

WELCOME TO OUR

Newsletter



9 yr old Moses Vundi about to enjoy a warm cup of porridge before school.

THRIVING HEALTH FEEDING PROJECT: OUR JOURNEY TOGETHER AND THE PATH AHEAD

Dear Conscious Kenya Supporters,

We hope this message finds you well. As the founder and CEO of Conscious Kenya, I am thrilled to share the remarkable progress of our Thriving Health Feeding Project in Viwandani's Mukuru Sinai informal settlement. Your generous support has been the cornerstone of our success, and it is with heartfelt gratitude that I update you on our journey and the incredible impact we've achieved together.

Our Journey So Far:

IN FY 2023, WE EMBARKED ON A MISSION TO COMBAT CLASSROOM HUNGER BY PROVIDING DAILY PORRIDGE MEALS TO 250 CHILDREN WHO FACED HEALTH ISSUES AND THE CHALLENGES OF ATTENDING SCHOOL ON AN EMPTY STOMACH. THANKS TO YOUR UNWAVERING SUPPORT AND THE POWER OF PEER-TO-PEER FUNDRAISING FROM INDIVIDUAL DONORS WORLDWIDE, WE EXPANDED OUR REACH SIGNIFICANTLY. BY JUNE 2023, WE FED OVER 500 CHILDREN, ENSURING THEY HAD THE NOURISHMENT NEEDED TO THRIVE ACADEMICALLY AND PHYSICALLY.

THE POWER OF CROWDFUNDING FURTHER BOLSTERED OUR RESOURCE MOBILIZATION EFFORTS. WITH YOUR HELP, WE WERE ABLE TO APPLY FOR AND RECEIVE OUR FIRST INTERNATIONAL GRANT OF USD 1,000 FROM THE POLLINATION PROJECT FOUNDATION. THIS GRANT WAS A GAME-CHANGER, ALLOWING US TO SERVE OVER 5,000 CHILDREN FROM FY OCTOBER 2023 TO FY JANUARY 2024.

Our meals
volunteer
supervisor Mary
hanging out with
the kids during
meal time



Impact on the community:

The results of our collective efforts have been nothing short of transformative:

- **Improved Academic Performance:** Our register recorded more consistent school attendance by 5250 school-going children due to Conscious Kenya's feeding project.
- **High Attendance Rates:** School attendance rates significantly improved with nutritious meals provided daily.
- **Enhanced Health and Moods:** Children's health and moods improved significantly, enabling them to engage more actively in their studies.
- **Community Solidarity:** The community in Sinai rallied together, offering support and assistance, and strengthening the bonds within the settlement.

LOOKING AHEAD

While we have made tremendous strides, there is still much work to be done to eradicate classroom hunger in Viwandani. Our vision is to continue expanding the Thriving Health Feeding Project, reaching more children and ensuring every child has the opportunity to learn and grow without the hindrance of hunger. Making sure they live healthily and thrive in education.

[DONATE THROUGH OUR WEBSITE:](http://WWW.CONSCIOUSKENYA.CO.KE)
WWW.CONSCIOUSKENYA.CO.KE

CALL TO ACTION!

We call upon your continued support to help us achieve this vision. Your donations are crucial in sustaining and expanding our efforts. Here's how you can make a difference:

1. **Donate:** Every contribution, no matter the size, helps us provide nutritious meals to more children.
2. **Spread the Word:** Share our story with your network to raise awareness and encourage others to join our cause.
3. **Volunteer:** Offer your time and skills to support our project on the ground.

BE A PART OF OUR TRANSFORMATIVE AGENDA IN VIWANDANI

Together, we can end classroom hunger in Viwandani and create a brighter future for the children of Mukuru Sinai and the other settlements.

Thank you for being an integral part of this journey. Your generosity and compassion continue to inspire us every day.

**Warm regards,
Antony Koskey
Founder/CEO/Secretary
Conscious Kenya**



One of our volunteers serving a large cup of nutritious porridge.



Work with us today

HAVE ANY QUESTIONS ABOUT WORKING WITH US?

info@consciouskenya.co.ke

[LET'S CHAT!](#)

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