



FRIENDS
WELFARE ASSOCIATION
Making a difference. Together

YEAR IN REVIEW 2024

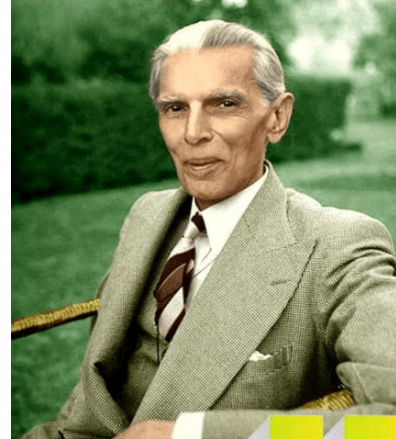
Friends Welfare Association Pakistan



“

My message to you all is of hope, courage and confidence. Let us mobilize all our resources in a systematic and organized way and tackle the grave issues. With faith, discipline and selfless devotion to duty, there is nothing worthwhile that you cannot achieve.

Quaid Azam Muhammad Ali Jinnah



”

“



Be aware of your own worth, use all of your power to achieve it. Create an ocean from a dewdrop. Do not beg for light from the moon, obtain it from the spark within you.

Allama Muhammad Iqbal

”

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Message from the CEO



As we reflect on 2024, I am honored to share the remarkable strides made by Friends Welfare Association (FWA) in advancing our mission of empowering communities and fostering sustainable development. This year has been a testament to our unwavering commitment to education, health, socio-economic upliftment, and climate resilience, aligning closely with the Sustainable Development Goals (SDGs).

One of our most significant milestones this year was FWA's accreditation by the National Disaster Risk Management Fund (NDRMF), a recognition that places us among an top group of national organizations dedicated to disaster resilience and community development. This achievement reinforces our credibility and strengthens our ability to drive impactful, long-term initiatives.

During the year 2024, we continued to transform lives by expanding access to quality learning. From strengthening school infrastructure to supporting over 300,000 students through innovative education models. Under health and WASH initiatives, we have ensured safe drinking water and essential healthcare for thousands, improving the well-being of vulnerable communities. Our efforts are creating lasting opportunities, particularly for girls and marginalized communities.

Economic empowerment remains at the heart of our interventions, with vocational training programs equipping women with marketable skills, enabling them to secure sustainable livelihoods. Furthermore, our climate action initiatives, including reforestation and renewable energy solutions, are paving the way for a more resilient future.

These achievements would not have been possible without the unwavering support of our dedicated team, donors, and partners. I extend my deepest gratitude to everyone who has contributed to our journey. As we step into 2025, we remain committed to expanding our reach, strengthening our impact, and continuing our mission to build a more inclusive and prosperous society.

Together, we are creating lasting change.

Abdul Shakoor
Chief Executive Officer
Friends Welfare Association (FWA)

About us

Friends Welfare Association (FWA) is a registered non-governmental humanitarian organization dedicated to community development, focusing on marginalized and vulnerable groups. Established in 2006 under the Societies Registration Act of 1860, FWA operates in compliance with national policies set by the Economic Affairs Division and holds a valid Memorandum of Understanding (MoU) with the Government of Pakistan. It is also a certified Non-Profit Organization (NPO) by the Pakistan Centre for Philanthropy (PCP) and recognized under FBR 2(36) of the Income Tax Ordinance 2001.

FWA has been recognized as a Category "A" organization by the Charity Commission Khyber Pakhtunkhwa and achieved NDRMF accreditation in 2024, placing it among only five national organizations out of 21 globally to receive this recognition.

Vision



Fostering a caring community where every individual leads a valued life, marked by shared values of freedom, equality, and social harmony.

Mission



Empowering communities through education, motivation, and support to eradicate poverty, and relieve suffering, with a particular emphasis on the sustainable development of vulnerable communities.



Our Focus Areas:



Education:

FWA collaborates with international partners, corporate organizations, and UN agencies to provide accessible, equitable, and quality education.



Disaster-Resilient Infrastructure:

FWA builds disaster-resilient public infrastructure and community housing.



Socio-Economic Development:

FWA equip individuals with marketable skills and foster productive connections to enhance their socio-economic opportunities.



Health and WASH:

FWA ensures access to health facilities, water, sanitation, and hygiene (WASH) services.



Emergency Response:

FWA work spans emergency humanitarian aid, disaster recovery, shelter and psychosocial support.



Gender & Women Empowerment:

FWA champion gender equality and women's empowerment.



Climate Action:

FWA actively contribute to climate change mitigation and adaptation efforts.



Advocacy & Community Mobilization:

FWA advocate for policy change in disaster risk reduction, education, health and equity in access to social services.



Our Geographical Presence

Khyber Pakhtunkhwa Province

- ✓ District Mansehra
- ✓ District Abbottabad
- ✓ District Battagram
- ✓ District Torghar
- ✓ District Upper Kohistan
- ✓ District Lower Kohistan
- ✓ District Kolai Palas
- ✓ District Shangala
- ✓ District Swat
- ✓ District Dir Upper

Newly Merged Districts (Erstwhile FATA).

- ✓ District Mohmand

State of AJ&K

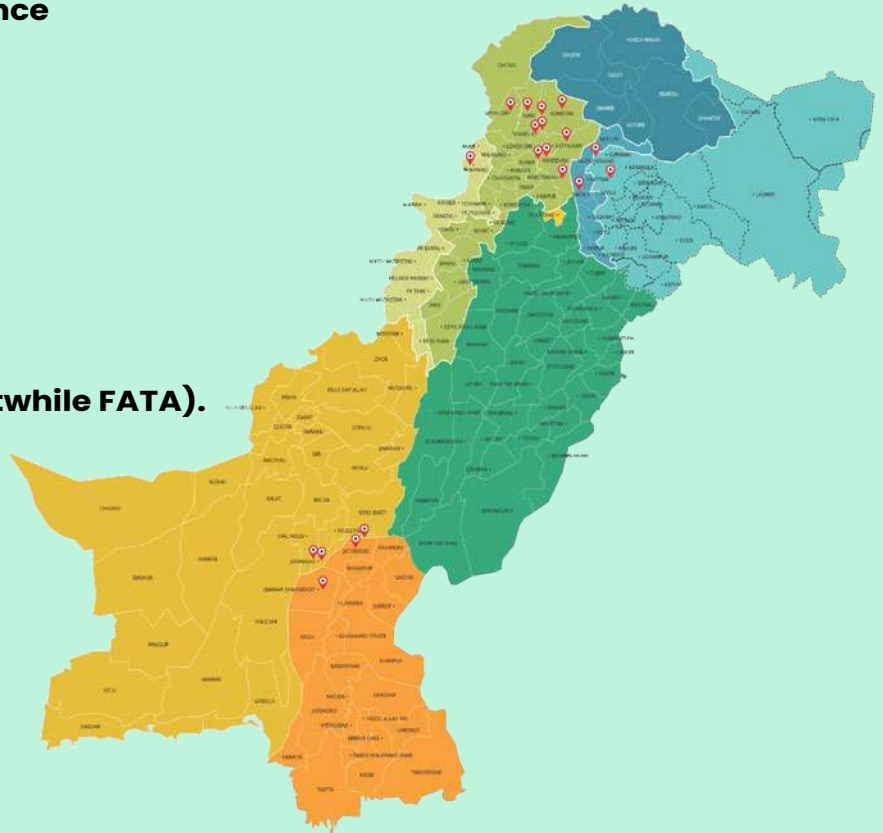
- ✓ District Muzafarabad
- ✓ District Bagh
- ✓ District Hattian Bala

Sindh Province

- ✓ District Jacobabad
- ✓ District Qambar Shadadkot

Baluchistan Province

- ✓ District Jafarabad
- ✓ District Sohbatput
- ✓ District Usta Mohammad











Achievement of the Year 2024

We are proud to announce that the Friends Welfare Association (FWA) has been accredited by NDRMF following a rigorous due diligence process that thoroughly evaluated our programmatic, financial, procurement, HRM, logistics, and monitoring and evaluation departments. This accreditation stands out as FWA's most significant achievement in 2024. Notably, out of only 21 organizations, both national and international, that successfully earned this accreditation, just five are national organizations, with FWA being one of them.

Accreditation Certificate NDRMF



FWA's Major Programs & Alignment to SDGs.

 <p>Education</p>	<p>SDG 4: Quality Education SDG 5: Gender Equality SDG 8: Decent Work and Economic Growth SDG 10: Reduced Inequalities</p>
 <p>Disaster-Resilient Infrastructure</p>	<p>SDG 4: Quality Education SDG 5: Gender Equality SDG 8: Decent Work and Economic Growth SDG 10: Reduced Inequalities SDG 11: Sustainable Cities and Communities</p>
 <p>Health & WASH</p>	<p>SDG 3: Good Health and Well-being SDG 5: Gender Equality SDG 6: Clean Water and Sanitation SDG 8: Decent Work and Economic Growth SDG 10: Reduced Inequalities SDG 13: Climate Action</p>
 <p>Socio Economic Development</p>	<p>SDG 1: No Poverty SDG 5: Gender Equality SDG 8: Decent Work and Economic Growth SDG 10: Reduced Inequalities SDG 12: Responsible Consumption and Production</p>
 <p>Climate Change Mitigation and Adaptation</p>	<p>SDG 7: Affordable and Clean Energy SDG 11: Sustainable Cities and Communities SDG 13: Climate Action SDG 15: Life on Land SDG 16: Peace, Justice, and Strong Institutions</p>
 <p>Gender & Women Empowerment</p>	<p>SDG 1 – No Poverty SDG 3 – Good Health and Well-being SDG 4: Quality Education SDG 5 – Gender Equality SDG 10: Reduced Inequalities</p>
 <p>Advocacy & Community Mobilization</p>	<p>SDG 4 – Quality Education SDG 5 – Gender Equality SDG 10 – Reduced Inequalities SDG 13 – Climate Action SDG 16 – Peace, Justice, and Strong Institutions</p>
 <p>Emergency Response</p>	<p>SDG 1 – No Poverty SDG 2 – Zero Hunger SDG 3 – Good Health and Well-being SDG 6 – Clean Water and Sanitation SDG 11 – Sustainable Cities and Communities SDG 13 – Climate Action SDG 16 – Peace, Justice, and Strong Institutions</p>

1. Education

Despite Pakistan's commitment to CRC (1990) and SDG-4, challenges remain, with 26 million children out of school and 77% struggling to read by age 10.

