



Results for Children

An update from Save the Children | Q3 | 2011



Save the Children®



From the President

Dear friends and supporters,

It is both exciting and humbling to assume the leadership of Save the Children this month from the extraordinarily capable hands of Dr. Charles MacCormack. Since I joined this remarkable organization almost 14 years ago, I've also had the good fortune to work with many of you to help realize our strategic vision for the world's children.

Whether saving newborns and young children from pneumonia, diarrhea and other treatable diseases or restoring a child's sense of security in the aftermath of tornadoes and other disasters in the United States and elsewhere, Save the Children is there to help, *thanks to you*.

After visiting our programs in almost 50 countries, it's clear to me that your contributions are making a difference in the lives of children around the world. Just recently I was in Malawi, where I met a young mother named Madalitso Masa. A community health worker trained by Save the Children taught her how to prepare women for a healthy pregnancy. She also learned to educate mothers about good eating habits, breastfeeding and other ways they can ensure their children get a good start in life. With her son, Patience, sleeping in a cotton sling on her back, she told me how committed she is to giving back to her community. Now she and her husband, Chisomo, are both health workers delivering lifesaving treatments to the mothers and children in their village.

In May of this year, we launched *Results for Children* to share stories like the one about Madalitso, who is bringing hope to children and families facing the most challenging conditions. We also dedicated a part of our website to sharing those stories, so you can see the impact you're having on the lives of children from Alabama to Afghanistan—because you decided to invest in Save the Children with your money, your time and, most importantly, your heart. Take a look at www.savethechildren.org/results to see for yourself.

We have ambitious goals that range from expanding our education and health initiatives for American children in need to all 50 states, to creating national movements that change the way governments around the world address maternal and newborn child mortality. We will continue to do our very best to help children everywhere, and we want you to be our partner. Because ensuring that children grow up and have a life worth living matters most to all of us.

Carolyn Miles
President and CEO



Watch a recent interview with Carolyn at: www.savethechildren.org/carolyn.

Carolyn wants to know what you think Save the Children needs to do for children! Email her at results@savechildren.org.

Oprah's Favorite Guest: Making Tererai's Dreams Come True



Oprah Winfrey has the almost magical ability to turn dreams into reality. On one of the final episodes of "The Oprah Winfrey Show" in May, Oprah brought back her all-time favorite guest, Tererai Trent, an educator and mother from Zimbabwe. During their moving reunion, Oprah announced a \$1.5 million grant from The Oprah Winfrey Foundation to Save the Children to rebuild the Matau Primary School and to improve learning for nearly 4,000 children in Tererai's home village in Zimbabwe and in 10 neighboring communities.

Tererai grew up in the village of Zvipani in Zimbabwe. She was married at a young age and had five children before she was 20 years old, but she never gave up her personal dream to go to school. Eventually she came to the United States and earned her doctorate in education. But she shared with Oprah and a national television audience that, having achieved that dream, she wanted to share the benefits of education with the children of Zvipani.

Since "Oprah's All-Time Favorite Guest Revealed" was broadcast, Tererai's dream has captivated thousands of Oprah fans and Save the Children supporters, who contributed nearly \$60,000 to the Matau Primary School by purchasing more than 5,200 *Tinogona* (meaning "it is achievable" in Shona) T-shirts, designed by Tererai. Get your own *Tinogona* T-shirt at www.savechildren.org/T-shirt.

In Zimbabwe, Save the Children is repairing decrepit classrooms and leaky roofs and constructing another building. With teacher training, preschool activities and community mobilization to support literacy, the Matau Primary School and schools in neighboring communities will become the child-friendly learning environment that Tererai envisioned.

In 2010, Save the Children's education programs benefited

12 million
children in 39 countries.

To improve learning opportunities in Tererai's village, Save the Children will build on its Early Childhood Development program which has proved so effective in preparing young children for primary school. And our emphasis on literacy will improve children's reading skills and comprehension, increasing the proportion of children who finish primary school.

Save the Children works closely with schools and communities to sustain these benefits for children over the long term.

