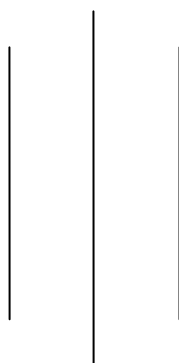


# **Training on School Environment Improvement**

## **“ECCA Camp”**

June 8-11, 2011 (Jestha 25-28, 2068)



## **Program Report**

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## 1. About ECCA

Environmental Camps for Conservation Awareness (ECCA) is one of the pioneer organization in the sector of social mobilization and community development. It implements various programme so as to raise the quality of life through wise use of available local resources and application of alternate and renewable technologies.

### 1.1 Briefs

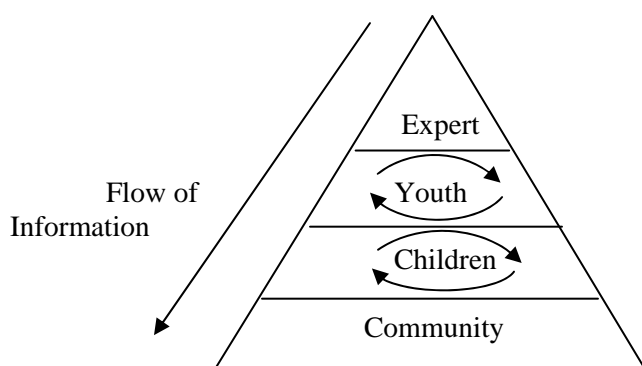
1. ECCA was established in 1987 as a non profit, non political, non government organization.
2. ECCA is registered with His Majesty's Government/Nepal and affiliated with Social Welfare Council.
3. ECCA Constitution enables trained members to vote for a policy making body of 11 members.
4. ECCA now has a network of over 2500 trained youths, 6000 school children in 45 districts (out of 75) of Nepal and few places of Bhutan and India.
5. ECCA organizes special programs for disabled children.
6. ECCA is a NGO member of IUCN - The World Conservation Union based in Gland, Switzerland.
7. ECCA became the first NGO to be awarded a CITATION for its work in conservation awareness by His Majesty's Government/Nepal in 1991.
8. ECCA's unique methodology was recognized by the International Rolex Award Committee in 1993 as 'Spirit of Enterprise'.
9. ECCA was awarded 'Environment Award and Cash Prize' by the Ministry of Population and Environment in 2001.
10. ECCA works in collaboration with a whole spectrum of grassroots, national and international NGO's and government projects to achieve its goals.
11. ECCA established an Environmental Resource Centre (ERC) in Bhaktapur in 1992.
12. ECCA was the first NGO to establish a paper-recycling unit (named Pap Again) in 1994 with the objective of producing recycled paper from the waste paper collected from office, schools, press, etc.
13. ECCA Head Office was shifted to its newly constructed building in Kupondol, Lalitpur in mid March 2004
14. With the objective of operating different organizations independently for mutual benefit, it was envisaged to house several link-minded NGOs in the ECCA building – named as "Wise-use House" - and develop a new concept in NGO networking. Thereby, offices of Kathmandu 20/20 and Wildlife Watch Group (WWG) have been shifted there.
15. ECCA website [www.ecca.org.np](http://www.ecca.org.np)

## 1.2 Mission

1. ECCA will be a Model Professional Volunteer Organization (PVO) dedicated towards natural resources management
2. ECCA will organize programs so as to secure children's sound ecological future
3. ECCA will support the development of conservation related entrepreneurship

## 1.3 Methodology

ECCA has been designed based on the human resource base of Nepali society. It consists of few experts, a larger number of college level youths, an even greater number of school going children, and then the community at large.



