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## **Day Program**

OATH's Day Program is a community anchor, providing essential services—meals, showers, haircuts, clothing, and hygiene kits—to more than 20,000 individuals annually. With a mid-year total in year 2025 of 1,360 unduplicated people served from February to May, the program highlights significant reach and demand Leveraging a trauma-informed, relationship-based model, staff and peer mentors work collaboratively with participants to rebuild trust, foster self-efficacy, and connect them to critical resources including employment, mental health support, and housing assistance.

The program's culturally responsive design also meets the needs of a diverse demographic base. With nearly 25% of the county's population identifying as Hispanic or Latino, services and peer support circles are structured to respect linguistic and cultural diversity, ensuring participants feel understood and supported. Outreach teams also deliver care packages directly to encampments and street locations, providing a vital safety net for individuals not yet connected to shelter or programs.

As inflation and rising housing costs put additional pressure on low-income residents, this Day Program serves as a frontline intervention. It addresses both the immediate survival needs and the relational deficits that perpetuate homelessness. Ultimately, OATH's program not only restores basic stability and dignity but also charts a path toward reintegration, job readiness, and permanent housing—destabilizing the cycle of chronic homelessness and building resilience across communities in Lehigh County.

