

“Psychosocial Support for Children Who Lost Their Homes and Live in Ukraine (Vinnytsia and Kyiv Regions)”

Project Title / Goal

“Restore Mental Health for 40 Children in Ukraine”

Short Description / Overview

This project will support 40 children in the Vinnytsia region who have been affected by the war in Ukraine and have experienced shelling, evacuation, and the loss of their homes or loved ones. Through art classes as a form of art therapy and professional psychological support, children will reduce anxiety and social isolation, improve emotional well-being, and strengthen family relationships.

Project Duration

2 months

Total Budget

USD 4,000

What Problem Does the Project Address?

The war in Ukraine has forced millions of people to flee their homes and become displaced. Among them are tens of thousands of children aged 8–13 living in the Kyiv and Vinnytsia regions who have experienced shelling, evacuation, and the loss of their homes and loved ones. The state and local communities lack sufficient resources to provide adequate psychosocial support. This project helps children in Vinnytsia recover from chronic stress and isolation through art therapy and professional psychological counseling, building on the foundation’s successful experience from a similar project implemented in 2022.

How Will the Project Solve the Problem?

The project combines art therapy with professional psychological support. Children attend painting classes twice a week and receive group and individual psychological counseling 1–2 times per week. Each month, the program supports 20 children and 5–10 parents. This approach reduces anxiety, overcomes social isolation, builds self-regulation skills, and improves family relationships. The foundation successfully implemented a similar project in 2022.

Long-Term Impact

The project will provide psychosocial support to 40 war-affected children, helping them restore emotional stability, a sense of safety, and trust in the world. Regular psychological support strengthens family relationships and helps children develop healthy coping and self-regulation skills, reducing the risk of long-term trauma.

In the long run, this increases children’s chances for successful socialization, education, and the ability to build healthy families in the future. Children’s artwork will be presented at charity events to support project sustainability and engage a wider circle of donors and partners.

By investing in children’s mental health today, we strengthen community resilience and the future of the country.

Project Activities

The program includes:

- **Group psychological sessions** (once a week, up to 20 children per group);
- **Individual psychological counseling** for children and families (twice a week);





БЕЗ КОРДОНІВ

МІЖНАРОДНИЙ БЛАГОДІЙНИЙ ФОНД

- **Art studios in Vinnytsia** (twice a week, groups of up to 10 children).

Monthly Project Budget – USD 2,000

1. **Art studios** (including art materials, tea, and snacks):
2 sessions per week / 8 sessions per month / 10 children — **USD 1,000**
2. **Psychological support** (individual sessions twice a week and group sessions once a week) — **USD 650**
3. **Organizational costs** (administration, group coordination, communication) — **USD 350**

More Information About the Project

<https://no-borders.org.ua/projects/3/>

<https://www.civilfront.org/post/mentalhealthsupportforwar-affectedchildren>

APPROVED BY:

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