Based on this structure, the ECCA methodology involves the following five interfaces:

a) Expert-youth interface (Counselor Training Camp, CTC):

With the primary objective of enabling the transfer of knowledge, information and skills from experts to university level students, Counselor Training Camps (CTC) is organized on a regular basis. In these three days camps, twenty aspiring counselors are exposed to various environmental issues by experts representing the various Departments, Ministries, and NGOs. Hands-on activities, demonstrations and informal programs during the camp facilitate the development of skills needed to organize future ECCA Camps for children. Nature Hike and socio-economic surveys of the surrounding area are also conducted, giving experience in flora and fauna identification and exposing participants to methods of data collection and needs assessment.

b) Youth-to-youth interface

ECCA believes that the local people themselves should be involved in solving their environmental problems and emphasizes that they are the protectors of their surroundings. Hence, instead of direct involvement of urban youths, rural youths are first trained (by the trained urban youths) before initiating any project in a rural area.

c) The youth - children interface (ECCA Camp):



The trained youths (named as counselors) then go on to organize the five-day ECCA Camp for school children. These ECCA camps accommodate 20 school children of the age group 11-14 years. The objective of the camp is to create awareness amongst children at an age when they are receptive to new ideas and inculcate in them a love and appreciation of nature.

d) Child-to-child interface

To multiply the effect locally, children trained during the ECCA camp conduct activities for other students (through nature club) in the same school or in neighboring schools. This also develops confidence among the nature club members and makes them active in developing and implementing small-scale community based activities.

e) Children - community interface (Follow-up program):

At the end of the ECCA camp, nature club is formed in each school with one teacher as the facilitator. These nature clubs will co-ordinate follow-up activities in co-ordination with local counselors.

The entire program is based on the principle of wise-use of available resources and conservation, and bringing new insights into environmental protection. Conservation practices will be successful only after improving the socio-economic condition, which means improving their living standard by means of income generating activities, and changing their attitude and understanding by means of education. The different phases of ECCA programs are conducted step by step. To cover the overall aspect of environment, the curriculum is designed to address local interests and needs with topics drawn from eight different fields (Environment Management, Skill Development, Technology, Health and Sanitation, Nature Hike and Local Environment Study, Natural Science, Arts & Crafts, Culture and Heritage).

ECCA's educational approach is non - conventional, encouraging learning through discovery and experimentation rather than through lectures and texts. Participants work in both large and small groups, and emphasis is given to individual participation. Extensive use of demonstrations, experiments and audiovisual aids help make environment principals and practices a reality.

## 2. Program Introduction

From its establishment, ECCA is regularly organizing different trainings related with environment conservation and skill development so that we could achieve our common vision for development. Considering the vision, the four days long ECCA Camp on School Environment Improvement was concluded in Mirge VDC of Dolkha District from 25th to 28th Jestha, 2068. The program was designed and conducted targeting school children of two different schools to aware them about the school environment and to form nature club equipping with the basic skill needed for the functioning of nature club.



## 2.1 Training Participants

There were altogether 18 participants from two schools – Shree Kalidhunga Higher Secondary School and Shree Majhgaun Lower Secondary School. Apart from the students, patron teachers from both the schools were also actively involved in the training program as trainer as well as for managing the training program. The registration sheet with details of the participants is attached in the annex.

## 2.2 Training Team

For the effective management and the facilitation of the program, Mr. Santosh Maharjan and Ms. Prabha Maharjan were selected as the training team members and, they were guided by Mr. Angel Chitrakar, Program Officer from ECCA.

## 3. Program Objectives

- To establish a nature club in school and help them perform activities in school as well as in their community,
- To make the students capable to run the nature club in school,
- To aware students in different aspects of environment conservation and rights of child
- To influence the personal behavior of the participants for new ideas and enthusiasm,

## 4. Major Activities and Objectives

To fulfill the objective, the whole program was designed accordingly from which they can establish their nature club and became equipped with basic skills for effective functioning of nature club.

The following were the sessions conducted during the training program to fulfill the objectives:

Self Introduction

Program Introduction

Group Division, Expectation and Norms setting

### 4.1 Child Rights

By the end of the session participants will be able to

- Define the meaning and importance of child rights
- Able to differentiate their rights and responsibilities
- Present the importance of their rights

### 4.2 School Environment Improvement

By the end of the session participants will be able to

- Define the need of school environment improvement



- Define the criteria's of ideal school environment
- Brief the role of students towards school environment
- Contribute towards improving the condition of their school

### **4.3 Nature Club**

By the end of the session participants will be able to

- Define what Nature Club is
- Define importance of nature club
- Define the objective of Nature club
- Define the activities that a Nature Club
- Define the procedures through which nature club could be established
- Share the best practices of nature club activities in Nepal
- Define the activities of executive members within the club

### **4.4 Communication for Coordination**

By the end of the session participants will be able to

- Define the need and importance of effective communication
- Perform the activities for an effective communication while working in their group or team
- Do effective communication while working in school or in the community.

