Dear GlobalGiving Community,

Thank you for your ongoing support of our work in Cambodia. Through your generosity, Days for Girls is continuing to train teachers, teach students, deconstruct stigma, and create inclusive learning environments through comprehensive menstrual health education.



During this past quarter, we have continued to implement and expand our menstrual health education programming in Ratanakiri Province in partnership with the Cambodian Ministry of Education, Youth, and Sport (MoEYS). By working alongside the MoEYS, we are able to reach even more schools, students, and teachers. Additionally, we have the opportunity to build community-wide relationships that ensure the change we are fostering is systemic, lasting, and reaching beyond the classroom.

So far this year, our programming in Ratanakiri Province has provided continuing professional development for 129 experienced teachers and trained 172 new educators on how to deliver menstrual health education. We have provided menstrual health education to 5,418 students through Days for Girls-trained teachers, and expanded our programming to all 35 secondary schools and 9 primary schools in Ratanakiri Province.

Here is what two students in Ratanakiri Province had to share about their experience in DfG's programming:

"Before the lessons, during my period, I sometimes did not go to school because I had abdominal pain. Sometimes, I had a heavy period, so I was afraid that it would leak, and I was scared my friends would see it. After learning, I know how to use the pad properly, which helps to reduce my absence from school." *-Female student, Kajon*



"The boys have changed their attitude; now they don't laugh at or tease girls during menstruation. Unlike previously, when we studied the health education course, and boys always laughed at girls, after learning with DfG, they no longer do." *-Female student, O Ya Dav*

While our work is largely focused in school settings, DfG continues to make inroads with the wider Cambodian government and society outside the classroom. Recently, we received ethics approval from Cambodia's National Ethics Committee for Health Research to carry out research on our 2026 education program. With this approval, DfG is furthering our goal of publishing our findings in an academic journal on the Cambodian education system and the vast benefits of providing menstrual health education to teachers and students alike.

DfG is well underway in planning and delivering our menstrual health education programming for the remainder of 2026. Thanks to your support, 2026 has been an incredible year of progress in Cambodia, where menstrual health is becoming better understood and supported in and outside of schools.

With deep gratitude,
The Days for Girls Team