

# **A Future for Her (Widows Empowerment Program)**

## **Full Project Plan: Sewing Machine Training Program**

The Sewing Machine Training Program under the "A Future for Her" initiative aims to empower widows in Nepal by providing them with the skills and tools to become financially independent. This program offers comprehensive training in sewing and tailoring, enabling participants to start their own businesses or find employment. The training will be conducted over 3-6 months, focusing on both skill development and entrepreneurship.

### **Program Goals**

1. Skill Acquisition: Provide widows with sewing and tailoring skills to help them generate income.
2. Financial Independence: Equip participants with the tools and knowledge needed to start businesses or seek employment.
3. Social Empowerment: Foster a sense of independence, confidence, and inclusion for widows in the community.
4. Economic Contribution: Support widows in becoming contributors to the local economy through their businesses.

### **Program Plan**

1. Program Duration and Structure
  - Duration: 3-6 months

- Content: Basic to advanced sewing techniques, pattern making, tailoring, and business management.

## 2. Target Participants

- Widows in rural and semi-urban areas of Nepal, particularly those facing financial hardships.

## 3. Training Locations

- Community centers or rented spaces accessible to participants.

## **Budget Breakdown (Cost: \$9,500)**

1. Instructor Fees: \$2,000

2. Sewing Machines: \$2,500

3. Training Materials & Supplies: \$1,000

4. Venue Rental: \$1,000

5. Marketing & Outreach: \$500

6. Microfinance Fund: \$1,500

7. Miscellaneous and Contingency Fund: \$500

Total Estimated Budget: \$9,500

## **Expected Outcomes**

1. Skilled widows capable of sewing a wide variety of garments.

2. Entrepreneurship opportunities for widows to start businesses.

3. Increased income and financial independence for widows.

4. Social empowerment and reduced stigma for widows.

5. Sustainable businesses contributing to the local economy.