musical instruments, paper, dance gear, clay

#### Technology

computers, printers, digital cameras

#### Entertainment

TVs, CDs, CD players, DVDs, DVD players, video game systems, video games, computer games

### Services that will increase children's quality of life

#### Professional counselling

access to teams of professional psychologists and counsellors

#### Regular interactive volunteer visits

group games, events, parties, activities

#### Therapeutic field trips

educational trips, nature parks, sports event trips, baseball games, soccer games, fun outings, Disneyland, theme parks, barbecues