



**STRENGTHENING
FAMILIES THROUGH
INTEGRATED SUPPORT
PROJECT IMPACTO ETS**

DIRECT SOCIAL SUPPORT SERVICE

WHAT WE DO

Comprehensive Psychosocial Support

We provide individualized counselling, crisis response, and social support to pregnant women and mothers facing poverty, insecurity, and social vulnerability. Our work focuses on stability, empowerment, and access to essential resources.



FIRST CONTACT

Immediate Response to Urgent Needs

Many mothers come to us seeking basic baby essentials. Behind these requests, we often identify deeper needs: lack of housing, food insecurity, unemployment, isolation, irregular documentation, or lack of childcare.



WHO WE SERVE

A Diverse and Growing Population

We support mothers who are mostly single parents, often arriving late in pregnancy or with newborns. Many face economic hardship, precarious jobs, unplanned pregnancies, limited parental skills, or lack of support networks. The number of immigrant families—especially from PALOP countries, Brazil, Nepal, and India—is increasing.

HOW WE WORK

Individualized Intervention Plans

Each mother co-designs a personalized plan focused on parental, personal, and social skills. We ensure access to

training,

employment,

healthcare,

community services, and essential goods, building pathways toward autonomy and stability.



MULTIDISCIPLINARY APPROACH



Integrated Support Across Communities

Our work is delivered through several local offices in partnership with municipalities, community centers, and NGOs. Services include counselling, essential goods distribution, social referrals, and parenting support.

KEY RESULTS 2024

A Year of Growing Needs and Impact

- 1,095 beneficiaries supported
- 941 cases followed throughout the year
- 2,314 psychosocial sessions delivered•
Significant rise in families needing food, housing support, and reintegration pathways

ESSENTIAL GOODS DISTRIBUTION

Supporting Families' Basic Needs

In 2024, we distributed:

- 475 baby kits
- 630 food baskets
- 2,352 fresh food supports
- 1,652 baby hygiene packs
- 586 adult hygiene kits

These supports are made possible through donations from key partners and community campaigns.



Our offices operate thanks to space and support provided by local authorities and organizations. We participate in municipal networks, case discussions, and community projects that amplify our impact.

COMMUNITY PARTNERSHIPS

COLLABORATION AS A FOUNDATION

THE ROLE OF IMPACTO ETS

Student Social Impact in Action

Project IMPACTO ETS strengthens our work by integrating student volunteers and interns (social work, psychosocial support, education). They support counselling, logistics, workshops, and direct assistance to families, enhancing the project's reach and effectiveness.





Through counselling, workshops, WhatsApp groups, and continuous follow-up, we help mothers develop parenting skills, access opportunities, and build support networks—key to long-term stability.

EMPOWERING MOTHERS

BUILDING COMPETENCE AND CONFIDENCE

LONG-TERM IMPACT

Breaking Cycles of Poverty and Vulnerability

Our intervention improves maternal well-being, strengthens early childhood care, reduces poverty, and increases access to training and employment—helping families move toward autonomy and social inclusion.



THANK YOU

TOGETHER, WE CHANGE LIVES

YOUR SUPPORT HELPS US ENSURE
THAT NO MOTHER FACES
INSECURITY ALONE, AND EVERY
FAMILY HAS THE CHANCE TO
BUILD A STABLE FUTURE.