Be inspired! Meet the kids of Matau Primary School:
www.savethechildren.org/dreamschool



Healthy Children Are Prepared to Learn

It's unthinkable that children worldwide lose about *500 million school days* each year due to chronic diseases caused by unsafe water and inadequate sanitation. In fact, according to UNICEF, as many as 400 million children in developing countries are affected by chronic illnesses, such as malaria, diarrhea and parasitic diseases that keep them out of school. The impact of these infections on children—and their ability to learn—is almost incalculable.

Children have to be healthy to stay in school and learn. With your help, Save the Children school health and nutrition programs in schools in 20 countries worldwide provide a variety of treatments and preventive measures during the school year—iron supplementation for anemia; deworming tablets; educating children in nutrition and hygiene, as well as HIV and AIDS prevention. For the 6.1 million children we reached in 2010, the real results are reduced incidence of life-threatening diseases, lower drop-out rates and absenteeism (especially for girls) and higher reading and other test scores. These efforts are supported by health and education officials at district and national levels and the many communities that invest in their children's well-being.

Save the Children's school health and nutrition programs reached more than

6.1 million
children in 2010.

Water, Sanitation and Hygiene in Schools

We provide school-age children with clean water for drinking and handwashing, education in hygiene, treatment for parasites and separate toilet facilities for girls and boys. We are urging decision-makers in government to increase investments in sanitation and hygiene in schools.

Health and Nutrition Services at School

Two different deworming tablets are all it takes to protect children from most parasitic worms. This is especially effective when children learn hygiene practices and have sanitary facilities at school.

Healthy Behaviors and Improved Health

Children are the health messengers in many rural families, sharing lessons they learn at school about good health practices—such as sleeping under insecticide-treated bed nets to prevent malaria, purifying water for drinking, eating nutritious foods and preventing HIV and AIDS.

Support for School Health Policies

School communities have shown that they can be effective in improving the health of their students. To convince policymakers that schools can help to control malaria, Save the Children is conducting research measuring the impact of school-based malaria control programs in Malawi and Mali.

See our school health and nutrition programs at work in the video series *Four Dirty Words*: www.savethechildren.org/dirtywords.

SAFE “SODIS” WATER

Every day, 9-year-old Yordi places two bottles filled with water on the roof of a small hut behind his house in El Alto, Bolivia. Simply leaving those bottles in the strong sunlight long enough disinfects the water—making “SODIS” (for solar disinfection) water. Yordi learned about SODIS water at his school. Then he shared it with his family.

In El Alto, sanitation is poor and young children are susceptible to infections. Yordi's little sister Milenka often had diarrhea. “Her tummy really hurt and I felt sorry to see her feel so bad,” Yordi says. Luckily, Yordi learned to prepare oral rehydration solution (a simple formula to treat diarrhea) at school and Milenka is now healthy.

Yordi is one of 195,000 children in Bolivia who participated in Save the Children's school health and nutrition program. As a result:

- The percentage of students with anemia decreased from 24 percent to 12 percent in El Alto.
- The percentage of children washing their hands with soap before eating increased from 57 percent to 79 percent.
- The percentage of children who learned how to prepare oral rehydration solution increased from 11 percent to 34 percent.



WHAT YOUR HELP MAKES POSSIBLE

IMPROVED SCHOOL ACHIEVEMENT

EGYPT: Rates of sixth-graders passing district-level exams at schools offering programs in health and nutrition and basic education are

41

percentage points higher than passing rates at comparison schools.



BANGLADESH: Between 2004 and 2008, school completion rates and attendance rates **increased by 13 percent and 9 percent** respectively, and the dropout rate fell 5 percent.

WATER, SANITATION AND HYGIENE IN SCHOOLS

BANGLADESH: Save the Children helped organize nearly **53,000 school children** in Bangladesh to wash hands together on Global Handwashing Day—making the Guinness Book of Records for the second year running.



HEALTH AND NUTRITION SERVICES IN SCHOOL

GLOBALLY:

Save the Children dewormed children in 16 countries in 2010, including **more than one million children** in Ethiopia alone.