### **4.5 Team Work**

By the end of the session participants will be able to

- Define the need of teamwork for accomplishing their defined task
- Define the importance of teamwork in our community
- Develop partial skills towards teamwork

### **4.6 Wall Magazine**

By the end of the session participants will be able to

- Define the need and importance of wall magazine
- Prepare a format to develop wall magazine

### **4.7 Action Plan Preparation and Presentation**

By the end of the session participants will be able to

- Define how to prepare the action plan
- Prepare an action plan for their nature club for a defined period of time



## **4.8 Games**

By the end of the session participants will be able to

- Share the learning from the games played,
- Share the games with their friends which are played during the program,

## **5. Session Briefing**

### **5.1 Self Introduction**

The training program was started with a brief introduction of the participants and the trainers. For that, the participants were paired up and have to introduce each other. The main objective of the session was to get familiarize with all the participants and trainers so that the training program could be completed successfully and fruitfully.

### **5.2 Program Introduction**

Program introduction is one of the important sessions while conducting the trainings. Without knowing the objective and motive of the program, the program might not be successful. Hence, Mr. Santosh Maharjan provided a brief introduction about the programs and the objective of the program to all the participants.

### **5.3 Group Division, Expectation and Norms Setting**

To conduct the training program in harmony and to gain the maximum benefit from the training program, the participants were divided into 4 groups (Management, Evaluation, Reporting and Entertainment). Expectations of the participants behind participating in the program were collected and few norms were set by the participants to follow during the training program.

### **5.4 Child Rights**

The main objective of the session was to familiarize the participants about their rights. As to get the healthier school environment is also one of their basic rights. The session was facilitated by Mr. Santosh Maharjan in which he took the help of game 'need and want'. With the help of the game, participants find out their basic needs which are also their rights. During the session, brief discussion on the convention on the rights of child, its historical aspects, the present situation of the convention in Nepal and the rights and responsibilities of children were also carried out. At the end of the session it was linked with the school environment where participants get involved in discussing their basic rights in the school.

## **5.5 Improving School Environment**

The main objective of this session was to make the participants aware on the need of school environment improvement program in the rural areas of Nepal. To make aware on different criteria's of ideal school environment so that they could also follow them in their school was another main objective of the session. After the session the participants were able to define the role of students for improving their school environment to get a better education. During this session, five basic parameters regarding to school environment was presented and discussed how it can be improved by children in their school.

## **5.6 Nature Club**

The main objective of the session was to make the participants aware about the need and importance of nature club in school. The presentation presented during the session helped the participants to know about the need and importance of the nature club in the school. The session also focused towards establishing a nature club in the school as well as to make them aware about the different activities that nature club could conduct in the schools and in the community. The discussions helped the participants to know more about the nature club and its importance in the school. Likewise, during the session, participants also discussed on various practices being carried out by nature clubs in different parts of Nepal. It helped them to shape the activities not within the club but also in the community. Similarly they also engaged in discussing on the history of nature clubs and the situation of children regarding to school environment in Nepal. Ms. Prabha Maharjan facilitated the session.

## **5.7 Role of Executive Committee and Nature Club Management**

The main objective of the session was to make the participants aware about the role of executive members within the club and to make able to manage their club after establishment. A PowerPoint presentation was used for the facilitation of session. During the session, the roles of executive committee were described and the ways that can be used for the effective nature club management were also discussed. As most of the nature clubs were Nepal have executive members and the club only depend upon these committee, the process of making the club inclusive and for the active participation of general members, the process of making sub-committees under the executive committee were also discussed.

