

NEWSLETTER - 39

APRIL 11 - MARCH 12



FARMERS OF HOME
THE PEOPLE'S GARDEN CENTRE
ISENTA YE GADI YABANTU

015-337 NPO

www.abalimi.org.za * www.harvestofhope.co.za * www.farmgardentrust.org

TO our FRIENDS ♥

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c/o The Business Place Philippi, Cwango Crescent
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behind Shoprite Centre) Philippi, 7785, Cape Town
PO Box 44, Observatory, 7935
☎ 021 3711653
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Khayelitsha Garden Centre
☎ 021 3613497

Nyanga Garden Centre
☎ 021 3863777



before: Between two houses in Kayelitsha Xolisa Bangani aka Trinity, 23 years old, is starting a garden



after: Xolisa in his garden where spinach, cauliflower, carrots and spring onions are ready to be harvested. This initiative is a perfect example of how to make something out of nothing!

Newsletter

The purpose of this Newsletter is to present a general overview of Abalimi Bezekhaya. In this edition you will gain an insight into the heart of Abalimi through an introduction of our Field Team and our Garden Centers. We will also present to you a map detailing the location of some of the larger gardens we support.

To start with we invite you to read the story of Mama Bokolo and her Garden Center. Mama Mabel Bokolo has been with us for 6 years now and plays a vital role in motivating the Youth.

Have fun reading!



MAMA BOKOLO and the Abalimi People's GARDEN CENTRE in Nyanga

Our People's Garden Centers in Nyanga and Khayelitsha (see map on page 3) are an essential link between the farmers and Abalimi. The garden centre's are the first place of contact between Abalimi and anybody who is interested in starting a vegetable garden, needs inputs for their garden, or wants to become an Abalimi member. Abalimi's Basic Micro-Farmer Training Courses are held at the garden centers. These courses are designed to teach anybody with no previous gardening experience how to start their own vegetable garden. Once members have completed this course they can seek ongoing support from Abalimi through the garden centers.

The Garden Centres are places of mentorship, resources, training and advice. This is where people can buy inputs such as seeds, seedling, compost and manure at subsidized prices. Aspiring micro-farmers can also find expert gardening advice and meet members of our Field Team (see page 2) at the garden centres.

These meeting points are indispensable to Abalimi as they act as a constant and accessible point of contact between the people and our staff.

Mama Mabel Bokolo is the Operator of our People's Garden Center in Nyanga, having joined Abalimi's Team in 2006. Mama Bokolo was initially contracted as a Fieldworker but later agreed to run the Nyanga Garden Centre instead.



Mama Bokolo in the Garden center with her apprentice Xolisa Bangani. Mama B. motivated and supported Xolisa throughout the time he was volunteering at the Garden Center. Now he is growing his own vegetables at home and wishes to start a larger community garden.

Her daily responsibilities consist of growing and selling seedlings, compost, plants and herbs, maintaining the garden centre, keeping a farmer register, signing up new members, giving advice, acting as a mentor to casual labour and apprentices, and making sure applications for assistance and training get tabled for action with the Fieldworkers.

Mama B. is a wonderful woman and a passionate gardener. With her "green hands", as she calls them, she has transformed a piece of land adjacent to a Day Hospital and AIDS clinic into a beautiful, thriving vegetable garden, which is welcoming to whomever wants to get their fingers dirty.

The fruit of Mama Bokolo's hard work and caring attitude is inspiring to many people that visit the garden center, both young and old. Farmers all around the world struggle to find young people to follow in their footsteps. In the townships of Cape Town the story is no different. However, Mama Bokolo represents a rare exception to this trend, having inspired and motivated youth by showing what is possible with a few tools, a patch of

land, some seeds and a lot of determination. Volunteers and apprentices are all impressed with Mama Bokolo and agree that she has taught them vast amounts of gardening skills, from crop rotation, plant protection, planning and composting to realizing how fulfilling growing your own vegetables can be.

XOLISA aka TRINITY

Abalimi supports people who have inspiring stories. One of these inspiring stories is that of Xolisa Bangani aka Trinity, a 23-year-old Abalimi member who started his home garden between two shacks. Xolisa completed Abalimi's 4 day Basic Micro-Farmer Training while volunteering at the Nyanga Garden Center for many months, where Mama Bokolo mentored him in the art of gardening. He now owns his own thriving vegetable garden, for which he has big dreams.

This inspiring young man, who has been involved with many community projects fighting crime, HIV and poverty, is now promoting a micro-farming revolution amongst the youth. Xolisa has plans to start a community garden with a group of young people in his neighbourhood, and sell to Harvest of Hope. However finding land and funds is tricky.

