

**SOMNIA OSBRAIN  
FOUNDATION**

# **YOUNG MOTHERS EMPOWERMENT PROGRAM, YMEP**



► **Implementing Organization:**

**Somnia Osbrain Foundation LBG**

(Registered No. CG023880424 TIN: COO6395429X)

► **Project Location:**

Four marginalized communities in the Volta Region, Ghana

► **Duration:**

**Educational path: 36 months**

**Skills Training Path : 12 months**

## ► Project Summary:

The Young Mothers Empowerment Program (YMEP) is a comprehensive initiative designed to empower 250 young/teenage mothers, aged 13-35, who were married off early, by equipping them with critical education and vocational skills. The program will be implemented across four communities in the Volta Region. *YMEP provides two key pathways*: an **Educational Path** for young mothers who wish to continue their academic education, and a **Skills Training Path** focused on TVET (Technical and Vocational Education and Training) and STEM (Science, Technology, Engineering, and Mathematics).

The program also offers emotional counseling and social support to help these young mothers overcome personal and environmental barriers. The ultimate goal is to enable these women to complete their education, secure gainful employment, and achieve self-sufficiency, thereby contributing to the overall socioeconomic development of their communities.

## ► Problem Statement:

In Ghana, the Ghana Education Service's Pregnancy Prevention and Reentry Policy aims to reintegrate teenage mothers into the education system. However, the policy's impact has been limited due to the lack of comprehensive support systems. Young mothers, especially those in the marginalized communities, face significant barriers, including limited access to job training, inadequate emotional support, and hostile living environments characterized by high unemployment, poor housing, large family sizes, violence, and crime.

These challenges contribute to their isolation, mental health struggles, and ultimately, their inability to complete their education or secure employment. This cycle of poverty and dependency persists, with these young mothers and their children suffering the most.

## ► Project Objectives:

1. **Educational Empowerment:** Provide academic support to young mothers, enabling them to reenter and complete formal education.
2. **Vocational Training:** Offer TVET and STEM-based skills training to equip young mothers with marketable skills that enhance their employability.
3. **Emotional and Social Support:** Deliver counseling and create support groups to address the mental health and social challenges faced by young mothers.
4. **Economic Independence:** Facilitate pathways to gainful employment, entrepreneurship, and self-sufficiency for program participants.
5. **Community Development:** Strengthen the community workforce by integrating trained young mothers into local economic activities.

▶ **Project Implementation:**

The YMEP will be implemented in the following phases:

▶ **Phase 1: Project Planning and Community Engagement (Months 1-2):**

- Community sensitization and engagement to ensure local buying.
- Recruitment of project staff and establishment of partnerships with local stakeholders.

▶ **Phase 2: Recruitment and Enrollment of Participants (Months 3-4):**

- Identification and selection of eligible young mothers across the four communities.
- Orientation sessions to prepare participants for the program.

▶ **Phase 3: Implementation of Educational and Skills Training Programs (Months 5-14):**

- **Educational Path:** Academic tutoring, enrollment in formal schools, and provision of learning materials.
- **Skills Training Path:** Training in TVET and STEM fields, focusing on skills such as sewing, leatherwork, and computer literacy.
- Establishment of mentorship programs to guide young mothers through their learning journeys

▶ **Phase 4: Provision of Counseling and Support Services (Ongoing from Month 3):**

- ▶ Regular counseling sessions to address mental health issues.
- ▶ Formation of peer support groups to foster a sense of community and mutual support among participants.

▶ **Phase 5: Monitoring, Evaluation, and Impact Assessment (Months 15-18):**

- ▶ Continuous monitoring of participant progress and program outcomes.
- ▶ Final impact assessment to evaluate the program's effectiveness and inform future initiatives.

## ► **Expected Outcomes:**

1. **Educational Achievement:** Increased rates of school re-entry and completion among young mothers in the target communities.
2. **Skills Acquisition:** Participants gain marketable vocational and technical skills, leading to improved employment prospects.
3. **Improved Well-being:** Enhanced mental health and social integration for young mothers through counseling and support groups.
4. **Economic Empowerment:** Increased income and economic independence among participants, leading to improved living standards for their families.
5. **Community Impact:** Strengthened local economy through the integration of skilled young mothers into the workforce.