For 19 years, FWA has prioritized education, transforming government schools into inclusive, equitable, and quality learning environments across KP, AJK, Sindh, and Baluchistan. With a strong focus on gender equity and marginalized groups, including PWDs and minorities, FWA has directly targeted over two hundred (200) schools, benefitting over 300,000 students, improving access, quality, retention, and learning outcomes.



FWA's formal education programs focus on:

Access

Upgrading school infrastructure, expanding facilities, promoting girls' education, and ensuring accessibility for PWDs.

Quality

Investing in teacher training, digital literacy, life skills, community partnerships, and innovative learning methods.

Governance

Strengthening Parent-Teacher Councils (PTCs), school leadership, and data-driven decision-making.

At the tertiary level, FWA's scholarship program supports underprivileged girls in higher education, technical, and professional courses, removing financial barriers and fostering career opportunities.

FWA's non-formal education program, ALP-MiddleTech, offers alternative learning pathways for overage students, particularly girls, by integrating academic education with vocational training, ensuring both educational and livelihood opportunities.



Through these initiatives, FWA remains committed to transforming education and empowering communities across Pakistan.

1.1 Strengthening the education system with a focus on inclusivity, improved learning, and disaster resilience.

The “Reform and Transform” program, launched in 2010, continues to strengthen the education system in Khyber Pakhtunkhwa (KP) and Azad Jammu & Kashmir (AJK) by promoting inclusivity, improved learning, and disaster resilience. Initially introduced to rebuild disaster-affected schools, the program has evolved through multiple phases to address the sector’s changing needs.



The initiative focuses on transforming schools into high-quality institutions and constructing disaster-resilient infrastructure. With funding from KnK Japan through MOFA Japan, ninety (90) disaster-resilient schools have been built, adhering to international and national building codes. These schools are equipped with safe water, sanitation facilities, furniture, playgrounds, boundary walls, plantation, and solar power systems, ensuring a sustainable learning environment.

The program integrates infrastructure development, governance reforms, teacher training, and community participation. Digital Classrooms enhance learning through online/offline resources, cloud-based archives, and real-time assessments. Additionally, technical innovations, extracurricular activities, and policy advocacy empower Girls Youth Ambassadors to drive systemic change.

By addressing both immediate and long-term challenges, the “Reform and Transform” program is creating a resilient, inclusive, and high-quality education system.

Key Components of the Program are expounded in the below given Diagram.





Component-wise explanation of the program is given below,

Disaster Resilient Inclusive schools' infrastructure:

- **Adherence to Building Codes:** Ensure compliance with the Building Codes of Pakistan, including specific seismic-resistant building codes.
- **Hazard Assessment:** Conduct comprehensive hazard assessments and topographical surveys for the selected schools to identify potential risks.
- **Soil Analysis:** Perform soil analysis to determine the soil bearing capacity and design the building structure, accordingly, particularly focusing on the foundation plan.
- **Seismic Retrofitting:** Implement seismic retrofitting measures wherever feasible to enhance the earthquake resistance of existing structures.
- **Structural Adjustment:** Implement handrails, Ramps and toilets adjustments etc. to make the school buildings accessible for children with disabilities.
- **Design Vetting:** Ensure that all building designs are vetted by NESPAK (National Engineering Services Pakistan) to ensure structural integrity and resilience.
- **Collaboration with Education Departments:** Build strong partnerships with the concerned education departments in KP and AJK.
- **Coordination with ERRA/SERRA:** Work closely with the Earthquake Reconstruction and Rehabilitation Authority (ERRA) and the State Earthquake Reconstruction and Rehabilitation Authority (SERRA) to align with national and regional disaster resilience strategies.



Capacity building on improving schools' learning environment

- Continuous Professional Development (CPD) of Teachers/Pedagogy
- PTC Training on School Development Plans
- Training of Student Groups on Life Skills
- Training on School-Based Disaster Risk Management (SBDRM)
- Emergency Evacuation Training in Schools
- Smart Classrooms
- Peer Learning / Girls' Circles (GCs)
- Co-Curricular Activities

Mobilization and Advocacy for Policy Change

Community Advocacy Groups (CAGs)

- Form and support CAGs at the grassroots level
- Promote the right to education
- Advocate for disaster-resilient structures

Policy Champions

- Engage Tier One District Administration
- Collaborate with local MPs
- Establish local-level advocacy mechanisms for education and disaster resilience

Girls Youth Ambassadors

- Organize university-based youth ambassadors
- Represent girls' voices in policy decisions
- Advocate for community-based disaster risk management

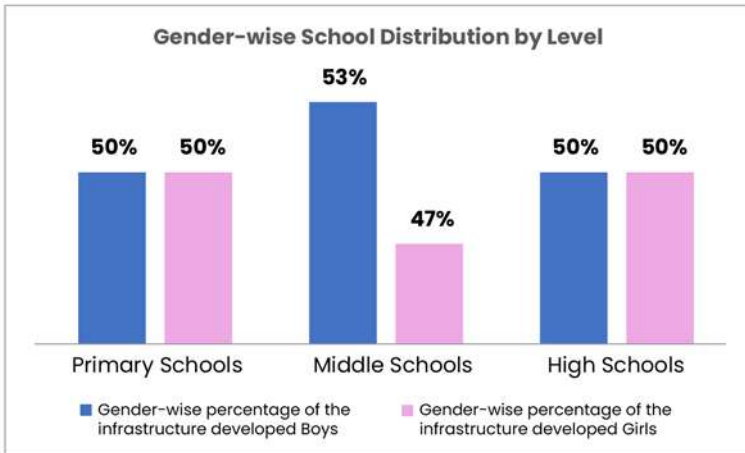
Engagement Activities

- Conduct seminars and sessions
- Facilitate participation in provincial youth assemblies
- Encourage active involvement in policy advocacy initiatives

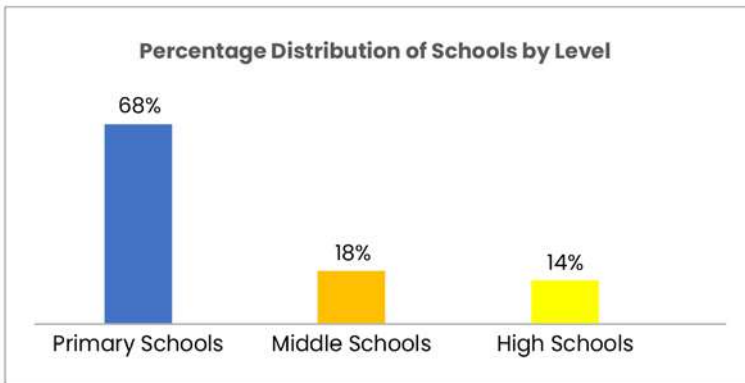


In 2024, ensuring sustainability of the interventions, follow-ups and monitoring visits were conducted for the ninety 90 constructed schools, and an analysis of the results is presented below.

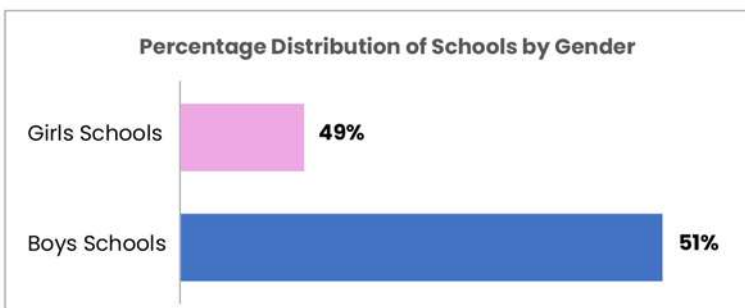
Gender-wise School Distribution by Level is presented in the below given Graph,



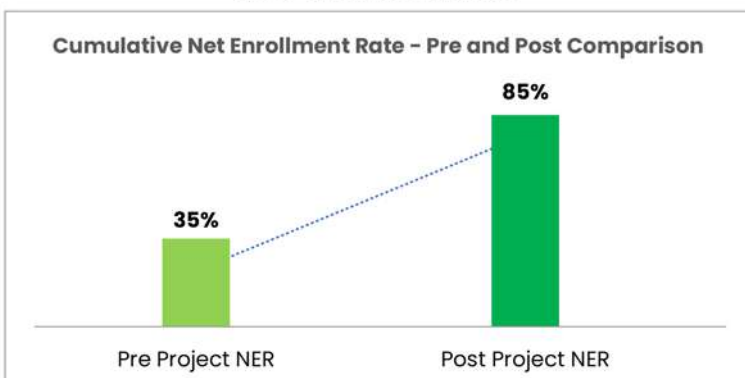
The percentage distribution of schools by level is expounded in the below given Graph,



The percentage distribution of built schools by Gender is presented in the below given Graph,