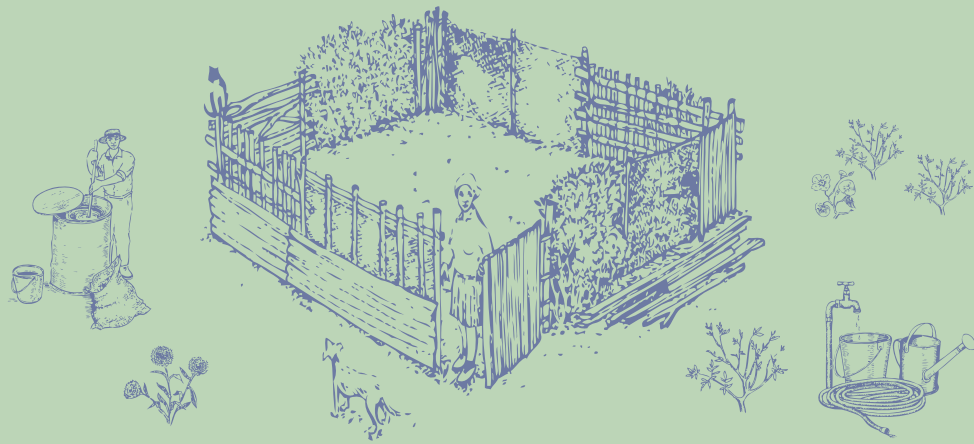


Greetings, again, dear Friends! We are now able to replicate abundant food security and jobs for all, in any village, town and city. This can now be done anywhere, where there are people who are willing to buy fresh un-poisoned seasonal food, and others who enjoy growing it.

What can you do to help? Simple: sponsor a micro-farmer, or a box, or give your skills, reliably. And, of course, enjoy the fun of changing the game!!
All the very best, wherever you are,

Rob Small

Our FIELD TEAM the Heart of ABALIMI BEZEKHAYA



While managing all these tasks, the field workers keep a smile on their faces and motivate everyone. We wish to say thank you to these women for all the work and energy they put in every day to make Abalimi possible, showing it is possible to encourage women's empowerment through urban and organic agriculture.

Abalimi Bezekhaya has been supporting urban, organic micro-farming among the poor & unemployed in Cape Town since 1982. By growing fresh, organic vegetables throughout the year, 3 000 micro-farmers (2 500 in home gardens and 500 in community gardens) are able to abundantly feed their families and survive, even create full time employment !

In this Newsletter we introduce you to the Heart and Hands of our organization: the Fieldwork Team, and some of its members. We will continue the individual short stories in our next newsletter. This dedicated group of Nine Wonder-Women and their helpers support 3000 micro-farming families per annum, and most are skilled and experienced organic urban micro-farmers themselves, with their own gardens and community garden projects. They are supported by one male driver and his assistant, up to six professional admin & support staff, around 15 casual staff weekly, and of course our wonderful community of short & long term Volunteers, Donors & Friends.

The Fieldwork Team make all operational decisions. They bring all the knowledge and resources of Abalimi to the farmers. Christina Kaba, the leader and visionary, is ably supported by Bridget Impey, Leziwe Stofile, Zodidi Langa, Lulekwa Mbobo, Joyce Camagu, Vatiswa Dunjana and of course Mabel Bokolo and Seki Maxama in the two Abalimi People's Garden Centres in Nyanga and Khayelitsha, plus their driver Henry Mpomane and General Assistant Pumzile Tyatyeka. This team are in and around the gardens every day, mentoring and supporting Abalimi's micro-farmers. Starting and maintaining your own Micro-Farm in the extreme summer temperatures, sand dunes and gale force winds around Cape Town can be hard and challenging work. If you are an Abalimi/ Harvest of Hope Micro-Farmer you can count on the support of the Field Team whenever you need expert advice. The Field Team facilitates Abalimi's Basic Micro-Farmer Training hosted by the two Abalimi People's Garden Centers (see page one). The micro-farmer training enables willing people to learn how to grow abundant vegetables in just 4 days (and two season's practice) regardless of previous experience, and to remember how to do so for the rest of their lives. Once a person has completed the basic micro-farmer training the Field Team is available to them for on-going support. Both home gardeners and farmers in community gardens rely on the support of our Field Team.

These experienced women help the groups set up a constitution, membership agreements, and generally facilitate the formation of sustainable micro-farming projects of all types and sizes.

The women of the field team are also essential to our Harvest of Hope (HoH) weekly community supported agriculture (CSA) box scheme: From growing to harvesting the veg to packing and distributing the boxes – HoH is sustained by the field team. Every Tuesday, together with some casual staff and other farmers, the field team operates the pack shed, washing, quality controlling, packing, and distributing the boxes to our customer-members. On top of all of this they make sure everything is on schedule.

A week in the life of a Field Worker, busy but fun!

