

OBSERVATOIRE POUR LA DEFENSE DES DROITS DES PERSONNES HANDICAPEES



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Project Title: "Hope and Resilience" – Empowering Survivors of GBV in Rutshuru and Lubero

Project Summary

The **"Hope and Resilience"** project aims to empower 40 women survivors of gender-based violence (GBV) linked to the M23 conflict in the Rutshuru and Lubero territories of North Kivu, DR Congo. Over a period of three months, the project will provide a holistic support package that includes psychosocial care, vocational training, and entrepreneurial assistance. Survivors will first receive group psychosocial support to help them heal and regain confidence. They will then participate in practical training in locally viable income-generating activities such as tailoring, soap-making, or small-scale agriculture. Each participant will receive a start-up kit to launch her microbusiness. The project also includes follow-up and mentoring to ensure sustainability. With a modest budget of \$6,750, the initiative seeks to restore dignity, economic independence, and community reintegration for GBV survivors while fostering solidarity and resilience. The project is implemented in collaboration with local authorities, health centers, and community-based organizations.

General Objective

To improve the socio-economic and psychosocial conditions of 40 survivors of gender-based violence (GBV) related to the M23 conflict through a holistic approach involving psychosocial support, vocational training, and support for local entrepreneurship.

Specific Objectives

- Provide psychosocial support to 40 survivors.
- Offer practical training in income-generating activities (IGAs).
- Provide 40 women with starter kits to launch micro-enterprises (small trade, agriculture, handicrafts, etc.).

Direct Beneficiaries

40 female survivors of GBV in Rutshuru and Lubero (20 per territory)

Project Duration : 3 months

Main Activities

Activity	Details
1. Identification of beneficiaries	In partnership with local authorities, CBOs, and health centers
2. Group psychosocial support sessions	Led by a local psychologist, 4 sessions per group
3. Vocational training (context-based selection)	Tailoring, soap-making, agriculture, small business... 1-month training
4. Distribution of start-up kits or revolving funds	Each woman receives a kit to launch her activity
5. Follow-up and support	Monthly visits, business management guidance

Detailed Budget (in USD) :

Budget Item	Quantity	Unit Cost	Total Cost
1. Identification and mobilization	Lump sum	–	250
2. Psychosocial support (2 psychologists for 3 months)	2 people x 3 months	100	600
3. IGA trainers (2 trainings)	2 x 1 month	200	400
4. Venue rental, materials, water, electricity	3 months	150	450
5. Start-up kits (40 beneficiaries)	40 kits	80	3,200
6. Local transportation (team and beneficiaries)	Lump sum	–	300
7. Monitoring and evaluation (fieldwork)	Lump sum	–	300
8. Project coordination (supervision)	1 project lead	3 months x 200	600
9. Communication, printing, awareness-raising	Lump sum	–	200
10. Contingency (5%)	–	–	450
Total			\$6,750 USD

Expected Results:

- 40 women received psychosocial support.
- 40 women trained in a viable livelihood skill.
- 40 women launched an income-generating activity.
- A local solidarity network was created among survivors.

Key Partners:

- Local CBOs (women's organizations, community health groups)
- Health centers
- Local authorities (community leaders, gender/family services)
- Local psychologists or social workers.