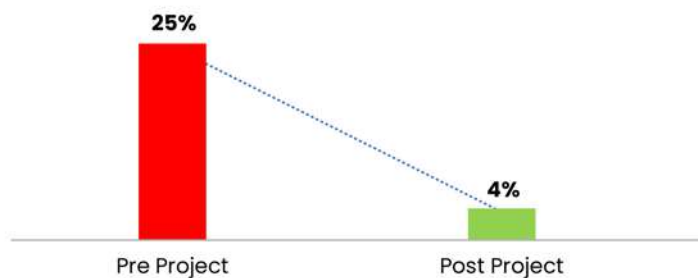


Net Enrollment Rate:



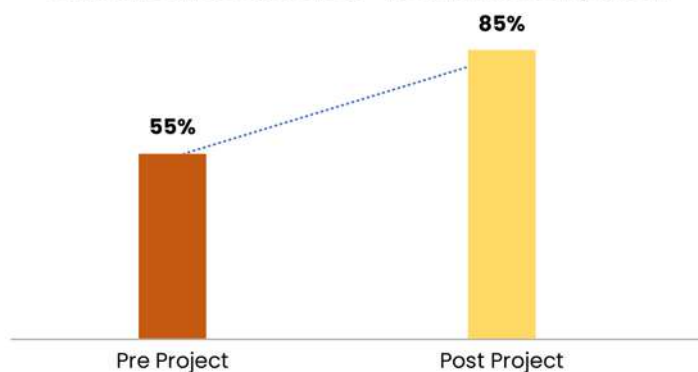
Dropout Rate:

Cumulative Drop Out Rate – Pre and Post Comparison



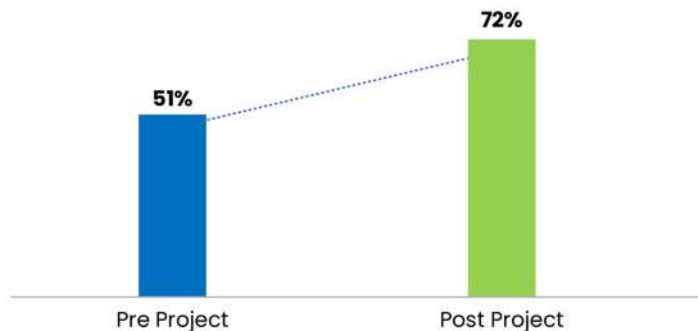
Attendance Rate:

Cumulative Attendance Rate – Pre and Post Comparison



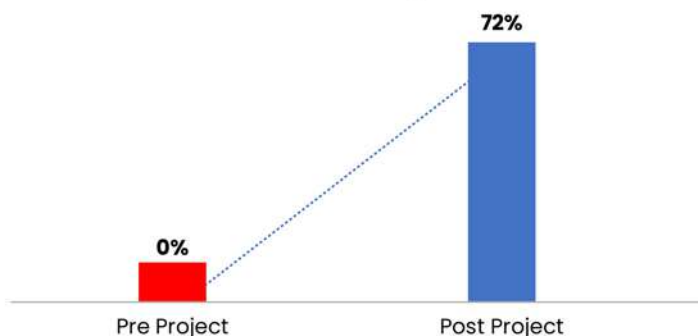
Students' Academic Proficiency:

Students' Academic Proficiency



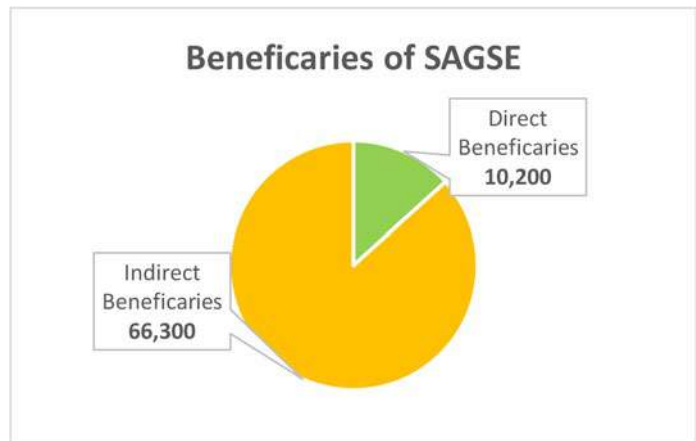
Students' Academic Proficiency:

PTC & SDP Development



1.2 Supporting Access to Girls' Secondary and Higher Secondary Education (SAGSE).

In 2008, Friends Welfare Association (FWA) with the partnership of Hoshyar Foundation USA launched a transformative initiative focused on advancing girls' education as a cornerstone for broader community development and women's empowerment in the Khyber Pakhtunkhwa (KP) province. This initiative emerged in response to a significant challenge of the total out-of-school children, 56% were aged 10-16, with a striking 66% of them being girls. The root cause was the lack of accessible secondary education, which led many girls to discontinue their studies after completing primary school.



To tackle this issue, FWA pioneered the establishment of community-based schools at the post-primary level in collaboration with the Elementary & Secondary Education Department (E&SED) of KP. This model aimed to bridge the gap between primary and secondary education for girls in underserved areas. The initiative gained momentum with strategic partnerships, starting with the Hoshyar Foundation USA and expanding to include other key supporters such as The Waterloo Foundation, Circle for Women, The Maria Helena Foundation Canada, MoneyGram Foundation, Friends of Pakistan, LCF Foundation, and the Habib Bank Limited Foundation.

A Strategic Educational Model

The program's strategy revolved around leveraging existing government resources efficiently. Community-based schools adopted the government-approved curriculum and ensured that their students were registered in nearby government boys' secondary schools. This enabled the girls to participate in official examinations conducted by the government and recognized examination boards. Successful students received certificates issued by the government, ensuring their qualifications were formally recognized.

This model also incorporated a transition plan: support for community-based schools was provided for a specific period. Once the government established a formal girls' secondary school in the area, absorbing the students from



the community-based school, FWA would gradually withdraw its support and redirect resources to other high-need areas. This approach ensured the sustainability of educational opportunities for girls in remote and vulnerable communities.

Recognition and Expansion

The cost-effective nature of this model earned commendation from government authorities. Inspired by its success, the E&SE Department KP introduced a second-shift program at the post-primary level, replicating FWA's approach to expand access to education for girls. This step was a significant acknowledgment of the model's impact on addressing gender disparities in education.



Key Components of the Community-Based Schools Model

Component	Description
Establishment of Schools	Community-based schools set up at the post-primary level in partnership with E&SED KP.
Curriculum Adoption	Utilization of the government-developed curriculum for standardized education.
Student Registration	Enrollment of students in nearby government secondary schools for formal recognition.
Examination Participation	Girls take exams conducted by the government and recognized boards.
Certification	Graduates receive government-issued certificates.
Time-Bound Support	Support is provided until the government formally establishes a girls' secondary school in the area.
Phased Withdrawal	Support is gradually withdrawn and redirected to other vulnerable areas once government schools absorb students.



This comprehensive model not only addressed immediate educational needs but also laid the groundwork for long-term sustainable solutions to girls' education in Khyber Pakhtunkhwa (KP) province.

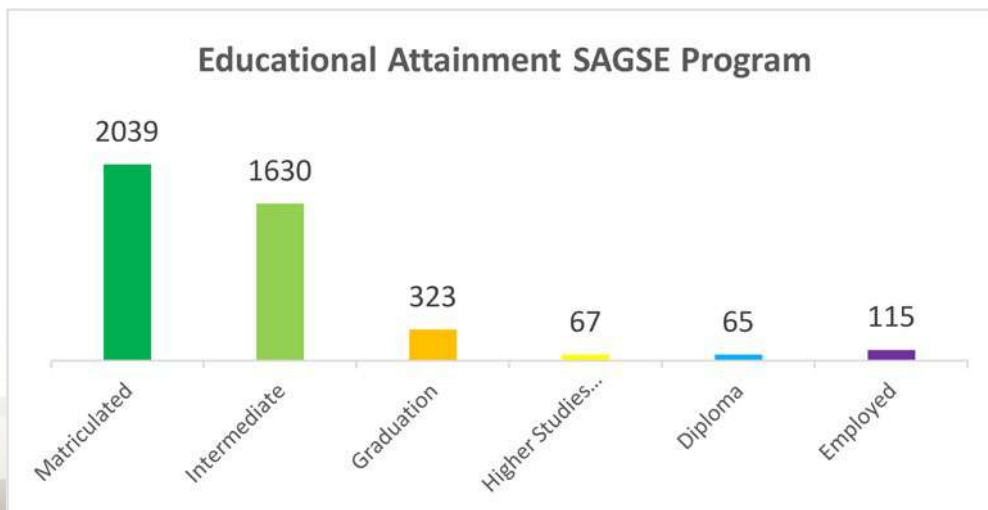
Results/Achievements:

In 2024, the program made remarkable progress, achieving several key milestones:

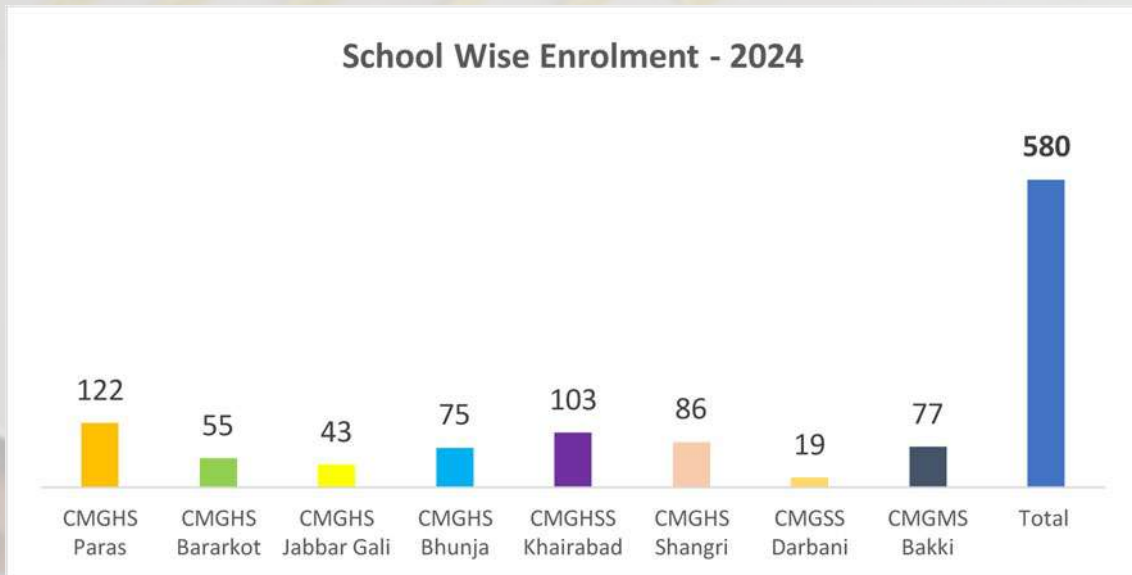
- A total of 10,200 girls directly benefited from the initiative till now, while an additional 66,300 individuals were impacted indirectly. This was made possible through 13 community-based girls' secondary schools established in remote areas of District Torghar and Mansehra in KP province.
- Out of these 13 schools, 9 have been officially sanctioned and successfully handed over to the Elementary & Secondary Education Department (E&SED) of Khyber Pakhtunkhwa (KP) province. This transition ensures the sustainability of these educational facilities and their integration into the formal education system.



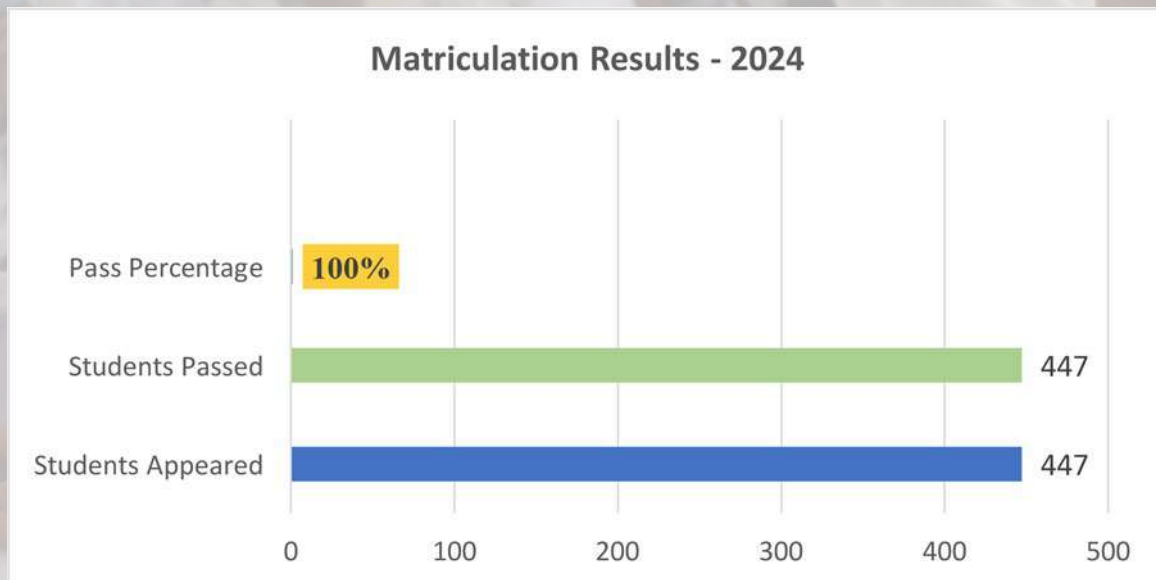
Below is the overall educational attainment of SAGSE Program.



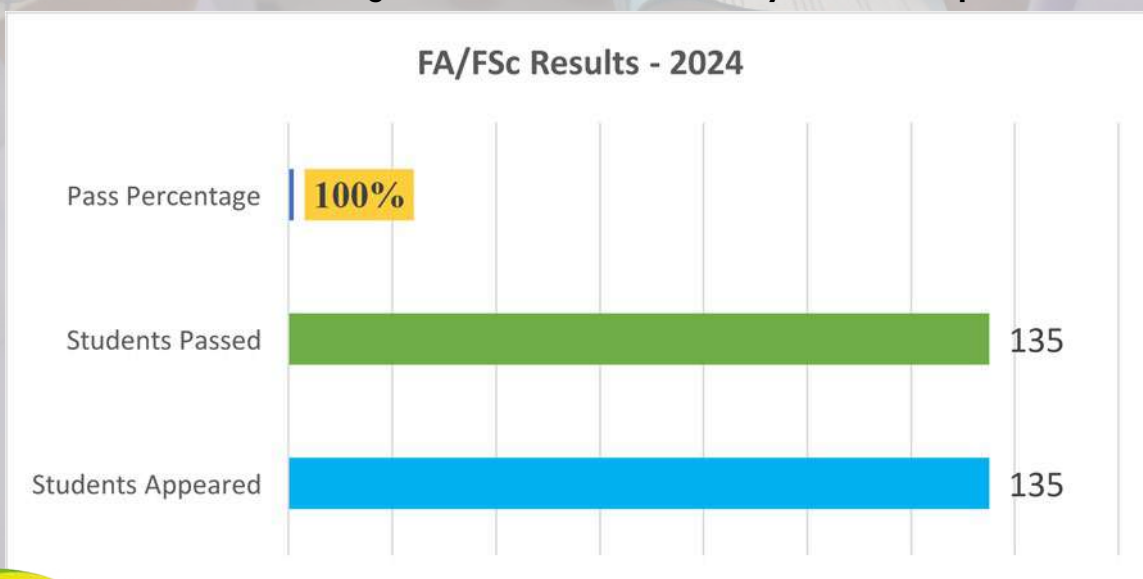
The Enrollment details for each school for the year 2024 are outlined below.



The details of students who completed their Matriculation in the year 2024 are provided below.



The details of students who graduated with FA/FSc in the year 2024 are provided below

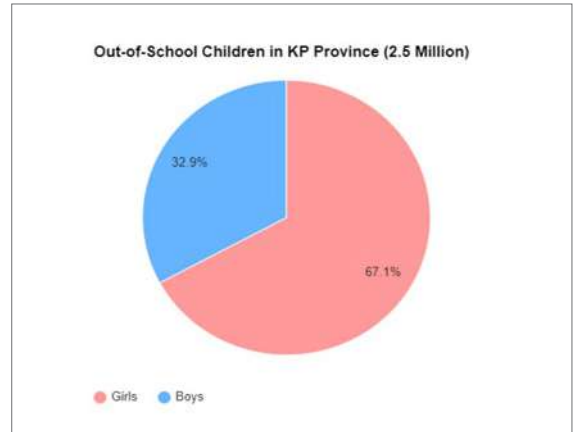


1.3 Accelerated Learning cum Skill Training (ALP-Middle Tech)

In Khyber Pakhtunkhwa (KP), an estimated 2.5 million children remain out of school, with 1.678 million girls facing systemic barriers to education. A significant 82.2% of these out-of-school children are between 10 to 16 years old, making their reintegration into formal education challenging due to age restrictions, limited middle schools, and socio-cultural constraints.

To bridge this gap, JICA launched the Alternative Learning Program (ALP-MiddleTech) as a pilot initiative, integrating education with vocational skills to provide overage learners, particularly girls, with both academic qualifications and employable skills. The goal was to enable them to secure sustainable livelihoods while continuing their educational journey.

In KP, Friends Welfare Association (FWA), in collaboration with KnK Japan, successfully implemented the ALP-MiddleTech program in District Battagram. Two learning and skill training centers were established in the rural villages of Karg and Bateela Allai, offering a blended learning approach that combined distance education and face-to-face instruction. The curriculum was designed to equip learners with market-driven, area-appropriate vocational skills, enabling them to either pursue further education in technical fields or enter the workforce with confidence.



Project Completion and Key Achievements in 2024

The 18-month ALP-MiddleTech course, structured into three six-month semesters, was successfully completed in 2024, with all enrolled learners graduating from the program. The certification, accreditation, and examination process was overseen by Allama Iqbal Open University (AIU), ensuring national recognition of their academic and vocational achievements.



Impact and Results:

Graduation Success: 72 average girls successfully completed the full ALP-MiddleTech program, demonstrating exceptional commitment and perseverance.

72 Girls Graduated

Skill Development: Learners received vocational training tailored to market demands, enhancing their employability in various trades.

Blended Learning Model: The program effectively combined self-learning kits, digital tablets, mentoring, and face-to-face assessments, ensuring an enriched educational experience.

Pathways for Future Growth: Graduates now have the opportunity to either pursue higher vocational training or initiate their own income-generating activities, fostering economic empowerment.

Through the successful execution and completion of the ALP-MiddleTech program in 2024, FWA has played a crucial role in redefining educational inclusion for marginalized girls, equipping them with knowledge, skills, and confidence to build a self-reliant future.