On Wednesdays the field workers visit all the gardens who produce for HoH in order to do the "picking list". When doing the picking list, the field worker counts every vegetable that will be ready for harvest next week. That's how we plan the content of the boxes. During these weekly visits the farmers and the Field Team exchange news, discuss problems and make sure the gardens have everything they need to provide good quality to HOH. This includes the delivery of compost and seedlings from the Garden Centers, and maintenance of the irrigation systems. Thus the field workers enable the farmers to fill the HoH boxes with fresh unpoisoned vegetables every week.

Friday is the most important day in the week for the field team - it's the day of the Field Team meeting. During these meetings all the field workers come together and discuss ideas, solve problems, set dates for workshops, plan implementation of changes, address training and public speaking requests, and generally make sure that Abalimi Field Ops run smoothly.

On top of this jam-packed weekly schedule, the field team workers also find time to support our volunteers whenever they require help in the gardens or are in need of a translator. They assist the drivers in collecting the harvest from the garden and help out in the Garden Centres whenever it is needed.

All the work is demanding, as it is a big task to keep the Micro-Farming Movement properly supplied and supported. Especially in the harsh winters and hot and dry summers our fieldteam is working very hard to keep everything rolling.

Thank you!



Members of the FIELD TEAM

Christina Tenjiwe Kaba came illegally with her husband Matthew to Khayelitsha in 1984 during Apartheid, starting a home garden on her own. She got training and was lifted by Abalimi into challenging positions she thought she would not be able to handle. But now she is a main power and inspiration for Abalimi's work and the micro-farming movement leader. As Co-director of Abalimi, she oversees all field projects and activities.



Lulekwa Mbobo grew up on the land, cultivating food crops, with her Grandmother in the Eastern Cape, but moved to Cape Town at age 16 in 1996, to join her parents and to complete her education. She applied for and succeeded to obtain a trainee contract fieldwork position in Abalimi in 2010 and is now a qualified Abalimi Animator-fieldwork assistant.



Zodidi Langa is the youngest team member of Abalimi. She grew up on the family farm in Eastern Cape until she decided to move to Cape Town. She met Christina and was hired to work as a contracted Animator/assistant Fieldworker on Khayelitsha side from 2007 on.

Leziwe Stofile born in Eastern Cape. Came to Cape Town just before elections in 1994, to complete her matric and look for work. Liziwe joined the Siyazama Community Allotment Garden Association (SCAGA) in 1999,



the first ever large community gardens to be established in Cape Town, and was recruited in 2000 by Christina Kaba, to become a contracted assistant fieldworker for Abalimi. Liziwe later became the main Fieldworker and Trainer for the Khayelitsha area.

Joyce Camagu is a contracted Fieldworker on the Khayelitsha side, training, working and following up on community gardens. She got involved with Abalimi in 2000, when the project "Sakhe" – a member of SCAGA - was launched and is happy about having skills and employment through Abalimi.



Vatiswa Dunjana came from Eastern Cape, fleeing from the Apartheid police to Cape Town in 1986, finishing an agricultural training of Quaker Foundation in 1996 and becoming a trainer for Abalimi since 2002. She is in charge of training in Nyanga area and many more activities.

Mabel Bokolo see Mama Bokolo and the Abalimi Nyanga Garden Centre. (page 1)

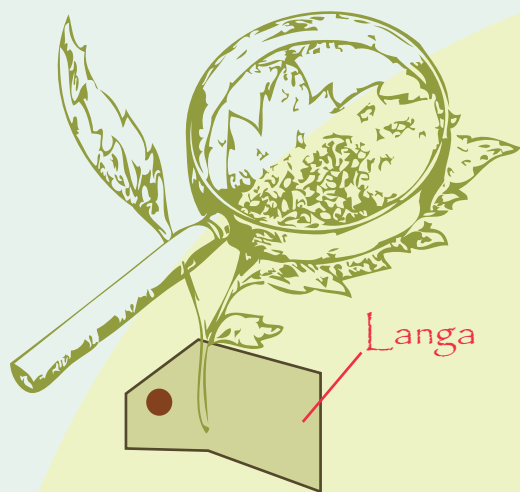
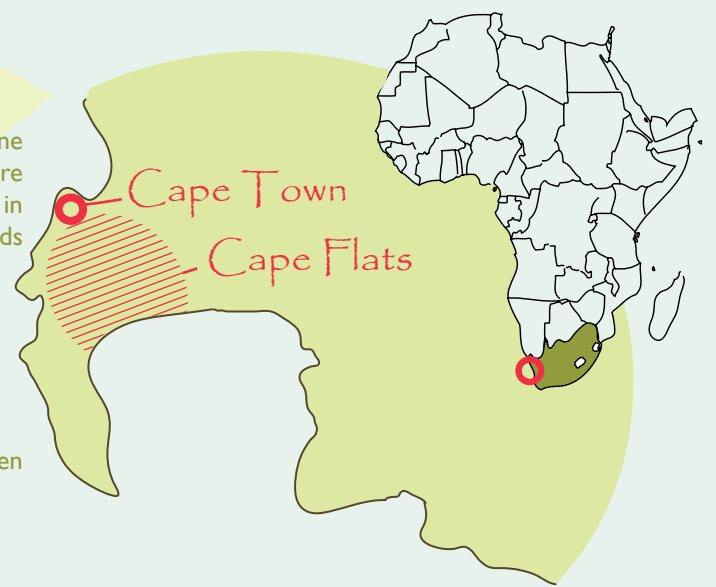
* In the next issues, Bridget Impey, Henry Mpomane, Seki Maxama of the Field Team and co-workers in the Harvest of Hope, Admin and Resource mobilization support teams.