## **5.8 Communication for Coordination**

The session started with playing games related to communication such as Chinese whisper and drawing game. After playing the game, discussions related to the game was carried out. Discussion after at the end of the session and after playing the games had helped the participants to understand more on the need and importance of communication for coordination. Likewise, linking to the game children also discussed about the barrier in effective communication and analyze the process of communication that they were doing and the way that have to follow in upcoming days.

## **5.9 Leadership & Team Work**

The main objective of this session was to brief the participants about the need and importance of teamwork for achieving the goals and the given objective of our daily life. Various games such



as Pick, Pack, Boom, Human Knot etc were played between the participants so as to demonstrate the need of teamwork for accomplishment of the defined objective and task. The discussions done after the games helped all the participants to draw the conclusion of the learning's from the games played.

The need of teamwork and the skills that a leader should possess were also discussed after the game. The leadership capability of an individual participants as well as the efficiency of the team work of each group were discussed in the group. The session had helped the participants to develop the spirit of Teamwork as well as facilitated the participants to analyze and boost the leadership skills at an individual level.

### **5.10 Child Club Activities (Wall Magazine)**

The main objective of the session was to provide knowledge and skills to the participants for developing wall magazine and to publish it in their schools. The definition and need of wall magazine were shared with the participants. Similarly, the objective behind publishing the wall magazine and the procedure of development of wall magazine was also shared with the participants.

### **5.11 Games**

Various games related with environment and educations were played during and after the session. The main objectives towards playing the games were to energize the participants during break, create harmony and a feeling towards team spirit and help between the participants. The games also helped the participants to learn about different things as well as the effectiveness of games during the teaching in schools or in the community.

## **6. Challenges**

Challenges are always there in any training program for the organizers as well as for the trainers. In this training program also, several challenges were faced before and during the program. Due to the unstable condition of the nation, the setting up of dates for initiating the training program has been one of the major challenge.

The venue of the training was not fit for all the participants as participants from one school have to travel more than an hour to reach the venue. If the training venue can be located at the mid of both the schools, participants from both schools can be benefited and more time can be spent in the training. The training venue is also small in which activities can't be conduct freely and the participants also felt uneasy while sitting.

## **7. Feedback & Recommendation**

### **7.1 From Trainers**

The training program was successfully organized at Mirge VDC of Dolkha with support from all the teachers and patron teachers. The participants were very active and are cooperative during the training program. The overall management in terms of logistics were well managed.

The sessions included in the training were conducted were highly effective. All the targeted objectives of the training program were fulfilled. The active participation of the participants in all the activities without any hesitation made the program a success.

In terms of recommendation, the venue should be properly managed so as to achieve the best result from the training program.

### **7.2 From Participants**

The following points were taken out from the feedback sheets provided by the participants after the training program:

Learning:

- Environment conservations
- Nature club and environment conservation through nature club
- Publish wall magazine
- Save our forest and nature resources
- Effective communication and process
- Team work and leadership
- Different games

Suggestions:

- Drinking water and toilet should be properly managed
- Continuity of this training in future
- Idea of plantation of different types of plants

## 8. Annex & Attachment

### 8.1 Registration Sheet

**ECCA Camp for Students  
On  
School Environment Improvement  
8-11 June 2011 (Jestha 25 – 28, 2068)  
Mirge VDC, Dolkha**

