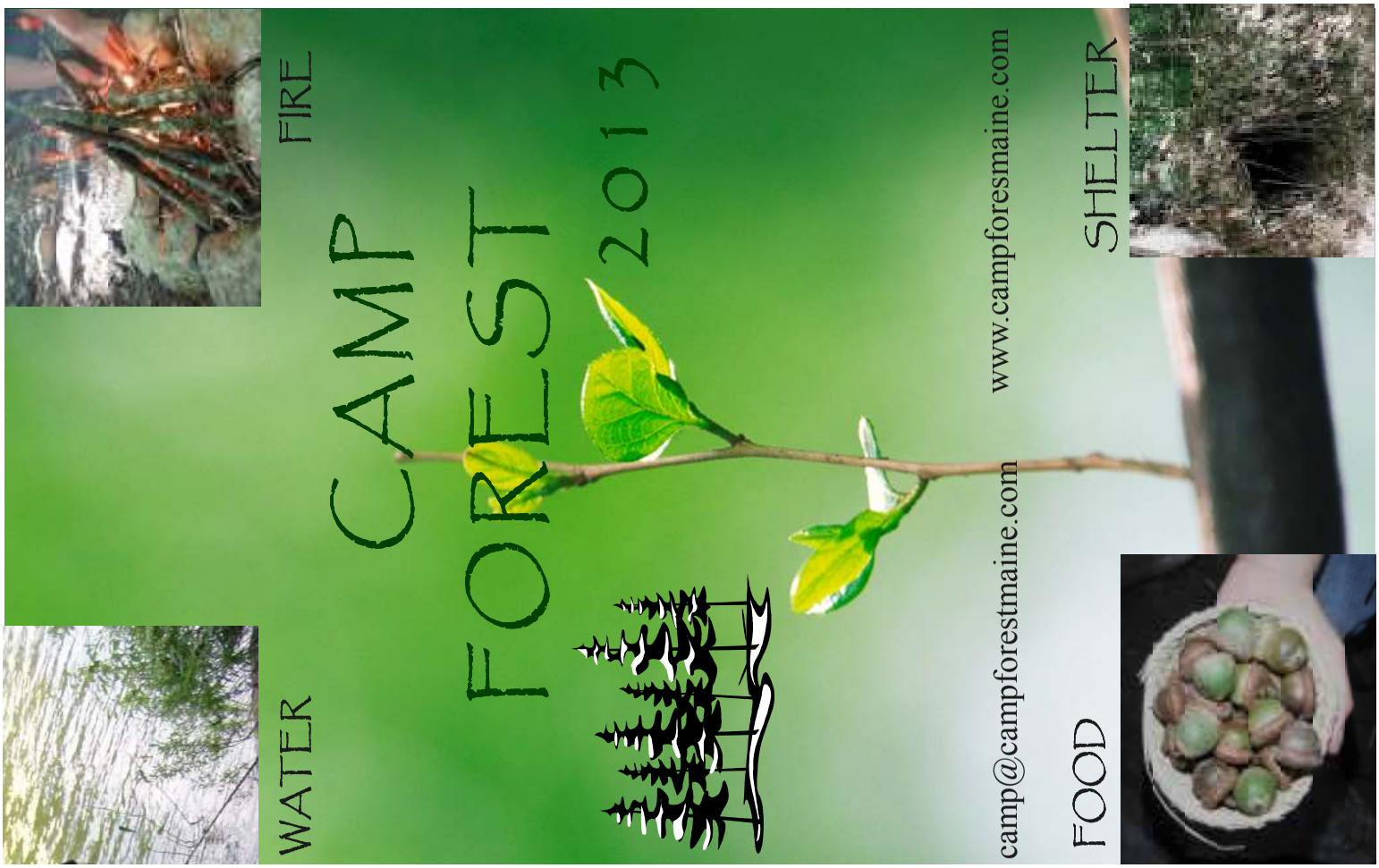


CAMP FOREST

60 Payson Road
Brooks, ME 04921
camp@campforestmaine.com
www.campforestmaine.com

Address Service service requested

Nurturing a Love of Natue

Instead of discarding, please consider passing this flyer on or placing it where someone who is interested may find it . Thank you

Nuturing a Love of Nature

DAYCAMP

EXPEDITIONS

ADULT WORKSHOPS

SEASON EXTENDERS

INTERNATIONAL OPPORTUNIITIES

ACTIVITIES

Shelter Building
Tracking
Cordage
Coal Burned Bowls
Compass and Map
Archery
Tool Safety
Special Visitors

Outdoor Safety
Hiking
Fox Walk
Plant Identification
Weaving
Stone Tools
Lost Proofing
Global Awareness

VISION

- Campers learn by doing
- The Staff use Coyote Teaching techniques
- Campers observe and participate in the natural world around them.

