



Child Care & Support Initiative

Project Documentation

1. Project Overview

The Child Care & Support Initiative strengthens the well-being, safety, and development of children in vulnerable communities across Gauteng and Limpopo. It combines educational workshops with practical support, providing children and caregivers with tools to foster healthy relationships, resilience, and positive growth. The initiative also distributes essential items including food, school uniforms, shoes, hygiene packs, and nutrition packs to over 200 children annually.

2. Objectives

- Improve child care practices, emotional well-being, and resilience in children and families.
- Support caregivers with knowledge, tools, and strategies for nurturing parenting and stress management.
- Address basic needs by providing food, nutrition, hygiene, and school supplies.
- Promote positive messages in homes that enhance confidence, dignity, and long-term emotional safety.
- Strengthen community understanding of child development and supportive family networks.

3. Target Beneficiaries

- Children (aged 3–18) in underserved and vulnerable communities.
- Primary caregivers who need support in positive parenting and stress management.
- Local social workers, educators, and facilitators involved in child support programs.



4. Activities & Implementation

4.1 Child Care & Family Support Education

- Workshops for children and caregivers on nurturing care, resilience, communication, and positive parenting.
- School sessions and child support groups to build emotional intelligence and self-esteem.
- Activities designed by children to promote empowerment and participation.

4.2 Essential Child Support Packs

- Distribution of food parcels or nutrition packs.
- School uniforms and shoes to enhance school readiness.
- Hygiene packs including soap, toothbrushes, and sanitary items.
- Positive messages included to encourage confidence, emotional safety, and open communication.

5. Expected Impact

- Over 100 children receive practical support improving nutrition, hygiene, self-esteem, and school readiness.
- Caregivers gain knowledge and tools for stronger family relationships.
- Communities develop a deeper understanding of nurturing care and positive parenting.
- Children experience increased confidence, belonging, and emotional safety.
- Social workers and facilitators gain resources for long-term engagement.
- Positive messages remain in homes, influencing siblings and future generations.



6. Monitoring & Evaluation

- Track the number of children and caregivers reached.
- Measure improvements in children's school attendance, nutrition, hygiene, and emotional well-being.
- Collect feedback from caregivers and community facilitators on workshops and support packs.
- Document case studies to highlight individual and community impact.