

QUARTERLY REPORT (JANUARY-MARCH 2026)

Project: Inzonzi Kolaki Ta (Keep Girls in School) Program

Betty's Success Story (pseudonym used for protection)



Before joining the Inzonzi Kolaki Ta programme, Betty (pseudonym used for protection) struggled with low self-esteem and often felt isolated from her peers. She rarely participated in school and group discussions and found it difficult to express herself openly.

Through regular counselling, mentorship, and psychosocial support sessions, she gradually gained confidence and became more active in both school and peer group activities. She shared that the safe and supportive environment created by the programme helped her regain hope, improve her emotional wellbeing, and build stronger relationships with others.

Betty now has a more positive and constantly improving outlook on life. She is more sure of who she is in this world and also more open about her future prospects.

Her story reflects the positive impact of the Inzonzi Kolaki Ta Project in empowering vulnerable girls to rebuild confidence, strengthen resilience, and regain hope for the future.