1.4 Education through Scholarship Support and Girl's Schools Revitalization:

Funded by Friends of Pakistan USA and implemented by Friends Welfare Association (FWA), this initiative aimed to enhance girls' education in Mansehra and Torghar by addressing financial barriers, improving school infrastructure, and empowering young women in education and healthcare.



Key Components:

1. Scholarship Support for Girls' Secondary Education
2. School Revitalization & Infrastructure Upgrades
3. Empowering Women in Healthcare

Achievements & Impact:

- Provided scholarships to 167 girls at GGMS Bakki and GGMS Mera Madakhel, ensuring continued education and reducing dropout rates.
- Sponsored a female student in a two-year Lady Health Visitor (LHV) program, addressing the shortage of female healthcare professionals in remote areas.
- Upgraded facilities in four girls' schools in Mansehra, including repairing classrooms, installing water connections, and providing essential learning materials (whiteboards, chairs, cabinets etc.).

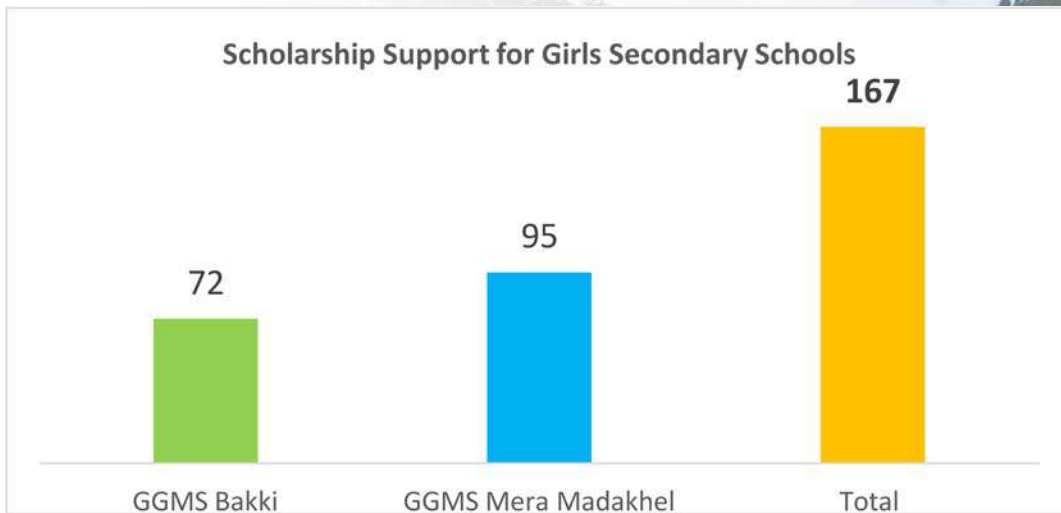


- Recruited six teachers to improve the quality of education.
- Formed Parent-Teacher Committees (PTCs) for school oversight.
- Advocated with the Education Department, securing commitments for permanent teacher placements.
- Introduced a volunteer teaching model to address staff shortages cost-effectively.

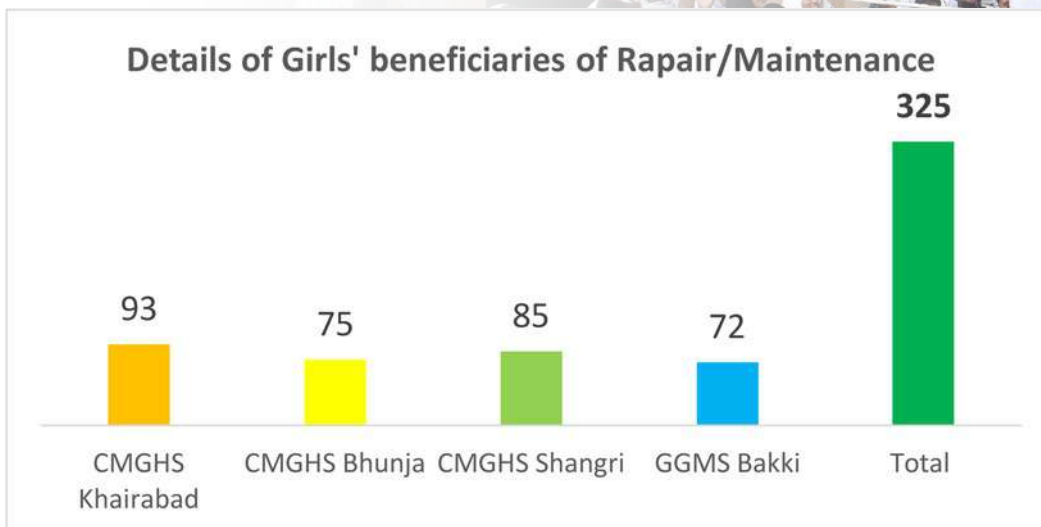
This project significantly enhanced educational opportunities for girls in underserved communities while fostering long-term sustainability and empowerment.



Details of beneficiary' girls' students at sponsored two girls' secondary schools are given below,



Details of beneficiaries girls students supported through repair and maintenance are given below,



1.5 Promoting Education for Children in Crisis: Restoring Schools & Empowering Learning

The project “Promoting Equality – Integrating Education and Vocational Skills for Children in Crisis and Women in Pakistan” was generously funded by YAYASAN TAQWA through MALAYSIAN HUMANITARIAN AID AND RELIEF (MAHAR).

Launched in District Mansehra, Khyber Pakhtunkhwa (KPK), the project aimed to restore and enhance educational infrastructure severely affected by the 2022 floods. The focus was on rehabilitating flood-damaged schools, improving education quality, and ensuring that children in crisis could continue their education in a safe and supportive environment.

Through the rehabilitation of Government Primary School (GPS) Mohandri and Government High School (GHS) Mohandri, the project created safe learning spaces for six hundred students. Additionally,



600 students Benefitted



teacher training programs and community engagement initiatives were implemented to enhance teaching quality and encourage school enrollments, particularly for girls and marginalized groups.

Key Components of the Education Initiative

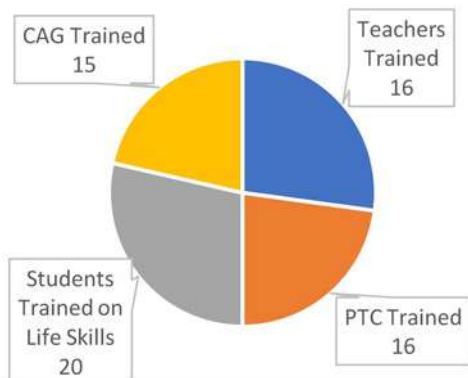
1. School Rehabilitation and Infrastructure Improvement
2. Enhancing Educational Quality through Teacher Training
3. Community Engagement and Advocacy for Education



Results and Achievements

- Successfully rehabilitated two schools (GPS & GHS Mohandri), directly benefiting 600 students by providing them with a safe and conducive learning environment.
- Conducted a 3-day professional development program for 19 teachers, focusing on child-centered teaching methodologies and psychosocial support for students impacted by crises.
- Equipped teachers with modern teaching techniques to foster a more interactive and engaging learning environment.
- Established a Parent-Teacher Council (PTC) and trained 16 members to strengthen school management and decision-making.

Capacity Building



- Formed a Community Advocacy Group (CAG) with 15 members to promote enrollment campaigns and address local educational challenges.
- Organized three advocacy events attended by 1,135 participants, highlighting the importance of education for all children, particularly girls.
- Achieved strong community participation, with over 1,135 members actively engaged in education advocacy, demonstrating local support for girls' education.



- Improved school management practices through the active involvement of PTCs and CAGs, ensuring sustainability and community ownership of educational institutions.

Educational Achievements Overview

Activity	Target	Achieved
School Rehabilitation (2 Schools enrolment)	555	600
Teacher Training (3-Day Program)	19	19
PTC Training (2 Days)	16	16
Life Skills Training for Students	20	20
CAG Formation & Training	15	15
Advocacy Events (Enrollment Campaigns)	1,000	1,135
Total Beneficiaries (Education Component)	1,625	1,805



1.6 Construction of Girls' Middle School Chota Bala

With financial support of The Maria Helena Foundation and Hoshyar Foundation USA, the Construction of Girls' Middle School Chota Bala project was launched to address space constraints caused by increasing student enrollment since the school's establishment in 2014. This initiative aimed to expand educational access for girls in the area by enhancing school infrastructure and facilities.



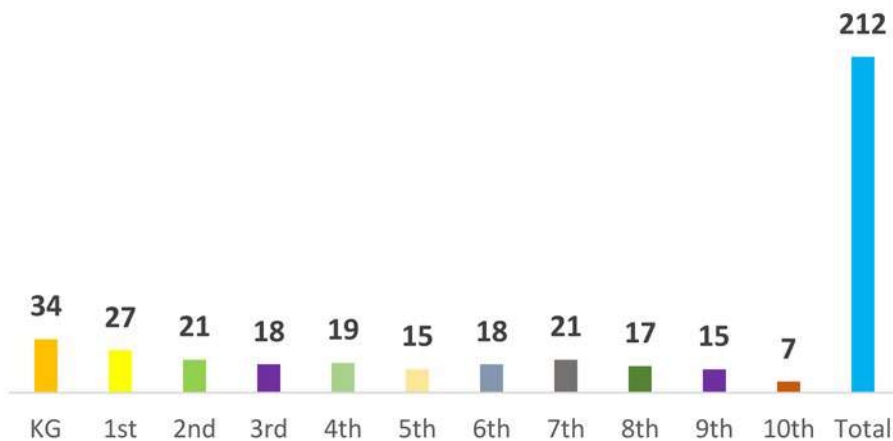
The project included:

- **Infrastructure Upgrades:** Construction of three new classrooms with an office, installation of three prefabricated lightweight steel classrooms, a toilet block, a retaining wall, a boundary wall for safety, and interior and exterior paintwork.
- **Facility Installations:** Solar power system, full electrical installations, water supply, and furniture provision.
- **Community Involvement:** Formation of a Project Management Committee from the local community to oversee the project and provide logistical support.