ABALIMI's Gardenmap

Abalimi has been enabling micro-farmers in the Cape Flats – a huge dune sand area on which the Apartheid era 'coloured' and 'black' townships are built, for 30 years, supporting them to grow fresh and healthy produce in this environment of natural extremes- 40 degree drought in summer, floods in winter, gale force winds between.

The following map gives you an idea of the location of Abalimi's main activity, as well as where the Harvest of Hope box scheme vegetables come from

Come visit one of the community gardens, the Nyanga People's Garden Centre and the HoH packshed on one of our Tuesday tours!
Contact rob@farmgardentrust.org and ask for an invite!



3545 MICRO-FARMERS



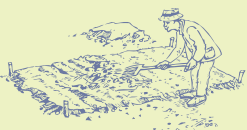
In the business year of **April 2011 to March 2012**, we have continued to work with approximately **3545 micro-farmers**, with **2532** now on our register, which is 268 more than we had in March 2011.

5000 ~ 7000 < MORE MICRO-FARMERS by 2014



Due to increasing unemployment and food insecurity, we are now aiming to have **5 000 to 7 000 more farmers** join us by 2014.

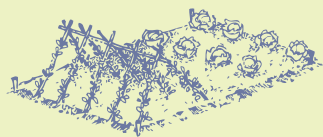
265 FARMERS TRAINED



265 farmers benefitted from **681 training interventions**, inclusive follow-up training conducted on site in 53 community garden projects.

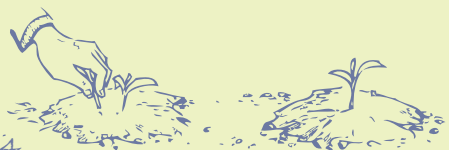
ABALIMI's Factsheet

10 NEW GARDENS



10 new community gardens have signed up and got support from Abalimi through project implementation, resource support, training, follow ups and demonstrations.

R530,564



Abalimi has supplied **R 530564** worth of manure, seed, seedlings, infrastructure, compost and tools in this reporting period, to **approx. 3545 individuals** in separate transactions, in around **2500 home gardens, 61 community gardens** and various special greening projects.

54 EVENTS



Our Field Team facilitated **54** community building and networking and partnership events, (eg celebrations, conflict resolution, mutual help events, meetings with partners and visitors) involving approx. **20 community gardening projects** and **100 farmers**.

27 PROJECTS 135 MICRO-FARMERS



Abalimi undertook intensive monitoring and evaluation in **27 projects** (mostly suppliers to Harvest of Hope) involving **135 farmers** all round the Cape Flats.

ABALIMI Needs Your Help!

Please see donation page, inserted, or go on our webpage at www.abalimi.org.za or to www.farmgardentrust.org to see all the ways you can assist.

- Sponsor a micro farmer at R50 or R100 per month
- Sponsor a weekly Harvest of Hope vegetable box at R105 per week, or R420 per month for charity
- Volunteer - please send your CV or query to: info@abalimi.org.za
- Donations-in-kind: good garden tools and gear always welcome! Please let us know at info@abalimi.org.za

Thank you!



Welcomes and Goodbyes Staff and Volunteers

GOODBYES to:

- Weziwe Dlwengu, employed as the Field Team Administrator and offered secretarial support to Christina Kaba (Operations Manager) and the Fieldwork Team. She worked for Abalimi since April 2007 - 31 March 2012.
- Bernie Crewe-Browne, employed as the Harvest of Hope Marketing Co-ordinator. She left Abalimi on 30 October 2011. Thank you again for all your energy and enthusiasm!
- Malibongwe Baroyi, employed as the Driver from August 2010 - April 2011.
- Our beloved Clare Linder, who for many years volunteered as our collection point organizer for plant donations. She would regularly drop them off in Khayelitsha. She has had to step back, and we will sorely miss her. Clare, there is a patchwork jungle of beautiful indigenous plants growing in the townships because of you!!

