



Ref: 2008.06.01.2024.05.26.45

Project Title: Addressing Hunger Among Bangladesh's Elderly

In the heart of Bangladesh's rural landscapes, where the serene beauty of nature unfolds, lies a silent crisis: elderly individuals grappling with the harsh reality of extreme poverty and hunger. In these areas, where resources are scarce and livelihoods are meagre, a significant portion of the elderly population struggles to secure a meal each day. The plight of these individuals reflects not only a humanitarian concern but also underscores the pressing need for collective action to alleviate their suffering.

The Challenge of Extreme Poverty:

Bangladesh, like many developing nations, faces the daunting challenge of extreme poverty, particularly in its rural regions. For the elderly, who often lack access to stable employment or adequate social support systems, this issue is magnified. Limited access to nutritious food, coupled with inadequate healthcare facilities, exacerbates their vulnerability, leaving them trapped in a cycle of deprivation and despair.

The Impact on Elderly Welfare:

The ramifications of food insecurity among the elderly are profound and far-reaching. Malnutrition and hunger not only jeopardize their physical health but also erode their mental and emotional well-being. Without proper nourishment, they become susceptible to a myriad of health complications, diminishing their quality of life and exacerbating existing medical conditions. Moreover, the psychological toll of chronic hunger can lead to feelings of isolation, helplessness, and indignity, robbing them of their dignity and sense of belonging within their communities.

Urgent Need for Action:

In light of these challenges, it is imperative that concerted efforts are made to address the plight of Bangladesh's elderly population living in extreme poverty. While governmental initiatives and social welfare programs play a crucial role, it is equally vital for civil society organizations, community leaders, and concerned citizens to mobilize resources and support networks for those in need. This includes the establishment of community kitchens, food distribution programs, and nutritional support services tailored to the specific needs of the elderly.



GLOBAL COMMUNITY ORGANIZATION

South Milik Bagha, Bagha-6280

Bagha, Rajshahi, Bangladesh

NGOAB Reg.No-3388, Date: 02/11/2023

DSS Reg. No-Rajsha-975/14, Date: 08/05/2014

Call to Community Empowerment:

Empowering local communities to take ownership of initiatives aimed at combating hunger among the elderly is essential for long-term sustainability and impact. By fostering collaboration among stakeholders, sharing resources, and leveraging local knowledge and expertise, communities can devise innovative solutions that address the root causes of food insecurity and promote holistic well-being. Moreover, by raising awareness and fostering a culture of empathy and solidarity, communities can create a more inclusive and compassionate society where no one is left behind.

Conclusion:

The plight of Bangladesh's elderly population living in extreme poverty demands urgent attention and concerted action. As a society, we cannot afford to turn a blind eye to the suffering of those who have contributed so much to our communities and our nation. It is incumbent upon all of us to stand in solidarity with the elderly, to ensure that they are not only provided with a meal but also treated with the dignity, respect, and compassion they deserve. In doing so, we uphold the values of humanity and justice, and we pave the way for a brighter, more equitable future for all.

Prof. Dr. Md. Amin Uddin Mridha,

Research Professor, Daffodil International University, Dhaka, Bangladesh.
Former Vice-Chancellor, Pabna University of Science and Technology
Ex-Professor, Department of Botany, University of Chittagong &
Ex-Professor, King Saud University, Saudi Arabia

Chief advisor, Global Community Organization