



# PKBI DAERAH BALI

Perkumpulan Keluarga Berencana Indonesia



# PKBI BALI

- Established on December 23, 1959, where high maternal mortality rate, high number of births, unwanted pregnancies as an iceberg phenomenon.

*As a context in Bali...*

- Although Bali is predominantly Hindu with a fairly strong regional culture, patriarchal norms are evident.
- In marriages, women typically transition to a new home, where decisions, even regarding their bodies, are often made jointly, leading to a sense of disempowerment among women.
- Nevertheless, within Hindu philosophy, there's an inherent balance between male and female symbols, signifying completion.
- Human sexuality becomes a part of religious ceremonies so that it becomes an enabling factor to talk about reproductive health.



# SRHR FULLFILMENT STRATEGY



## INFORMATION

Expanding access to information and education related to sexual and reproductive health.



## HEALTH SERVICES

Serving SRH services including HIV medication, TB screening to the community as well as underprivileged community.



## ADVOCACY

Conduct advocacy based on research or data and become a government partner in fulfilling SRHR



## “EMPOWERMENT”

Organizing the community to be actively involved in health promotion efforts, one example is organizing young people

# Program

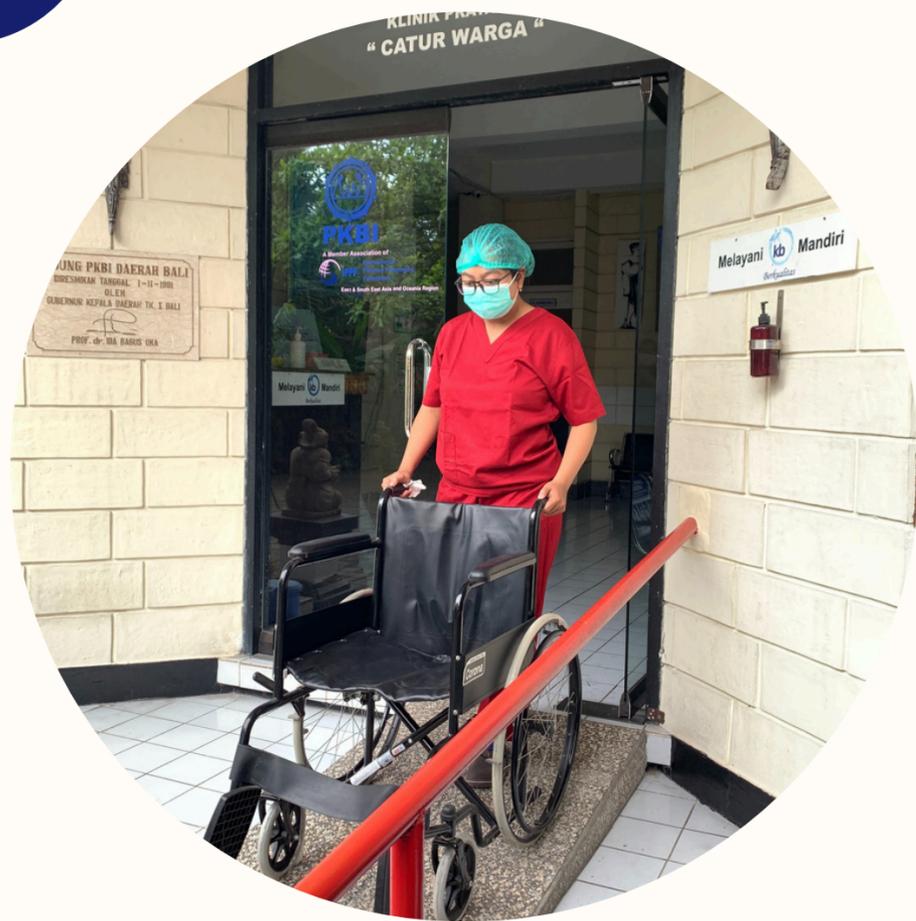
## Catur Warga Clinic (Health Services)

Sexual and reproductive health services since 1985. In total there are 20 type of SRH and general health services in clinic. An average of 300 clients are served each month through the clinic and mobile services.

## KISARA (Youth Program)

Main activities are expanding information and education regarding SRH as well as providing youth friendly services through online counseling.





# CATUR WARGA CLINIC

SINCE 1985

In 2006, the clinic received a Quality of Care (QoC) certificate from IPPF (International Planned Parenthood Federation). In addition to service delivery, the clinic also actively networks with midwives and other health care providers both government and private.

