



Dynamique des Jeunes Leaders pour la Paix et le Respect des Droits Humains

DYJEPREDHU asbl

Dynamics of Young Leaders for Peace and Respect for Humans Rights

CHANGEMENT **TRANS**FORMATION **IMPACT**

Sexual Health to Break Barriers in DR Congo

August 2026

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PROJECT TECHNICAL PROPOSALS

I. Project Summary

1. Title of the project: Sexual Health to Break Barriers in DR Congo

2. Contact details:

- Name of the organization: Dynamic of Young Leaders for Peace and Respect for Human Rights, “DYJEPREDHU asbl” in acronym

Address: Avenue Kasindi II, No. 131, Quartier KATOYI, Commune of Karisimbi, City of Goma North Province – Kivu / DRC.

- Telephone: +243 (0) 991707324, 0829050632
- Email: dyjepredhuasbl@gmail.com
- Referees:
 - Mr Christian AHADI BEN MASONGA (Executif Director)
 - Such: +243 (0) 991707324

Mr. RIZIKI BARAKA Isaac (Financial Administrator)

Such: +243 (0) 974744434

3. Organization Mission Statement

Our Mission

To dismantle systemic barriers to sexual and reproductive healthcare in the Democratic Republic of the Congo by providing survivors, women, and youth with inclusive medical care, life-saving supplies, and rights-based education to restore their health, dignity, and autonomy.

Project Beneficiaries

Project Beneficiaries

The project will directly and indirectly benefit vulnerable populations affected by conflict and healthcare deficits in the target regions of the Democratic Republic of the Congo.

1. Direct Beneficiaries

- **Women and Adolescent Girls:** 5,000 individuals who will receive direct access to modern contraceptives, essential maternal health medications, and safe delivery services.
- **Survivors of Gender-Based Violence (GBV):** 600 survivors who will receive immediate clinical care, Post-Exposure Prophylaxis (PEP) kits, psychological support, and legal assistance.
- **Adolescents and Youth (Ages 10–24):** 3,500 young people who will be actively engaged through youth-friendly health corners, safe spaces, and peer education clubs.
- **Healthcare Professionals:** 20 local clinical staff and midwives who will undergo intensive capacity-building training on trauma-informed and youth-friendly reproductive care.

2. Indirect Beneficiaries

- **Community Members:** Approximately 25,000 individuals within the wider community who will benefit from reduced social taboos, increased health awareness via radio campaigns, and healthier family dynamics.
- **Local Health Systems:** Health zones and community centers that will see strengthened supply chains, reduced medical stockouts, and improved data tracking capabilities.

Total cost of the project: US \$ 35,000

- **Bank account: Dynamique des Jeunes Leaders pour la Paix et le Respect des Droits Humains, DYJEPREDHU asbl**

Goma Agency -DRC

No. 1272-28000-23526760001-87

Following code: TRMSCD3L

Context and Justification of the Project

Context

The Democratic Republic of the Congo (DRC) is facing a severe, protracted humanitarian crisis driven by decades of armed conflict, political instability, and massive internal displacement. In conflict-affected areas like North Kivu, South Kivu, and Ituri, the destruction of infrastructure has completely shattered the local healthcare system. This breakdown leaves millions of women, adolescent girls, and marginalized youth without access to essential healthcare. Furthermore, international funding cuts have triggered widespread shortages of modern contraceptives, maternal health medication, and Post-Exposure Prophylaxis (PEP) kits nationwide.

Justification

Implementing this project is urgently required to address life-threatening gaps in Sexual and Reproductive Health (SRH) care and protect human rights:

- **Combating Gender-Based Violence (GBV):** Armed groups systematically use sexual violence as a weapon of war, creating an immediate, massive demand for medical, psychological, and legal support for survivors.
- **Reducing Maternal and Neonatal Mortality:**

The lack of basic prenatal care, safe delivery facilities, and emergency obstetric services leads to high, preventable death rates among mothers and newborns.

- **Breaking Sociocultural Barriers:** Deeply rooted traditional norms, systemic gender inequality, and social stigma prevent young and unmarried people from accessing safe family planning information.
- **Empowering Vulnerable Youth:** Providing accurate SRH education and youth-friendly health services prevents unwanted pregnancies, reduces unsafe abortions, and curbs the spread of STIs and HIV.

If you want, I can help you expand this into a formal proposal by adding:

- A structured **problem statement** with recent health statistics

- Specific, measurable **project objectives**
 - A defined list of **target beneficiaries** and geographic focus areas
- Let me know how you would like to proceed.

Project Objectives

Main Objective

The primary objective of this project is to improve access to life-saving sexual and reproductive health (SRH) services and protect the rights of women, youth, and survivors of gender-based violence (GBV) in the Democratic Republic of the Congo.

Specific Objectives

- **Enhance Medical Care:** Provide immediate medical, psychological, and legal support to survivors of sexual and gender-based violence.
- **Secure Health Supplies:** Restore supply chains to ensure a steady stock of modern contraceptives, maternal medicines, and PEP kits in target clinics.
- **Train Healthcare Workers:** Train local medical staff and community health workers on youth-friendly and trauma-informed reproductive care.
- **Reduce Stigma:** Launch community awareness campaigns to eliminate cultural taboos surrounding family planning and youth sexual health.
- **Empower Adolescents:** Establish safe spaces and educational clubs to teach young people about their sexual and reproductive rights.

If you want, I can help you advance the project proposal by:

- Designing a **Project Activities** action plan to achieve these objectives
 - Drafting the **Expected Results and Indicators** to measure project success
 - Outlining a **Budget Framework** for funding applications
- Let me know which step you would like to work on next.