By 2024, all planned construction and facility enhancements were successfully completed. As a result, the school now provides education from Kindergarten (KG) to Grade 10, benefiting 212 girls.

School Enrolment- 2024



Project Outcomes

The completion of the Chota Bala Girls' Middle School project has brought significant short-term and long-term benefits to the community:

- **Increased Enrollment:** The additional classrooms have allowed more girls to access education, reducing barriers to learning.
- **Improved Learning Environment:** New facilities ensure a safe and engaging space, enhancing student participation and attendance.
- **Community Empowerment:** The Project Management Committee has fostered local ownership and commitment to sustaining the school.
- **Educational Growth & Social Impact:** The expanded school capacity is expected to improve academic performance, empower girls, and promote gender equality. Educated women will have better opportunities for employment, contributing to the economic development of Chota Bala.

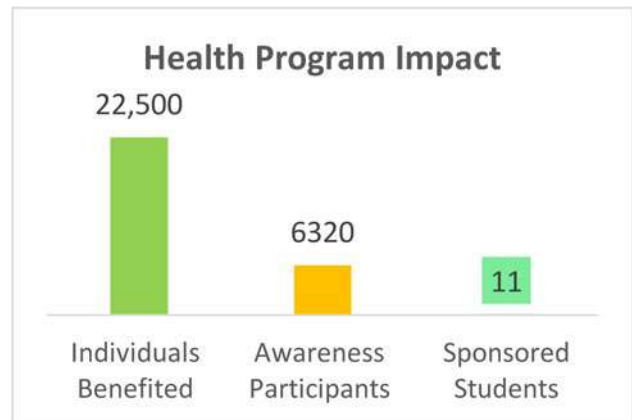
This project marks a transformative step in ensuring quality education and empowering future generations in the community.



2. Health

FWA's Health Program takes a holistic approach to improving healthcare access and promoting sustainable wellbeing in marginalized communities across Pakistan. Aligned with SDG 3 (Good Health and Wellbeing), the program focuses on strengthening healthcare systems in the post-COVID-19 era.

To date, FWA has supported over 22,500 individuals by equipping health facilities with essential medical supplies, ensuring access to quality medical care for underserved populations. Recognizing the shortage of female health workers in rural areas, FWA sponsored 10 vulnerable girls to pursue Lady Health Visitor (LHV) and Midwifery courses, empowering them to address maternal and infant health challenges in their communities.



FWA also conducted community health awareness sessions for 6,320 girls and women, focusing on hygiene, maternal health, and reproductive health. By educating women—the primary caregivers—FWA has multiplied the impact of its health interventions, fostering preventive healthcare practices.

Through these targeted initiatives, FWA continues to enhance immediate healthcare access while building long-term community resilience.

Key Components and Impact

Component	Description	Impact
Strengthening Health Facilities	Provision of essential medical supplies.	22,500+ individuals benefited.
Sponsorship for Healthcare Education	Support for 10 vulnerable girls in LHV/Midwifery courses.	Improved maternal and infant health in rural areas.
Community Health Awareness	Sessions for 6,320 girls & women on hygiene & reproductive health.	Enhanced preventive healthcare and health literacy.
Alignment with SDG 3	Focus on Good Health and Wellbeing.	Strengthened sustainable healthcare in marginalized areas.

2.1 Fazal Noor-Bostan Khan Scholarship Program:

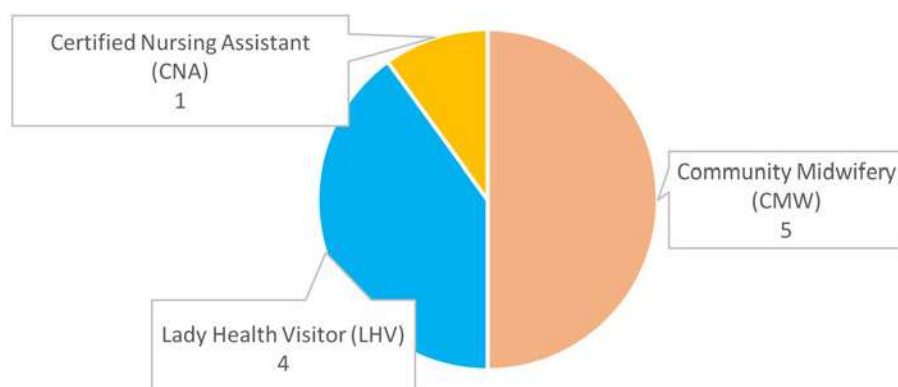
Funded by the Maria-Helena Foundation (MHF), the Fazal Noor-Bostan Khan Scholarship Project empowers young women in District Mansehra by providing access to specialized healthcare education. The initiative addresses the shortage of female paramedics and health visitors, aiming to reduce maternal and neonatal mortality in rural communities.



Through this project, 10 female students received financial support to pursue professional healthcare education at the Akbar Institute of Medical Sciences. Their training focuses on maternal and neonatal care, equipping them with the skills needed to serve as frontline healthcare providers while also promoting gender equality through education and career development.

Breakup of graduated girls' students is given below,

Students Enrolment



Progress in 2024

- **Academic Achievement:** Students completed 95% of their 2nd-year coursework, supplemented by clinical training in maternal and neonatal care.
- **Practical Experience:** Hands-on training enhanced their confidence and competence in real-life healthcare settings.
- **Monitoring & Support:** Regular institute and hostel visits ensured quality education, student well-being, and smooth progress.
- **Upcoming Milestone:** Final exams in March 2025, marking their transition into the healthcare workforce as qualified paramedics and health visitors.



Dual Impact of the Project

Beyond supporting individual students, the project has generated a broader impact:

1. **Economic Empowerment:** These young women gain financial independence by acquiring professional healthcare skills, enabling them to support their families and contribute to household incomes, especially in areas with limited economic opportunities for women.
2. **Improved Healthcare Access:** Graduates will provide maternal and neonatal care in remote areas where even basic healthcare facilities are absent. In many such communities, pregnant women must travel 20 to 30 kilometers on unpaved roads to access healthcare, posing severe risks to both mothers and newborns. By establishing local, trained healthcare providers, the project reduces these risks and significantly enhances healthcare accessibility.



Summary of Key Achievements

Component	Details	Impact
Student Support	10 female students sponsored for healthcare education.	Addresses shortage of paramedics and health visitors in rural areas.
Coursework Completion	95% of 2nd-year coursework successfully completed.	Ensures timely progress toward graduation.
Clinical Training	Practical sessions at King Abdullah District HQ Hospital, Mansehra.	Enhances hands-on skills for real-life healthcare challenges.
Monitoring & Evaluation	Regular institute and hostel visits.	Confirms education quality and student well-being.
Upcoming Milestones	Final exams in March 2025.	Critical step toward certification and workforce entry.

3. WASH

FWA's Water, Sanitation, and Hygiene (WASH) program is a cornerstone of its humanitarian efforts, advancing the goal of Sustainable Development Goal 6: Clean Water and Sanitation for All. Recognizing that access to clean water and sanitation is a fundamental right and a crucial determinant of health, FWA has dedicated its resources to empowering marginalized communities across Pakistan. By ensuring safe drinking water and sanitation facilities, the program has transformed thousands of lives, particularly benefiting women and children who are most vulnerable to waterborne diseases.



A major milestone in 2024 was the approval of "The Project for the Installation of a Water Supply System in Village Bakki, Mansehra, Khyber Pakhtunkhwa" by the Embassy of Japan in Pakistan under the Grassroots Grant Program (GGP). Designed on a gravity-flow model, this extensive 20,000+ feet drinking water supply scheme incorporates complex engineering expertise to provide sustainable access to clean water in remote mountainous areas.

FWA's commitment to safe water and sanitation dates back to 2010, when WASH became an integral part of its humanitarian programs. Recognizing the need for a more structured approach, FWA established WASH as a distinct program in 2018, focusing on WASH in schools and WASH for vulnerable communities. This strategic move allowed for a systematic response to both institutional and community-based needs. The urgency of these efforts is underscored by the fact that approximately 53,000 children under five in Pakistan die each year from waterborne diseases. To



combat this crisis, FWA has implemented a range of solutions, including gravity-flow water schemes, boreholes, and advanced water purification technologies such as Reverse Osmosis (RO) and Ultrafiltration plants.

The devastating floods of 2022 further underscored the need for urgent WASH interventions. In response, FWA expanded its services to the flood-affected provinces of Sindh and Baluchistan, where water contamination and scarcity posed severe health risks. In collaboration with KnK Japan, FWA installed solar-powered ultrafiltration and RO plants in areas with saline water and chemical and biological contamination. Throughout 2024, these systems continued providing safe drinking water to affected families, offering a sustainable solution to ongoing challenges.

FWA's impact is far-reaching, with over 165,000 school children benefiting from improved WASH facilities, enhancing both their health and learning environments. Additionally, 19,700 community members, including those displaced by floods, have received critical WASH support, reducing the spread of waterborne diseases and improving overall well-being.