SPECIAL WORKSHOPS

July 3: Design, build and decorate the Camp Forest FLOAT!
COST: FREE TIME: anytime during the day
July 10: Story Telling with Ray Reitze
COST: $25.00 TIME: 9 am - 4pm
July 17: Brown Ash Basket making:
COST: $100.00 includes materials TIME: 9 am - 4pm
July 24: Working with Skins
COST: $125.00 includes materials TIME: 9 am - 4pm
Aug.7: Playing with Light with Lindsey Pinchback
COST: $ 25 TIME: 1 pm - 4pm
Aug.10: YURT RAISING and OPEN HOUSE
COST: FREE: Bring pot luck TIME: 9 am - 4pm
Aug.15: Wild Foods Dinner
COST: $10.00 TIME: 2 pm - 4pm
Aug. 28: Owl Demonstration with Chewonki
COST: $30.00 TIME: 1pm - 3pm

These special workshops are free for the campers during that week and their families. Others, please register by phone at 1-207-722-3708

SEASON EXTENDERS

Time to work on your skills in nature's classroom.

Camp Forest is available during the year for home-schoolers, school groups or families.

These sessions are scheduled and charged individually.

Please call 1-207-722-3708; or 1-207-701-0221

INTERNATIONAL OPPORTUNITIES

CAMP FOREST KENYA
CAMP FOREST PERU
Customized for you.
Please contact us for information
1-207-722-3708; 1-207-701-0221

MORE INFORMATION

Camp Forest is a Licensed Day and Expedition Camp in the State of Maine

REGISTRATION: Camp space is limited to 16 campers per week. Complete the form and mail or call 1-207-722-3708 to register. **Your slot is not secured until paid in full**. You may use check, money order, any major credit card or PayPal.
Payment in full is required by the Friday BEFORE Camp week.

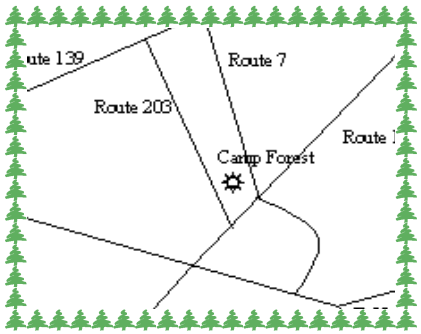
CANCELLATION: Day Camp and/or Expeditions may be cancelled if there are not enough registered campers.
Register Early!

VISITORS: Parents or guardians are welcome to Day Camp at any time. Other adult visitors are welcome at Day Camp with parent or guardian permission. If parents would like to stay for the Sleep Over, please pay the $25.00 Sleep Over fee.

EXPEDITION EXTRAS

Pick up/Drop off: We will pick up at bus or plane in Bangor, Maine at no extra charge. Call to make arrangements.
The High Alpine and River Trips will require a transportation waiver.

DIRECTIONS:
Camp Forest is located in Brooks, Maine, 1/2 Mile off Route 7 on the Payson Road. At the intersection of Routes 131 and 7, go North on Route 7, under the power lines take a

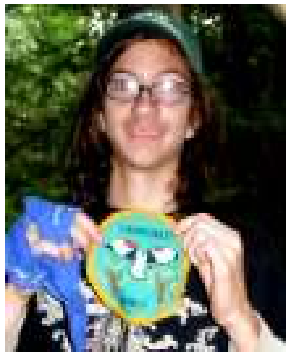


Camp Forest is a project of Expanding Opportunities, a 501(c)3 organization

Wilderness camping will enrich you and your child's life

AWARDS

Earn Skills Awards



The OSPREY represents mastery of skills in 14 skill areas. Campers earn their OSPREY before working on the EAGLE

The EAGLE represents mastery of advanced skills in 12 skill areas.
Campers earn each skill badge one at a time to to earn the EAGLE

Camp Forest offers a special Counselor, Teacher, Mentor Award for excellence in leadership

Camp Forest offers the Junior Maine Guide Curriculum

Level I: Junior Maine Woodsman

Level II: Maine Woodsman

GENERAL INFORMATION

ART WEEK: We will design and create a parade float. All Camp Forest past and current campers are invited to be in the Brooks 4th of July parade! Current Campers will attend the Brooks Field Day and participate in demonstrations of skills, face painting and canoe rides.

EAGLE WEEK: A dedicated Day Camp Week with a required sleep over for campers with their Osprey or equivalent. Campers will concentrate on learning skills for the Eagle Badge.

NEW in 2013!

