



SOS Hospitals



Caring for the caregiver changes everything

When a child is hospitalized, many parents face hunger, stress, and isolation.
SOS Hospitales restores dignity and support when families need it most.

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Problem Adressed

When a child is hospitalized, parents often remain in hospitals for days or weeks without income, food security, or support networks.

Many come from vulnerable communities facing multidimensional poverty.



73% of Mothers
reported moderate or high stress
before receiving support.

Our Solution

Caring for the Caregiver



Nourish the body

Dignified meals for parents experiencing food insecurity—many who spend long days in the hospital without eating.

Support basic needs

Many families arrive with very limited resources and no nearby support networks. We provide essentials such as clothing, diapers, and hygiene kits.

Restore emotional strength

The burden goes beyond a child's illness—lost income, debts, and other children at home. We offer wellbeing activities, emotional and spiritual support, and spaces for listening and care.



Impact

Immediate Impact on Families

Through consistent hospital visits, SOS Hospitales provides practical and emotional support to parents facing one of the most difficult moments of their lives.

+1,000

Meals delivered
to caregivers in 2025

73% → 28%

Reduction in moderate/high stress
among participating mothers

Supporting caregivers strengthens the wellbeing of the whole family.



Visión for growth

A simple model
designed to expand
across public
hospitals in Bogotá.

Our long-term vision:
No parent in Latin
America should face a
child's hospitalization
alone.

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