



A Spring of Hope

UPLIFTING RURAL COMMUNITIES

Company Profile 2024



COMPANY INFORMATION

REGISTERED NAME

A Spring of Hope NPC

CONTACT PERSON

Nelly Mofokeng

DESIGNATION

Executive Director

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BOARD OF DIRECTORS

President

Brittany Young

CEO

Joanne Roy-Young

Executive Director

Nelly Mofokeng

Non-Executive Director

Gail Auguston-Koppen

Non-Executive Director

Dr Charmaine Johnson-Leong

Non-Executive Director

Dr Hamilton Mnisi

Non-Executive Director

Moses Mahlaule

COMPANY REGISTRATION NUMBER

2012/09314108/08

NPO NUMBER

NPO 093141

SARS TAX NUMBER

9334526176

VAT REGISTRATION NUMBER

4880280906

ABOUT A SPRING OF HOPE



A Spring of Hope is an international NGO that provides rural South African schools and communities with clean water sources, permaculture gardening methods, waterless sanitation solutions, feeding kitchens, entrepreneurship, and life skills.

The availability of an adequate supply of clean water, when coupled with ongoing training and technical support, has been shown to improve health conditions, combat poverty, and promote education for students as well as to create a source of financial self-sustainability for communities.

Established by mother and daughter Joanne and Brittany Young in 2007, for almost two decades, our work has directly impacted over 80 000 individuals in the Mpumalanga and Limpopo provinces, through support from Thulani Eco-lodge, corporate and individual donors.

OUR VISION

We seek to combat severe poverty in rural South Africa. If rural schools have the appropriate resources to invest in their students, students can be better equipped for fulfilling employment and leadership in and out of the workplace. A Spring of Hope invests in the development of South Africa's future leadership so that they can, in turn, address pressing problems in their communities.



A woman wearing a light-colored bucket hat and a bright orange t-shirt and pants is watering plants in a garden. She is holding a large blue watering can and pouring water onto the foliage. Three young children are standing nearby, watching her. The background shows a chain-link fence and a clear blue sky with some clouds. The overall scene is bright and sunny.

OUR MISSION

To combine clean water access
with economic and social
development programs.