165,000
STUDENTS BENEFITTED



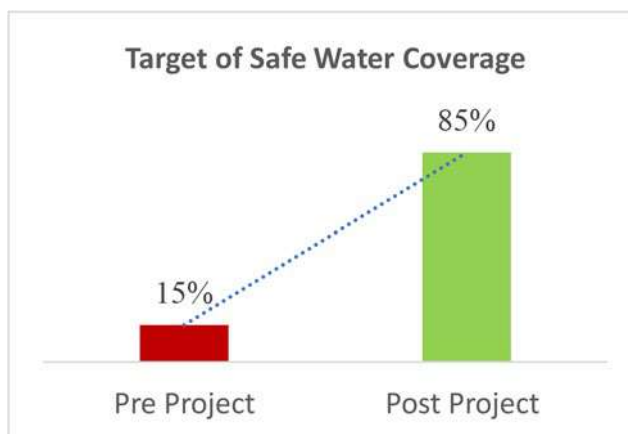
19,700
COMMUNITY MEMBERS BENEFITTED



FWA's WASH program is designed to create long-term, sustainable impacts through a multifaceted approach:

- Ensuring access to safe drinking water via gravity flow schemes, wells, and boreholes.
- Conducting regular water quality testing to detect and mitigate contamination.
- Implementing water purification methods, including the installation of RO and Ultrafiltration plants.
- Establishing and maintaining sanitation facilities, such as toilets and latrines, ensuring they are gender-sensitive and accessible.
- Conducting hygiene awareness campaigns to promote the adoption of safe hygiene practices.
- Promoting the construction and use of household sanitation facilities.
- Establishing hygiene facilities in schools and public spaces to create a safer environment for children and communities.
- Utilizing behavior change communication strategies to encourage long-term adoption of safe water, sanitation, and hygiene practices

3.1 The Project for The Installation of Water Supply System in Village Bakki, Mansehra, Khyber Pakhtunkhwa.



The project "Installation of Water Supply System in Village Bakki, Mansehra", currently being executed by Friends Welfare Association (FWA), is a transformative initiative aimed at providing sustainable access to safe drinking water for over 6,000 residents in the underserved Village Council Bakki, District Mansehra, Khyber Pakhtunkhwa (KP). Funded by the Embassy of Japan under the Grassroots Grant Program (GGP), this project seeks to enhance public health, reduce the prevalence of waterborne diseases, and improve overall quality of life through a Gravity Flow Water Supply Scheme.

The scheme is designed to increase safe water coverage from a mere 15% to 85%, significantly easing the burden on local communities who previously relied on contaminated water sources. By integrating health and hygiene education, the project not only addresses immediate water needs but also fosters a culture of cleanliness and disease prevention. This approach aligns with FWA's mission to enhance health, education, and livelihoods for vulnerable communities, ensuring long-term sustainability and community ownership.

Despite harsh weather and challenging terrain, the project has made significant progress, achieving following key milestones:

1. **Grant Contract and Agreements:** A formal grant contract was signed with the Embassy of Japan and a construction firm, ensuring transparency and efficient resource use.
2. **Community Engagement and Ownership:** A WASH Committee of local leaders and volunteers was formed, with multiple community meetings held to foster participation and local ownership.
3. **Technical Planning and Surveys:** Ground surveys, site layout, and technical planning were completed in collaboration with the contractor and WASH Committee to optimize the 20,000-foot pipeline route while minimizing environmental impact.
4. **Capacity Building:** WASH Committee members and local youths received training in hygiene, community mobilization, and basic system maintenance to ensure long-term sustainability.
5. **Material Procurement and Logistics:** GI pipes and other essential materials were procured to international standards. Due to the rugged terrain, transportation was managed using 4x4 vehicles and donkey carriages.
6. **Health and Hygiene Awareness:** Over 1,000 community members, especially women and children, participated in hygiene awareness sessions, water conservation training, and safe water practices.
7. **Future Impact:** The project will provide clean drinking water to over 6,000 residents in Village Council Bakki, increasing safe water coverage from 15% to 85%. It will reduce waterborne diseases, ease the burden on women and girls who travel long distances for water, and ensure long-term sustainability through community-led management.



4.

Socio-Economic Development

FWA's Socio-Economic Development Program is a comprehensive initiative aimed at enhancing the financial stability and overall quality of life for vulnerable communities in target area. By focusing on skills development, entrepreneurship, and sustainable livelihoods, the program has made significant strides in reducing poverty and empowering individuals, especially women and marginalized groups. Through a series of targeted projects, FWA has not only boosted income-generating opportunities but also preserved local cultural heritage, creating a lasting impact on the socio-economic landscape of the region.



Key projects and Achievements:

Vocational and Skill Training program,

In collaboration with different partner organizations, FWA provided vocational training to over 1,000 young girls in District Mansehra, equipping them with skills in cloth sewing and embroidery. This initiative enabled many to launch home-based businesses and achieve financial independence, directly improving their families' living standards.

1,000 girls benefitted



Carpet Weaving and Capacity Building Project:

In partnership with Government organization, "Aik Hunar aik Nagar-AHAN", FWA trained 60 families in advanced weaving techniques and facilitated direct market linkages as part of reviving the traditional carpet weaving industry in KP province. This project not only boosted household incomes but also played a key role in reviving cultural heritage by sustaining traditional craftsmanship.



60 families benefitted

Livestock Distribution Project:

With the funding from the Orskov Foundation, FWA distributed livestock to 87 rural families in Jabber Devli, providing them with a sustainable source of income. This project significantly enhanced the economic resilience of these families by reducing their dependency on irregular wage labor.

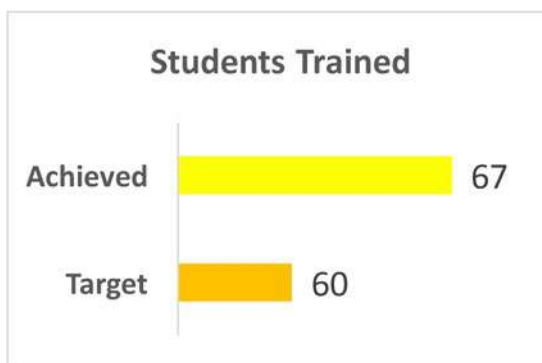


87 families benefitted

During the year 2024, the following programmatic Intervention was undertaken,

4.1 Empowering Women Through Vocational Skills: Building Livelihoods & Economic Independence

The Vocational Training Program implemented by Friends Welfare Association (FWA), with funding from YAYASAN TAQWA through MAHAR Malaysia, has been a significant intervention in empowering young women in District Mansehra, Khyber Pakhtunkhwa (KP). This initiative aimed to improve employment opportunities for girls who had left the education system by providing them with marketable skills in sewing and tailoring. The program was executed through a Vocational Training Institute established in Mansehra, offering a six-month training course divided into two batches during the year 2024.



A total of 67 girls successfully completed the training during the year of 2024, surpassing the initial target of 60 trainees. The students were trained in sewing, stitching, fabric cutting, and garment design, with practical lessons that included creating shirts, trousers, and traditional dresses. Their skills were evaluated through examinations supervised by the Skill Development Council (SDC) Peshawar, ensuring that the certifications awarded were nationally recognized.

Through its focus on skills development and economic empowerment, FWA's Vocational Training Program has not only improved the financial stability of these young women but also contributed to the socio-economic development of the wider community.

Key Achievements and Results:

- **Skill Development:** The training equipped 67 young women with professional skills in sewing and tailoring during the year 2024, enabling them to pursue self-employment and enhance their economic independence.
- **Entrepreneurship Support:** To promote sustainable livelihoods, the project facilitated access to microfinance loans through Akhuwat, allowing graduates to start their own businesses.
- **Community Engagement:** A Women Enterprise Development Committee (WEDC) was formed to support the graduates with market linkages and business management skills. This committee played a crucial role in organizing an exhibition where students showcased and sold their creations, gaining real-world business experience.
- **Economic Impact:** At least 20 graduates of the year 2024 quickly secured tailoring orders for local events, generating immediate income and proving the effectiveness of the skills learned.



5.

Climate Change Mitigation and Adaptation

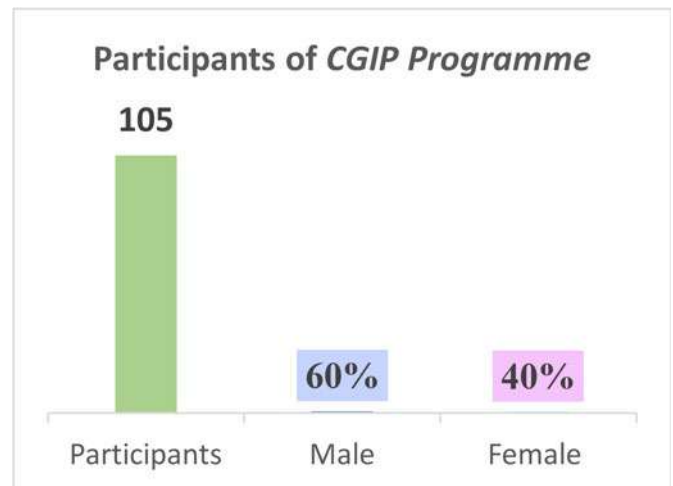
Friends Welfare Association (FWA) continues to advance its Climate Change Mitigation and Adaptation program with a strategic focus on enhancing community resilience, promoting clean energy, and fostering sustainable environmental practices. Building upon its past achievements, FWA has expanded its interventions to integrate governance, social accountability, and citizen participation in climate decision-making. By collaborating with key stakeholders, including government agencies, civil society organizations, and local communities, FWA has reinforced its commitment to climate action through capacity-building, infrastructure development, and green initiatives.