## Partners

Health Department of Bali Province, Health Department of Denpasar, KPA Kota Denpasar, HWDI Provinsi Bali, Yayasan Kerti Praja, Yayasan Gaya Dewata, Yayasan Kesehatan Bali, YCUI, Private Midwives, LBH Bali, LBH APIK Bali, SOS Children Village Bali



# Health Services in **Catur Warga Clinic**

## **General Health**

- General Health
- Blood Sugar, Cholesterol. Uric Acid

## **Counseling**

- Reproductive Health Counseling
- Adolescent Counseling
- Family Planning Counseling

## **11,064 Health Services**

Reproductive, sexual and general health is provided to people and communities on a counselling basis and according to client needs.

## **Sexual and Reproductive Health**

- STI (Sexually Transmitted Infection) Screening
- HIV Testing (VCT)
- HIV Care, Support, and Treatment Services
- Gynecological Examination
- Contraceptive Services
- Ultrasound
- Pregnancy Testing
- VIA and Pap Smear
- Cervical Ca Vaccine (Gardasil)
- Gender-based Violence Services
- Pre-marital Check Up
- Tuberculosis (TB) Screening

**Telemedicine and mobile services are also available**

**SINCE 1994**

Kisara is a youth center by PKBI Bali aimed at empowering young individuals to take responsibility for themselves and their peers. It actively promotes the importance of sexual and reproductive health education and services for young people across Bali through advocacy and campaigns.

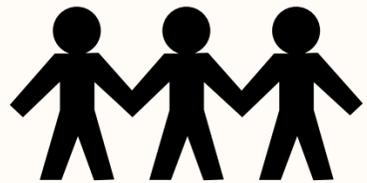
## Activities:

- Sexual Health Education
- Youth Friendly Counseling
- Research
- Campaign
- Youth Empowerment



## 16.053 young people

received Sexual and Reproductive Health Information and Education through schools and communities. There were **165 activities** conducted to deliver the education and information.



**100.000+**

people get sexuality information through social media activities such as Instagram, websites, and YouTube. There were 60 radio broadcasts conducted throughout 2023 on RRI Pro 2 FM Denpasar and RPKD.





## 10+ School Integrate Reproductive and Sexual Health Information in class session

There are 10 model schools that have implemented SRH education in Denpasar city and one school has integrated into local content.

## 100+ Teachers were Trained

There are more than 100 teachers were trained regarding sexual and reproductive health information mostly in Denpasar,



- SRH Information insertion or integration in school subjects (counseling teachers, biology, sports, or intracurricular)
- **Promoting Access to Adolescent SRH Services**



*"...Now no one can kiss her without her consent.."  
(Mother of young people with disability)*

Special Education

## Sexual Health Education for Young People with Intellectual Disability

This initiative was attended by teachers who taught in special schools and mothers who have intellectual disability children in SLBN 1 Gianyar (Special Needs School Number 1 Gianyar) and SLBN 3 Denpasar and SLB 1 Badung. All participants were involved in the training process related to reproductive health for 3 (three) days with approximately 10 discussion topics. Besides sexual health education, PKBI Bali also conducted mini research to identify the effectiveness of the training and evaluate the method.

### Number of teachers and caregivers receiving sexual health information:

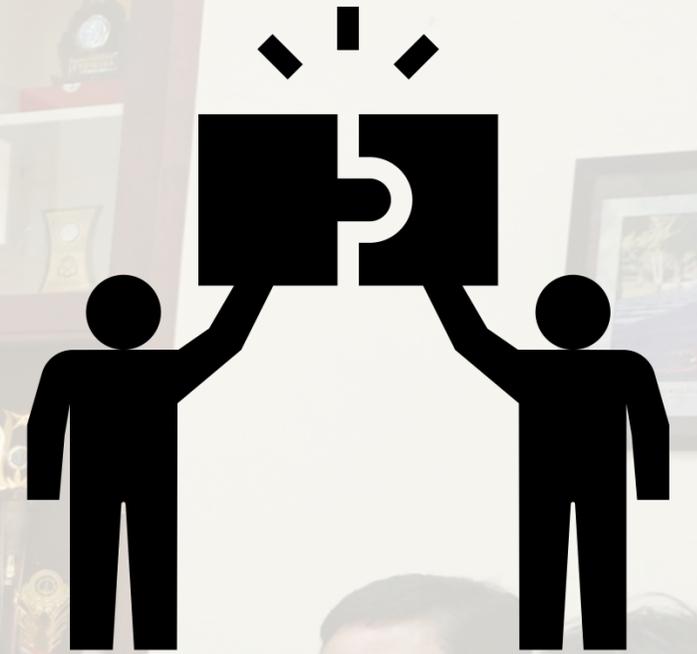
45 Teachers

30 Mothers

Besides training and evaluation, in this project PKBI Bali also develop booklet for the parents regarding reproductive and sexual health to support their needs to learn more sexual health topics. Also asking for support from local authorities namely Education Department of Bali province, Health Department, primary health care and schools.