S. No.	Name	Class	School
1	Bimal Raut	7	Shree Majhagaun L. Sec. School
2	Jaya Tamang	7	Shree Majhagaun L. Sec. School
3	Santa Tamang	7	Shree Majhagaun L. Sec. School
4	Asha Tamang	6	Shree Majhagaun L. Sec. School
5	Tirtha Tamang	7	Shree Majhagaun L. Sec. School
6	Sashmi Tamang	6	Shree Majhagaun L. Sec. School
7	Sushma Pakhrin	7	Shree Majhagaun L. Sec. School
8	Sachana Dahal	6	Shree Majhagaun L. Sec. School
9	Rewati Dahal	7	Shree Kali Dhunga H. Sec. School
10	Rita Nepali	8	Shree Kali Dhunga H. Sec. School
11	Dikshya Dahal	8	Shree Kali Dhunga H. Sec. School
12	Alina Dahal	6	Shree Kali Dhunga H. Sec. School
13	Bipin Dahal	8	Shree Kali Dhunga H. Sec. School
14	Aashish Dahal	9	Shree Kali Dhunga H. Sec. School
15	Sujan Dahal	7	Shree Kali Dhunga H. Sec. School
16	Pandeari Dahal	6	Shree Kali Dhunga H. Sec. School
17	Sharmila Khadka	9	Shree Kali Dhunga H. Sec. School
18	Sharmila Dahal	9	Shree Kali Dhunga H. Sec. School
19	Ramila Tamang	9	Shree Kali Dhunga H. Sec. School
20	Raj Kumar Dahal	Teacher	Shree Kali Dhunga H. Sec. School
21	Sarmila Lama	Teacher	Shree Majhagaun L. Sec. School

## 8.2 Schedule

**ECCA Camp for Students  
On  
School Environment Improvement  
1 – 5 May 2011 (Baisakh 18 – 22, 2068)  
Mirge, Dolkha**

### Day 1

Time	Activities
10:00-11:30	Registration/ Welcoming/ Introduction
11:30- 12:00	Group division/ expectation collection and norms sharing
12:00 - 12:15	Objectives Sharing
12:15 - 1:30	Child Rights
1:30 - 2:30	Lunch
2:30 - 3:00	Games
3:00 - 4:00	Child Rights
4:00 - 4:30	Child Rights and school environment
4:30 - 5:00	Sum up of day 1

### Day 2

Time	Activities
10:00 - 10:30	Review and reflection of day 1/ Responsibility handover
10:30 - 12:00	School Environment
12:00 - 12:30	School Environment and children
12:30 - 1:30	Nature Club <ul style="list-style-type: none"><li>• Good Practices</li><li>• History in Nepal</li><li>• Situation of children - <i>based on school environment</i></li></ul>
1:30 - 2:30	Lunch
2:30 - 3:00	Games
3:00 - 3:30	Nature Club
3:30 - 4:30	Role of Ex-Com. members and nature club management
4:30 - 5:00	Sum up of day 2

### Day 3

Time	Activities
10:00 - 10:30	Review and reflection of day 1/ Responsibility handover
10:30 - 12:00	Linking with other organizations and sustainability <ul style="list-style-type: none"><li>• <i>sustainability - local resources generation and mobilization</i></li></ul>
12:00 - 1:30	Communication and coordination
1:30 - 2:30	Lunch
2:30 - 3:00	Games



3:00 - 4:00	Team work
4:00 - 5:00	Nature club activities <ul style="list-style-type: none"> <li>• Wall magazine</li> <li>• One school one heritage</li> <li>• Others</li> </ul>
5:00 - 5:15	Sum up of day 3

#### Day 4

Time	Activities
10:00 - 10:30	Review and reflection of day 1/ Responsibility handover
10:30 - 11:00	Nature club activities
11:00 - 12:00	Nature club formation
12:00 - 1:30	Plan of action preparation
1:30 - 2:30	Lunch
2:30 - 4:00	Plan of action preparation and presentation
4:00 - 5:00	Closing remarks/ Pledge/ Certificate distribution

## A. Participants Action Plan

### Shree Kalidhunga Higher Secondary School, Mirge, Dolkha Unique Nature Club (UNC) – Kalidhunga School

#### Executive Committee Members Details

<u>Name</u>	<u>Class</u>	<u>Designation</u>
1. Sharmila Khadka	9	Chairman
2. Bipin Dahal	8	Vice Chairman
3. Ashish Dahal	9	Secretary
4. Dikshya Dahal	8	Joint Secretary
5. Sarmila Dahal	9	Treasurer
6. Kheti Dahal	7	Ex. Com. Member
7. Rita Nepali	8	Ex. Com. Member
8. Sujan Dahal	7	Ex. Com. Member
9. Pundari Dahal	6	Ex. Com. Member
10. Ramila Tamang	9	Ex. Com. Member
11. Alina Dahal	6	Ex. Com. Member

