

HEAL 300 KIDS WITH HYDROCEPHALUS AND SPINA BIFIDA



PROJECT PROPOSAL

Submitted by

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1. EXECUTIVE SUMMARY

In the quiet wards of Muhimbili Orthopaedic Institute (MOI) and the humble rooms of Kimara House of Hope, Dar es Salaam, a silent crisis is unfolding. Children born with Spina Bifida and Hydrocephalus are fighting a dual battle: one against their neurological condition, and another against a world that often overlooks their basic human dignity.

This project, "**Heal 300 Kids With Hydrocephalus and Spina Bifida**," seeks USD 35,000 to provide 12 months of consistent medical insurance "**Toto Afya Kadi**" provided by the National Health Insurance Fund (NHIF) and high-quality diapers/pampers to 300 children. By addressing the physical needs of these "warrior children," we are not just providing supplies; we are dry-shodding their path to inclusion and ensuring their right to health is no longer a luxury they cannot afford.

2. THE PROBLEM: A CRY BEYOND THE SILENCE

Imagine a mother holding her child. The child's head is heavy, burdened by fluid that requires surgical intervention. This is Hydrocephalus. Below, the spine is open, a raw wound that has left the lower body paralyzed and the bladder uncontrollable. This is Spina Bifida.

The Agony of the "Unseen"

For these children, a diaper is not a convenience it is a medical necessity. Without them:

- **Physical Decay:** Kidney failure has become a silent cause of death among the most vulnerable. The stench of poverty follows affected individuals everywhere, leaving many children shunned at school and isolated from their peers. Constant exposure to waste results in severe skin breakdown, painful pressure sores, and recurrent, life-threatening Urinary Tract Infections (UTIs).
- **The Scent of Poverty:** The inability to manage incontinence leads to a pervasive odor that isolates the child and the mother. They are often shunned from public transport, churches, and markets.

- **The Financial Wall:** Most families live on less than \$2 a day. A single pack of quality diapers can cost a third of their weekly income. They are forced to choose between a meal or a dry bed.

The Data of Suffering

- **80%** of children with Spina Bifida suffer from lifelong incontinence.
- **60%** of these children in low-income households develop preventable skin infections due to the use of old rags instead of diapers.
- **Without** coverage of **National Health Insurance Fund (NHIF)**, a single complication or shunt malfunction can plunge a family into a lifetime of debt or result in the tragic, preventable loss of the child.

3. PROJECT OBJECTIVES

The overall aim of the project is to improve health service by expanding access to quality care particularly for children acquired physical and mental disabilities by ensuring long-term support. Project will contribute its overall aim by achieving the following **specific objectives**;

- Health Security:** To enroll 300 children into the Toto Afya Kadi provided by the National Health Insurance Fund (NHIF) to ensure access to life-saving surgeries and consultations.
- Hygiene & Dignity:** To distribute a year's supply of pampers and diapers to reduce infection rates by 90%.



4. TARGET BENEFICIARIES

4.1 Primary Beneficiaries

- 300 children (0–15 years) diagnosed with Hydrocephalus and Spina Bifida who currently receiving care at **Muhimbili Orthopaedic Institute (MOI)** and **Kimara House of Hope, Dar es Salaam.**

4.2 Secondary Beneficiaries

- Parents and caregivers (estimated 300 individuals).
- Siblings benefiting from reduced household financial strain.

5. MONITORING AND EVALUATION

5.1 Indicators include:

- Number of children receiving monthly diaper supplies.
- Number of children enrolled in health insurance.
- Reduction in infection-related hospital visits.
- Caregiver satisfaction surveys.

5.2 Monitoring tools:

- Distribution registers,
- Medical follow-up reports,
- Quarterly progress reports.

6. PROJECT EXPENDITURES

S/n	Item	Cost (USD)	Total (USD)
1	Coverage of National Health Insurance Fund (NHIF)	300 children x USD 75	22,500
2	Pampers/Diapers	300 pcs x USD 30	9,000
3	Distribution Event	USD 1,500	1,500
4	Monitoring and Project Reporting	USD 2,000	2,000
Total			35,000

7. A CALL TO THE SUPPORTER: YOUR LEGACY OF MERCY



We are not looking for a "donor"; we are looking for a **Guardian**. Your contribution is the bridge between a child's suffering and their smile.

8.1 How We Will Honor Your Contribution:

- **Virtual Connection to Impact:** Receive invitations to online project updates and virtual distribution events. Witness the impact of your generosity through live streams and recorded sessions.
- **Token of Appreciation.** A personalized digital token or certificate, representing the lives you have touched and protected.
- **Public Recognition.** Acknowledgment on our organizational website and social media channels. Recognition in digital newsletters and annual impact reports.
- **Project Documentation Visibility.** Your name or logo featured in project reports, photo stories, and donor acknowledgment pages, visible to our global community.
- **Evidence of Impact.** Access to monitoring data, photos, and beneficiary testimonials, giving you a clear view of the difference your support makes..