WELCOME to:



- Henry Mpomane was employed as the Driver from May 2011 - current.
- Zodidi Langa returned to Abalimi in June 2011 and is currently employed as an Animator.
- ◀ Sandi (Alexandria Mary) Clifford McLeod - Sandi first volunteered for a few months since 1 August 2011. Sandi then accepted the permanent position as Harvest of Hope Marketing Co-ordinator on 1 October 2011.

- Bongiwe Mankayi and Nora Sompali, who, though part time, are now very much part of the regular Harvest of Hope Pack Shed team!
- To Eugene Fisher (pictured below holding the SAB award certificate) who is a long term admin volunteer, but acts like a member of staff! :) ▶



"Mrs Bertram and her good friends from the Country Garden Club in Stellenbosch came to visit on Tuesday 17th April. Mrs Bertram is the mother of our dear Friend Charles Bertram, the owner of NEUTROG who produce Bounceback and Rapid Raiser organic fertilizer! NEUTROG donate many tons of Rapid Raiser and other products to Abalimi every year. Mrs Bertram (third from Right in the pic) and her friends had a good time with our farmers!"



Congratulations

Congratulations to Mama Bokolo, in charge of the Nyanga Garden Center, and Lulekwa Mbobo, field-worker, who have passed their final driving tests.

Yes, ABALIMI isn't just about growing vegetables!



Keep Informed

Keep informed on Harvest of Hope, go check the website www.harvestofhope.co.za follow the blog and like our Facebook page.



Get all the information on ABALIMI on our website: www.abalimi.org.za and also via: www.farmgardentrust.org

NEWSFLASHES

Mandela Day 2012

Once again ABALIMI and Harvest of Hope participated on Mandela Day celebrations. This year we celebrated Madiba's birthday at Blikkiesdorp, in collaboration with many others, & organized by the Boundless Heart Foundation. Blikkiesdorp is a huge temporary settlement centre in Delft. Abalimi assisted to start a community vegetable patch.



Mission accomplished! The garden is now well looked after by the community, a fence has been set up around the garden to protect it and lemon trees have been planted.

South African Breweries Foundation Innovation Award 2011

Eugene Fisher, admin volunteer, holds our SAB Foundation award certificate, a new award launched in 2011. Abalimi-HoH is among its first recipients. The grant of R100 000 is being devoted to support HoH marketing.



GET to KNOW



SEED TO TABLE,

a wonderful cookbook inspired by the Female Farmers: delicious recipes to eat vegetables all year round! Perfect for a Present! Purchase at R100 from Harvest of Hope

Learn how to **START A GARDEN** with only a few cents with this essential guide and discover how easy it can be to produce your own vegetables! Purchase at R30 from Abalimi.

*Book is available in English and Xhosa. Afrikaans available on bulk order.



Place your orders for the Seed to Table and How to start a garden books per copy plus postage via info@abalimi.org.za.

ROLL of HONOUR

April 2011 – March 2012

Thank you to all of our friends! Please, [see the insert for the full list](#). The diversity and spread of ABALIMI's Friends is the result of 21 years of relationship building. This list covers the reporting period of April 2011 to March 2012.

NOTE: if there is anyone who should be mentioned, or anyone who no longer wishes to be mentioned, we will make amends. We are deeply grateful for your partnership and commitment. Every cent is efficiently used to deliver results. Audited financial statements are available on request.

Thank you to all of our friends!

Notice Board

A list of wishes from the Fieldworkers, Abalimi staff and Garden Centres:

For Harvest of Hope:

- Platform Scale's for community gardens that supply HoH – its too expensive for farmers to buy their own, and they like to check up on us, that we weigh their harvest at the Pack Shed accurately.

For the office in Philippi and at Community Garden Projects:

- Office furniture and gear always needed to replace ageing stock, and to be given to community garden projects: like desks, chairs, cupboards and filing cabinets
- Projector for our travelling laptop
- Endless supply of tea spoons – they are always disappearing :)
- De Longi rapid heat convection stove for healthy super fast heating of food for our very busy office workers who are currently forced by circumstance to destroy their food in a micro-wave.
- Shade cloth and tunnels in good condition (always useful).
- Shipping containers in good condition as secure store-rooms at gardens (always needed).

For Nyanga and Khayelitsha Garden Centre:

- good used gardening tools always in demand
- Bulk compost – we always can use many tons.
- Large plastic sheets for covering compost against wind.
- 200 litre plastic or metal drums for tea manure.
- paint (interior & exterior) for our Garden Centers and Community Project storage containers that need annual maintenance.
- Indigenous or non-invasive plants of all kinds always welcome.

Change of address?

Should your addresses/ contact details change, please notify our admin office so we can rectify our mailing list.