LITTLE EXPLORERS DAY CAMP: Camp Forest dedicates two weeks to AGES 4-7. This will begin the Camp Forest experience for younger campers.

SPECIAL WORKSHOPS: Parents and the general public are invited to attend the special skills offerings each week . See schedule on p 11.

YURT RAISING AND OPEN HOUSE AUGUST 10: Camp Forest is having an OPEN HOUSE and YURT RAISING! All are welcome to attend. Bring a dish to share.

AGES:
Little Explorers Day Camp: AGES 4-7
Expedition and Day Camp : AGES 7-17
Adult Workshops: Ages 18+ - younger teens with permission

DAY CAMP HOURS: 9 am until 4 pm Monday—Friday
Optional Sleep Overs occur on designated weeks.
See schedule

FEES: DAY CAMP: $175.00
Optional Sleep Over on designated weeks : $ 25.00
Wild Food Family dinner : $10.00 per family

Limited financial assistance is available through
Work Trade, Fundraisers and grant based camperships when available.
Call for information or download the application on line

Before Camp Care:
8:30-9 am: no charge
Before 8:30 am—$2.00/ 1/2 hour
After Camp Care:
4-4:30 pm: no charge After 4:30 pm—$2.00 / 1/2 hour

STAFF

STAFF:
Camp Forest will have never less than 1 counselor for every 8 campers

Director: Beverly Stone, B.S., M.A, educator, international work and travel, camp counselor, camp director, first aid certification, EMT course.

Senior Counselor: Adam Stone, Maine Guide, Tom Brown's Survival School, Good Earth School, Earthways, international travel, wilderness skills teacher, first aid certification, Wilderness First Responder, Camp Trip Leader Permit, Senior Life Saver, Archery instructor, WEMT course.

Counselor Bella Luz Maldonado:
Shipibo Indian from Peru, artist, games, culture instructor, Trilingual

Junior Counselor Alex Lurie: Our own "home-grown" leader

Additional counselors are selected for their wilderness skills and ability to relate to children.

www.campforestmaine.com

DAY CAMP

July 1- July 5	***Art Week*** Day Camp, Float preparation, July 4th Parade and Brooks Field Day
July 8 - July 12	Day Camp & ***Storytelling with Ray Reitze*** ***Optional*** *Sleep Over July 11*
July 15- July 19	Day Camp & ***Brown Ash Basket Making***
July 22 - July 26	**EAGLE WEEK &** ***Working with Skins, Required sleep over July 25*** ***Campers with Osprey or equivalent only***
July 29 - Aug 2	Little Explorers Day Camp **Ages 4-7 only**
Aug 5 - Aug 9	Day Camp & ***Playing with Light, workshop with Lindsey Pinchback***
August 10	CAMP FOREST OPEN HOUSE and YURT RAISING
Aug 12 - Aug16	Day Camp & ***Fishing and Foraging*** Sleep over August 15 with wild foraged dinner.
Aug 19 - Aug 23	Little Explorers Day Camp **Ages 4-7 only**
Aug 26 - Aug 30	Day Camp & ***Owl demo with Chewonki***

What to Bring to Day Camp

- Lunch, a drink and snacks
- Jacket or Sweatshirt
- Change of clothes
- Water Bottle, cup, eating utensils
- Bug repellant, if desired
- Jackknife, with parental permission only
- Sense of humor and a good attitude

Campers learn non-violent conflict resolution and ecology.

Camp Forest Registration Form

Complete and mail non refundable deposit to 60 Payson Road, Brooks, ME 04921

Camper Name _____

Date of Birth _____ Gender _____

Parent Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Email _____

Emergency Contact _____ Emergency Phone _____

MEDICAL INFORMATION: A copy of child's immunization record or signed waiver is required.

Date of last Tetanus shot _____

Does child have : Heart Trouble_____ Epilepsy_____ Asthma_____ Allergies_____

Does the child take any medications regularly_____ if so what_____

Insurance or Medicaid Number: _____

Physician Name_____ Physician Telephone:_____

Permission form will be mailed to you.

DAY CAMP

Check Weeks Desired

- ☐ July 1-5 Day Camp and Parade
- ☐ July 8-12 Day Camp & SO
- ☐ July 15-19 Day Camp
- ☐ July 22-26 EAGLE WEEK & RSO
- ☐ July 22-August 3 L E Day Camp
- ☐ August 5-9 Day Camp
- ☐ August 12-16 DayCamp & SO
- ☐ August 19-23 L E Day Camp
- ☐ August 26-30 Day Camp

SO indicates an optional Thursday night sleep over $25.00. Eagle week sleep over required $25.00

Day Camp $175.00 per week

☐ I give Camp Forest permission to disclose my phone number for the purpose of coordinating a car pool.