MALAWI AND MALI: Ten years of health and nutrition and additional education programming show that providing micronutrients and iron supplementation to school children helped to **reduce the prevalence of anemia** from 51 percent in 1998 to 31 percent in 2008.

51% IN 1998

31% IN 2008

SUPPORT FOR SCHOOL HEALTH POLICIES

NEPAL: Save the Children helped the government of Nepal launch its national school health and nutrition strategy and is now working with the government of Nepal and NGO partners to communicate best practices through a national newsletter and website (www.schoolhealth.org.np).

HEALTHY BEHAVIORS AND IMPROVED HEALTH

EL SALVADOR: Substantial improvements have been reported in schools in Ahuachapán province, where **85 percent** of students now wash their hands before eating and after latrine use compared to a baseline rate of **10 percent**.

85% WASH HANDS

10% BASELINE RATE

PAKISTAN: Results from a Save the Children study on the effectiveness of **child-friendly health education** showed that **students' knowledge had increased** from 33 percent before the program to 90 percent after the program.

90% AWARE

33% BASELINE RATE

Tornadoes Spell Disaster for Children

April 27 will long be remembered in the United States for the deadly tornadoes that swept across six southeastern states. Alabama was particularly hard hit. One month later, a tornado hit Joplin, Missouri, cutting a path of destruction half a mile wide and seven miles long. Ali Hochreiter, Save the Children's staff traveled to Joplin and recalled, "One family of three survived by huddling in the bathtub as their house blew away around them, the parents shielding their little girl. They told me that she'd been having trouble sleeping ever since."

Buoyed by an outpouring of support, Save the Children launched its emergency response by identifying poor rural communities that suffered the most extensive damage in northern Alabama. Our team was on the ground immediately to assess the damage and assist families. We set up six child-friendly spaces in emergency shelters to provide safe, supervised play for 300 children, enabling parents and other caregivers to sign up for aid and start to get their lives back on track. For parents with babies and toddlers, we supplied an estimated 20,000 children with more than 500,000 diapers and other items such as wipes, strollers and portable cribs.

Save the Children was also on the scene in Joplin in the aftermath of the F-5 tornado. With nine child care facilities destroyed, leaving 400 children without dependable care, we are partnering with local child care leaders to ensure that children and families can get care during this crisis. For the next year, we will provide our emotional recovery program to children in the region.

DONORS RAISE SUPPORT

Save the Children received generous support from corporate donors in response to the families of the tornado-torn Southeast. The Toys"R"Us Children's Fund contributed \$200,000 for our recovery programs in its continuing mission to help children through natural disasters and crises. Walmart Stores Inc. contributed more than 500,000 diapers, portable cribs and other essential items for babies and toddlers in the shelters. And Zynga, the world's leading online gaming company, engaged players across its gaming properties, raising more than \$250,000 in support of survivors in the Southeast. Two foundations—the Margaret A. Cargill Foundation and Church Communities—also gave generously to support our relief efforts.



Save the Children protects vulnerable girls and boys through our emergency preparedness efforts, working with our partners in advance to be ready when the unthinkable happens. The many donors who gave so generously to the affected children and families are helping them to rebuild their communities and return to normal life.



To learn more about our U.S. disaster response, visit www.savethechildren.org/usa.

How do *you* help children in need?

Engage

www.savethechildren.org/engage

Learn how Save the Children helps millions of children worldwide get the health care, education and protection they need to overcome poverty and thrive.

Give

www.savethechildren.org/support

Your donation to Save the Children will prepare children to break out of the cycle of poverty and build a better future for their communities and their families.

Take Action

www.savethechildren.org/act

When you join in getting the word out to your friends, family, community and elected officials, you help expand Save the Children's advocacy efforts to build a global movement for children.



Save the Children®

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Save the Children is the leading independent organization for children with programs in more than 120 countries. Our mission is to inspire breakthroughs in the way the world treats children and to achieve immediate and lasting change in their lives.



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p.5 Ccoya Sejas, Bolivia.
p.6 Jeff Holt, Bangladesh.
p.7 First two photos from left: Bruce Stidham, Joplin, Missouri; photo at right: Christine Pritchard, Alabama; below: Bruce Stidham, Joplin, Missouri.