
TSB Quarterly Update - April 2026

THE SOUP BOWL ✨

Sivananda Primary



Drop-In Center



THANK YOU

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A Shared Table: Quarterly Update from The Soup Bowl

Dear Friends,

The first few months of 2026 have been a quietly busy season here at The Soup Bowl.

With the ongoing economic challenges in Sri Lanka, daily life remains an uphill climb for many of our neighbors. Yet, amid the hardship, we continue to see so much kindness. Thanks to your steady support, we have been able to simply keep showing up—offering a warm meal, a listening ear, and a safe place to gather.

Here is a brief look at how your giving has translated into daily life over the last three months:



Supporting Students During the Week :

Keeping children nourished is a vital part of what we do. Every Monday, we are able to provide 70 lunches to the young students at Sivananda Primary School in Hanthana. We also have the privilege of supporting Sumaga, a school for children with special needs in Dehiwala, with regular meals during the week. It is a small but practical way to help these children focus on their days instead of their hunger.





Wednesday Community Lunch :

Every Wednesday at the Lighthouse Church hall in Kandy, a home-cooked rice and curry lunch is shared with about 150 people. It is a modest gathering, but for many of the elderly and unhoused folks who join us, it provides a vital chance to sit down, chat, and rest for a little while without worrying about their next meal.



Thursday School Lunches :

At Sivananda Maha Vidyalaya Upper School, 80 students receive a nutritious meal each Thursday. Teachers have gently noted that attendance is steadier when the children know a good lunch is waiting for them. This meal is sponsored by Hayleys PLC.





Saturday Outreach :

On weekends, we pack up 80 lunches and drop them off for elderly neighbors and families in rural Kandy who find it difficult to travel to our drop-in center.



Weathering Cyclone Ditwah Together

Early this year, Cyclone Ditwah temporarily shifted our focus to emergency relief in the hardest-hit areas.

- **Community Kitchens** : In places like Palle Deltota, we provided bulk dry rations. This empowered the village to cook together, restoring a much-needed sense of normalcy and dignity as they rebuilt.
- **Back to School** : To ease the financial strain on recovering families, we distributed essential stationery kits to 797 children. It was a simple gesture to ensure their education could continue uninterrupted.

A Week of Nourishment: The Impact of The Soup Bowl

Illustrating how donor support translates into a weekly rhythm of food security and community care for vulnerable populations in Sri Lanka.



Fueling Primary Education:
70 lunches are provided to young students at Sivananda Primary School in Hanthana to help them focus on their studies rather than hunger.



WEEK-LONG SUPPORT

Special Needs Education
TSB provides regular weekday meals to Sumaga, a school in Dehiwala dedicated to children with special needs.



WEDNESDAY

150 Meals Shared at Lighthouse Church:
A community rice and curry lunch in Kandy provides elderly and unhoused individuals a vital chance to rest and socialize.



THURSDAY

Boosting School Attendance:
80 students at Sivananda Maha Vidyalaya Upper School receive nutritious meals, which teachers note leads to steadier classroom attendance.



SATURDAY

Rural Outreach Deliveries:
Volunteers pack and drop off 80 lunches for elderly neighbors and families in rural Kandy who face travel difficulties.



Primary Students: 70
(Sivananda Primary)



Community Members: 150
(Lighthouse Church)



Upper School Students: 80
(Sivananda Maha Vidyalaya)



Rural & Elderly: 80
(Rural Kandy)

At The Soup Bowl, the work we do is very simple, but we know it matters deeply to the people we sit with each week. We are just the facilitators—it is your generosity that actually fills the plates, buys the school supplies, and keeps this community going.

Thank you for caring about our neighbors in Sri Lanka, and for quietly standing beside us

With sincere gratitude,
The Soup Bowl Team

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The Soup Bowl is incorporated as a non-profit (Company by Limited Guarantee) in Sri Lanka GA00292273.