# PKBI Bali as the **Government Partner**

- Community-based Clinics for HIV Services
- BKKBN Partner in Providing Contraceptive Services
- School Health Supervisory Team of Denpasar City
- PKTP Development Team of Denpasar City
- Youth Posyandu Cadre Supervisor
- Pilot Project of Adolescent Posyandu in Indonesia
- Adolescent Reviewer for Reproductive Health Program Guidelines in Junior High School Education Units (MOH and UNFPA)
- Adolescent Representatives to be Involved in the Revitalization Plan of UKS Regulation (MOH RI)
- Disability SRH Education Evaluation Assistant (MoEC RI)
- and More





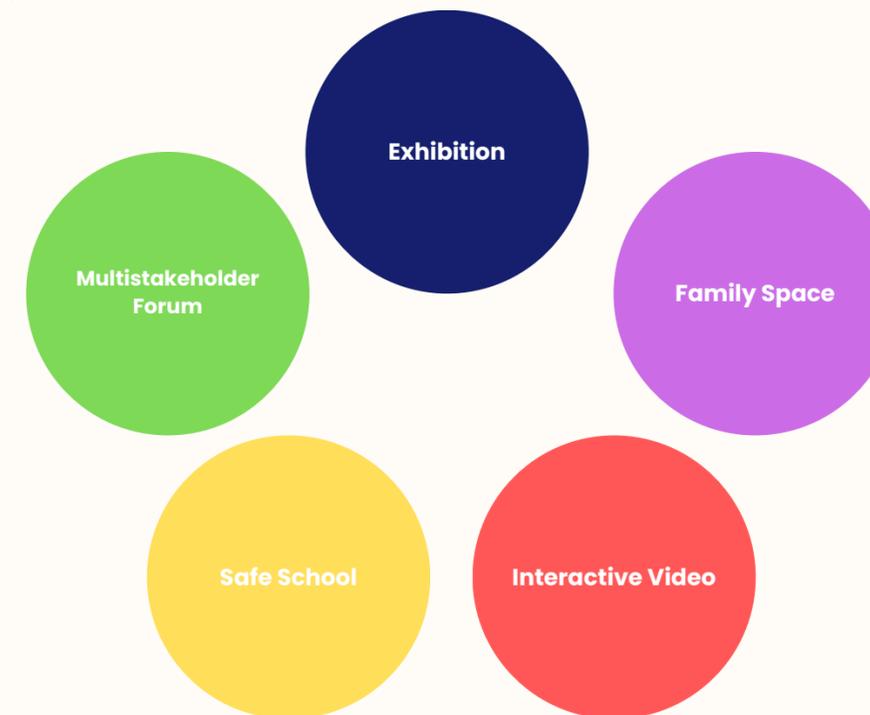
**“Get Up Speak Out” (GUSO)** is one of the program that envision young people being able to enjoy their SRHR in a supportive environment. This program uses a socio-ecological model in which involves multi stakeholder in the multi-level program. Output of this project is oops4youth (One Stop Service for Youth) which include 4 type of services starting from sexual health education, health assessment, health consultation, and counseling. This health services emphasize on the meaningful youth involvement where young people led the process.

**SETARA Program** - PKBI Bali is a GEAS partner and responsible for the implementation of SETARA and for supporting implementation of the GEAS together with Gadjah Mada University, Rutgers Indonesia, JHU GEAS, Rutgers Netherlands and Karolinska. In order to leveraging the findings of GEAS, PKBI Bali build a multistakeholder forum called **Local Advisory Committee**. PKBI Bali is playing a key role in setting up, facilitating and maintaining this youth & stakeholder engagement structures aim to create more supportive environment regarding to CSE implementation in Denpasar city as well as for budget advocacy purposes for the program sustainability.



# Human-Centered Design to Promote a Gender-Equitable Environment for Very Young Adolescents in Indonesia

PKBI Bali become local stakeholders that led by Breakthrough ACTION through an HCD process to develop a multilevel package of interventions that reinforce each other and span key audiences across the VYA environment. The team engaged in three Design & Test sprints across low, medium, and high levels of fidelity, testing different components of each prototype and validating and strengthening other aspects.



Resource:  
<https://s.id/Get4YouthReport>  
<https://ccp.jhu.edu/2024/02/26/gender-norms-bullying-adolescents/>



# OUR CONTACT

Let's collaborate in encouraging the fulfillment of Reproductive and Sexual Health Rights in Bali



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# #SOLIDARITY

For Community SRHR Fulfillment

[www.pkbibali.or.id](http://www.pkbibali.or.id)