#### Supporting Teacher

1. Mr. Rajkumar Dahal
2. Mr. Phulkaji Lama

#### Action Plan

S. N.	Program	By When	Who (Responsibility)	Remarks
1	Information circulation on Club and establish Sub Committee	2068/02/29	Students from Training and Support Teacher	UNC
2	School Clean-up Campaign, plantation and gardening program in school	1 <sup>st</sup> week of Shrawan	Club members, sub committee members, teachers	
3	Handwriting competition	20 <sup>th</sup> Shrawan	School and Club	
4	Speech Competition	29 <sup>th</sup> Bhadra	Club members	
5	Greetings sharing and Cultural program	10 <sup>th</sup> Ashwin	School and Club members	Parents invitation
6	Essay Competition	25 <sup>th</sup> Kartik	Club Members	Financial support from teachers for prize
7	Celebration of Child Right Day	4 <sup>th</sup> Magh	Students, teachers and Parents	
8	Quiz Competition	8 <sup>th</sup> Paush	Club Members	





<b>9</b>	Celebration of Sharashwati Puja	14 <sup>th</sup> Magh	Club members	
<b>10</b>	Cultural program	7 <sup>th</sup> Falgun	Club members and students	
<b>11</b>	Monthly Saving program			
<b>12</b>	Others:			
	<ul style="list-style-type: none"> <li>• Wall Magazine will be published in the 1<sup>st</sup> week of every month</li> </ul>			
	<ul style="list-style-type: none"> <li>• Cleanup program, gardening will be done every week</li> </ul>			
	<ul style="list-style-type: none"> <li>• Club meeting will be held every last Friday of the month</li> </ul>			
	<ul style="list-style-type: none"> <li>• Financial support will be requested from teachers, parents and other organizations in case of need for running the program.</li> </ul>			

**Shree Majhgau Lower Secondary School, Mirge - 1, Dolkha**  
**Majhgau Srijanshil Nature Club (MSNC) – Majhgau School**

**Executive Committee Members Details**

<b><u>Name</u></b>	<b><u>Designation</u></b>
1. Bimal Raut	Chairman
2. Sushma Pakhrin	Vice Chairman
3. Sachana Dahal	Secretary
4. Jay Tamang	Joint Secretary
5. Santa Tamang	Treasurer
6. Jashmi Tamang	Ex. Com. Member
7. Tirtha Tamang	Ex. Com. Member
8. Aasha Tamang	Ex. Com. Member

**Supporting Teacher**

1. Mr. Dhurba Pakhrin
2. Ms. Sharmila Lama

**Action Plan**

<b>S. N.</b>	<b>Program</b>	<b>By When</b>	<b>Who (Responsibility)</b>	<b>Remarks</b>
<b>1</b>	Information circulation about Club	1 <sup>st</sup> week of Shrawan	Students from Training and Support Teacher	
<b>2</b>	Cleanup Campaign around school compound	Every Friday after school	Students and teachers	
<b>3</b>	Plantation of Amlisho in waste land of school	2 <sup>nd</sup> week of Shrawan	Students of class 5 to 7	Help with guardians
<b>4</b>	Organize various competitions (quiz, essay, art, speech etc...)	Every last Friday of the month	NC members and Teachers	Financial Help from other org
<b>5</b>	Monthly saving program for the students	1 <sup>st</sup> Friday of every month	Training participated students and teachers	Help from other teachers
<b>6</b>	Cultural program	10 <sup>th</sup> Ashwin	NC members and teachers	Support from parents
<b>7</b>	Club meetings	1 <sup>st</sup> Friday of every month	NC members and teachers	
<b>8</b>	Gardening the school compound	1 <sup>st</sup> week of shrawan	NC members and teachers	
<b>9</b>	Wall magazine publication	Once in every 2 month	NC members and teachers	Includes all the students
<b>10</b>	Awareness raising program in the community	Celebrate World Environment Day	Students and Teachers	
<b>11</b>	Financial collection program (Deushi Bhailo program in	Tihar	Students of class 5 to 7 and teachers	



	tihar)			
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