



Global Giving Report in English

ONG: Fundación Proyecto de Vida

Date: July 16 of 2024

Title of the Report: **Quality Nutrition Contributes to Development**

Content:

¡Nutrition in Action!

Our Nutrition Program reaches 560 children and adolescents between 6 and 18 years old, in situations of food vulnerability, who are beneficiaries of our Foundation, providing them with quality nutritional care through the articulation of alliances and actions developed with the "Food Bank of Bogotá", and health professional volunteers from the Javeriana University, Abbott, Keralty, Unisanitas and VVolunteers.

We monitor and control the height and weight metrics of all the children and adolescents who receive snacks and lunches served at the Foundation.

With this intervention we are improving healthy eating habits in the locations where we have social impact and where we can contain the situation of food insecurity and give them regular access to nutritious, balanced, healthy and safe foods.

Every six months we monitor the factors that directly affect the development and well-being of the Foundation's beneficiary population in Soacha, Ciudad Bolívar and Usaquén.

ACTIVITY REPORT OF OUR NUTRITIONAL PROGRAM "FUNDACION PROYECTO DE VIDA"

Date: June 30 of 2024

Presented by: Catalina Jaramillo G.

Project Leader – Fundraising Manager

SUSTAINABLE DEVELOPMENT GOALS IN ACTION AT FPV



OBJECTIVES OF OUR NUTRITIONAL PROGRAM

- ✚ Provide nutritional care to 560 children and adolescents beneficiaries in ages between 6 and 18, in situations of food vulnerability.
- ✚ Diagnose, monitor and control the height and weight metrics of all children and adolescents who receive snacks and lunches served at the Foundation.
- ✚ Improve access to healthy eating habits in the locations of influence of the Foundation.
- ✚ Guarantee that beneficiary children and adolescents in situations of food insecurity have regular access to nutritious, balanced, healthy and safe foods.
- ✚ Address and monitor the factors that directly affect the development and well-being of the beneficiary population of the Foundation in Soacha, Ciudad Bolívar and Usaquén.

2024 ACTION PLAN BY THE HAND OF THE ALLIES

ACTIVITIES IN DEVELOPMENT	RESPONSABLE/ ALLIES
Carry out a diagnosis of the height and weight measurement instruments available at the three headquarters of the Foundation, update the measurement indicators in accordance with current regulations and review the measures taken in previous years.	Volunteer health professionals from Javeriana University. Nurse and Nutritionist
Carry out a measurement of the growth and development index and establish the classification and diagnosis according to BMI, before providing Abbott food supplements and follow up after completing the implementation of the Nutrition P	Keralty – Universidad Sanitas and VVolunteers
Monitor the supply of Abbott nutritional products to ensure the indicated doses for each age group according to the metrics obtained during height and weight screening.	FPV, Keralty, Unisanitas Abbott and Volunteer health professionals from Unisanitas and U. Javeriana.
Develop a monthly workshop on healthy eating habits for parents.	University Volunteer Nurse and Nutritionist Javeriana y Keralty Promotion and Prevention Program – U. Sanitas
Develop playful and artistic activities with children to teach about healthy habits such as: games about the names of foods and their classification; drawings, food preparation and tastings.	FPV, Promotion and Prevention Program from Keralty – Sanitas University Various University Internships
Review and adjust the snack and lunch menu with a nutritionist according to the nutritional requirements found during the screening and measurements of the growth and development indices taken.	Health Professional Volunteers from Javeriana University, Banco de Alimentos de Bogotá
Preparation of nutritious lunches and snacks based on the minutes given by the Food Bank.	FPV Donors and Program benefactors
Training of operational staff, counselors and FPV Coordinators.	Banco de Alimentos de Bogotá y Organización Keralty.
Hiring new people to reinforce the Foundation's internal operational team that participates in the Nutrition Program	Donors and benefactors of the program. Nutrition, gastronomy and cooking practitioners.
Achievement and maximization of alliances and resources for the development and growth of the nutrition program at FPV.	FPV, Banco de Alimentos de Bogotá– Reto Aflora
Implementation, monitoring and measurement of KPIs on a monthly basis.	FPV



NUTRITIOUS SNACKS AND LUNCHES BASED ON 20 BALANCED MINUTES ESTABLISHED BY THE FOOD BANK OF BOGOTÁ.