Project Mission and Values

Project Mission

To dismantle systemic barriers to sexual and reproductive healthcare in the Democratic Republic of the Congo by providing survivors, women, and youth with inclusive medical care, life-saving supplies, and rights-based education to restore their health, dignity, and autonomy.

Core Values

- **Dignity:** Prioritizing the respect, safety, and psychological well-being of every individual, especially survivors of violence.
- **Inclusivity:** Ensuring non-discriminatory access to healthcare for all youth, women, and marginalized populations regardless of status.
- **Empowerment:** Equipping communities and adolescents with the knowledge and tools to claim their reproductive rights.
- **Integrity:** Maintaining transparency, accountability, and the highest ethical standards in medical care and resource distribution.
- **Resilience:** Building sustainable, community-led healthcare solutions that withstand conflict and systemic crises.

If you want, I can help you build on this for your proposal by:

- Drafting an **Organizational Capacity** statement to show your ability to deliver this mission
 - Aligning these values with specific **Donor Priorities**
 - Writing a compelling **Project Vision Statement** for marketing materials
- Let me know how you would like to proceed.

Here is a structured, 12-month **Project Activity Calendar** designed for a funding proposal:

Phase 1: Preparation & Setup (Months 1–3)

- **M1:** Recruit project staff and establish partnerships with local clinics and community leaders.
- **M2:** Conduct a rapid baseline assessment of health facility needs and stock levels.
- **M3:** Procure and distribute the first wave of medical supplies, contraceptives, and PEP kits.

Phase 2: Capacity Building & Education (Months 4–6)

- **M4:** Train local healthcare workers on trauma-informed and youth-friendly care.
- **M5:** Launch community sensitization campaigns and radio broadcasts to reduce stigma.
- **M6:** Establish reproductive health clubs and safe spaces for youth in school networks.

Phase 3: Service Delivery & Outreach (Months 7–9)

- **M7:** Roll out mobile health clinics to reach displaced populations in remote areas.
- **M8:** Provide ongoing medical, psychological, and legal support to GBV survivors.
- **M9:** Conduct mid-term monitoring visits to replenish clinic stocks and track patient care.

Phase 4: Evaluation & Reporting (Months 10–12)

- **M10:** Hold community feedback dialogues to evaluate changes in social taboos and stigma.
- **M11:** Conduct the final project evaluation survey against baseline metrics.
- **M12:** Write and submit the final narrative and financial reports to donors.

If you want, I can help you refine this timeline by:

- Transforming it into a **Gantt Chart layout** using markdown
 - Customizing the calendar for a different duration (e.g., a **6-month emergency response** or **2-year plan**)
 - Linking these activities to specific **budget line items**
- Let me know how you would like to proceed.

1. Staff & Personnel (\$9,600)

- **Project Coordinator:** \$500 per month × 12 months = **\$6,000**
- **Monitoring & Evaluation (M&E) Officer:** \$300 per month × 12 months = **\$3,600**

2. Medical Supplies & Logistics (\$12,000)

- **SRH & PEP Kits Procurement:** Bulk purchase of clinical reproductive kits and trauma medicine = **\$8,000**
- **Contraceptive & Hygiene Distribution:** Logistics and packaging of contraceptive kits for remote clinics = **\$4,000**

3. Training & Capacity Building (\$6,000)

- **Healthcare Worker Workshop:** Venue, manuals, and transport for training 20 local clinical staff = **\$3,000**

- **Community Peer Educators:** Monthly stipends for 10 youth volunteers ($\$50 \times 6$ months) = **\$3,000**

4. Community Outreach & Advocacy (\$4,000)

- **Mass Awareness Campaigns:** Local radio broadcast spots and interactive community theater sketches = **\$2,500**
- **Youth Safe Spaces:** Purchasing educational brochures, flipcharts, and setting up youth corner spaces = **\$1,500**

5. Operational Costs & Administration (\$3,400)

- **Office & Communication:** Shared office rent space, internet router fees, and phone credits for 12 months = **\$2,000**
- **Local Field Travel:** Fuel costs, motorcycle transit, and emergency transport vehicle maintenance = **\$1,400**

BUDGET

Category & Line Item	Description / Calculation	Total Cost (USD)
1. Staff & Personnel		\$9,600
Project Coordinator	$\$500/\text{month} \times 12$ months	\$6,000
M&E Officer	$\$300/\text{month} \times 12$ months	\$3,600
2. Medical Supplies & Logistics		\$12,000
SRH & PEP Kits	Bulk purchase of emergency clinical reproductive kits	\$8,000
Contraceptive Distribution	Transport and packaging logistics for remote health centers	\$4,000
3. Training & Capacity Building		\$6,000
Healthcare Worker Workshop	Venue, manuals, and transport for 20 clinical staff	\$3,000
Youth Peer Educators	Monthly stipends for 10 youth volunteers ($\$50 \times 6$ months)	\$3,000
4. Community Outreach & Advocacy		\$4,000

Mass Awareness Campaigns	Local radio broadcast spots and community theater events	\$2,500
Youth Safe Spaces	Educational materials, posters, and setup of safe hubs	\$1,500
5. Operational Costs & Admin		\$3,400
Office & Communication	Internet data, phone airtime, and shared workspace rent	\$2,000
Local Field Travel	Fuel costs, motorcycle transit, and vehicle maintenance	\$1,400
TOTAL BUDGET		\$35,000

Done in Goma, August 08, 2026

For DYJEPREDHU asbl

 
Christian AHADI BEN MASONGA
EXECUTIF DIRECTOR, HUMAIN RIGHTS ACTIVISTI