

BUHKNOM DEVELOPMENT FOUNDATION REPORT ON COMBATING MALNUTRITION IN RURAL COMMUNITIES

EXECUTIVE SUMMARY

The Buhknom Development Foundation (BDF) has implemented two projects to combat malnutrition in rural communities: one in Bukpe, and another in Lanto all in Federal Capital territory. Our goal is to address the high incidence of malnutrition among vulnerable groups, particularly lactating and pregnant women, and children under five. Through our interventions, we have made a positive impact, but sustained efforts are needed to address the root causes of malnutrition.

INTRODUCTION

Malnutrition is a significant public health concern in Nigeria, particularly in rural areas. BDF is committed to addressing the knowledge gap, dietary habits, and healthcare access that contribute to malnutrition.

METHODOLOGY

OUR APPROACH INCLUDES:

- Community engagement and leadership involvement
- Selection of beneficiaries (lactating and pregnant women, and children under five)
- Conducting health screenings and assessments
- Providing antenatal care, nutritional supplements, and medication distribution
- Referring complex cases to nearby hospitals

FINDINGS

○ Bukpe Community.

The findings reveal a significant prevalence of malnutrition, with 32.5% of the population affected, comprising 12.5% with severe acute malnutrition and 20% with moderate acute malnutrition. Additionally, 3% experience other forms of malnutrition, such as stunting, underweight, and micronutrient deficiencies, highlighting a pressing need for targeted interventions to address these alarming rates in Bukpe community and promote overall nutritional well-being.

○ Lanto Community.

- a) Prevalence of malnutrition in children (20%):
- b) Moderate Acute Malnutrition (MAM): 10%
- c) Severe Acute Malnutrition (SAM): 5%
- d) Stunting: 3%
- e) Underweight: 2%
- f) Micronutrient deficiencies

SUMMARY FROM THE TWO COMMUNITIES.

- High incidence of malnutrition among children and women
- Poverty, ignorance, dietary habits, and lack of healthcare access contribute to malnutrition
- 99% of women reported losing one or more children before, during, or after delivery

IMPACT

- a) Improved health status of beneficiaries through nutritional supplements and healthcare services
- b) Increased awareness on proper dietary habits and healthcare seeking behavior
- c) Strengthened partnership with community leaders and healthcare providers

SUCCESS STORY

Meet Saliu, a life once overshadowed by severe malnutrition. When his family couldn't afford the care he needed, BDF stepped in. Through our support, Saliu's mother started a thriving business, and Saliu received the vital nutrition he needed. Today, Saliu is healthy, happy, and thriving, just like his family. BDF's intervention doesn't just save lives; it transforms them.

NEXT PLAN

We plan to collaborate with General Hospital Kwali, Bwari, and Kagarko to provide routine antenatal drugs to 3000 pregnant women for 5 months during their gestation. Additionally, we will be expanding our project to five new communities before the end of the year, reaching even more vulnerable groups with our life-saving interventions.

Why Your Support Matters

Every donation counts in helping us achieve our goal. Your support will enable us to:

- a) Provide nutritional supplements to vulnerable groups
- b) antenatal care and medication distribution
- c) health screenings and assessments
- d) Strengthen partnerships with healthcare providers

Donate Now

Help us transform lives and combat malnutrition in rural communities. Your donation will make a significant difference in the lives of these women and children.



BDF staff Journey to **Bukpe community** for advocacy meeting



BDF Staff with village head of Bukpe community after the advocacy visit.



BDF team having a brief with the community leaders and health community at the primary health center before commencement of the intervention.

...Giving hope to the hopeless and building the future



BDF staff setting up of the venue of **COMBATING MALNUTRITION** project and drugs organization ready for sharing in Bukpe community

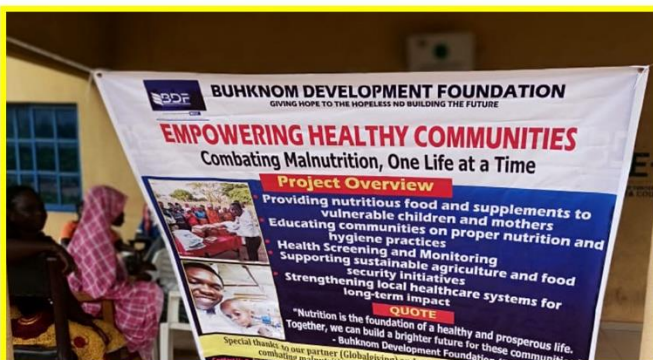


BDF staff carrying out assessment and investigation during the **COMBATING MALNUTRITION** project at Bukpe community



BDF Staff counseling it **CMP Beneficiary** and documentation at Bukpe community

...Giving hope to the hopeless and building the future



Venue of **COMBATING MALNUTRITION** project implementation at Bukpe community with beneficiary waiting to be attended.



BDF CEO and other BDF staff paid a courtesy visit to the village head of Lanto to inform him about **COMBATING MALNUTRITION** project (CMP) and seek for permission to implement one in his community.



BDF Staff and volunteers journey to the hard to reach community of Lanto to implement **COMBATING MALNUTRITION** project.

...Giving hope to the hopeless and building the future



Carrying out Health Education to the beneficiary at Lanto community by BDF Staff.



Providing antenatal services by BDF staff, a certified midwife during the implementation of the project at Lanto community.



Carrying out assessment at Lanto community by BDF staff.

Some BDF staff after the project at Lanto community

...Giving hope to the hopeless and building the future



Official Launching of the project at Kwali general hospital.



This Child life once overshadowed by severe malnutrition. When his family couldn't afford the care he needed, Buhknom Development Foundation stepped in. Through their support, his mother started a thriving business, and he received the vital nutrition he needed. Today, he is healthy, happy, and thriving, just like his family. BDF's intervention doesn't just save lives; it transforms them. Join us in making a difference.



Dispensing of drugs by BDF staff to the beneficiary

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