



*Fikelela*



2010

ANNUAL REPORT

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HIGHLIGHTS OF 2010

**• World AIDS Day**  
 Our theme for this year was "I'll be there for my brother or sister living with HIV" and our guest speaker was a young man Bernard Meyer who has been living with HIV for 15 years. He shared his challenges of being rejected by friends and how it took him five years to work up courage the share his status with his mother. But when he did he said "I can face anything now that I know my mother has my back". He added "I am the embodiment of grace – I wouldn't be here if it wasn't for unconditional love".

**• Candlelight memorial**  
 A wonderful candlelight memorial was held this year, with 270 member from 8 support groups and churches. Bishop Garth encouraged us with his message and fellowship was shared over a hot plate of delicious stew.

**• Outing for support groups**  
 Undeterred by strong winds, a lovely outing was held with fifteen members to St James beach. They shared how important the support groups have become in their lives, as the group has become their family. One of the members shared how before she joined support group she kept losing her jobs because she had to go to the clinic all the time and once they knew her status they didn't want to employ her. But now with skills she has learned at the empowerment group she can pay her rent and support her grandchildren.

**• Volunteers**  
 We have been blessed by wonderful volunteers this year. When Emmie the house mother at Zonnebloem cottage had to take six weeks medical leave, a wonderful team came to the rescue and took over running the house and caring for the kids (and the foster mum!).

**• Strategic planning**  
 Always a highlight for us has been the strategic planning, which this year was facilitated by Fr Chris Ahrends. It becomes part strategic planning and part retreat and we always come back refreshed!

**• Fundraisers**  
 As funds have become tight, we have been blessed with wonderful fund-raising events, Hilton College from KwaZulu Natal had a fantastic concert. Bishops school ran a fundraiser at Madame Zingara's. The Cathedral School of St Mary and St Saviour in London held a 'pop-up' restaurant event and learners from Archbishop Holgate school in York also held a fundraiser for us



STAFF AND BOARD

**New staff:**  
 Thumeka joined the team this year as an intern. Marlene has moved on to take up other employment.

**Board Members:**  
 We pray for Mzwabantu Magadla who has been selected for ordination and will be leaving us for seminary. We will miss you but are excited for this next wonderful part of your journey! Rev Natalie has had a baby, Jessie and we wish her all God's blessings! Bandi Biko has moved to Johannesburg.

**Staff members**  
 We thank God for the dynamic team – Bev, Mildred, Tshepo, Natasha, Thumeka and Rachel at Zonnebloem, and Pozi and her team at the Fikelela Children's Centre.



A big thank you to our Board members: Bishop Garth Counsell, Janet Mackay, Terry Robinson, Frank Wright, Mzwabantu Magadla, Dr Graham Bresick, Rev Natalie Simons- Ahrendse,

OUTPUTS FOR 2010

|  |      |
|--|------|
| Orphans in short term residential care   | 38   |
| Orphans in supported foster care   | 50   |
| Orphans supported through extended family support (through Care for Kids)            | 375  |
| Churches running agents of change programme  | 18   |
| Peer educators and facilitators trained  | 203  |
| Young people impacted by peer education  | 512  |
| Confirmation class sexuality training  | 92   |
| HIV+ people who attended church based support groups                                 | 336  |
| Food parcels distributed through the Warehouse to people living with HIV and orphans | 7233 |
| Number of visits by Fikelela staff to churches: sermons, training or support         | 154  |
| Number of people who attended  | 6830 |
| Number of churches in the Diocese of Cape Town who had a World AIDS day event        | 31   |
| Number who attended World AIDS day events.   | 7009 |
| Number who went for voluntary testing and counselling                                | 116  |
| Number of HIV+ people counselled at hospitals  | 357  |

ORPHANS AND VULNERABLE CHILDREN

**Fikelela Children's Centre**  
 At the Fikelela Children's centre we offer short term residential care for orphans and abandoned children. They are then placed back into the community with trained foster parents. We have realised that there are often cases of children who are placed by social workers with us who have not done a thorough screening to see if there are extended family members. So our social worker has started to look for extended family members. The wonderful news is that this year we have managed to place 27 children back with extended family members. This often involves a lot of detective work!



**Zonnebloem Cottage**  
 This has been a year of growth for this special foster care home, where Emmie and Raymond care for their six children. Coming from very difficult backgrounds the children all finished the year with award certificates! We have formed a special bond with Bishops School and they fundraised for a second bathroom (eight people fighting to use one bathroom was interesting!), which has been a wonderful blessing.