THE NUTRITIONAL PROPOSAL INCLUDES

AM & PM Snacks including 30%VCT

- Drink
- Fruit
- Derived from cereal*
- Drink with ENSOY (Abbott)

Lunches served in Soacha 30%VCT

- Soup or cream
- Protein
- Cereal
- Root, tuber or plantain
- Vegetable
- Fruit

RESULTS OF THE FIRST SCREENING AT EACH BENEFICIARY LOCATION

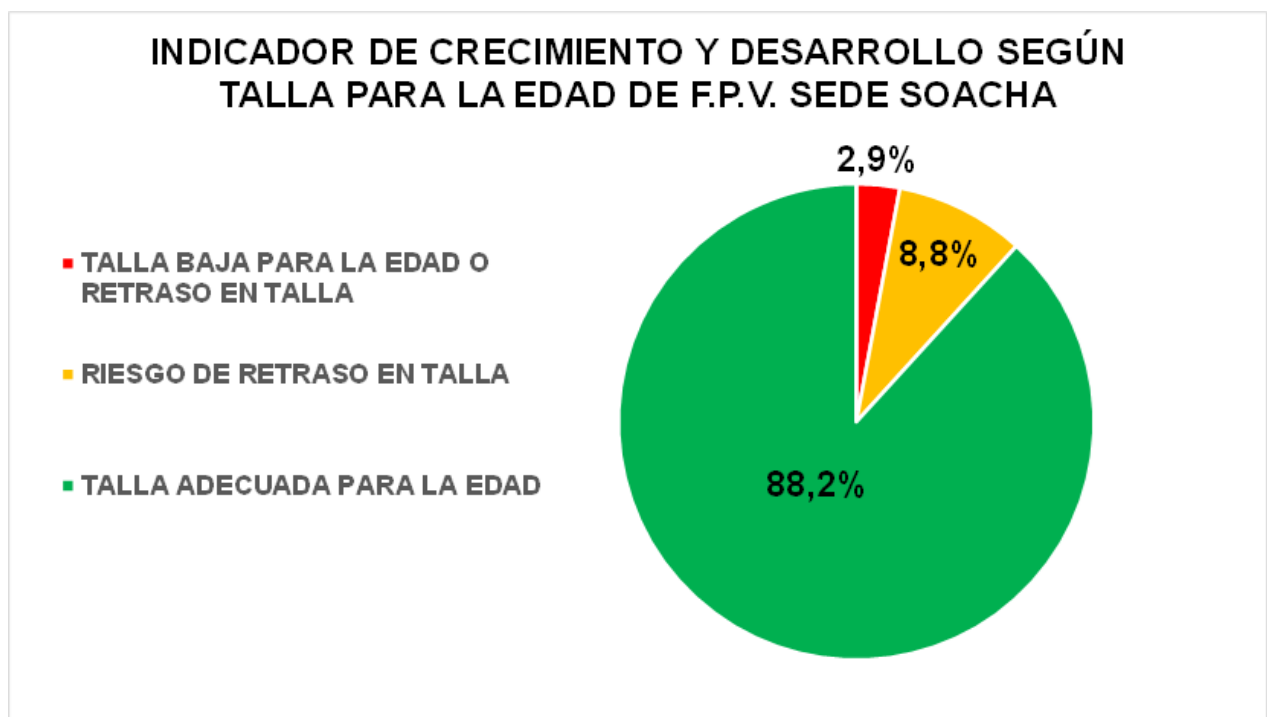
1. SOACHA HEADQUARTERS

Impacted Population: 273 children and adolescents between 6 and 18 years old.

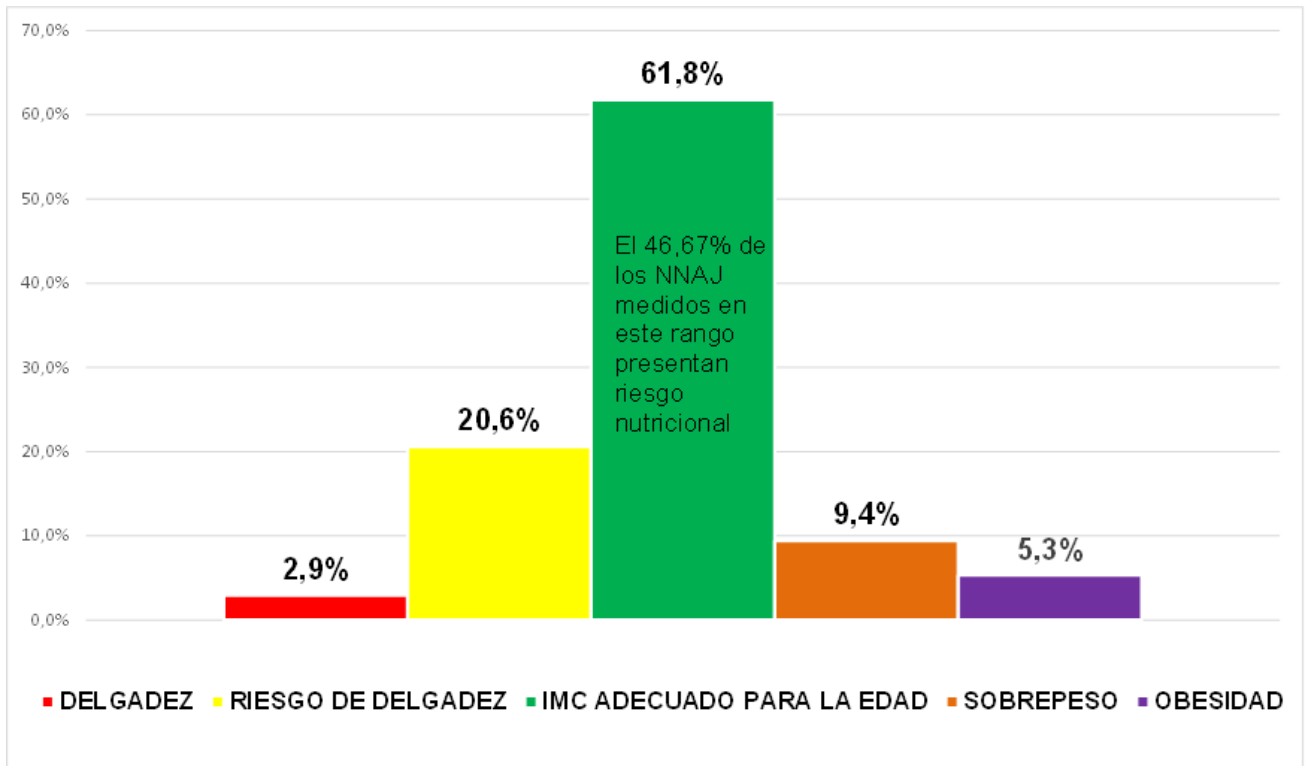
Stratum: All belong to stratum 1 and zero of commune 6 of San Humberto, under multidimensional poverty.