## ► **Sustainability:**

The YMEP is designed with sustainability in mind. By equipping young mothers with both education and vocational skills, the program fosters long-term self-sufficiency.

Additionally, partnerships with local businesses and institutions will create ongoing opportunities for employment and entrepreneurship. The establishment of peer support groups and local mentorship networks will continue to provide emotional and professional support beyond the program's duration.

► **Budget Estimate:**

The estimated budget for the YMEP is **GHC 175, 318**, covering all phases of implementation, including educational materials, training equipment, mentorship and counseling services, staff compensation, and monitoring and evaluation activities.

FIRST-PHASE OF YMEP @ AWUDOME AVENUE, BAME, HLEFI, AND BAKPE  
where 150 young mothers were trained how to bake pastries.



## Estimated Budget for Skill Training Path

DESCRIPTION		UNIT	QUANTITY	COST PER UNIT (USD)	COST PER UNIT (GHC)	TOTAL COST (USD)	TOTAL COST (GHC)
<b>SKILLS TRAINING &amp; CAREER DEVELOPMENT (TVET-STEM) (1-YEAR)</b>							
<b>Cost of Training</b>							
	Sewing	Months	12	15	225	180	2,880
	Leather Art	Months	12	15	225	180	2,880
	Computer Literacy (Digital Marketing)	Months	12	10	150	120	1,920
Sewing Machines		Lump sum	20	86	1,290	1,720	25,800
Training Kits (leathers, threads, measuring tape, pins, tailor's chalk, etc.)		Lump sum	25	20	300	500	7,500
Mentorship (Business & Financial Management)		Months	6	15	225	90	2,880
NVTI Certification (Exams & Cert.)		Lump sum	50	30	450	1,500	22,500
Business Start-up Package (Sewing Machine & Training Kits)		Lump sum	50	90	1,350	4,500	67,500
<b>TOTAL</b>				<b>281</b>	<b>4,215</b>	<b>8,790</b>	<b>133,780</b>

# Estimated Budget for Educational Path

DESCRIPTION	UNIT	QUANTITY	COST PER UNIT (USD)	COST PER UNIT (GHC)	TOTAL COST (USD)	TOTAL COST (GHC)
<b>EDUCATION EMPOWERMENT SCHOLARSHIP (3-YEARS)</b>						
Fee-paying (Minor charges such as PTA, exams, Project, Utility)	Lump sum	50	14	200	700	10,000
Books and Supplies	Lump sum	50	10	150	500	7,500
Mentorship & Counseling	Months	12	15	225	180	2,700
Computer Literacy (Digital Marketing)	Months	12	20	240	300	3,600
Transportation Support for Counselors	Months	12	10	150	120	1,800
<b>TOTAL:</b>			<b>69</b>	<b>965</b>	<b>1,800</b>	<b>25,600</b>

# Summary Budget

Summary Budget						
	COST PER UNIT (USD)	COST PER UNIT (GHC)	TOTAL COST (USD)	TOTAL COST (GHC)	Miscellaneous (10%)	TOTAL (GHC)
EDUCATION EMPOWERMENT SCHOLARSHIP (3-YEARS)	69	965	1,800	25,600	2,560	28,160
SKILLS TRAINING & CAREER DEVELOPMENT (TVET-STEM) (1-YEAR)	281	4,215	8,790	133,780	13,378	147,158
<b>GRAND TOTAL</b>						
			<b>USD11,653</b>	<b>GHC 175, 318</b>		

## ► Conclusion:

The Young Mothers Empowerment Program is a transformative initiative that addresses the critical needs of young mothers in the marginalized communities. By providing them with education, vocational training, and emotional support, the program will enable these women to overcome significant challenges and achieve economic independence.

This, in turn, will contribute to the broader development of their communities. We seek the support of donors, partners, organizations and individuals to make this vision a reality and to create lasting change for these young mothers and their families.

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