



ONG

É POR AMOR

ALIMENTAR • ACOLHER • TRANSFORMAR

COMMUNITY KITCHEN AND FOOD RELIEF PROGRAM

IN MANGUINHOS,
RIO DE JANEIRO - BRAZIL

Fighting hunger while
restoring dignity, hope, and
human connection.



ONG É Por Amor
Rio de Janeiro - Brazil
www.eporamor.org.br



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📍 Rio de Janeiro – Brazil

🏠 Rua Lourival, 18 – Manguinhos

📄 Brazilian Nonprofit Registration (CNPJ):
40.356.591/0001-59

ABOUT ONG É POR AMOR

ONG É Por Amor is a Brazilian humanitarian nonprofit organization founded in 2020 in Rio de Janeiro, Brazil.

We work directly with families living in extreme social and financial vulnerability in the favela of Manguinhos, one of the most underserved communities in the city.

Our mission is simple and urgent:

To fight hunger while restoring dignity, hope, and human connection.

Every week, our volunteers prepare and distribute meals, food supplies, and emergency support for vulnerable families, unemployed adults, elderly residents, and people experiencing homelessness.

We are an independent, non-religious, and non-political organization committed to serving vulnerable communities with dignity and respect.

THE REALITY IN MANGUINHOS

Manguinhos faces severe social challenges, including:

-  Food insecurity
-  Extreme poverty
-  Unemployment
-  Informal housing conditions
-  Limited access to public services
-  High social vulnerability among children and single mothers

Manguinhos has historically ranked among the neighborhoods with the lowest Human Development Index (HDI) indicators in Rio de Janeiro, reflecting deep inequalities related to income, education, and quality of life.



FOOD RESCUE AND PARTNERSHIPS

A significant part of our work is connected to reducing food waste while fighting hunger.

Through partnerships with organizations and companies, we receive donated food that would otherwise be discarded but is still safe for consumption. These donations are transformed into meals or distributed directly to families in need.

Our work has included support and partnerships with organizations such as:



Ação da Cidadania — one of Brazil's most recognized anti-hunger movements, supporting food assistance initiatives across the country.



Comida Invisível — a Brazilian social impact platform focused on reducing food waste and connecting surplus food with vulnerable communities.



Fairmont Rio — an international hotel partner contributing food donations to support hunger relief efforts.



Sheraton Grand Rio — hospitality sector partner supporting food redistribution and community assistance initiatives.



For many families, a donated meal is not occasional support — it is essential for survival.

At the same time, thousands of kilograms of food are wasted daily across Rio de Janeiro.

ONG É Por Amor works to bridge this gap by transforming available food resources into meals for vulnerable people.



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CURRENT IMPACT

Through our food relief initiatives, ONG É Por Amor has already supported thousands of vulnerable people in Rio de Janeiro.

Our activities include:

- Daily meal preparation and distribution
- Community food assistance
- Emergency hunger relief actions
- Support for vulnerable families and elderly residents
- Volunteer mobilization inside the community

All activities are carried out with transparency, responsibility, and direct community involvement.



WHY WE NEED SUPPORT

The demand for food assistance continues to grow. At the same time, small grassroots organizations like ours face enormous operational challenges, including:

- Food costs
- Transportation expenses
- Cooking gas and utilities
- Packaging materials
- Equipment maintenance
- Logistics inside vulnerable areas

International support can help us:

- ✓ Increase meal production
- ✓ Expand food distribution
- ✓ Improve kitchen infrastructure
- ✓ Strengthen local volunteer efforts
- ✓ Reach more vulnerable families



Every contribution directly helps fight hunger in Manguinhos.

ESTIMATED MONTHLY OPERATIONAL BUDGET

ITEM	ESTIMATED MONTHLY COST (USD)
Rice for meal production	\$400
Beans, pasta, and essential pantry items	\$450
Fresh vegetables and ingredients	\$250
Cooking gas	\$100
Meal containers and packaging	\$150
Transportation and food distribution	\$300
Kitchen operational support	\$200
ESTIMATED TOTAL	\$1,850 / MONTH

OUR VISION



**We believe food is more than survival.
Food is dignity.
Food is care.
Food is community.**

Our vision is to strengthen long-term food security efforts while creating opportunities for social transformation inside vulnerable territories.

CONTACT INFORMATION

- contato@eporamor.org.br
- www.eporamor.org.br
- @ongeporamor
- Rio de Janeiro – Brazil

Your support helps us continue delivering meals and hope to families facing hunger in Rio de Janeiro.

Together, we can reduce food waste, fight hunger, and cultivate dignity.



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HOW YOU CAN HELP

Your support helps us continue delivering meals and hope to families facing hunger in Rio de Janeiro.

Together, we can **reduce food waste**, **fight hunger**, and **cultivate dignity**.



DONATE

Financial donations help us maintain daily operations and reach more families.



PARTNER

Organizations and companies can help us rescue food and expand our impact.



VOLUNTEER

Volunteers are the heart of our mission. Every helping hand makes a difference.



SHARE OUR MISSION

Spread the word and help us build a stronger network of support.

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At ONG É Por Amor, we believe food is more than survival. It is **dignity**. It is **care**. It is **community**.

Together, we transform donated food into dignity and hope.