



EMPOWERING WOMEN AND GIRLS WITH ECO-FRIENDLY SANITARY PADS



DUFATANYE ORGANIZATION

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Did You Know?

In Rwanda, 20% of female students miss >50 school days per year simply because they lack access to menstrual products. This isn't just a statistic—it's a reality that steals their education, health, and confidence. Without proper solutions, many rely on unsafe alternatives like old clothes, putting themselves at risk of infections and deepening the stigma around menstruation.

At Dufatanye Organization, we are rewriting this story by providing eco-friendly, washable sanitary pads and breaking the silence around periods.

Our Mission

We aim to empower women and girls in Rwanda's Green Villages of Hope—Nyamagana B, Nyabisindu, Kabisine, Karwiru, Kadusenyi, and Nyamiseke—through an innovative solution.

In partnership with The Minazi Impact, an engineering social enterprise, we have designed reusable sanitary pads made with locally-sourced banana fiber from nearby plantations. These pads are:

- Eco-Friendly: Sustainable and biodegradable.
 - Durable: Each pack lasts up to two years, saving money and reducing waste.
 - Empowering: Made by women, for women—creating jobs and fostering economic independence.
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Real Lives Transformed

So far, we have distributed over 500 sanitary pads to women in the community.

Through this, we have helped improve the lives of women like Ineza Sifa. Ineza says:

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“My name is Ineza Sifa. I am 20 years old and have two children: a daughter and a son. I live in Nyamagana, Busasamana, Nyanza. Before, I used to rely on clothes during my period, but they couldn't properly absorb my menstrual flow. As a result, I often experienced leakage, which made it difficult for me to go out into the community, work, or even pray. But today, I can go wherever I need to during my menstrual cycle because I now use reusable pads provided by the Dufatanye Organization. I would like to conclude by expressing my heartfelt thanks to Dufatanye for bringing a solution to the challenges faced by poor girls and women in rural areas. Thank you for being our friend.”

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Ineza's story is just one of many. Together, we can ensure no girl or woman in Rwanda is held back by her period.



The Challenge

Menstruation should not stop girls from thriving, yet:

- 2 in 5 girls miss school due to lack of menstrual products.
- Unsafe alternatives like old cloth or leaves lead to health risks and discomfort.
- Disposable products are costly and harm the environment.

This isn't just about periods—it's about breaking the cycle of poverty and unlocking the potential of Rwanda's women and girls.



Our Environmental Impact



We are working with The Minazi Impact, an engineering social enterprise to design a sustainable and socially impactful product. Our low-cost, reusable sanitary pads are made with waste banana fibre sourced from our local banana plantations. Banana fibre is a highly absorbent material which is extracted from banana trees once the fruit is harvested. Due to their re-usability, this product is not only a sustainable solution to overcome period poverty, but it is also made with sustainable resources, directly from our banana plantations.

The Ripple Effect

Our project isn't just about pads—it's about creating a lasting impact. Our product can help ensure there are



More Girls in School:
No more missed classes due to periods.



Improved Health:
Reduced infections and better hygiene for women and girls.



Environmental Sustainability:
Less waste from disposable products.



Gender Equality:
Breaking taboos and empowering women to lead.



How You Can Help

It only takes a small amount to create a big impact:

A girl/woman requires one pack of pads to cover her full period. To support a girl/woman for her full period we recommend the following minimum donation:

- **£5 (\$6.50 or 8,500 RWF)** Each pack is estimated to be reused for up to 2 years. With just £5 (\$6.50 or 8,500 RWF) you would help us change the life of one girl for 2 years.
- **With £20 you can empower four girls to stay in school and live with dignity.**
- **With £100 you could help us make enough pads for 20 girls.**

With your support, we could provide reusable pads, improving menstrual health, reducing waste, and empowering women and girls to pursue their dreams with confidence. Will you help us?

Our goal is to raising \$20,000 so that we can ensure that no girl or woman in Nyanza District is held back by her period. Let's make education accessible and empower women to thrive.

JOIN THE MOVEMENT!



**TOGETHER,
WE CAN :-**

1

**Ensure girls never miss school
due to menstruation.**

2

**Reduce waste and protect
the planet.**

3

**Empower women to
break free from stigma
and thrive.**

Your contribution is more than a donation—it's a step toward transforming lives, fostering equality, and building a brighter future.

Donate now and be part of this life-changing journey!

