



## INUKA RELIEF

DR Congo-North Kivu, City of Goma, Commune of Karisimbi  
Kyeshero district, Av KAMATE.

Tel: (+243) 999415096, +243828282110, +243899910846

Website: <https://inukarelief.org> Email: [inukarelief@gmail.com](mailto:inukarelief@gmail.com)



---

# CONCEPT NOTE

**Project title: Access to essential healthcare and economic resilience of women in Eastern DRC (Walikale & Goma)**

## Executive Summary

This project aims to improve access to essential healthcare in the remote rural area of Walikale and to strengthen the economic resilience of vulnerable women in Goma.

With a total budget of **USD 45,000**, the intervention will combine:

- the provision of essential medicines and the establishment of a system sustainable supply in Binakwa; •
- strengthening local health capacities; • economic support to women entrepreneurs affected by conflict in Goma.

The project adopts an integrated, results-oriented approach, with an immediate and lasting impact on health, income, and community stability.

## 1. Context and justification

### Walikale (Health)

The territory of Walikale is characterized by:

- Extreme isolation (lack of roads) • Virtually no access to healthcare • High mortality rate due to preventable diseases

Communities travel **1 to 3 days on foot** to access care, often too late.

### Goma (Economy)

In Goma:

- Closure of financial institutions • Collapse of women-owned micro-enterprises • Increase in poverty and violence

Women, the economic pillars of households, have lost their means of subsistence.

## 2. Overall objective

Improving the living conditions of vulnerable populations in Walikale and Goma through access to healthcare and economic empowerment.

## 3. Specific Objectives

1. Guarantee access to essential medicines in Binakwa
2. Strengthen local healthcare capacity
3. Revitalize the economic activities of vulnerable women in Goma
4. Promote community resilience and social cohesion

## 4. Expected Results

- R1: 2,000+ people have access to basic healthcare
- R2: 1 functional health facility with stable stock levels
- R3: 50 women restart income-generating activities
- R4: 5 operational savings groups

## 5. Main Activities

### Health Component (Walikale)

- Purchase and distribution of essential medicines
- Training of a local health worker
- Implementation of a stock management system
- Supervision and monitoring

### Economic Component (Goma)

- Distribution of start-up funds (micro-grants)
- Creation of savings groups
- Training (financial management, peace, gender-based violence)
- Entrepreneurial coaching

## 6. DETAILED BUDGET (45,000 USD)

### 6.1 Budget Summary

Component	Amount (USD)
Health (Walikale) 22,000	
Economic Resilience (Goma) 18,000	
Coordination & management 5,000	
<b>TOTAL 45,000</b>	

## 6.2 Detailed Budget – Health (USD 22,000)

### Medicines and equipment

Line	Quantity	Unit Cost	Total
Essential Medicine Kits 10		500	5,000
Malaria medication	doses, 3,400,		1,500
Antibiotics	2.5 batch		1,000
Basic medical equipment		-	2,000
<b>Subtotal</b>			<b>9,500</b>

### Logistics

Line	Total
Transport (motorcycle, portage)	3,500
Storage	1,000
<b>Subtotal</b>	<b>4,500</b>

### Training & HR

Line	Total
Health worker training	2,000
Supervision	2,000
Compensation	2,000
<b>Subtotal</b>	<b>6,000</b>

### Other costs

Line	Total
Monitoring & Evaluation	1,000
Administration	1,000
<b>TOTAL HEALTH</b>	<b>22,000</b>

---

## 6.3 Detailed budget – Goma (18,000 USD)

### Economic support

Line	Quantity	Unit Cost	Total
Women's subsidies	50	150	7,500
Activity Kits	50	50	2,500
<b>Subtotal</b>			<b>10,000</b>

### Training

Line	Total
Management training	2,000

Peace & GBV Training 1,500	
Coaching 1,500	
<b>Subtotal 5,000</b>	

## Savings groups

Line	Total
Set up	1,000
Follow up	1,000
<b>TOTAL GOMA 18,000</b>	

## 6.4 Coordination (USD 5,000)

Line	Total
Project coordination 3,000	
Communication 1,000	
Audit 1,000	
<b>TOTAL 5,000</b>	

# 7. LOGICAL FRAME (LOGFRAME)

Objective	Indicators	Verification	Hypotheses
Improving living conditions % reduction in illness		Health Reports, Safety	Stability
Access to care # patients treated		Registers	Logistics access
Women's autonomy % increase in income	Surveys		Stable market

# 8. SUCCESS INDICATORS

- 80 % of patients treated successfully
- 70 % of women increase their income
- 0 medical stockouts
- 5 active savings groups after 6 months

# 9. THEORY OF CHANGE

If :

- Medicines are available locally
- Local capacities are strengthened
- Women have access to capital

SO :

- ÿ improved health
- ÿ economic recovery
- ÿ poverty reduction
- ÿ sustainable community resilience

## 10. WORK PLAN (Simplified GANTT CHART)

Activities	M1	M2	M3	M4	M5	M6		
Purchase of medication	X							
Distribution	XX							
Health training			X					
Women's subsidies			XX					
Training					XX			
Follow up						XXX		

---

## 11. RISK ANALYSIS

Risk	Probability	Impact	Mitigation
Insecurity	High	High	Local Partnerships
Logistics disruption:	Medium to High		Buffer stock
Poor management	Weak	Intermediate	Training

## 12. VISIBILITY PLAN

- Donor reports
- Beneficiary testimonials
- Site photos
- Digital communication
- Landlord branding on activities

## 13. ANNEXES

- Complete detailed budget
- Logical framework
- Work plan
- Risk analysis
- Indicators
- Sustainability strategy

## 14. SUSTAINABILITY

- Local inventory management system
- Economic empowerment
- Self-managed savings groups
- Enhanced local capacities

## 15. CALL TO ACTION

Every contribution brings care closer and gives families a second chance.

**Investing in this project means saving lives and rebuilding communities.**