

# **Build a Endless Mind Care Center**

## **Project Title:**

Establishment of a Comprehensive **Endless Mind Care Center for Mental Health & Special Needs Support.**

## **Organization Overview:**

**Endless Welfare Foundation (EWF)** is a non-profit organization for disabled persons established in Lahore Pakistan under the societies Registration Act, XXI of 1860 with the no. RP/11653/L/S/2019/444 dedicated to improving mental health, special education, and rehabilitation services in underserved communities of Pakistan. The foundation actively works in psychological care, autism support, Applied Behavior Analysis (ABA), and community awareness.

## **Project Summary:**

The Endless Welfare Foundation is committed to improving the lives of children with developmental, psychological, and behavioral challenges in Pakistan. We aim to establish Endless Mind Care Center that will provide comprehensive, evidence-based services for children with conditions such as autism, ADHD, Down syndrome, speech delays, and emotional/behavioral difficulties. In many underserved communities, access to quality mental health and special education services is extremely limited.

## **Problem Statement:**

Mental health services in Pakistan remain highly limited, especially in rural and semi-urban areas. There is:

- Lack of accessible psychological services
- Limited trained professionals in ABA and special education
- Social stigma around mental health
- No integrated centers offering therapy, assessment, and rehabilitation

Children with autism, developmental delays, and behavioral issues often remain undiagnosed or untreated, leading to lifelong challenges.

## **Project Goal:**

To establish a fully functional **Endless Mind Care Center** that provides accessible, affordable, and professional mental health and special education services.

## **Objectives:**

- Provide psychological assessment and therapy services
- Offer ABA-based interventions for children with autism
- Train teachers and parents in behavior management techniques
- Create awareness about mental health
- Develop a sustainable rehabilitation and training model

## **Project Activities:**

- Construction/renovation of facility
- Hiring qualified psychologists, therapists, and ABA trainers
- Setting up therapy rooms and sensory spaces
- Conducting training workshops for teachers and parents
- Community outreach and awareness programs

## **Challenge:**

In Pakistan, millions of children with developmental and psychological conditions such as autism, ADHD, Down syndrome, and learning disabilities remain undiagnosed, unsupported, or underserved. Due to limited awareness, social stigma, and a shortage of trained professionals, families often struggle to access appropriate care and early intervention services. Autism is worse in Pakistan.

## **Solution:**

The Endless Welfare Foundation is committed to ensuring the long-term sustainability of the Endless Mind Care Center through a multi-dimensional and community-driven approach. The center will operate on a balanced model that combines: services for families who cannot pay. Subsidized and free services for low-income families through donor support. This approach ensures financial continuity while maintaining inclusivity. Regular workshops, seminars, and awareness campaigns will manage mentally Disable Child.

## Long-Term Impact:

Monitoring & Impact Evaluation A structured system of assessment and reporting will ensure: Transparency for donors Measurable outcomes for beneficiaries Continuous improvement in services Expansion & Replication Model Once established successfully, the Endless Mind Care Center will serve as a model for replication in other underserved areas, increasing long-term impact and outreach.

## Target Beneficiaries:

- Children with autism and developmental disorders
- Individuals with mental health challenges
- Special education teachers
- Parents and caregivers
- Low-income communities

## Budget Overview (\$100,000)

### A. Infrastructure & Setup – \$40,000

- Building renovation / rental setup: \$20,000
- Therapy rooms & sensory equipment: \$10,000
- Furniture & fixtures: \$10,000

### B. Human Resources (1 Year) – \$30,000

- Clinical Psychologist(s): \$12,000
- ABA Therapist(s): \$8,000
- Support Staff: \$10,000

### C. Equipment & Materials – \$10,000

- Assessment tools
- Therapy kits

- Educational materials

### D. Training & Capacity Building – \$8,000

- Teacher training programs
- Parent workshops
- Professional development

### E. Operational Costs – \$7,000

- Utilities
- Internet & software
- Maintenance

### F. Monitoring & Evaluation – \$3,000

- Data tracking systems
- Reporting & impact evaluation

### G. Administrative Costs – \$2,000

## **Budget Policy & Financial Transparency:**

Endless Welfare Foundation ensures:

- Transparent financial management aligned with international donor standards
- Regular financial reporting and audits
- Allocation strictly based on approved budget categories
- Monitoring of expenditures through internal controls
- Donor updates on fund utilization and impact

## **Sustainability Plan:**

- Fee-based services for those who can afford
- Free/subsidized services for low-income families
- Partnerships with schools and institutions
- Ongoing training programs generating revenue
- Donor engagement and fundraising campaigns

## **Expected Impact:**

- 500+ individuals receiving mental health services annually
- 100+ teachers trained in ABA and special education
- Improved quality of life for children with special needs
- Increased community awareness about mental health

## **Conclusion:**

The **Endless Mind Care Center** will serve as a transformative initiative addressing critical gaps in mental health and special education services. With the support of GlobalGiving and donors, Endless Welfare Foundation aims to create lasting impact and sustainable change in the community.