One of our focuses for 2011 will be to look at strategies to encourage more people to foster, through having information evenings throughout the Diocese. There are now an estimated 82,000 orphans in Cape Town, each one with their own individual stories of hurt and challenge.

HIV & AIDS TASK TEAMS AND SUPPORT GROUPS

*"We all know well that we can do things for others and in the process, crush them, making them feel that they are incapable of doing things by themselves. To love someone is to reveal to them their capacities for life, the light that is shining in them." - Jean Vanier*

**HIV support groups**  
 Thirteen churches within the Diocese of Cape Town are now running support groups for people living with HIV. They offer a safe space and place for people to share their hurts and victories. We are working with three new churches who have indicated they are interested to come on board, but some of them have faced challenges and obstacles to starting – we hold them in our prayers for 2011, that their dream of starting will take place. We are reminded of the words of 1 Cor 13: 4 'Love is patient'! One of the exciting plans is the formation of a support group for French speaking members.

Two of the groups that started last year have shown remarkable growth in relationships – when a member is sick others will visit and encourage them, and they have really grown into loving 'families' of support.

A highlight for this year has been the empowerment group, where members from the various groups come together to learn skills such as fabric painting, beading, decoupage etc. With these skills they are able to earn money to support their families.

**HIV task teams**  
 Several churches have run "Wellness days" this year, Resurrection church in Bonteheuvel had a wonderful candlelight memorial service where each person was given a candle, which revived the HIV task team with new enthusiasm.  
 St Andrews Newlands have a passion to sustain the food parcel project, giving 300 food parcels for orphans and people living with HIV.  
 St Peters, Mowbray have a new and dynamic minister and celebrated a wonderful World Aids day with almost the whole church wearing HIV t-shirts.  
 St Cyprians Retreat have taken on the support of Christine's home, she is looking after eighty children in the community, in an emergency foster home.

**Hospital ministry**  
 We are currently supporting two clinics, Green point and Mowbray Maternity Hospital. Members of various churches visit the HIV clinic and provide counselling and support to patients at the clinics. We have been blessed with nutritious food packs from 'Stop Hunger now' through a donation from Petrosa, which will enable us to give each patient a food pack to take home.  
 An exciting opportunity is opening up to minister at Victoria Hospital with the children's ward. They are particularly asking for support with their HIV+ teenagers.  
 This year our theme was 'bearing one another's burdens' and it was touching and heart-breaking to hear how important the support group becomes to many HIV+ people because they have been so rejected by their families.



PREVENTION PROGRAMMES

Three training camps were held for the Agents of Change peer education programme at the beginning of the year. The youth leader becomes the facilitator and young people are trained as peer educators. They then run a twenty session life-skills programme back in their church and community. The programme covers risky behaviour: HIV/AIDS, teenage pregnancy, STIs, drugs and alcohol.

At our first quarterly gathering we offered Voluntary HIV testing and counselling and the majority of the youth participated.



At our second gathering we had feedback from the sessions and shared lessons learned, as well as looking at issues of cultural diversity and xenophobia following threats of xenophobic outbreaks after the World Cup. The third gathering was in the form of a 'surf walk' where churches came together to bond and share ideas and we end the year with a certification ceremony.

The evaluation of the Agents of change programme is drawing to a close, which compared our intervention churches (running the programme) with 'control' churches not running the programme. The results are that Agents of Change is making a significant difference in terms of raising the age of sexual debut of the youth who are not yet sexually active (abstinence), and increasing condom use amongst those who are already sexually active.

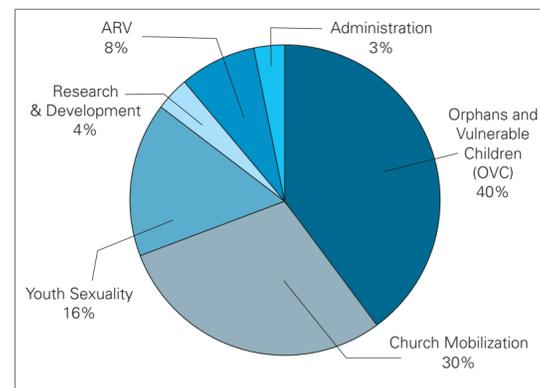
Because of the high levels of sexual coercion in South Africa (we have the reputation for being the country with the highest number of rapes, of any country which is not at war) we have incorporated some new sessions, looking at gender and abuse. We have just published our new manual



