



KwaZulu-Natal  
**Children's Hospital Trust**

Hope and healing for every child

# From Ruin to Revival:

## Restoring Africa's First Children's Hospital



# What makes our hospital unique? We are the **first** dedicated children's health facility on the continent

1931



The Hospital opens with a clear mandate: treatment for all children

1984



The Apartheid government shuts down the hospital because children of colour are being treated in a 'whites only' area

2011



The KZN Children's Hospital Trust is formed with a vision to restore the Hospital

# Our Challenge:

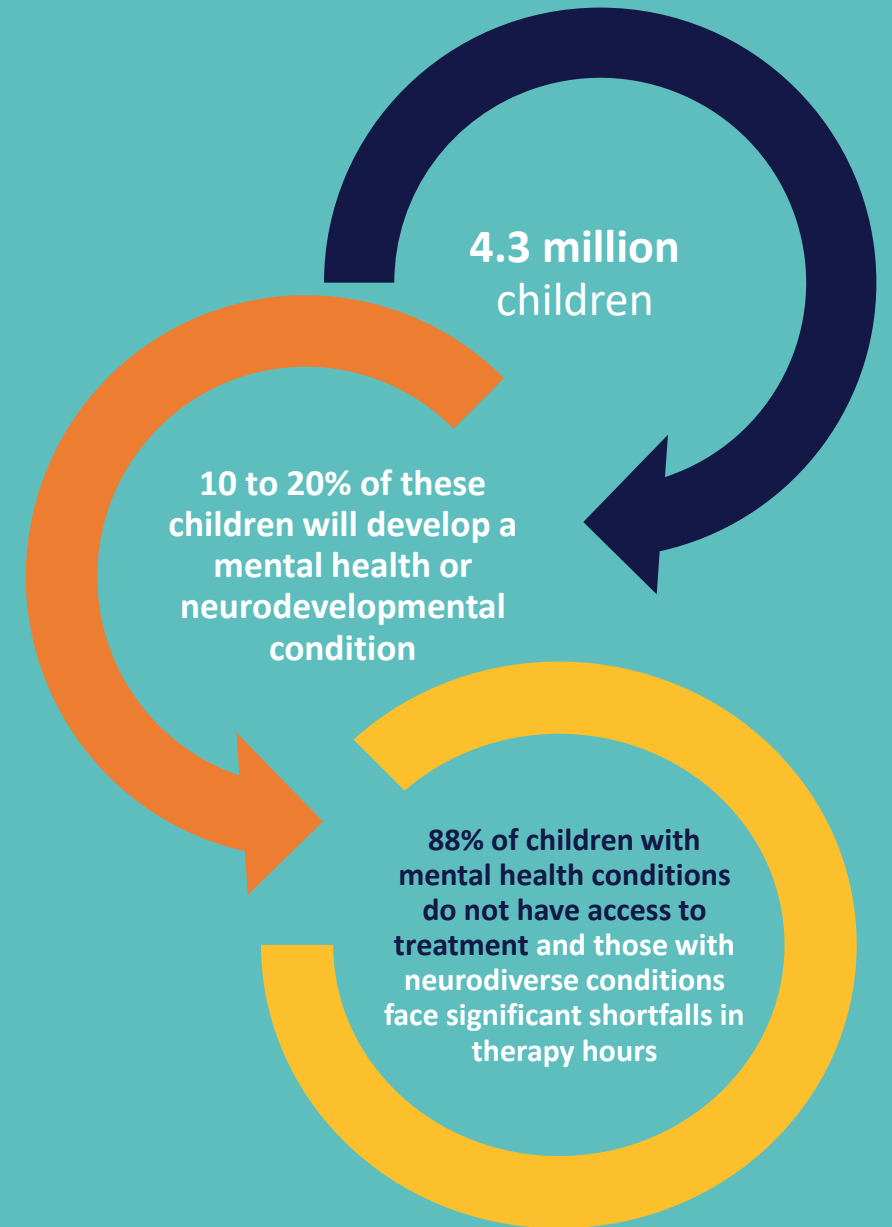
**Our province of KwaZulu-Natal (KZN) is home to almost a ¼ of *all* children in South Africa.** An assessment of available child and adolescent healthcare services in the province identified two critical gaps in services: the treatment of (1) **neurodevelopmental disorders** and (2) **mental health conditions** – with very few facilities able to provide this subspecialty care.

The contribution of these conditions to the burden of disease in the province in the under-15 population is demonstrated as follows:  
17.6% of morbidity is related to mental health disorders, 6.9% to childhood behavioural disorders, 8.7% to neurological conditions, 8.6% to sensory disorders and 4.4% to various congenital anomalies.

Rehabilitation services (integral to neurodevelopmental treatment), currently have limited capacity, provide an incomplete range of services, and are affected by a shortage of specialised clinical staff and rehab therapists.

