



**Your Support Is Keeping
Critical Care Alive!**

A message from our Executive Director

Despite this year's record-breaking Let's Dance fundraising gala and other successes, Action for Mothers and Children is facing a challenging year in securing support for families in Kosovo. Funding for several of our key programs such as Home Visiting, Group Care for Parenting, and Guide for Monitoring Child Development training – is at risk.

We are grateful for your support, and kindly ask you to be with us in our essential mission to saving lives and improving the well-being of women and children in Kosovo.



Your support will allow AMC to:

- Educate and support pregnant women and new parents
- Promote breastfeeding and healthy early childhood development
- Improve care and quality of life for children with type 1 diabetes

The suspension of U.S. foreign aid has severely affected civil society organizations in Kosovo, intensifying competition for far fewer funds. We have reduced expenses wherever possible, including making difficult staff reductions, yet the need for our services remains urgent.

Even amid these challenges, there is much we can be proud of this year:

- Nearly 29,000 home visits by nurses and midwives to support early childhood development
- Over 2,700 women received free Pap tests through our Cervical Cancer Screening program
- Insulin pumps and two years of supplies donated to 10 children with type 1 diabetes, reducing painful injections and giving them a chance at a more normal childhood
- Group Care sessions reached more than 200 parents, equipping them to nurture their children's growth and development

We invite you to help sustain this vital work. Whether it's a one-time gift, a recurring monthly donation, or encouraging your friends and family to give, every contribution moves us closer to our vision: a Kosovo where every mother and child has access to quality healthcare.

Your generosity today will have a direct impact.

With gratitude and hope,
Rina Demiri Spahija
Executive Director
Action for Mothers and Children

Even in this challenging context, you helped us continue delivering critical services

This quarter, your commitment made it possible for our teams to stand beside mothers, newborns and children during some of their most vulnerable moments. Funding has been uncertain, competition for grants has intensified and national support systems have shifted, yet because of you, care never stopped.

29,000 Home Visits to Families Across Kosovo

Trained nurses and midwives reached homes in every municipality, ensuring newborn health checks, breastfeeding guidance, developmental monitoring, and emotional support for new parents who often feel overwhelmed and alone.

These visits do more than assess growth, they reduce fear, strengthen parental confidence and provide early solutions before emergencies happen.



2,700+ Women Received Free Cervical Cancer Screening

Women across six municipalities accessed screenings that can detect precancerous changes before they become life-threatening.

Your support meant they received care without stigma, cost barriers or long hospital waits. It is no exaggeration to say that early detection saves lives, and your generosity directly enabled it.

10 Children with Type 1 Diabetes Received Insulin Pumps

Because of your support, 10 children no longer endure constant daily injections or painful finger-pricks to monitor their glucose levels.

Families shared that these pumps helped restore normal childhood rhythms, without the fear of sudden spikes. This technology remains out of reach for many families in Kosovo, which makes your contribution deeply meaningful for every child who received it.



200+ Parents Took Part in Group Care Sessions

Parents came together to learn, ask questions, share concerns and build confidence in raising their children.

Beyond health guidance, these sessions create community — a rare and powerful support system during early parenthood, especially in regions where families face isolation, limited pediatric services or economic hardship.

What These Numbers Truly Mean?

These are not just statistics, they represent more peaceful nights for families, new parents reassured, babies well nourished, and children given a chance to thrive. Each visit, each screening, each session, each medical device helps a family feel seen, supported, and valued. None of this would have been possible without your trust and partnership.

Together, we make this possible

In a year where resources have been stretched, and programs across Kosovo have been forced to close or scale back, you helped ensure that our work did not pause, not even for a moment.

Because of you:

- A mother learned to breastfeed with confidence.
- A child with diabetes had more freedom and less pain.
- A woman received a preventive cancer screening she could not otherwise afford.
- A father felt included, capable and informed about his child's development.
- A family in a remote village received care at their doorstep rather than being left behind.

Your generosity is not abstract, it is deeply personal to every family we have met.

Thank you for believing that every child deserves dignity in care, every parent deserves guidance, and every mother deserves safety and support.



How you can help:



Donate

Support AMC programs directly. Find ways to give at www.AMCHealth.org



Sponsor

Partner with us on an event or project. Contact us at info@amchealth.org



Volunteer

Join our mission! We welcome students, researchers and everyday changemakers.



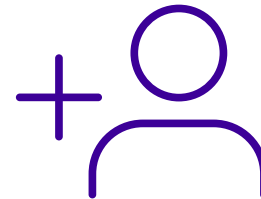
Fundraise

Make a difference by running a marathon, cycling with friends, or organizing a local event to benefit mothers and children.



Teshavesha

Donate or shop at our thrift shops to support AMC programs while promoting reuse and sustainability.



Stay in touch!

Keep up with our work by following us on our social media platforms <https://linktr.ee/amchealthksova>