



Project Proposal

Warming Hearts
Cancer Center
(WHCC)



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Background Of the Organization

WARMING HEARTS NEPAL (WHN) offers grassroots solutions to problems facing marginalized communities across Nepal. Since inception, we have helped thousands of families' access emergency food parcels, life-saving medical care and supplies and wellness education.

We Help Others – Hope comes from genuine human connection, and our team of volunteers creates opportunities for grassroots outreach and solutions to people's biggest challenges. We offer dignified solutions to food shortages, educational gaps and sourcing adequate medical resources where we can.

We Volunteer – WHN believes that one of the most important tasks in our lives, is caring for those in need. The challenge is for us to promote, enhance and nourish the capacity for love, laughter and care amongst our voluntary team, whose role it is to interact with warmth of heart amongst those who need our compassionate help and support.

We Connect Supporters – We benefit from support of both local and international friends in helping us accomplish these endeavors to bring relief, joy and happiness to all those in need of physical and spiritual care, and nourishment.

WARMING
HEARTS
NEPAL



Introduction

**“Giving transit homes-fighters-childhood cancer”
Warming Hearts Cancer Center**

Warming Hearts is building a free shelter that will facilitate to accommodate patients/ families seeking treatment in Kathmandu, and we need your support. Within the embrace of a shelter home, families find the strength to fight the storm of childhood cancer.

This shelter home will serve as a sanctuary, offering temporary accommodation, emotional support, and palliative to the children and their families facing the immense challenges of pediatric cancer care.

The principle of our project, WHCC, aligns with the WHO's "Shared Care" approach in childhood cancer care in Nepal, as we aim to increase the childhood cancer care capacity for patients from remote areas of Nepal through collaboration with different areas of the health community.

The design and framework for the project are complete, and now we seek your support to make it a reality. Whether through volunteering, networking, or financial support, your assistance will provide hope to these families.

Description Of the Focal Problem

In remote Nepal, families of children with cancer endure a burdensome journey to Kathmandu for treatment, strained by financial hardship. The treatment process demands frequent hospital visits and extended stays, therefore families lacking accommodation in Kathmandu face immense challenges. Such challenges include:

- Financial strain: High costs of temporary accommodation strain families' finances, impacting their ability to afford treatment.
- Treatment interruptions: leading to gaps in care as the families are compelled to stop the treatment in the middle and helplessly travel back to the home due to financial burden and lack of availability of a space to reside.
- Health risks: Unstable living conditions compromise the child's health, potentially weakening their immune system and affecting treatment outcomes.
- Emotional toll: Uncertainty about housing adds stress, impacting the child's mental well-being and resilience.
- Limited support access: Lack of nearby shelter hinders access to crucial support services essential for navigating childhood cancer treatment effectively.
- Lack of Palliative care : Due to overcrowding of the patients and improper palliative care facility for children with cancer.

Addressing this critical need for accessible shelter is essential to ensuring optimal treatment outcomes for these vulnerable children, preventing treatment abandonment and ultimately reducing the mortality rate from childhood cancer.

Project Overview

The proposed facility will have 11 beds, accommodating 11 cancer patients and their families simultaneously. The stay at the home will help parents, from outside Kathmandu Valley who have financial difficulties. It provides free accommodation, nutrition, counseling, recreational activities, and physical activities along with education support services to children with cancer and their caregivers.

WHCC will provide continuous accommodations to families of pediatric cancer patients coming to Kathmandu and receiving treatment, but who are themselves, not able to financially afford to stay even in modestly priced guest houses or hotels. This Centre will be located near New Baneshwor (the central city of the capital, offering easy access to various hospitals). As per the request, this facility will provide access to essential hospitals such as Kanti Children's Hospital, Bhaktapur Cancer Hospital, and Patan Hospital for cancer patients in need.



Objective :

1. **Shelter Home Establishment:** Build a reception centre that people can access free of charge during prolonged stays in Kathmandu due to medical treatments. This centre will provide a clean, safe place to stay while they or their loved ones access medical care.
2. **Support On Treatment :** Warming Hearts will directly contribute to the children's cancer treatment journey while they reside at the center. This may include covering medication costs.
3. **Treatment effectiveness:** Implement initiatives in the center such as psychosocial support services to improve the effectiveness of cancer treatment provided by the hospital.
4. **Facilitate quick, easy transportation:** Facilitate the back-and-forth ambulance transport of patients from the center to the hospital.

Alignment With Our Mission

We identified this project as falling within our vision of supporting vulnerable children with cancer. With the right medical treatment, infection-free living conditions and proper nourishment, cancer among children can be cured.

But the lack of access to cancer care is a serious issue, especially for people living in remote areas. Underprivileged families from rural Nepal bring their children, who have been diagnosed with cancer, to large cities for treatment but these families can hardly bear the high cost of treatment or provide safe and hygienic accommodation for children undergoing cancer treatment. Often, they end up staying on the relatives' house or small rented room without proper sanitation. Such experiences often force parents to abandon treatment and return to their villages, increasing the likelihood of the child succumbing to cancer.

Thus after an extensive years of experience in taking care of cancer children, 'Warming Hearts Nepal' has committed to serving with the vulnerable community seeking specialist children with cancer at hospital treatment and care access to critical support through financial assistance, good nutrition and a hygienic, protective and nurturing environment. We promise to give the children a good chance of fighting and surviving cancer. During our research of pediatric cancer at different hospitals within the Kathmandu Valley, out of 200 patients, 78 were female and 122 were male patients.

Activities

Following are the overviews of the activities that we'll facilitate in our center:

Art Therapy: Scheduling sessions with an art therapist to utilize art as a tool for expressing coping skills.

Bedtime tales: On various days, a special guest will read a children's book to our young ones.

Counseling : Families can receive individual, marital, child, and family therapy through our counsellor.

Family Experiences : Priceless family experiences will be offered to the families we serve based on family interest and availability.

Grief Support : A remembrance event held for families whose child has died of cancer.

Hospital Outreach: Programs Staff from the center visit the clinics/hospitals regularly as volunteers to provide recreational and comfort items bedside.



Kite Camp : A week long kite camp during dashain filled with recreational positive atmosphere.

Mom's Group: A time for moms, with a child on active treatment for cancer to find connection and support with other moms who are experiencing similar circumstances

Music Therapy: Scheduling sessions with a certified music therapist, using music as a tool for assisting with expression and coping skills.

SOAR (Surviving Oncology And Readjusting):

A time for families whose child is off treatment for cancer to come together with our families to share a meal, receive resources, gather support and enjoy fellowship. Although the medical crisis may be over, families work through readjusting to life after cancer.



Budget

Recurring Cost

ITEM	No.	Monthly (NRS)	YEARLY (NRS)
Shelter House Rent	-	1,50,000.00	18,00,000.00
Cleaning Employee	1	18000.00	2,16,000.00
Cooking	1	18000.00	2,16,000.00
Food Cost For Patients	11	96,000.00	11,52,000.00
Food Cost For Parents	11	60,000.00	7,20,000.00
Cleaning and Maintenance	1	10000.00	1,20,000.00
Medical Person	1	30000.00	3,60,000.00
Total Cost		3,82,000.00	45,84,000.00

1 USD = 133.39 Nrs


One-time cost such as curtains, flooring and Kitchen utensils will be managed by Warming Hearts Nepal.

**For inquiries,
contact us.**



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