There is currently **only one operational child and adolescent psychiatric unit in KZN providing 8 beds and only 2 psychiatrists employed in the state sector.**

A recent Human Rights Commission Report identified this huge unmet need for Child and Adolescent Mental Health Services<sup>1</sup>, citing that *only* the KwaZulu-Natal Children's Hospital is considered "fit for purpose" for underage mental healthcare users in KZN.<sup>2</sup>



<sup>1</sup> South African Human Rights Commission. Report on the National Investigative Hearing into the Status of Mental Health Care in South Africa. 15 to 17 November 2017

<sup>2</sup> South African Human Rights Commission. Report on the National Investigative Hearing into the Status of Mental Health Care in South Africa. Page 43. 15 to 17 November 2017

# Our Solution:

## A fully restored, operational Centre of Excellence

The KwaZulu-Natal Children's Hospital is being restored and developed to fill these gaps in child and adolescent healthcare services. The hospital will be a provincial resource **providing comprehensive neurodevelopmental and mental health services through the establishment of a Centre of Excellence** for treatment of these conditions, on the premise that the *hospital will not duplicate or replicate existing services but fill a niche in public sector health services.*

Re-establishing services goes hand in hand with the plans to renovate the historical structures within the hospital precinct and build a new seven-storey hospital building. The architect-led design team has worked with stakeholders to develop the Master Plan for the hospital precinct, translating the approved package of services into a detailed design for these new and improved facilities.



# How We Work:

- The KwaZulu-Natal Children's Hospital Trust works in a **public-private partnership with the KwaZulu-Natal Department of Health** to renovate and re-establish services at the KwaZulu-Natal Children's Hospital.
- The partnership is formalised under a detailed Service Level Agreement and governance structures, with the Trust responsible for raising funds and managing the renovation process and the Department responsible for operations after refurbishment.
- As the Trust is reliant on donor funding to complete the renovation project, a phased approach to renovations has been adopted.
- Once a building, or a facility within a building, has been completed, it is handed over to the Department to staff, maintain and run hospital operations.
- Our unique public-private partnership has resulted in **over 45,000 patient visits** to date at the hospital's Neurodevelopmental Assessment Centre and Centre for Adolescent Health.
- Our professional team, including our architect, heritage architects, and quantity surveyor, have been part of the project team from the outset and have proven experience to provide specialist services in healthcare facilities. The quantity surveyor has estimated and managed all financial aspects of the project to date with accuracy and efficiency. The provincial heritage authority (AMAFA) approves all heritage aspects of the project.
- **Our professional community provides a considerable discount (35 - 50%) on fees.**
- **All treatment is and always will be free.**

# Our Progress to Date:

Building:	Services:	% Restored:
Old Outpatients' Building	Neurodevelopmental Assessment Centre (operational)	100%
New Basement Parking & Rainbow Tower Foundations	120 vehicle basement parking facility (operational); foundations for new medical building	100%
Main Old Children's Hospital Building	Psychology Centre and Adolescent Centre (operational); Planned Mental Health Unit with 36 child and adolescent inpatient beds and clinical and operational support spaces	40%
Old Nurses' Home Building	Parent/caregiver and child lodging facility	30%
Rainbow Tower	Neurodevelopmental support and rehabilitation - audiology, speech therapy, occupational therapy and physiotherapy services, together with a rehabilitation gym and pool; 24-bed neuro rehabilitation ward and 4-bed palliative care ward; oro-facial clinic, radiology and minor theatre	0% (new build)
Prince's Wing and Central Nurses' Home	NGO hub, children's museum	0%

# Our Fundraising Targets:

Description	Cost to Complete (US\$)
Main Old Children's Hospital Building	2.3 million
Old Nurses' Home	2.2 million
Rainbow Tower (new build)	23 million
Prince's Wing and Central Nurses' Home	4.4 million
Site Infrastructure	1.4 million

# Governance and Sustainability:

- The KwaZulu-Natal Department of Health is responsible for the KwaZulu-Natal Children's Hospital. The Department signed a Service Level Agreement with the KwaZulu-Natal Children's Hospital Trust to advance the development of the hospital into a fully-fledged highly specialised provincial facility over time.
- The agreement assigns responsibility to the Department to run with hospital operations and the Department, as the custodians of health, will meet this responsibility and ensure sustainability of the project by budgeting for all operational costs of the hospital in the longer term.
- Strong governance structures guide both the renovation project and hospital operations to ensure successful completion and that the end result reflects the vision for the hospital.
- Governance structures include a Steering Committee to oversee the project and a Commissioning Team to guide phased infrastructure development within the approved package of services for the hospital precinct, in line with Departmental priorities.
- The Board of Trustees oversees the prudent management of the Trust's resources, guiding it to achieve its objectives and serve stakeholders while operating within established policies, systems and controls.
- This has been a successful public-private partnership with a strong track record of success that has laid a strong foundation for taking the project forward and realising the vision of a completely restored and fully operational hospital.

# We're committed to breathing new life into old spaces



# Why Us?



Committed,  
dedicated and  
experienced team  
with a clear track  
record of success



Over 45,000  
patient  
visits to date with  
significant restoration  
efficiently completed



Strong partnership  
with the Department  
of Health which  
ensures enduring  
operations



Strong governance  
mechanisms with  
financial statements  
audited  
annually



Major donors have believed  
in our cause: ELMA  
Philanthropies,  
Anglo American  
Chairman's Fund,  
USAID & Elton John AIDS  
Foundation

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