OUR CORE VALUES

Service mentality

Ethical business practice

Accountability

Collaboration

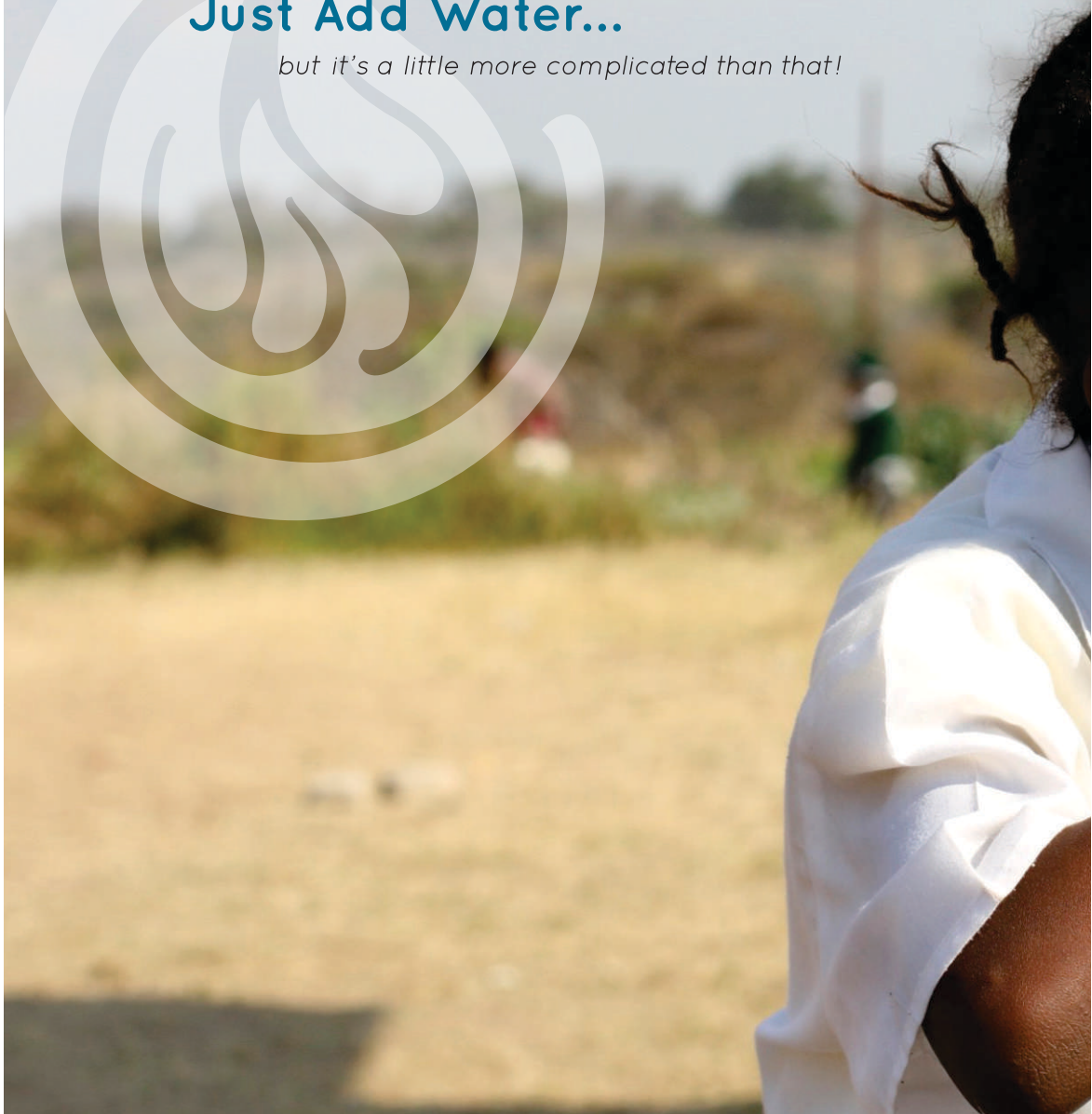
Organizational excellence



OUR PROJECTS

Just Add Water...

but it's a little more complicated than that!





ASOH BY THE NUMBERS



60 BOREHOLES

Our partner sites—including schools, community gardens, homes, and clinics—now have a source of reliable water.



24 SAFA

Over 150 toilet
63,000,000 lit
our environme
sanitation faci



14 COMMUNITY GARDENS

Community gardens provide villages in impoverished areas a reliable source of food and income.



332

Learners at ou
are taught abc
gardening tech
then be used c

WHY WE DO THIS



83% CHI POV

Limpopo Province, wh
concentrated, has the
childhood poverty in S



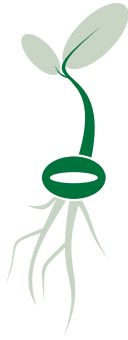
OVER

80,000 NUMBER OF INDIVIDUALS DIRECTLY AFFECTED BY ASOH

Over the past decade, our work in the WASH+ areas—WATER, Sanitation, Hygiene + Permaculture Education—have had a positive impact on rural communities.

SANITATION FACILITIES

toilets have saved over 100 litres of water with environmentally sustainable facilities.



45 SCHOOL GARDENS

Our permaculture program helps schools provide fresh produce for meals, as well as providing them with supplemental income.

2 HOME GARDENS

at our partner schools about permaculture techniques which can be used at home.