FINANCIAL REPORT FOR 2009

(N.B these figures are based on the audited statements from 2009, the audited statements of 2010 will be available by May 2011)

|                        | Orphans & Vulnerable Children (OVC) | Church Mobilization | Youth Sexuality | Research & Development | ARV     | Administration |           |
|------------------------|-------------------------------------|---------------------|-----------------|------------------------|---------|----------------|-----------|
| Grants to Parishes     | 837                                 | 472,670             | -               | -                      | -       | -              |           |
| Audit and Accounting   | 39,947                              | 9,811               | 9,811           | -                      | -       | 9,811          |           |
| Programme Activities   | 365,007                             | 238,203             | 378,706         | 3,675                  | 60,353  | -              |           |
| Computers              | 3,040                               | 6,209               | 6,209           | -                      | -       | -              |           |
| Overheads              | 63,939                              | 21,409              | 21,409          | -                      | 1,061   | 21,409         |           |
| Depreciation           | 44,167                              | 22,084              | 22,084          | -                      | -       | -              |           |
| Salaries               | 884,947                             | 301,508             | 123,484         | 136,044                | 206,000 | 62,030         |           |
| TOTAL EXPENDITURE      | 1,400,884                           | 1,071,893           | 561,703         | 139,719                | 267,414 | 93,250         | 3,534,862 |
| PERCENTAGE EXPENDITURE | 40                                  | 30                  | 16              | 4                      | 8       | 3              |           |



FUNDERS

It is with great gratitude that we acknowledge those who have made this work possible!

- |  |                                       |
|--|---------------------------------------|
| A A Awards                                 | Greenwood Church                      |
| All Hallows Sutton on the Forest           | Harmony Chorale                       |
| All Saints Anglican Church                 | Neal Family                           |
| Amy Freer                                  | Herschel school                       |
| Andrew Hookham                             | Hilton College                        |
| Anglican AIDS and Healthcare Trust.        | Holy Trinity Bingley                  |
| Archbishop Holgate School                  | Home from Home                        |
| Australian AIDS                            | Innox                                 |
| Barbara Fisk                               | Light from Africa                     |
| Boston College                             | Lord and Lady Lurgan Trust            |
| Brain Family                               | Low and co.                           |
| Brian Caruth                               | M Hooper                              |
| CAFSA Give as you earn                     | Marlene Haines                        |
| Carol Jeffrey                              | Mary Carrick                          |
| Cathedral School of St Saviour and St Mary | Mrs E Mercer                          |
| Catherine Birch                            | Mrs Rowland Jones                     |
| Chaplaincy of Dubai                        | MSATS                                 |
| Charities AID Foundation                   | My School Card                        |
| Christchurch Washington                    | Nancy Warren and John Wilson          |
| Churches of the Diocese of Cape Town       | Norton Ramsay Foundation              |
| Churches of the Diocese of False Bay       | OLCO Hardware                         |
| Churches of the Diocese of Saldanha Bay    | Oprah Magazine                        |
| City of Cape Town Health Department        | Pandabambo                            |
| Clungunford Community                      | S Goldschmidt                         |
| Community Chest                            | Smollan                               |
| Construction Industry Development Board    | Souchon Family                        |
| D A Gower                                  | Spar                                  |
| D R Giles                                  | St Mary the Virgin, Tetbury           |
| Debbie Russo                               | St Mary's Church Burgfield            |
| Department of Health                       | St Nicholas, Hornsea                  |
| Department of Social Development           | St. Francis Welwyn Garden City        |
| Dick Goss Foundation                       | St. Paul's and St. Georges, Edinburgh |
| Diocesan Boys College (Bishops)            | Stephen Ballam                        |
| Diocese of York                            | Tigerbrands                           |
| Dr and Mrs Butcher                         | Trifid Trust                          |
| Dr Newman                                  | University of the Free State          |
| Dr. A Ralston                              | Valentine Trust                       |
| E Lege                                     | Wendy Brown                           |
| EDCON                                      | Weston Family                         |
| Edgemoad School                            | Whittaker family                      |
| Fusion Outsourcing                         | Wispeco                               |
| Greater Good South Africa                  | Woolworths Waterfront                 |
|  | St Luke and the Epiphany              |