EXPEDITIONS

- ☐ June 24-June 28 PASSY River
- ☐ July 29 - August 2 High Alpine AT Hike
- ☐ August 19-August 23 Beaver

Check if YES ☐ First time overnight camping ☐ Wilderness skills experience

ADULT WORKSHOPS

SATURDAY 9 am — 4 pm

- ☐ June 22 Backyard Forest Farming $ 40
- ☐ July 6 Simple Shelters $ 40
- ☐ July 13 –14 SURVIVAL WEEKEND $ 100
- ☐ July 20 Wild Edibles & Medicinals $ 40
- ☐ August 10 YURT RAISING and OPEN HOUSE
- ☐ August 24 Botanical Workshop $ 40 plus $10 mat

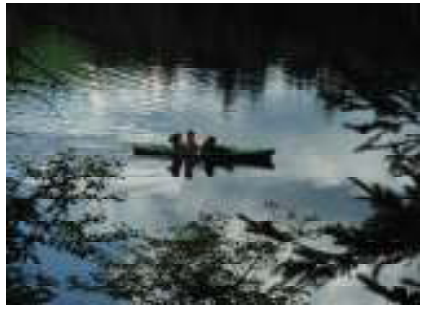
☐ Please send me further information about the international opportunities with Camp Forest.

Is there anything physical, mental or emotional about your child we should know? Is there anything you would like us to know about your child?

WILDERNESS EXPEDITIONS

Passagassawakeag River Trip: The Passy

FIVE DAYS
June 24 — June 28
Cost: $425



Begin the week at Camp Forest. Hike to Beaver Camp. Practice canoeing skills, and view the river from the top of the mountain. Transport by car to the river put in. Canoe down the Passy with a few portages. End the week with a triumphant entry into Belfast Harbor.

High Alpine Appalachian Trail Hike

FIVE DAYS
July 29 — August 2
Cost: $750 + $300 per additional family member

Travel to the Bigelow Mountains of Maine. Hike on the Appalachian Trail and go fishing in Maine's highest trout fishing pond while learning about high alpine ecology and Leave No Trace ethics. A challenging hike for the beginner but the views and the fishing are well worth it! Spend one or two nights on the mountain then hike down to go canoeing, fishing and camping on historic Flagstaff Lake.

Beaver Expedition

FIVE DAYS — BEGINNER
August 19 – 23
Cost: $395.00

A wonderful first expedition: Five days exploring the headwaters of the Passagassawaukeg River. Begin at Camp Forest: pack all gear and hike to Half Moon Pond. Set up a primitive base camp: explore, fish canoe, visit beaver, hike to mountain top.

ADULT WORKSHOPS

SATURDAY WORKSHOPS
All day Saturday at Camp Forest

June 22 - Backyard Forest Farming:
Farming and gardening in harmony with the ecosystem of the forest in your backyard. Cost: $40.00 min 3

July 6 - Simple Shelters:
Learn the basics that could save your life in the woods. A shelter will protect you from the sun, insects, wind, rain snow and hot or cold temperatures. It can maintain your will to survive. Cost: $40.00 min 3

July 13 & 14 - SURVIVAL WEEKEND
This is an intensive Survival Weekend. Enter the forest with very little. Build a shelter, make fire and find food. It is not for beginners. This is your chance for a short term opportunity to test your survival skills. Leave Camp Forest on Saturday morning at 9 am and return Sunday evening at 5 pm. Cost: $100.00 min. 3

July 20 - Wild Edibles and Herbal Medicines:
Learn and taste some of the edible plants of the Maine woods. Identify the poisonous plants and prepare some of the medicinal ones. Learn which ones to stay away from. Plants can provide you with food, medicines, the raw materials to construct shelters, build fires and more. Cost: $40.00 min 3

August 10 - YURT BUILDING
Learn how to build a simple YURT by building one at CAMP FOREST.

This day is combined with an **OPEN HOUSE at CAMP FOREST**
FREE -ALL AGES WELCOME - Bring a lunch dish to share

August 24 - Botanical Workshop
Practice using field guides to identify wildflowers. Choose some favorites and we will create a floral diagram and lean about the different parts and uses of a flower. We will then create a plant press to start your collection. To finish the day we will create some artwork from previously pressed plants.
Cost: $40.00; $10 materials fee min 3

Adults also invited to attend the special workshops.

What to Bring to the session

- Notebook and pen or pencil
- Water, snacks and lunch
- Jacket or Sweatshirt
- Bug repellant, if desired
- Knife
- Sense of humor and a good attitude

CHILDREN: Children are welcome to attend. Parents are responsible for their children.