If you want to be part of an ABALIMI-Harvest of Hope tour on Tuesdays, please contact us at: info@abalimi.org.za

Volunteers are welcome!

We welcome volunteers! Please note however that Abalimi cannot pay for living costs or stipends. We seek self motivated and self funded volunteers who can multi-task at the coal face of township urban farming, and can commit for longer periods; we especially seek the following skills:

- Computer whizz kids and scientist/s with skills in html, databasing, IT social networking
- Organic and bio-dynamic agricultural expertise
- Communication and marketing

Editors:

Rob Small & Indra Noyes

Production & Reports:

Alice Le Gal, Indra Noyes, Rob Small & Hanna Niklasz

Photos:

Indra Noyes, Susanne Feldt, Rob Small, Vatiswa Dunjana, Alice Le Gal & SAB foundation

Design:

Susanne Feldt
www.susannefeldt.com

Would you like to sponsor this newsletter? The average cost is around R45 000 to design, produce, print and post one newsletter. If you are interested please let us know at info@abalimi.org.za.

This newsletter was part sponsored by SAGNet



SAGE Net
South African German Network

Newsletter prepared and produced by marvellous volunteers, during July - October 2012



ROLL of HONOR

FRIENDS OF ABALIMI & FARM & GARDEN NATIONAL TRUST

EVERY LITTLE AND BIG BIT COUNTS - THANK YOU !!!



Abrahams & Gross Inc	Hansen, E.	Rice,WH.
Adams,W. & S.	Haw, Mary	Richardson,C.
AC Louw Trust	Hayhurst, R.	Roberts, M.L.
Alderman, S.	Heart Radio & Camissa Solutions	Robinson, S.
Allerton Horizon LTD	Heaven on Erf	Robinson,WA.
Andrew, K.M.	Hickman,A.	Ryan, N.
ANGLOAMERICAN CHAIRMANS FUND-TSI	Hodgetts,GS.	SAB Foundation
Ashoka Foundation	Honig,M	SAGE Net & DBU
Ashton, H.	Horn,A.	Saunders Gray Trust
Ashton, P.	Howes, G.M	Schiller, H & H & ACTSA
Asvat, J.	Howie, CT.	Score, J.
AusAID	Hughes, G.	Semple, X.
Aviram, R.A.	Hyman Goldberg Foundation	Shaer, J.O.
Baraitser, M. & M.	Icologie	Silvermine Village Chapel
Barrow,J	IHP Group Int. Honors Program	Silwood Book Club
Baughan C.J. & C.W.	INKFISH design	SIT-Study Abroad
Bellinger, S.	Irlam, R.	Smuts, P.
Best, N.J.	Jambo International	Society of Marine Mammology
Biodynamics 2024	Jeffery, R.G.	Somodevilla,T. & Makowska, M.
Blok, Piet.	Jenkins, L.	Sonnenberg, J.T.
Bond, HD.	Jerman,A.D.	St. Ola's Trust
Boom, R.	Jewish Board of Deputies Cape Council	South African Breweries Foundation award
Botha,M.	Johnson,H.	Starke Ayres
Bradburn,R	Jones,G.	Stellenbosch Horticulture Society
Brimble,M.	Just, P.	Sternberg, E.
Brossy, M.J.	Kibel, M.A. on behalf of Dr. & Mrs Brass	Synchronicity Foundation
Brown, J.L.P.	Kitty, J.	Timm, H
Buhler,NR.	Koliansnikoff,PV.	Timms,R.
Cape Horticultural Society	Laughtons & Co	Thomas, M.
Cape Jewish Seniors Association	Lawrence, CW	Thomasson, I. & R.
Calmeyer,A	Le Jeune, D	Tonelli, D
Cambridge Prog. for Sustainability Leadership	Le Roux, J.P.	Treepop-Greenpop
Carter Family Charitable Trust	Lentz, B.	Tullie,NR.
CCA Enviornmental	Lord, G.C.	Turley, K. & D.
Centurion Security Solutions	Louis Karol Architects	Tyfield, M.A.
Constantia Valley Garden Club	Louw, D.J.	Tyndale-Biscoe,D.
Cowen, S.	Luyt CF, Estate Late	UK Horticultural Grp C/o Walby P.
Channel Islands Friend	Lynette Croudace Trust	Umvuto Africa
Chiappini,L	Master Organics	Uni Stellenbosch, Nutrition section
City of Cape Town UA Unit	Mathers Trust	Uni Stellenbosch, Botany & Zoology dept
Climate Ticket via LA 21 Aachen-CT	McKinsey & Co, Heroes Journey	Uthando c/o Fernie, J.
Cook,C.	Meijer, Ineke	Van Blerk, P. & S.
Crawford, G.E.	Meijer,JA.	Van Der Riet,A.B.
Crida,R.	Miller, M.S.H	Van Essen,LE.
Cronwright, R	Miller,P Tours	Van Warmelo, W.
Curran, M.	MISEREOR eV.	Van Zyl, J.
David Dicey Charitable Trust	Morris, B.E.	Vanger, F.
Dawkins,M&J.	Morris, R.A.	Venn, D.H.
Dept. Water Affiars & Forestry	Mouton,A	Viljoen, H. & M.
De Vos, R.	Muller,JA.	VPUU
Derham, C.E.	Mulvany, N.	Wardle, A.
Diana Stuttford Charities Trust	Munnik, A	Webber, C.
Dose, R.M.	Myrdal, M.	Webber, J.N.
Dugmore, P.	Myrdal, S.	Welsh,A.
E & M Osrin Charitable Trust	National Lotteries Board	WESBANK FUND First Rand Foundation-TSI
Euvsard,CRR.	NEUTROG	Western Province Prep School
Fife, R	Noakes Family Charitable Trust	Wheeler, L. & D.
Fiona – anon	Oakhurst Girls School	Whitehead, M.
Folb, P & S	Oberholzer, B	Wickens, P.
Frater,A.	Old Mutual Foundation	Wildlife & Environment Society SA
Garber,C.	O'Malley, JET	Wilson,M.
Gibson, F.	Oosthuizen ,A	Winkler, HE
Giles, D.R.	Operation Hunger	Winter, P.M.
GLOBAL GIVING Friends	Paul, BJ	Wood, J.D.
Glyn-Jones, E	Perl, R.	Wood, P. & L.
Graham, K.W.	Phillips,M.	Worthington Smith,M.
Graves,FE.	Pope,A.	WSP Industrial
GreenCons JC	Poulton,V.G.	Yarrow, Simric
Gregorowski,UL	Quaker Peace Centre	Zappon Good Works Campaign
Hammer,HA	Regan, P	Zonke Monitoring Systems



