

Remedy: Holistic Health, Community-Centered Care

One Billion Literates Foundation (OBLF) is a grassroots non-profit organization established in 2010, dedicated to uplifting underserved communities in Anekal Taluk, Bangalore. Through a holistic, systems-based approach to poverty alleviation, OBLF operates four core programs focusing on education, healthcare, community rehabilitation, and women's empowerment. Over the past decade, the foundation has impacted 43,000+ children, trained and employed 400+ women, improved the quality of life for over 2,000 individuals in ultra-marginalized communities, and provided primary healthcare to 15,000+ people.

The Problem Non-communicable diseases (NCDs) like hypertension and diabetes, life-limiting illnesses, and mental health issues are severely impacting vulnerable populations in rural Anekal Taluk. Older adults, those with chronic conditions, and economically disadvantaged groups face limited healthcare access and support, worsening their quality of life. Left untreated, these conditions lead to premature death, financial burdens, and deteriorating community health.

Our Solution OBLF's *Remedy* program provides an integrated, community-based healthcare model that addresses evolving health needs. By offering primary care through village-based clinics, home care visits, palliative care, and mental health support, we ensure comprehensive treatment for the most vulnerable. Our approach emphasizes early detection and ongoing management of NCDs while reducing the stigma of mental health and offering compassionate care for the terminally ill.

Over the past two years, Remedy has:

- Treated 1,000+ patients with hypertension and diabetes, reducing preventable cardiovascular disease.
- Improved the quality of life for 50 patients needing palliative care through home-based services.
- Engaged 17 local frontline health workers to offer healthcare and education to over 30 remote villages, benefiting more than 13,000 individuals.

Join Us Your support can help us expand access to essential healthcare, improve mental health outcomes, and provide compassionate care for those in need. Together, we can uplift entire communities, ensuring health and dignity for every individual.

- Treat 1000 NCD (BP and Diabetes) patients
INR 870,000 (**USD 10400**)
- Improve the quality of life of 50 patients in need of Palliative care through physiotherapy, medication and healthcare for one year
INR 10,00,000 (**USD 11920**)

The Continuum of Care

