

Feed Hope: Ramadan Initiative Report

Date: 26 March 2025

Location: Multiple regions across Nepal

Total Food Packets Distributed: 1,625

This Ramadan, through the Feed Hope Initiative, we successfully distributed food relief to 1,625 families, ensuring they had access to essential items for Iftar and Suhoor. This was made possible through the collective efforts of international charities, local partners, and generous donors like you.

1. Overview of the Distribution

➤ Key Distribution Locations

The food packs were distributed across various regions in Nepal, prioritizing areas where families struggle with food insecurity. These included:

Sunsari District (Itahari, Dharan, Inaruwa, etc.)

(Biratnagar and nearby villages)

Other rural areas with vulnerable populations

2. Beneficiary Selection

➤ Families were selected based on:

- Economic hardship (low-income families, daily wage laborers)
- Widows and orphans
- Elderly individuals without support
- Persons with disabilities
- Refugee communities

A total of approximately 9750+ individuals benefited from the distribution.

3. Food Pack Contents

Each Ramadan Food Pack was carefully prepared to provide essential nutrition for a family of 5-7 members. The packs included:

- 25 kg Rice
- 5 kg Flour
- 3 kg Lentils
- 2 L Cooking Oil
- 1 kg Sugar
- 500g Dates
- 1 kg Salt & Spices
- 3 kg Popcorn rice

And More

4. Impact & Beneficiary Feedback:

- Many recipients expressed immense gratitude, as rising food costs have made it difficult for families to afford basic necessities.
- Widows and elderly individuals, often overlooked in aid distributions, were particularly appreciative of the timely support.
- Families with young children shared how the food packs helped them observe Ramadan with dignity.
- Testimonial from a Beneficiary:
"This food pack has brought relief to my family. I was worried about how we would manage Iftar this Ramadan, but your support has given us hope. May you all be rewarded for your kindness!" – A mother from Inruwa

5. Key Partners & Supporters:

This initiative was successfully implemented through collaboration with:

- International Charity Organizations – Financial and logistical support
- Local NGOs & Community Volunteers – On-ground coordination and distribution
- Individual Donors – Your contributions made a direct impact
- Al Ehsan Charitable Foundation Nepal – Lead organization for planning and execution

6. Challenges & Solutions:

- Challenges Faced:
 - Rising food prices – We tackled this by bulk purchasing from wholesalers.
 - Difficult terrain & remote areas – We coordinated with local volunteers for efficient last-mile delivery.
 - Limited funding for expansion – Additional donations helped cover urgent needs.

✓ ☐ How We Overcame Them




- ✓ Partnered with local suppliers to ensure timely procurement.
- ✓ Mobilized volunteers from local communities to reach isolated families.
- ✓ Prioritized the most vulnerable households based on need assessments.

7. Future Plans & Next Steps:

- Expanding the Ramadan Initiative – Aim to reach 2,500+ families next year.
- Improving Logistics – Strengthening local partnerships for better distribution efficiency.
- More Sustainable Solutions – Exploring food security projects beyond Ramadan.
- Your support continues to make a difference!

8. Special Thanks & Acknowledgments:

We extend our heartfelt gratitude to:

-  Our Generous Donors – Your kindness made this initiative possible.
-  Our Partner Organizations – For providing vital financial and logistical assistance.
-  Our Dedicated Volunteers – For their hard work in packing and distributing the food.



Want to Support Future Projects?

Email: ecfnpl@gmail.com

Phone: +97725560005 / +9779813932586 / +9779807083193

Website: <https://ehsanfoundation.org.np/>

Together, we can fight hunger and bring hope to those in need!