SPECIAL MENTIONS VOLUNTEERS



WE WOULD LIKE TO HONOUR AND GIVE SPECIAL THANKS TO ALL THE VOLUNTEERS WHO SUPPORTED ABALIMI!

Abalimi is a Volunteer Association. Core functions are carried by paid staff appointed by the Association. Volunteers enhance Abalimi's value-driven mission by sitting on our Governing Board and carrying out special projects and duties that improve our impact. Volunteers do not receive any form of financial reward from Abalimi and are asked to be highly reliable, self-motivated and self managed. Abalimi does not run a formalized 'volunteer support program'. Most volunteers worked for a short time. A few have worked for over a month and some for a year or more, while others serve over many years, for example on our Governing Board !

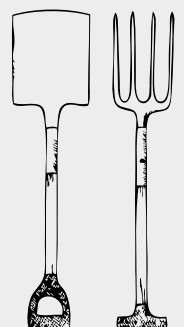
- Alexandra Hensens via Terra Nova
- Alexandria Mary Clifford Mcleod
- Amy Thom via UCT
- Angela Magnusson
- Anischa Kern via ASA GLEN
- Ann Donald
- Anne Rost
- Aurelien Lemaire via ASA GeCo GLEN
- Carolin Vertin via 123 Connect
- Cedar House Group
- Chrissy Orangio Rotary Scholar
- Damian John Conway
- Diana Diekjuergen via ASA GLEN
- Doreen Gowans
- EAT angel Team- Abby Elsener, Erin Koepke, Toni Marraccini
- Elaine Albertson via Standford Uni-UCT
- Elke Abersfelder
- Emily Courtney via UCT
- George Birch
- Galen Perkins via Standford Uni-UCT
- Hana Kajimura via Standford Uni-UCT
- Jacobus Maritz
- Janine Roberts
- Jason Crewe-Brown
- Karl Geggus
- Katja Reckschwardt via SAGE Net
- Katleen Kamstra
- Ken Tran
- Kristin Henschel via SAGE Net
- Larry Jenkins
- Lee Taylor
- Marianne Day
- Nelson Mzoleli Moyeni
- Nikita Sofute
- Lunga Mtwetwe
- Nomasithini Nkwentsha via ET Training
- Philippa Hance
- Philippa Harrington-Griffin
- Ludwe Qamata
- Ria Schuurmann
- Saul Roux
- Sam Longford
- Sarah Corry
- Tadeo via Standford Uni-UCT
- Tarryn Rice
- Tim Ellis
- Wendy Davis
- Xolisa Trinity Bangani
- Zulma Lorena Duran Hernandez

Abalimi Governing Board

- Nancy Mandokozi Maqungo : Chair
- Ineka Meijer : Vice Chair
- Gerrard Wigram : Treasurer
- Rob Small : Secretary
- Jenny Smuts : Member
- Christina Kaba : Member
- Clare Linder : Member
- Debbie Collier : Member

