

Project Proposal

Teenage Pregnancy Prevention & Adolescent Reproductive Health – Jinja City

Organisation: Amazing Life Foundation (ALF)

Location: Jinja City, Uganda

Project Duration: 6 Months

Total Budget: USD 15,000

Project Summary

The project aims to reduce teenage pregnancy and improve adolescent reproductive health outcomes in Jinja City through community-based education, peer-led engagement, youth-friendly health services, and collaboration with local government and health facilities. It will strengthen knowledge, life skills, and access to services for adolescents while engaging parents, schools, and community leaders to address social norms contributing to early pregnancy.

Problem Statement

High teenage pregnancy rates in Jinja City are driven by limited access to youth-friendly reproductive health services, inadequate sexual health education, poverty, gender inequality, and cultural stigma. Many adolescents lack accurate information and support, leading to early pregnancy, school dropout, and poor health outcomes.

Target Beneficiaries

Primary beneficiaries include adolescent girls and boys aged 10–19, young women, and out-of-school youth. Secondary beneficiaries include parents/caregivers, teachers, community leaders, and local health workers.

How the Project Will Solve the Problem

The project will provide comprehensive reproductive health education, train peer educators, conduct school and community outreach, and strengthen access to youth-friendly health services. Partnerships with local government and health facilities will ensure sustainability and improved referral systems.

Potential Long-Term Impact

Sustained reductions in teenage pregnancy, improved reproductive health outcomes, increased school retention, empowered youth, strengthened community support systems, and improved gender equality aligned with national development priorities.

Logical Framework (Logframe)

Hierarchy of Objectives	Indicators	Means of Verification	Assumptions
Goal: Reduce teenage pregnancy in Jinja City	Reduced teenage pregnancy rates	District health statistics	Government support continues
Outcome: Increased adolescent reproductive health knowledge	% increase in knowledge scores	Pre/post assessments	Community participation
Output: Peer educators trained	10 peer educators trained	Training reports	Youth engagement maintained
Output: Community outreach sessions conducted	20 outreach sessions completed	Attendance lists	Schools collaborate

Indicator Table

Indicator	Baseline	Target
Adolescents reached with education	0	800
Peer educators trained	0	10
Community dialogues conducted	0	6
Youth accessing services	Baseline to be established	Increase by 30%

Risk Management and Safeguarding

The project integrates safeguarding policies to protect adolescents from harm, exploitation, or abuse. Risks such as cultural resistance, stigma, and low participation will be mitigated

through community engagement, local leader involvement, and confidential service delivery. All staff and volunteers will follow child protection guidelines and ethical standards.

Detailed Budget (USD 15,000)

Budget Category	Amount (USD)
Personnel & Implementation Support	4,200
Training & Capacity Building	2,000
Community Outreach & Awareness	3,300
Youth-Friendly Health Service Support	2,500
Monitoring, Evaluation & Learning	1,400
Administration & Operations	1,600
TOTAL	15,000

Value for Money

The project prioritizes direct community impact, leveraging peer educators and local partnerships to maximize reach while maintaining low overhead costs. Estimated cost per direct beneficiary is approximately USD 18.75, demonstrating high efficiency and strong potential for sustainable outcomes.