Basic services available: They do not have water or energy.

A. Diagnosis of Height for Age in Soacha – Growth and development index. (June 2024 registration)



B. Classification of nutritional status according to the measurement of the Body Mass Index of children and adolescents in Soacha. (June 2024 registration)



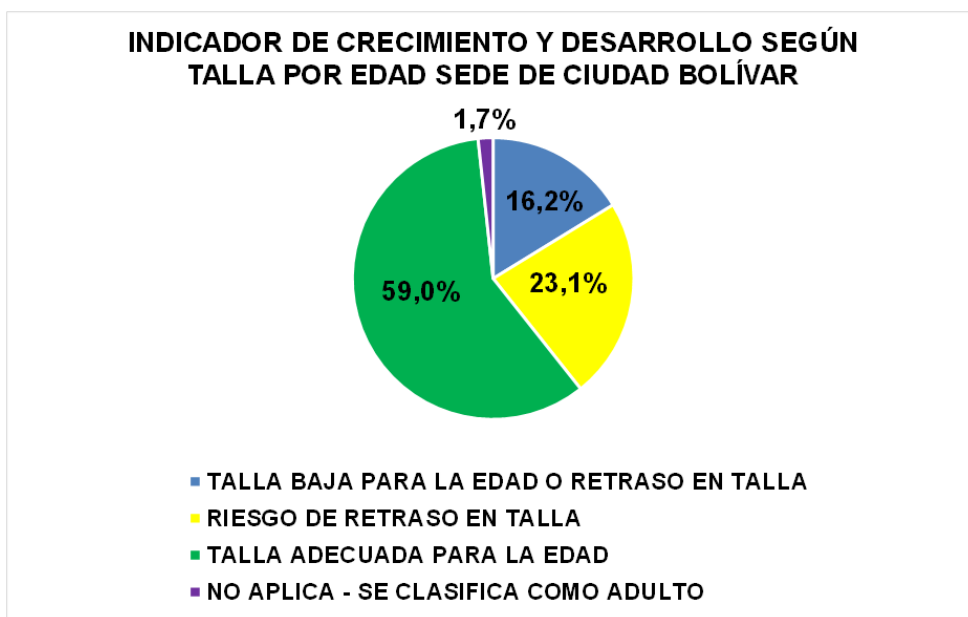
2. HEADQUARTERS OF CIUDAD BOLIVAR

Impacted Population: 223 children and adolescents between 6 and 18 years old.

