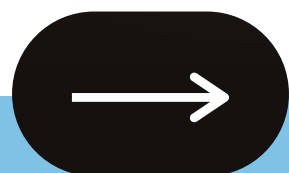




# Non Profit Organization

Monterrey, Nuevo León. MEXICO



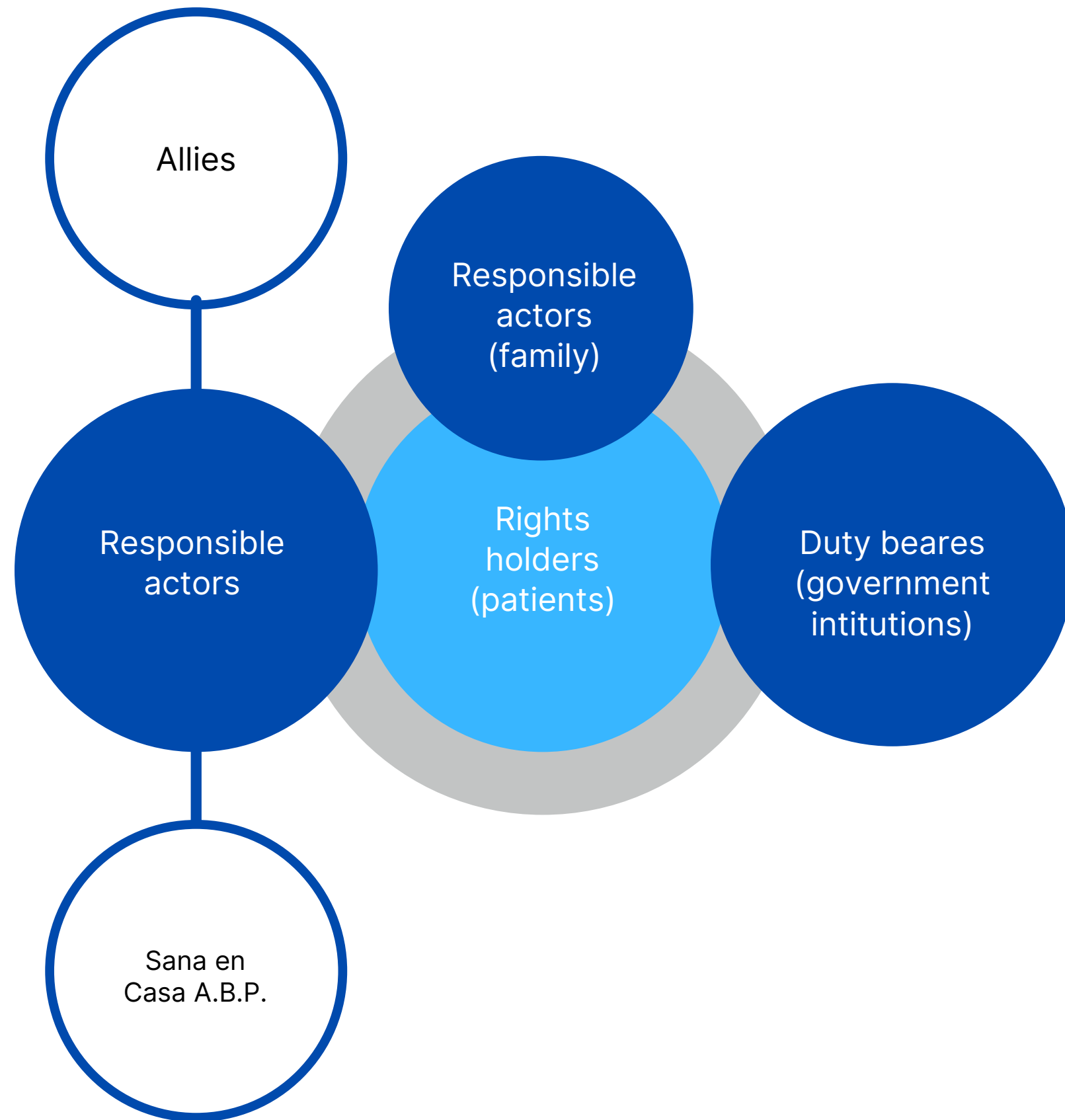
[www.sanaencasa.org](http://www.sanaencasa.org)





# Organizational profile

|                             |                                                                                                |
|-----------------------------|------------------------------------------------------------------------------------------------|
| Address:                    | Lic. Arturo B. de la Garza #117<br>Col. Burócratas del Estado,<br>Monterrey, N.L. MEXICO 64380 |
| Phone:                      | 81 3610 5446                                                                                   |
| E-mail:                     | contacto@sanaencasa.org<br>dirección@sanaencasa.org                                            |
| Web page:                   | www.sanaencasa.org                                                                             |
| R.F.C:                      | SCA141006QN5                                                                                   |
| CLUNI:                      | SCA14100619YXB                                                                                 |
| Government<br>Registration: | 600-04-02-2014-87847                                                                           |
| Date of<br>Incorporation    | October 6, 2014                                                                                |



# SOCIAL FOCUS

Sana en Casa is guided by a Human Rights based approach.

It is essential to recognize the key agents of change involved in ensuring the right to health.

