



Starting Small

At The REAL Program



ABOUT THE PROGRAM

Starting Small at The REAL Program is a preschool program designed to provide young children, ages 3-5, with a strong educational foundation using Reggio Emilia principles.

Our preschool fosters a cooperative and nurturing learning environment where children are encouraged to explore, discover, and learn through play-based activities.

Emphasizing the development of social, emotional, cognitive, and physical skills, our program prepares children for future academic success and lifelong learning.

Additionally, this program serves as a lab school for North Shore Community College, offering teacher training opportunities and promoting best practices in early childhood education.

By engaging both children and their families, we create a supportive community that values education and intellectual curiosity from an early age.

The REAL Program's Preschool is committed to laying the groundwork for a brighter future by instilling a love of learning in every child.

HO WE DO IT

OUR ACTIVITIES



We apply the Reggio Emilia approach

The Reggio Emilia approach emphasizes child-led learning, where teachers act as guides and co-learners, fostering exploration and creativity. The environment plays a key role, encouraging collaboration and curiosity. Social interaction is central, as learning is seen as a shared process. Teachers document progress to adapt lessons, creating a responsive and reflective educational experience.



Fostering self-awareness and identity

Through intentional activities such as mirror exploration and self-portraits, children are encouraged to recognize themselves as unique individuals. These exercises not only help children understand their appearance but also begin to shape their emotional and social identity. This foundation of self-identity helps build confidence, empathy, and a deeper understanding of their place in the world.



Recognizing Their Environment: Flora and Fauna

We emphasize the importance of children's awareness and appreciation of their natural surroundings. Through hands-on activities and explorative learning, children engage with the flora and fauna around them, fostering a deep connection to their environment.

BEHIND THE IMPACT

OUR TEAM

Meet the team behind the Starting Small Program at The REAL Program. This passionate group of volunteers and community advocates is committed to nurturing early childhood education and ensuring that every child has access to resources that support their growth and development.



Jan Plourde
The REAL Program
Director



Tammie Galland
Director of
Starting Small Program



Autumn Kane
Lead Teacher
Starting Small Program

WHO STAND WITH US

OUR PARTNERS

At The REAL Program, we believe in the power of collaboration to create impactful change. Our work would not be possible without the dedication and support of our partners, who share our vision of creating a brighter future through education and community engagement.



Joel & Mary Abramson



Northwest Emergency Associates: Dr. Don Pasquarello



Sean Whitelavich



La Messy Baker





THANK YOU!



BE PART OF THIS GREAT CAUSE!

TO KNOW MORE



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