Key Achievements in 2024

Strengthening Climate Governance and Participation

- Organized a Training Workshop on Climate Change Mitigation, Adaptation, Resilience, and Social Accountability Tools in collaboration with Transparency International – Pakistan under the Climate Governance Integrity Programme (CGIP) in District Mansehra, KPK.
- Engaged 105 participants, including members of civil society, government officials (District Disaster Management Authority), journalists, youth, and climate activists, with 40% female participation.



Promotion of Clean Energy Solutions

- Solarized GPS Chota Bala, adding to the network of solar-powered schools, reducing reliance on non-renewable energy sources.



Environmental Sustainability and Plantation Campaigns

- Planted 1,000 trees in various areas of District Mansehra, reinforcing FWA's commitment to reforestation and climate resilience.



Disaster-Resilient Infrastructure Development (*Building on previous efforts*)

- Continued efforts in constructing *climate-resilient educational infrastructure*, ensuring schools are better prepared for climate-induced disasters.



- Enhanced public awareness through disaster risk reduction (DRR) education, fostering sustainable practices within communities.

Through these initiatives, FWA remains at the forefront of climate action, bridging governance and grassroots interventions to create a more resilient and sustainable future.

6. Major Events of 2024









7. FWA Internal control & MEAL System

FWA Financial, Procurement, and HRM System

FWA upholds accountability, transparency, and quality control through a robust ERP system that integrates financial, procurement, and HRM processes. This customized software ensures structured workflows, real-time access to reports, and a clear audit trail for all financial transactions. The system aligns with FWA's approved SOPs, ensuring compliance with national and international standards.



Internal and external audits are conducted regularly to enhance transparency, assess operational efficiency, and drive continuous improvement. With defined channels for anonymous reporting and consistent oversight, the ERP system reinforces organizational integrity and performance.

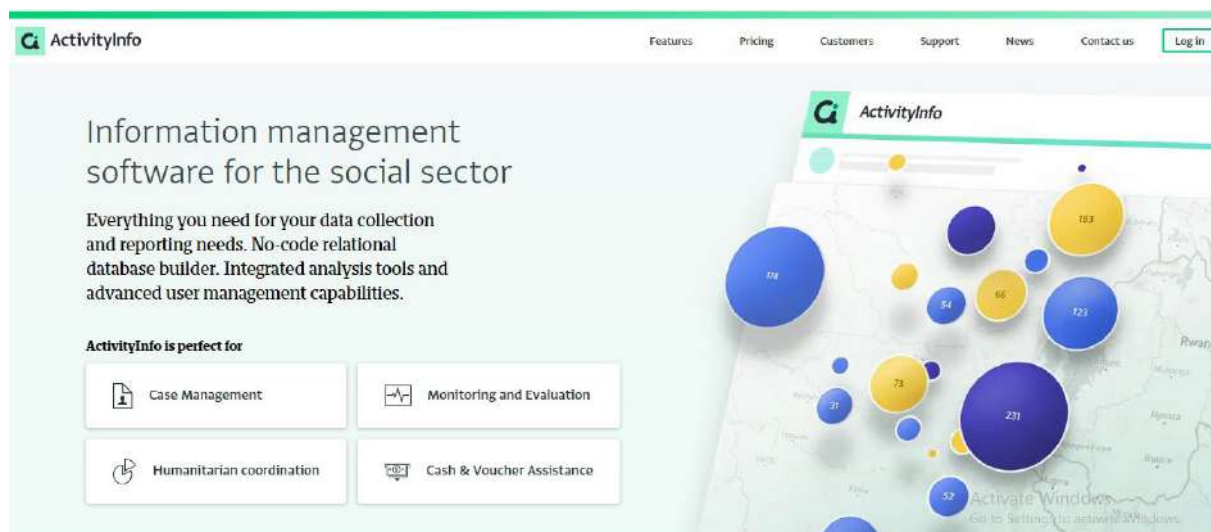
FWA Monitoring, Evaluation & Learning (MEAL) System

FWA's MEAL system is designed to drive informed decision-making, performance improvement, and impact assessment. At its core is Activity Info, a real-time, cloud-based platform that enables accurate data collection, analysis, and reporting.

The system includes:

- **Planning:** Defined indicators, responsibilities, and timelines.
- **Data Collection:** Tech-enabled, real-time collection through mobile and cloud tools.
- **Analysis:** Integrated with Activity Info for meaningful interpretation.
- **Reporting:** Periodic dissemination of actionable insights.
- **Learning:** Participatory reviews, workshops, and adaptive strategy development.

Through its MEAL system, FWA ensures transparency, accountability, and a learning-driven approach across all projects, supported by a Log Framework Analysis model.



8. Audit Report

FRIENDS WELFARE ASSOCIATION STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2024

	Note	2024 Rupees	2023 Rupees
ASSETS			
NON-CURRENT ASSETS			
Operating fixed assets	3	3,065,073	4,191,619
CURRENT ASSETS			
Advances, deposits and other receivables	4	5,979,000	989,324
Short term loan to employees	5	1,490,000	3,530,000
Taxation - net	6	79,870	54,601
Cash and bank balances	7	15,919,581	21,448,324
		<u>23,468,451</u>	<u>26,022,249</u>
TOTAL ASSETS		<u><u>26,533,524</u></u>	<u><u>30,213,868</u></u>
FUNDS AND LIABILITIES			
FUND			
General fund		3,845,434	2,966,895
NON-CURRENT LIABILITIES			
Deffered grants	8	7,301,402	17,101,743
CURRENT LIABILITIES			
Accrued and other liabilities	9	15,386,688	10,145,230
Taxation - net	6	-	-
		<u>15,386,688</u>	<u>10,145,230</u>
TOTAL LIABILITIES		<u>22,688,090</u>	<u>27,246,973</u>
CONTINGENCIES AND COMMITMENTS	10	-	-
TOTAL FUNDS AND LIABILITIES		<u><u>26,533,524</u></u>	<u><u>30,213,868</u></u>

The annexed notes form an integral part of these financial statements. *lan*


EXECUTIVE DIRECTOR




DIRECTOR

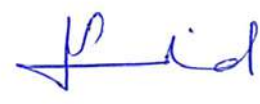
FRIENDS WELFARE ASSOCIATION
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED 31 DECEMBER 2024

	Note	2024 Rupees	2023 Rupees
INCOME			
Amortization of deffered grants	8	57,680,927	169,961,788
Donations		300,000	-
Other income	11	2,056,994	3,403,117
		<u>60,037,921</u>	<u>173,364,905</u>
EXPENDITURE			
Direct programme cost	12	47,158,828	154,170,367
Programme support cost	13	1,867,261	7,411,590
Indirect programme cost	14	8,632,710	8,379,831
Depreciation	3	795,240	1,113,385
Receivables from donor written off		679,630	-
		<u>59,133,669</u>	<u>171,075,173</u>
SURPLUS BEFORE TAXATION		<u>904,252</u>	<u>2,289,732</u>
Taxation - current	15	25,712	42,539
SURPLUS AFTER TAXATION		<u><u>878,539</u></u>	<u><u>2,247,193</u></u>

The annexed notes form an integral part of these financial statements. *See*



EXECUTIVE DIRECTOR

DIRECTOR

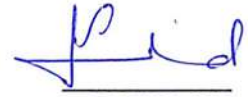
FRIENDS WELFARE ASSOCIATION
STATEMENT OF CHANGES IN GENERAL FUND
FOR THE YEAR ENDED 31 DECEMBER 2024

	Rupees
Balance as at 31 December 2022	719,702
Surplus after taxation	<u>2,247,193</u>
Balance as at 31 December 2023	2,966,895
Surplus after taxation	<u>878,539</u>
Balance as at 31 December 2024	<u><u>3,845,434</u></u>

The annexed notes form an integral part of these financial statements. *W*



EXECUTIVE DIRECTOR



DIRECTOR

FRIENDS WELFARE ASSOCIATION
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2024

	2024	2023
	Rupees	Rupees
CASH FLOWS FROM OPERATING ACTIVITIES		
Surplus before taxation	904,252	2,289,732
Adjustments for non-cash charges and other items:		
Amortization of deferred grants	(57,680,927)	(169,961,788)
Depreciation	795,240	1,113,385
Recognition of surplus as income	-	(241,616)
Net book value of donated operating fixed assets	331,306	216,681
Operating fixed assets written off	-	40,532
Deficit before working capital changes	(55,650,129)	(166,543,074)
Working capital changes		
(Increase) / decrease in current assets:		
Advances and deposits	(4,989,676)	17,776,923
Short term loan to employees	2,040,000	-
	(2,949,676)	17,776,923
Increase / (decrease) in accrued and other liabilities	5,241,458	(5,600,510)
Cash used in operations	(53,358,347)	(154,366,661)
Income tax paid	(50,982)	(125,538)
Net cash used in operating activities	(53,409,329)	(154,492,199)
CASH FLOWS FROM INVESTING ACTIVITIES		
Capital expenditure on operating fixed assets	-	-
Proceeds from disposal of operating fixed asset	-	-
Net cash used in investing activities	-	-
CASH FLOWS FROM FINANCING ACTIVITIES		
Grants received-net	47,880,586	171,658,410
Net cash from financing activities	47,880,586	171,658,410
Net (decrease) / increase in cash and cash equivalents	(5,528,743)	17,166,211
Cash and cash equivalents at the beginning of the year	21,448,324	4,282,113
Cash and cash equivalents at the end of the year	15,919,581	21,448,324

The annexed notes form an integral part of these financial statements. *la*



EXECUTIVE DIRECTOR




DIRECTOR

9. Partners





Friends Welfare Association Pakistan

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Mansehra Office: House #17, Sector B1, Datta Hamlet Housing Scheme, Mansehra, KP, Pakistan.

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