The main participants include responsible actors such as partner organizations, the association itself, and families, who, together with duty bearers like government institutions, are responsible for guaranteeing the programs, resources, and care required to meet the needs of people who have lost their health and are recovering at home.

# Who we are

Sana en Casa is a private charitable organization that supports low-income families in Nuevo León and Michoacán who care for a sick loved one at home.

Our work began in 2015, and since then, we have had the privilege of helping more than 1,500 families, providing them with care, compassion, and hope during some of life's most challenging moments.



" The true meaning of life is to serve others and bring goodness into the world. "

# OUR MISSION

To support low-income families who care for a sick loved one at home, helping them exercise their right to health and safeguard their social and economic well-being during one of life's most difficult times.

# OUR VISION

To become an organization with a strong and well-structured foundation, recognized as a leading promoter of the right to health for patients recovering at home.

We aim to build lasting partnerships and strengthen a skilled and committed team that will allow us to reach and support more individuals and families each year through our programs.



# OUR VALUES

1

## **SOLIDARITY**

Standing together to help those facing challenging times.

2

## **COMMITMENT**

Dedicated to consistent work and effort to achieve our goals.

3

## **EQUALITY**

Supporting everyone equally, regardless of race, religion, or personal beliefs.

3

## **TRANSPARENCY**

We act with honesty and integrity, ensuring full openness and ethical conduct in everything we do.

4

## **CONTINUOUS IMPROVEMENT**

We strive to provide efficient, high-quality service through constant innovation and ongoing enhancement of our processes.



# Description of the Issue Our Organization Seeks to Address

Having a bedridden or immobilized loved one at home is one of the most difficult situations a family can face. Beyond the emotional pain of watching someone suffer and fight against illness, the physical and emotional effort required to care for them is exhausting.

When this situation occurs in conditions of poverty, the challenge becomes even greater. Family income decreases while expenses rise: adult diapers, medical supplies, medications, therapies, transportation, and special nutrition all add to the burden.



Patients often experience a poor quality of life when they lack the essential medical equipment needed to meet their basic needs—such as hygiene, nutrition, and proper mobility. Without these resources, recovery becomes even more difficult, and the entire family suffers alongside the patient.

When a family's well-being is at risk, **SANA EN CASA** steps in to help them overcome this difficult situation without falling into debt, social decline, school dropout, domestic violence, or other social problems that often arise in moments of extreme vulnerability.



# What we do

## Medical Equipment Lending Program

We provide families with essential medical equipment on loan to support the care and comfort of patients at home

.

The equipment we offer includes:

- Hospital beds
- Wheelchairs
- Oxygen concentrators and tanks
- Anti-bedsores mattresses
- Patient lift hoists
- Suction machines
- Crutches
- Walkers
- Canes
- Nebulizers
- Bedside commodes



# What we do

## Adult Diaper Donation Program

This program supports families who care for a loved one with limited or no mobility.

Each registered family receives 120 adult diapers every two months, helping them maintain dignity, comfort, and proper hygiene for their patients at home.

**Sana en Casa**

### TARJETÓN DE PAÑALES

**No. de casa:** 84  
**Nombre:** Jonathan Mán Barraza  
**Teléfono:** 8123608109  
**Talla:** M

**APOYO BIMESTRAL**

|                      |                      |                      |
|----------------------|----------------------|----------------------|
| Sept. - Oct.         | Nov.- Dic.           | Enero- Feb.          |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Marzo - Abril        | Mayo - Junio         | Julio - Agosto       |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |

El material de curación se entregará únicamente en las fechas señaladas y en el horario de 9:00 am a 5:00 pm

**Domicilio:**  
Arturo B. de la Garza #117 Col. Burócratas del Estado, Monterrey N.L.

**Fechas de entrega:**  
9 y 10 septiembre  
11 y 12 noviembre  
13 y 14 enero  
10 y 11 marzo  
12 y 13 mayo  
7 y 8 julio

**Sana en Casa**  
sanaencasa  
81 8088 4803

**Fecha de vencimiento:** 2022



# What we do

## Donation of Wound Care Supplies and Medical Materials

This program was created to support families caring for patients who have developed pressure sores due to immobility, suffer from diabetic foot ulcers, or have wounds caused by accidents. These wounds require daily care and the use of essential supplies such as gloves, gauze, antiseptics, and ointments; expenses that can quickly become a heavy financial burden for families.

Additionally, families may also receive other necessary medical supplies such as colostomy bags, urine collection bags, and catheters, among others.

Wound care materials are distributed every two months to registered families.

- 



# What we do

## Transportation to Medical Appointments and Therapies

This program provides transportation for patients who lack the means to attend their medical appointments or therapy sessions.

We offer special transport for wheelchair users, as well as ambulance service for patients who are completely immobile, ensuring they can receive the care they need with dignity and comfort.



# What we do

## Support Brigades

We organize volunteer brigades to build accessibility ramps, carry out cleaning and home repairs, and donate household appliances or other essential items.

Our goal is to help transform the homes of our beneficiaries into safe and suitable spaces for caring for a sick loved one.



## Join Us in Making a Difference

Together, we can honor those who devote their lives to caring for a loved one.  
Let's bring relief, dignity, and hope to those who have lost their health, helping them find comfort and strength in the most difficult moments.



Follow us on social media



[contacto@sanaencasa.org](mailto:contacto@sanaencasa.org)  
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