



## Project Report



### Rehabilitation of Children with Disabilities

Supported by: Global Giving Platform

Organization: Arushi Society

#### 1. Introduction

This report presents the results of a project designed to deliver therapeutic care to children with disabilities. The program was made possible through the generous contributions received via the Global Giving platform. Over a six-month period, the initiative supported 10 children with diverse disabilities by offering individualized therapy programs aimed at strengthening their physical, cognitive, and emotional development.

#### 2. Objective

The primary aim of the project was to provide vital therapeutic services—including physiotherapy, occupational therapy, and speech therapy—to children with disabilities. These interventions sought to enhance their quality of life, foster greater independence, and encourage their active participation in community life.

### 3. Beneficiaries

The project directly benefited 10 children with special needs. The range of disabilities addressed under this initiative included:

- Autism Spectrum Disorder
- Intellectual Disabilities
- Speech and Language Delays

### 4. Activities Implemented

S. No.	Activity Type	Frequency	Total Sessions Conducted
1	Physiotherapy	3 sessions per week	120+
2	Occupational Therapy	3 sessions per week	120+
3	Speech & Language Therapy	3 sessions per week	120+
4	Parental Counseling	Twice a month	5 sessions
5	Progress Assessments	Quarterly	3 rounds

Each child's program was carefully tailored based on an initial detailed assessment. Trained therapists carried out the sessions in a nurturing and inclusive environment.



### 5. Outcomes and Impact

- **Enhanced Motor Abilities:** 8 children demonstrated marked progress in gross and fine motor development.
- **Improved Communication:** 5 children who were previously non-verbal began using gestures or basic words to communicate.
- **Greater Independence:** 8 children gained more confidence in daily living activities such as eating, dressing, and toileting.
- **Strengthened Parental Role:** Parents received guidance and hands-on strategies to continue supporting their child's growth at home.



## 6. Voices from Families

*"My son is now able to sit by himself and has started trying to speak. We never imagined this progress was possible. We are so thankful."*

— Parent of a 5-year-old participant

*"We owe heartfelt thanks to the donors and therapists. My daughter is now more attentive and engages socially much better."*

— Parent of a child with autism



## 7. Conclusion

The contributions received through Global Giving have brought meaningful change to the lives of 10 children and their families. The therapies provided during this project have built a strong foundation for continued growth, independence, and inclusion. We remain dedicated to reaching more children with similar support in the future.

## 8. Way Forward

- Extend therapy services to 20 children in the next phase
- Initiate group-based therapy and play-focused interventions
- Design structured training resources for parents and caregivers

We extend our heartfelt gratitude to Global Giving and all the donors for their trust and support in making this initiative a success.