500 MINA CUPS DISTRIBUTED for menstrual hygiene

2 GIRLS' CLUBS AT PARTNER SCHOOLS

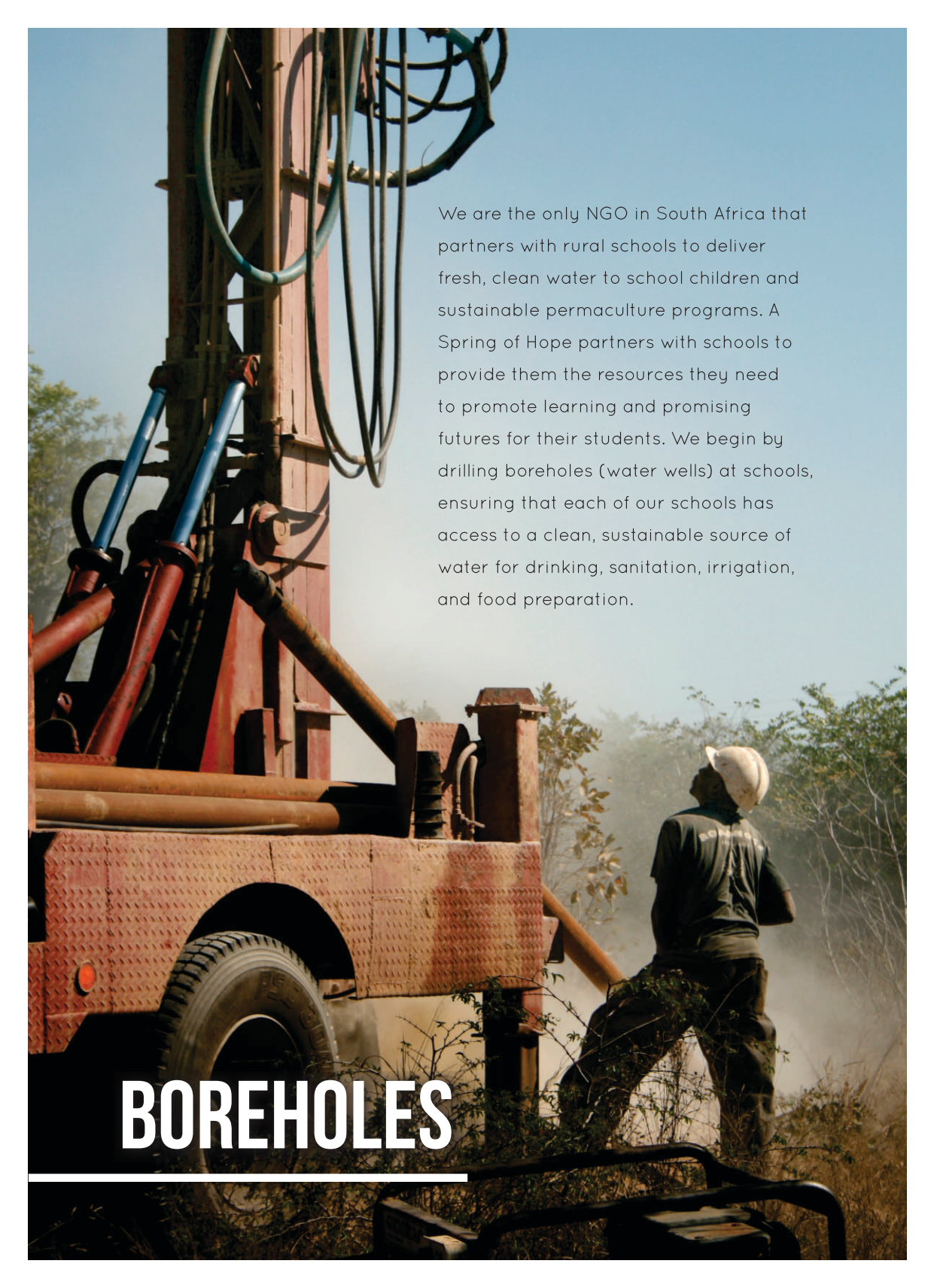
CHILDHOOD POVERTY RATE

where our work is the highest rate of in South Africa.



57% OF SCHOOLS USE PIT TOILETS

Pit toilets pose significant health and safety risks for students, negatively impacting attendance and economic development.



We are the only NGO in South Africa that partners with rural schools to deliver fresh, clean water to school children and sustainable permaculture programs. A Spring of Hope partners with schools to provide them the resources they need to promote learning and promising futures for their students. We begin by drilling boreholes (water wells) at schools, ensuring that each of our schools has access to a clean, sustainable source of water for drinking, sanitation, irrigation, and food preparation.

BOREHOLES

A Spring of Hope has added another component to our permaculture program. For those of our partner schools who don't have any trees surrounding their gardens, these easily-constructed structures of poles and high-density poly netting provide a 50% shade factor, which is helpful in shielding young seedlings from the hot sun and preventing rapid evaporation of water. As an added benefit, they also protect plants from insects. They are ideal for growing fresh spinach, cabbage, onions, cherry tomatoes, green sweet peppers, beetroot, and potatoes and we anticipate they will significantly increase the yield from the gardens. Not only will our partner schools have abundant produce for lunches, they can then sell the excess to the community, thereby creating an additional income stream.