HoH Collection point organizers

- Auburn House – Sally Hall
- Micklefield – Jeanette Welgemoed
- Starke Ayres – Marion Siebrits
- Birds Cafe – Mathilde Stegman
- Oakhurst – Jenny Van Veldon
- The Healing Tree – Nicola Zaina
- CTC – Lisa Mcnamara
- Observatory – Bridget Impey
- UCT Health – Kathryn Stinson
- Herschel – Jenny Brock
- Pinelands – Pam Miller and Amy Underwood
- UCT Law - Tom Herbstein
- Hewlett Packard – Val Watt
- Rustenburg – Saranne Salmon
- WPPS – Lee Taylor – Gary Skeeles
- ISCT – Helen Temple
- SACS – Lisa Kirsch
- Auburn House – Sally Hall
- Zimele – Janine Roberts
- Michael Oak – Lesley Swart
- Springfield – Carolyn Bruton
- Michael Oak – Lesley Swart
- Springfield – Carolyn Bruton

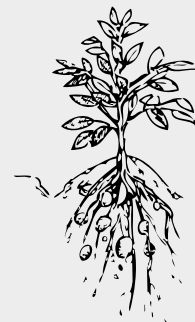




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info@abalimi.org.za

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ABALIMI SUPPORTS VEGETABLE GARDENING AND TREE PLANTING IN THE TOWNSHIPS OF CAPE TOWN (EST. 1982)



- ☐ I would like to be a Friend of ABALIMI. I understand I have no obligations except to promote ABALIMI's work by circulating the newsletter. My contact details are listed below.
- ☐ I would like to support the work of ABALIMI. Herewith a cheque/postal order/ bank deposit slip for (amount) to:
- ☐ Plant Trees: It costs R150/ £11/ \$18/ €15 to plant 1 tree, with training and follow-up.
- ☐ Plant Veg Gardens: It costs R1350/ £106/ \$166/ €135 to establish one new township home veg or community market garden plot (minimum 100 m2), together with training, trees and follow-up.
- ☐ Micro Farmer: it costs R100/ £8/ \$12/ €10 (in a community garden) or R50/ £4/ \$6/ €5 (in a home garden) to & marketing services for one month.
- ☐ Veg box: sponsor a weekly Harvest of Hope vegetable box at R72/ £5/ \$13/ €7 (small) or R105/ £8/ \$13/ €10 (medium) per week, to feed the sick and needy.
- ☐ General Donation (Other amount)

BANK DETAILS FOR DIRECT DEPOSITS:

SA RAND: Standard Bank, Thibault Square, Cape Town
Branch Code: 020909
Acc. No. 070912637
Account Type: Cheque/Current
Account Name: ABALIMI BEZEKHAYA

FOREIGN First National Bank, Adderly Street, Cape Town
CURRENCY: Branch Code: 201409 Swift Code: FIRNZAJJ461
Acc. No. 50050041661
Account Type: Business/Current
Account Name: ABALIMI BEZEKHAYA

TAX RECEIPTS FOR SA DONORS:

if you want a tax receipt for reduction of your annual income tax, please make your donation out to The Farm and Garden National Trust.

NOTE WELL: donations made out to Abalimi cannot get a tax receipt. If you are sending a cheque, make it out to the "Farm and Garden National Trust". If you do an EFT, make the deposit to:

The Farm and Garden National Trust, Nedbank, Claremont Branch, Cape Town, Acc. No. 1046519328, Branch Code: 10460901

NOTE: write "Abalimi", your initials and surname in the reference section.

Please send the donation form and transaction slip, or cheque, to the Farm and Garden National Trust, C/o Abalimi, P.O. Box 44, OBS, 7935, or e-mail same to info@farmgardentrust.org or fax to 086 6202970.

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MY NAME: MR/MRS/MS:

ADDRESS:

POSTAL CODE: EMAIL:

☐ I require a receipt by post. ☐ I do not require a receipt by post. ☐ Please email acknowledgement to above address.

TEL NO: (HOME) (WORK) (MOBILE)

I enclose a further R35/ £3/ \$5/ €3 which includes postage for a certificate with the following inscription:

- ☐ Please post the certificate to the above address/other address as follows
- ☐ I would NOT like to be named as a donor in the newsletter / annual report / financial statements.
- ☐ I will include ABALIMI in my will ensuring that the good work continues into the future.
- ☐ I will take out a STOP ORDER in favour of your work & send ABALIMI a copy of my bank instruction.
- ☐ Please send me an overview of ABALIMI'S work.
- ☐ Please remove me from your mailing list.

FEEDBACK PLEASE! :

SIGNATURE: DATE: