

## Be Their Support: Dignity for 1000 Elders in Syria

### Overview

Thousands of older people in Syria continue to face significant challenges, including ongoing humanitarian needs, displacement, and limited access to basic services due to years of conflict. They endure the risks alone, facing limited mobility, chronic illness, and extreme poverty. This project supports 1,000 of the most vulnerable older men and women by providing medicines, mobility aids, and adult diapers, ensuring they live with dignity, comfort, and safety.

### What is the problem?

In Syria—exhausted by 14 years of conflict and shrinking resources—older people with limited mobility face severe health challenges, including a high burden of chronic diseases and difficulty accessing care. Displacement and ongoing conflict further increase their vulnerability, leaving them at serious risk from cold, hunger, and illness. WHO guidance and Sphere standards emphasize prioritizing older people, given their heightened risks from low temperatures and lack of mobility support.

### How will this project solve the Problem?

This project supports 1,000 older people living alone with tailored humanitarian assistance. It provides mobility aids (wheelchairs, walkers, commode chairs, air mattresses), and older people's diapers. Field teams conduct regular visits to ensure safe use of items, do routine health monitoring, and identify new needs, ensuring dignity and protection.

### Potential long-term impact:

This project ensures older people living alone receive essential healthcare support, medicines, and dignity-preserving mobility aids. By reducing vulnerability, strengthening social protection, and fostering inclusion, it addresses isolation, chronic health risks, and daily challenges. The initiative promotes safer, healthier, and more resilient communities, enabling older adults to live with dignity and security.

### Our Response:

In response to the harsh reality faced by older people living alone, this project provides a comprehensive humanitarian response tailored to their individual needs.

In this initiative, we aim to support 1,000 older men and women—each living a story of hardship, loneliness, and need.

#### 1- Mobility Tools to Preserve Dignity

- Wheelchair for those who cannot walk at all
- Walker for those at risk of falling
- Commode chair to ensure dignified use of the bathroom
- Anti-bedsores air mattress for bedridden or disabled older adults

## **2- Field Visits for Ongoing Support**

Our team conducts monthly visits to ensure:

- Proper use of heaters and fuel, Monitoring of bedsores, Suitability of mobility aids, & identification of new needs

### **Activities:**

- Identify the most vulnerable older people
- Assessing individual needs
- Distribute mobility aids and
- Conduct monthly field follow-ups for critical cases

### **Expected Impact:**

Through this project:

- 1,000 older people living alone will receive mobility aids and adult diapers, improving comfort, dignity, and daily functioning.
- Bedridden or immobile older adults will have reduced risk of bedsores through proper use of air mattresses and regular monitoring.
- Field visits will ensure correct use of mobility tools and timely identification of new needs.
- Older adults' overall health, safety, and quality of life will be enhanced.
- Increased independence and reduced vulnerability for the most at-risk older people

### **Budget per Beneficiary**

#### **One-Time Donation Options**

**15\$ Restore Daily Dignity.** Your gift provides a vital 15-day supply of adult diapers to an elder in Syria with limited mobility. This ensures basic hygiene, comfort, and deep respect in their daily life.

**30\$ Safe Steps & Hygiene:** Fund a durable walker and commode chair. This essential aid reduces injury risk and provides safe sanitation access where resources are scarce, restoring safety and dignity.

**40\$ Sustain Health:** Covers essential chronic disease medication for 1-month plus a vital home visit from our team. Your support ensures continuous, personalized health monitoring and follow-up care

**50\$** Protect from Pain & Cold: Provide a specialized air mattress and blanket to prevent painful bedsores and guarantee medical protection. Your gift ensures comfort and dignity for disabled elders.

**100\$** A Gift of Mobility & Inclusion. Fund a wheelchair for a restricted elder. This restores independence, reduces isolation, and ensures vital access to essential health services.

### **Recurring Donation Options**

**200\$** Sponsor one elder's full monthly needs. Your sustained support provides medicines, dignity supplies, health checks, and mobility aid, ensuring a steady, life-saving stream of care year-round.

**400\$** Sponsor two elders and provide a full safety net. Your support delivers complete care for vulnerable elders in Syria, ensuring dignity, health, and comfort each month and enabling lasting impact.