

# **DOSTI Welfare Organization**

## **Hygiene Drive Report**

**Submitted to: Head of Programs**

**Submitted By: Health Interns, Dosti Health Department**

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**Hygiene Drive at DOSTI School on Wheels, Malakandher Nasir Bagh Road Peshawar.**

**Organized By:** Health Department, Dosti Welfare Organization.

**Date:** October 22, 2025

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### ***Introduction:***

The health interns visited *DOSTI School on Wheels* to conduct a hygiene awareness session focusing on hand hygiene and environmental cleanliness. The activity aimed to educate students about the importance of maintaining personal hygiene and a clean environment. During the session, students were taught proper handwashing techniques, participated in a handwashing activity, and received motivational hygiene quotations. The event concluded with a group photograph and the distribution of candies to encourage and appreciate the students' participation.

### ***Objectives of the Activity:***

The main objective of the hygiene awareness campaign was to educate and encourage students to practice proper personal and environmental hygiene. The session specifically aimed to:

- Demonstrate correct handwashing techniques to prevent the spread of diseases.
- Improve students' awareness about the importance of nail care and cleanliness.
- Promote responsibility toward maintaining a clean and healthy environment.
- Develop healthy hygiene habits among the students through interactive and practical activities.

## ***Participation Summary:***

<b>Participant Category</b>	<b>Number</b>
Female Volunteers	04
Male Volunteers	06
Dosti Team	08
Total Students	42

## ***Program Highlights:***

### ***Opening Session:***

The session began with a brief introduction by the health intern *Maimoona Mazhar*, highlighting the importance of hygiene in daily life. The students were asked a few simple questions to assess their existing knowledge about cleanliness. Following this, the interns introduced the topic of hand hygiene and demonstrated the correct method of washing hands. The students observed attentively and showed great interest in learning. This opening activity helped create awareness about personal hygiene and prepared the students for the practical demonstrations that followed.



**Figure 1:** Hygiene awareness given by Maimoona Mazhar



**Figure 2:** Demonstration of hand hygiene to the students

### ***Practical Demonstration and Awareness Sessions:***

During the awareness session, the health intern *Muhtaram Shah* demonstrated proper handwashing techniques and explained the significance of maintaining personal and environmental hygiene. Each student participated in the handwashing activity, washing their hands one by one under supervision of Health Interns. The Health Interns along with the volunteers also trimmed the students' nails to promote good hygiene practices. Afterwards, *Muhammad Moiz Malik* addressed the students about the importance of maintaining a clean environment. Following his talk, the students, along with health interns, participated in a cleanliness drive to reinforce the concept of environmental hygiene. Motivational quotations on hygiene, printed on A4 sheets were distributed among the students. The activity was well received, with students showing keen interest and great enthusiasm. The session concluded with a comparison between clean and dirty hands to visually highlight the importance of regular hygiene practices.



**Figure: 1** Practical Demonstration on Hand Washing by Muhtaram Shah



**Figure: 2** Practice of Hand Washing among students by Usama Shaad



**Figure 5** Students actively participating and Washing their hands



**Figure 6** Active participation of female Students in hand washing activity

### ***Interactive Activities:***

Students actively participated in handwashing and nail-cutting under the interns' guidance. They also helped clean their sitting area, surroundings and spread clean mats on the floor. A short demonstration comparing clean and dirty hands reinforced the lesson, and the session concluded with the distribution of hygiene quotations and candies as an appreciation.



*Fig 7 Nail trimming activity conducted by health intern*



*Fig 8 Student taking part in nail trimming activity*



*Fig 9 Health intern participating in a cleanliness drive*



*Fig 10 DOSTI Team taking part in cleanliness drive*



Fig 11 Students promoting hygiene through inspiring quotes



Fig 12 Interaction of Health Intern with Student on clean hands hygiene drive



Fig 13 Spreading mats on student seating area



Fig 14 Arrangement of students on mats

### ***Closing & Acknowledgements:***

The session concluded with a group photograph, where students proudly held a banner displaying the “Hygiene Activity.” Candies were distributed to appreciate their active participation and enthusiasm. The health interns expressed their satisfaction with the students’ engagement and the positive impact of the session. We extend our sincere gratitude to the *DOSTI Welfare Organization* for their support and cooperation in organizing this meaningful and educational activity.



Fig 15 A collective commitment to hygiene and cleanliness by students, health interns, and volunteers

### ***Outcomes of the Activity:***

The hygiene awareness campaign had a significant positive impact on the students of *DOSTI School on Wheels*. Through interactive sessions, the students learned the proper handwashing technique and developed a clear understanding of the importance of personal and environmental hygiene. They actively participated in cleaning their surroundings, ensuring their hands and nails were properly cleaned. The campaign effectively encouraged the adoption of healthy hygiene practices and instilled a sense of responsibility among students toward maintaining cleanliness in their daily lives.

### ***Conclusion:***

The hygiene awareness session at *DOSTI School On Wheels* proved to be a highly impactful and engaging initiative. It not only enhanced the students' understanding of hygiene and cleanliness but also encouraged them to adopt these practices as part of their daily routine. The collaborative efforts of the health interns, volunteers, and the DOSTI team successfully fostered a culture of health awareness and responsibility among young learners.

Overall, the campaign achieved its objectives by combining education, practical demonstration, and interactive participation leaving a lasting impression on the students about the importance of maintaining personal and environmental hygiene.

### ***Acknowledgements:***

Dosti Welfare Organization sincerely thanks the *DOSTI School On Wheels* community for their warm welcome, cooperation, and active participation throughout the hygiene awareness campaign. The support of the teachers and staff made it possible to engage the students effectively and carry out the activities smoothly. We are grateful to the local community for allowing us to contribute to their health awareness and for showing genuine interest in maintaining a cleaner and healthier environment for their children.

*Figures:*





