



How We Came To Be

A long-time advocate for Portland's poor and vulnerable, Pastor Mary Overstreet Smith watched in anguish as the 2005 hurricanes threatened the lives of thousands in the Gulf Coast, including many in her hometown of Gulfport, Mississippi. She knew that people couldn't wait for help that was too long in coming. She decided to send a van for those willing to make a fresh start and eventually relocated, clothed, fed and housed forty families. When some of the survivors needed medical care and medications, Pastor Mary discovered that the only free clinic in her neighborhood had been closed for some time and that no local clinic offered evening hours. Hearing about the way Pastor Mary took action inspired Dr. Jill Ginsberg, a family physician, to offer her assistance. When Pastor Mary asked for her help in starting a free medical clinic in a small office building she owned up the street from the Powerhouse Temple Church, Dr. Jill could not think of a reason to say no.

That meeting was the beginning of the North by Northeast Community Health Center, and of a partnership based in faith, friendship, and a passion for community service. We welcomed our first patients on August 17, 2006.



Our mission is to improve
health outcomes in the
medically under-served
North and Northeast Portland
community by offering basic
medical services at no
cost to low-income adults
without health insurance.

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*Supporting a Healthy
Neighborhood*

Our Services

The services offered at North by Northeast Community Health Center are provided by volunteer medical professionals and office staff and are available to adults only. There is no charge for these services.

- Acute care for non-emergent conditions (upper respiratory infections, skin problems, minor aches and pains)
- Blood pressure screening
- Ongoing care for chronic illnesses such as diabetes and hypertension
- Prescription medication
- Social service information and referrals
- Laboratory services (off-site)
- Specialty consultations as available

Our Priority

Many uninsured adults go without medications and care for chronic health conditions. When readily manageable conditions like high blood pressure and diabetes are left untreated, complications such as stroke and heart disease can devastate families and cause a downward economic spiral. Residents of inner North and Northeast Portland have more poverty and less access to health care than those in many other areas of Oregon's Multnomah County. Our priority is to support the health of the surrounding neighborhood by providing basic but essential medical services to the residents of the local community.

How You Can Help

Our success is the result of the generosity of our community, corporate and individual partners. You can be involved in our work in many different ways.

- Tell our story - let others know about the work that we do.
- Refer patients to us. Low-income adults without health insurance living in inner North/Northeast Portland are eligible for our services.
- Make a financial donation to support our work- \$20 can purchase a three-month supply of medication for a patient with diabetes or hypertension.
- Donate goods or services- our current wish list is on our website.
- Volunteer! We need volunteer physicians, nurse practitioners, physician assistants, nurses, social workers, and front office staff. If you can share your skills and compassion one evening a month, you will make a difference in the lives of our patients.

For more information about any of these opportunities, call us at

503.287.4932

or visit

www.nxneclinic.org

Clinic Hours

Our walk-in clinic is open to adults for basic medical services on Thursday evenings from 6:00pm-8:30pm. Patient check-in starts at 5:30. No appointment is necessary; patients are seen on a space-available basis.

As we expand our capacity, new hours and services will be posted on our website.

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