SHADE NETTING

Our Safer Kitchens project was created to help improve school kitchens at our partner schools. This



program replaces open fire stoves with propane stoves that are safer and more efficient for school lunches. Lunch moms at our partner schools have reported struggling to make lunches each day over open fire stoves. Lunch moms start their day at four in the morning, walking long distances to school, to harvest wood, and start a fire that will be powerful enough to cook lunches on for multiple hours. We learned that lunch moms were labouring over fires for hours and were struggling to get all the learners fed on time. By improving the conditions of their kitchen, we can help lunch moms spend more time with their family, improve the health of these amazing women, and ensure that students are getting fed on time each day.

SAFER KITCHENS



Not only do schools in the impoverished regions of South Africa suffer from lack of access to fresh water, but sanitation is also a major issue. We install Enviro-Loos at some of our partner schools that are seriously lacking in infrastructure. The Enviro-Loo is an environmentally friendly, self-contained, waterless, dry-sanitation toilet system that does not treat the waste with chemicals. It uses a forced aeration ventilation system and there is no odour or seepage of waste into the ground.

SANITATION



Permaculture is derived from the words permanent and agriculture and is defined as a system of perennial agriculture emphasizing the use of renewable natural resources and the enrichment of local ecosystems. It was a natural evolution of our program to add this component, as resources in the rural areas of South Africa can be scarce. We are ever mindful of how precious a resource water is, and we felt it was important to provide information to the staff at our partner schools on how to maximize water usage in order to grow the most abundant gardens possible.

Our permaculture workshops empower participant on garden design for efficient water usage as well as ensuring sustainable soil fertility through companion planting. Learning by doing is at the heart of these workshops, beneficiaries are challenged to first design their own gardens before they receive the seedlings.

PERMACULTURE

In partnership with the Mina Foundation, we are enabling more rural girls not to lose out on schooling during their menstrual period. Mina cups provide a solution for young girls who struggle to afford menstrual hygiene products every month, may attend a school with poor sanitation facilities, and those that may not have regular access to



water to wash reusable pads. Mina cups are easy to use and clean and can be worn for up to 10 hours. This allows girls to go to school without worrying about leaks or having to

empty the cups during the school day. Girls just need to empty the cups out after 8 to 10 hours and wipe them out. They then clean them before and after each period using boiling water, requiring very little water to keep the cups clean.



mina
Happy Period

We provide a safe learning environment for young girls from as early as grade 6 to learn about the changes in their bodies during puberty and give them the confidence to embrace these changes in a healthy manner by conducting health and hygiene workshops before demonstrating and offering the Mina Cups.

MINA CUPS

Girls often miss school or even drop out due to household responsibilities, poor sanitation facilities at schools, lack of menstrual hygiene products, poverty, and for some, teenage pregnancy. After talking with girls, teachers, and principals at our partner schools we learned that female learners are in need of greater support within their schools.

A Spring of Hope is doing this by holding a club for learners to connect with each other and discuss issues that are absent from school curriculum but very much



important to build confidence and strengthen career planning among young women.

Young girls meet once a week with guidance from an educator, they use resources from Women Strong International's Strong Girls Make Strong Women curriculum to strengthen the intervention.

GIRLS' CLUB



A Spring of Hope is committed to contribute towards reducing poverty, unemployment, economic inequalities and low income as well as value creation and improving standards of life in rural areas through the creation and support of micro-enterprises.

Our entrepreneurship program, affords aspiring and micro-entrepreneurs an opportunity to attend a three-day bootcamp. The empowerment is directed at four overarching skills required in running a successful business, namely:

- Leadership and Social Responsibility Readiness
- Marketing for a Small Business
- Finance for Small Businesses
- Sector/business specific technical skills

This is followed by three months of individual business mentoring and coaching which includes ensuring business compliance, pitching and access to finance.

ENTREPRENEURSHIP



A Spring of Hope

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A Spring of Hope is a 501(c)(3) registered charity