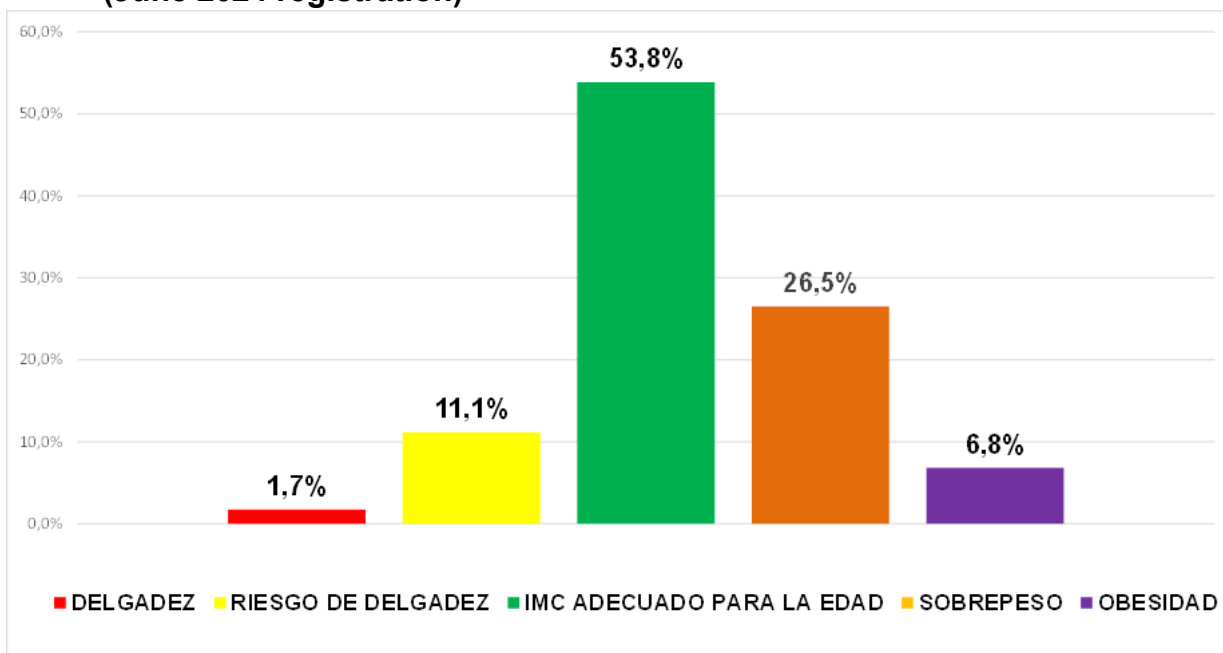
Stratum: All belong to stratum 1, El Rincon del Diamante a poor neighborhood.

Basic services available: It has basic water and energy services.

A. Diagnosis of Height for Age in Ciudad Bolívar – Growth and development index. (June 2024 record).



B. Classification of nutritional status according to the measurement of the Body Mass Index of children and adolescents in Ciudad Bolívar. (June 2024 registration)



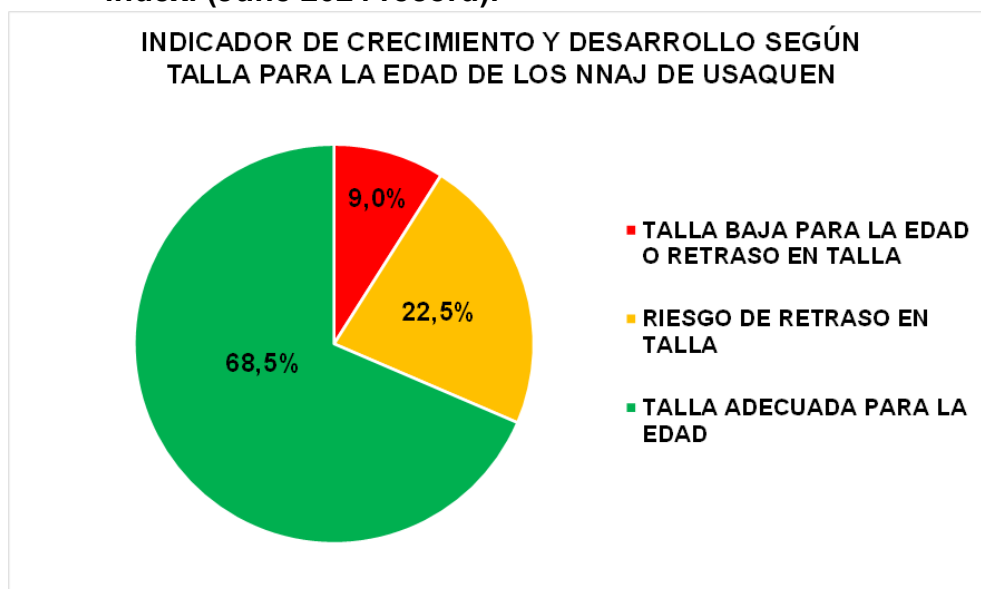
3. USAQUEN HEADQUARTERS

Impacted Population: 97 children and adolescents between 6 and 18 years old.

Stratum: The majority belong to stratum 2 of the Las Delicias del Carmen a poor neighborhood. Others are in stratum 1.

Basic services available: It has basic water and energy services.

A. Diagnosis of Height for Age in Usaquéen – Growth and development index. (June 2024 record).



B. Classification of nutritional status according to the measurement of the Body Mass Index of children and adolescents in Usaquéen. (June 2024 registration)

